



POLANICA ZDRÓJ - PUCHAR POLSKI NORDIC WALKING - 21,1KM

B4SPORT

Organiser: PFNW
Date: 2015-06-27
Place: Polanica Zdrój
Distance: 21,1 km



Classification: K 60+

Place	Participant	Number	Club	Category	M	Cat	Żół.	Czer.	Start time	1.1km	3.6km	6.1km	8.7km	11.2km	13.7km	16.2km	18.7km	Net time 21.1km	Czas brutto 21.1km	Gap	Pace min/km	Pace km/h
1	WITKOWSKA Maria	317	STADION ŚLĄSKI	K 60+	1				00:01:00	00:08:22	00:28:32	00:49:01	01:09:50	01:30:27	01:50:39	02:11:24	02:31:45	02:52:10	02:53:10		8:09	7.4 (100%)
2	JARONIEK-BEDYK Wiesława	312	FOREVER YOUNG ŁÓDŹ	K 60+	2				00:00:59	00:08:35	00:29:42	00:51:06	01:12:44	01:34:54	01:57:19	02:19:46	02:42:32	03:05:31	03:06:30	+00:13:21 (7.2%)	8:47	6.8 (91.9%)
3	ZAWADZKA Maria	324	KGHM METRAKO POLKOWICE	K 60+	3				00:01:00	00:08:45	00:30:18	00:52:19	01:14:35	01:36:55	01:59:24	02:22:25	02:46:08	03:10:54	03:11:54	+00:18:44 (9.8%)	9:02	6.6 (89.2%)

Total 3 results.