



# POLANICA ZDRÓJ - PUCHAR POLSKI NORDIC WALKING - 21,1KM

B4SPORT

Organizator:

PFNW

Data:

2015-06-27

Miejsce:

Polanica Zdrój

Dystans:

21,1 km



Klasyfikacja: K 40-49

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Żół. kartki	Czer. kartki	Czas startu	1.1km	3.6km	6.1km	8.7km	11.2km	13.7km	16.2km	18.7km	Czas netto 21.1km	Czas brutto 21.1km	Różn	Tempo min/km	Tempo km/h
1	<b>MÓL Wioletta</b>	<b>306</b>	SILESIA NORDIC TEAM	K 40-49	1			00:00:57	00:07:46	00:26:21	00:45:38	01:04:49	01:23:33	01:42:39	02:02:12	02:22:07	<b>02:41:37</b>	<b>02:42:34</b>		7:39	7.8 (100%)
2	<b>CIENNIK Kalina</b>	<b>308</b>		K 40-49	2	1		00:00:57	00:08:26	00:28:57	00:49:49	01:10:35	01:31:39	01:52:57	02:14:26	02:35:36	<b>02:56:59</b>	<b>02:57:56</b>	+00:15:22 (8.7%)	8:23	7.2 (92.3%)
3	<b>KANIOWSKA Beata</b>	<b>322</b>	REGATTA NORDIC TEAM CZĘSTOCHOWA	K 40-49	3	1		00:00:58	00:07:50	00:26:58	00:47:14	01:08:02	01:29:21	01:50:41	02:12:35	02:35:01	<b>02:57:40</b>	<b>02:58:38</b>	+00:16:03 (9.0%)	8:25	7.1 (91.0%)
4	<b>TYLUTKI Agnieszka</b>	<b>315</b>	NORDIC ACTIVE	K 40-49	4	1		00:00:58	00:08:17	00:27:59	00:48:11	01:08:38	01:29:59	01:51:44	02:13:56	02:36:06	<b>02:58:17</b>	<b>02:59:15</b>	+00:16:40 (9.3%)	8:26	7.1 (91.0%)
5	<b>STUPNOWICZ Joanna</b>	<b>300</b>	FOREVER YOUNG ŁÓDŹ	K 40-49	5			00:00:58	00:08:52	00:30:46	00:52:56	01:15:12	01:38:00	02:01:04	02:24:20	02:48:08	<b>03:11:01</b>	<b>03:11:59</b>	+00:29:24 (15.4%)	9:03	6.6 (84.6%)

Znaleziono 5 wynik(ów)