

POLANICA ZDRÓJ - PUCHAR POLSKI NORDIC WALKING 2019 - 21.1 KM

B4SPORT
WIELKOPOLSKIE ZWIĄZKI SPORTOWE

Event: PUCHAR POLSKI NORDIC WALKING 2019
Organiser: Polanica Zdrój
Date: 2019-07-06
Place: Polanica Zdrój
Distance: 21.1 km



Classification: K50-59

Place	Participant	Number	Club	Category	MCat	Żół. kartki	Czer. kartki	Herk_All 1.1km	Herk_All 3.6km	Herk_All 6.1km	Herk_All 8.6km	Herk_All 11.1km	Herk_All 13.6km	Herk_All 16.1km	Herk_All 18.6km	Net time 21.1km	Gap	Pace min/km	Pace km/h
1	KOŁODZIEJ Joanna	315	STADION ŚLĄSKI	K50-59	1			00:07:28	00:25:12	00:43:26	01:01:40	01:19:32	01:37:56	01:56:33	02:15:32	02:34:09.20		7:18	8.2 (100%)
2	JANOSZKA Irena	309	CIDRY LOTAJOM	K50-59	2			00:07:53	00:26:57	00:46:30	01:06:30	01:26:50	01:47:42	02:08:16	02:28:53	02:49:53.35	+00:15:44 (9.3%)	8:03	7.5 (91.5%)
3	DUSZA Anna	305	NORDICLUB SZCZECIN	K50-59	3			00:08:19	00:28:55	00:50:21	01:12:09	01:34:43	01:57:51	02:21:25	02:45:46	03:11:07.50	+00:36:58 (19.3%)	9:03	6.6 (80.5%)
	POSTEK Danuta	331	MARSZ PO ZDROWIE	K50-59				00:08:27 DNF	00:29:20 DNF	00:50:54 DNF	01:13:06 DNF	01:36:02 DNF	01:59:19 DNF	02:23:25 DNF	DNF	DNF		-	- (0.0%)

Total 4 results.