



POLANICA ZDRÓJ - PUCHAR POLSKI NORDIC WALKING - 21.1KM

B4SPORT

Organizator:
Data:
Miejsce:
Dystans:

PFNW
2016-07-02
Polanica Zdrój
21.1 km



Klasyfikacja: K 40-49

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Żół. kartki	Czer. kartki	Czas startu	1.1km	3.6km	6.1km	8.6km	11.1km	13.6km	16.1km	18.6km	Czas netto 21.1km	Czas brutto 21.1km	Różn	Tempo min/km	Tempo km/h
1	OLSCHIMKE-MARUROWICZ Barbara	430	SILESIA NORDIC TEAM	K 40-49	1			00:11:50	00:07:41	00:26:06	00:44:59	01:03:58	01:23:03	01:42:10	02:01:11	02:20:33	02:40:26.80	02:52:17.00		7:36	7.9 (100%)
2	TYLUTKI Agnieszka	448	FACE NORDIC WALKING TEAM/UKS SIEDLESZCZANY	K 40-49	2			00:11:49	00:07:49	00:27:06	00:46:12	01:05:54	01:26:06	01:46:26	02:06:56	02:27:42	02:48:34.20	03:00:23.85	+00:08:07 (4.8%)	7:59	7.5 (94.9%)
3	WOLNIEWICZ Katarzyna	452	FABRIKANORDIKA	K 40-49	3			00:11:50	00:07:47	00:26:54	00:46:20	01:06:05	01:26:21	01:46:43	02:07:54	02:29:24	02:51:21.60	03:03:11.60	+00:10:54 (6.4%)	8:07	7.4 (93.7%)
4	KANIOWSKA Beata	415	VIKING NORDIC TEAM CZĘSTOCHOWA	K 40-49	4			00:11:50	00:07:42	00:26:47	00:46:18	01:06:42	01:28:18	01:49:53	02:12:07	02:34:27	02:56:47.35	03:08:38.05	+00:16:20 (9.2%)	8:22	7.2 (91.1%)
5	LISIKIEWICZ Agnieszka	426	GREEN TEAM ZIELONA GÓRA	K 40-49	5			00:11:51	00:08:19	00:28:27	00:48:33	01:09:13	01:30:55	01:52:13	02:13:56	02:36:52	02:59:47.85	03:11:38.90	+00:19:21 (10.8%)	8:31	7 (88.6%)
6	CIENNIK Kalina	406		K 40-49	6			00:11:51	00:08:24	00:29:26	00:51:14	01:13:17	01:35:38	01:58:15	02:20:38	02:43:15	03:05:01.10	03:16:52.75	+00:24:34 (13.3%)	8:46	6.8 (86.1%)
7	KUCYPERA Dagmara	424	DĄBROWA NORDIC TEAM	K 40-49	7			00:11:51	00:08:37	00:30:34	00:52:49	01:15:27	01:38:42	02:02:17	02:26:23	02:49:58	03:13:22.50	03:25:13.95	+00:32:55 (17.0%)	9:09	6.5 (82.3%)
8	STUPNOWICZ Joanna	446	EPOKA NORDICA ŁÓDŹ	K 40-49	8			00:11:51	00:08:52	00:30:47	00:53:07	01:16:05	01:40:00	02:05:06	02:30:30	02:55:42	03:19:46.65	03:31:37.85	+00:39:19 (19.7%)	9:28	6.3 (79.7%)

Znaleziono 8 wynik(ów)