

# POLANICA ZDRÓJ - PUCHAR POLSKI NORDIC WALKING 2019 - 5 KM

B4SPORT  
INTELIGENTNE ZAWODY SPORTOWE

**Wydarzenie:** PUCHAR POLSKI NORDIC WALKING 2019  
**Organizator:** Polanica Zdrój  
**Data:** 2019-07-06  
**Miejsce:** Polanica Zdrój  
**Dystans:** 5 km



Klasyfikacja: K30-39

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Żół. kartki	Czer. kartki	Herk_All 2.5km	Czas netto 5km	Różn	Tempo min/km	Tempo km/h
1	<b>GODZIŃSKA Dorota</b>	<b>48</b>	BAŻANT NW ELBLĄG	K30-39	1			00:17:55	<b>00:36:15.15</b>		7:15	8.3 (100%)
2	<b>SZCZUDLIK Małgorzata</b>	<b>166</b>	KIJKOWE TRZEMESZNO	K30-39	2			00:18:13	<b>00:37:02.50</b>	+00:00:47 (2.1%)	7:24	8.1 (97.6%)
3	<b>MALINOWSKA Monika</b>	<b>380</b>	LKS ZANTYR SZTUM	K30-39	3			00:18:37	<b>00:38:13.55</b>	+00:01:58 (5.2%)	7:38	7.8 (94.0%)
4	<b>SIENKIEWICZ Ewelina</b>	<b>152</b>	AEROGIRLS OLEŚNICA	K30-39	4			00:18:51	<b>00:38:52.85</b>	+00:02:37 (6.8%)	7:46	7.7 (92.8%)
5	<b>KUŹMICZ Magdalena</b>	<b>103</b>	POLIPACK TEAM GWE	K30-39	5			00:19:35	<b>00:39:17.65</b>	+00:03:02 (7.7%)	7:51	7.6 (91.6%)
6	<b>TUZIMEK Agata</b>	<b>176</b>	STADION ŚLĄSKI	K30-39	6			00:19:18	<b>00:39:18.40</b>	+00:03:03 (7.8%)	7:51	7.6 (91.6%)
7	<b>GARBACZEWSKA Iwona</b>	<b>42</b>	SANTANDER CONSUMER BANK	K30-39	7			00:19:31	<b>00:39:19.00</b>	+00:03:03 (7.8%)	7:51	7.6 (91.6%)
8	<b>WIESZOŁEK Ewelina</b>	<b>185</b>		K30-39	8			00:21:25	<b>00:42:34.50</b>	+00:06:19 (14.9%)	8:31	7 (84.3%)
9	<b>BIŃCZYK Agnieszka</b>	<b>13</b>	KABEX PODKOWA JANÓW	K30-39	9			00:20:45	<b>00:42:43.75</b>	+00:06:28 (15.2%)	8:32	7 (84.3%)
10	<b>MOCUŃ Monika</b>	<b>400</b>		K30-39	10			00:22:46	<b>00:44:16.80</b>	+00:08:01 (18.1%)	8:51	6.8 (81.9%)
11	<b>ZIELSKA Justyna</b>	<b>398</b>	CKZIU NYSA MECHANIK	K30-39	11			00:21:50	<b>00:45:45.30</b>	+00:09:30 (20.8%)	9:09	6.6 (79.5%)
12	<b>KREYCZI Aneta</b>	<b>90</b>	SANTANDER CONSUMER BANK	K30-39	12	2		00:24:22	<b>00:50:45.10</b>	+00:14:29 (28.6%)	10:09	5.9 (71.1%)
13	<b>WILK Karolina</b>	<b>231</b>		K30-39	13			00:26:42	<b>00:51:08.05</b>	+00:14:52 (29.1%)	10:13	5.9 (71.1%)
14	<b>ZARZYCKA Paulina</b>	<b>198</b>	SANTANDER CONSUMER BANK	K30-39	14			00:23:10	<b>00:52:50.20</b>	+00:16:35 (31.4%)	10:34	5.7 (68.7%)
15	<b>ORZECH Agnieszka</b>	<b>129</b>	SANTANDER CONSUMER BANK	K30-39	15			00:24:28	<b>00:52:51.05</b>	+00:16:35 (31.4%)	10:34	5.7 (68.7%)
16	<b>WINNICKA Agata</b>	<b>376</b>		K30-39	16			00:29:49	<b>01:00:51.40</b>	+00:24:36 (40.4%)	12:10	4.9 (59.0%)
17	<b>FILIMONOWICZ Patrycja</b>	<b>38</b>	SANTANDER CONSUMER BANK	K30-39	17	2		00:29:46	<b>01:03:21.65</b>	+00:27:06 (42.8%)	12:40	4.7 (56.6%)

Znaleziono 17 wynik(ów)