

POLANICA ZDRÓJ - PUCHAR POLSKI NORDIC WALKING 2019 - 21.1 KM

B4SPORT
INTELEKTUALNE ZAKŁADY SPORTOWE

Wydarzenie: PUCHAR POLSKI NORDIC WALKING 2019
Organizator: Polanica Zdrój
Data: 2019-07-06
Miejsce: Polanica Zdrój
Dystans: 21.1 km



Klasyfikacja: M50-59

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Żół. kartki	Czer. kartki	Herk_All 1.1km	Herk_All 3.6km	Herk_All 6.1km	Herk_All 8.6km	Herk_All 11.1km	Herk_All 13.6km	Herk_All 16.1km	Herk_All 18.6km	Czas netto 21.1km	Różn	Tempo min/km	Tempo km/h
1	BARCZYK Bogdan	301	NORDIC TEAM CZĘSTOCHOWA	M50-59	1			00:07:28	00:24:42	00:42:15	00:59:47	01:17:14	01:34:57	01:53:03	02:11:42	02:30:28.95		7:07	8.4 (100%)
2	ŻYDACZEWSKI Ryszard	349	KS METRACO POLKOWICE	M50-59	2			00:07:40	00:25:17	00:43:10	01:01:04	01:19:24	01:37:58	01:56:48	02:15:48	02:34:47.50	+00:04:18 (2.8%)	7:20	8.2 (97.6%)
3	KOWALSKI Marek	319	UNIA MIAST	M50-59	3			00:07:45	00:25:39	00:43:52	01:02:29	01:21:11	01:40:13	01:59:28	02:18:50	02:38:20.05	+00:07:51 (5.0%)	7:30	8 (95.2%)
4	GOŁĘBIEWSKI Krzysztof	306	ZAWSZE MŁODZI NORDIC WALKING	M50-59	4	1		00:08:06	00:27:05	00:46:02	01:05:26	01:25:11	01:45:00	02:04:55	02:25:05	02:45:39.55	+00:15:10 (9.2%)	7:51	7.6 (90.5%)
5	RAKOWIECKI Zbigniew	332	FACE NORDIC WALKING TEAM	M50-59	5			00:08:03	00:27:03	00:46:13	01:05:33	01:25:20	01:45:15	02:05:30	02:25:50	02:46:40.20	+00:16:11 (9.7%)	7:53	7.6 (90.5%)
6	BADECKI Ryszard	350	KS METRACO POLKOWICE	M50-59	6	1		00:07:57	00:26:52	00:45:56	01:05:28	01:25:06	01:45:21	02:05:28	02:26:40	02:50:29.10	+00:20:00 (11.7%)	8:04	7.4 (88.1%)
7	ŻAMOJCIN Marek	348	NORDICLUB SZCZECIN	M50-59	7			00:07:52	00:26:49	00:45:56	01:05:24	01:25:09	01:48:16	02:06:14	02:28:49	02:52:05.05	+00:21:36 (12.6%)	8:09	7.4 (88.1%)
8	LIGĘZA Janusz	324		M50-59	8	1		00:08:08	00:27:19	00:47:18	01:07:33	01:28:05	01:48:51	02:10:01	02:32:01	02:54:31.85	+00:24:02 (13.8%)	8:16	7.3 (86.9%)
9	GODAWA Ireneusz	394	STADION ŚLĄSKI	M50-59	9			00:08:09	00:27:21	00:46:36	01:06:37	01:27:09	01:48:17	02:09:52	02:32:15	02:55:24.25	+00:24:55 (14.2%)	8:18	7.2 (85.7%)

Znaleziono 9 wynik(ów)