



POLANICA ZDRÓJ - PUCHAR POLSKI NORDIC WALKING - 21.1KM

B4SPORT

Organiser:
Date:
Place:
Distance:

PFNW
2016-07-02
Polanica Zdrój
21.1 km



Classification: K 18-29

Place	Participant	Number	Club	Category	MCat	Żół. kartki	Czer. kartki	Start time	1.1km	3.6km	6.1km	8.6km	11.1km	13.6km	16.1km	18.6km	Net time 21.1km	Czas brutto 21.1km	Gap	Pace min/km	Pace km/h
1	ROSADZIŃSKA Natalia	435		K 18-29	1			00:11:48	00:08:17	00:28:07	00:48:24	01:08:27	01:28:34	01:48:37	02:08:50	02:29:26	02:49:51.20	03:01:39.65		8:02	7.5 (100%)
2	KOBIELA Daria	418	BŁĘKITNI NW DZIEMIANY	K 18-29	2			00:11:48	00:08:10	00:28:03	00:48:06	01:08:19	01:28:24	01:48:29	02:08:43	02:29:51	02:52:19.05	03:04:07.35	+00:02:27 (1.4%)	8:09	7.3 (97.3%)
3	SIEMIŃSKA Marta	439		K 18-29	3			00:11:48	00:08:08	00:28:08	00:48:26	01:08:48	01:29:08	01:50:01	02:11:02	02:32:32	02:54:05.80	03:05:54.20	+00:04:14 (2.4%)	8:15	7.3 (97.3%)
4	KONIKOWSKA Klaudia	419	UNIwersytet Medyczny Wrocław	K 18-29	4			00:11:48	00:08:24	00:28:41	00:49:32	01:10:48	01:32:40	01:54:32	02:17:03	02:39:44	03:02:46.95	03:14:35.40	+00:12:55 (7.1%)	8:39	6.9 (92.0%)

Total 4 results.