

# POLANICA ZDRÓJ - PUCHAR POLSKI NORDIC WALKING 2020 - 21.1 KM

B4SPORT  
INTELEGENE ZAWODY SPORTOWE

**Event:** PUCHAR POLSKI NORDIC WALKING 2020  
**Organiser:** Polanica Zdrój  
**Date:** 2020-07-11  
**Place:** Polanica Zdrój  
**Distance:** 21.1 km



Classification: M30-39

| Place | Participant              | Number    | Club                      | Category | MCat | Żół. kartki | Czer. kartki | Lap_1<br>1km | Lap_2<br>11km | Net<br>time<br>21.1km | Gap               | Pace<br>min/km | Pace<br>km/h |
|-------|--------------------------|-----------|---------------------------|----------|------|-------------|--------------|--------------|---------------|-----------------------|-------------------|----------------|--------------|
| 1     | <b>HAŁAS Marcin</b>      | <b>16</b> |                           | M30-39   | 1    |             |              | 00:05:22     | 01:12:29      | <b>02:21:32.55</b>    |                   | 6:42           | 8.9 (100%)   |
| 2     | <b>PIETRZYK Jarosław</b> | <b>34</b> | NORDIC TEAM CZĘSTOCHOWA   | M30-39   | 2    |             |              | 00:05:13     | 01:12:14      | <b>02:21:49.00</b>    | +00:00:16 (0.2%)  | 6:43           | 8.9 (100%)   |
| 3     | <b>WETOSZKA Piotr</b>    | <b>45</b> | TKKF KRZNA BIAŁA PODLASKA | M30-39   | 3    |             |              | 00:05:33     | 01:14:37      | <b>02:22:49.30</b>    | +00:01:16 (0.9%)  | 6:46           | 8.9 (100%)   |
| 4     | <b>ROWIŃSKI Paweł</b>    | <b>36</b> | NW CZŁAPSKI TEAM          | M30-39   | 4    |             |              | 00:06:11     | 01:27:09      | <b>02:51:06.00</b>    | +00:29:33 (17.3%) | 8:06           | 7.4 (83.1%)  |

Total 4 results.