



# POLANICA ZDRÓJ - PUCHAR POLSKI NORDIC WALKING - 21,1KM

B4SPORT

**Organizator:** PFNW  
**Data:** 2015-06-27  
**Miejsce:** Polanica Zdrój  
**Dystans:** 21,1 km



Klasyfikacja: M 40-49

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Żół. kartki	Czer. kartki	Czas startu	1.1km	3.6km	6.1km	8.7km	11.2km	13.7km	16.2km	18.7km	21.1km	Czas netto 21.1km	Czas brutto 21.1km	Różn	Tempo min/km	Tempo km/h
1	<b>LUBIATOWSKI Ireneusz</b>	<b>327</b>	KGHM METRAKO POLKOWICE	M 40-49	1			00:00:06	00:06:39	00:22:13	00:38:11	00:54:14	01:10:28	01:26:55	01:43:34	02:00:40	<b>02:18:04</b>	<b>02:18:10</b>		6:32	9.2 (100%)	
2	<b>KOLASA Wojciech</b>	<b>303</b>	FIZJO-PLUS TEAM	M 40-49	2	1		00:00:06	00:07:16	00:24:32	00:41:53	00:59:09	01:16:15	01:33:22	01:50:40	02:08:14	<b>02:25:33</b>	<b>02:25:39</b>	+00:07:29 (5.1%)	6:53	8.7 (94.6%)	
3	<b>BOGACKI Sławek</b>	<b>316</b>	ENERGA NW TEAM	M 40-49	3			00:00:07	00:07:15	00:24:32	00:42:23	01:00:14	01:17:54	01:35:41	01:52:50	02:10:16	<b>02:27:43</b>	<b>02:27:50</b>	+00:09:39 (6.5%)	7:00	8.6 (93.5%)	
4	<b>KOWALCZYK Mariusz</b>	<b>338</b>	GREEN TEAM ZIELONA GÓRA	M 40-49	4			00:00:07	00:07:35	00:25:39	00:44:06	01:02:37	01:21:36	01:41:15	02:01:07	02:22:02	<b>02:43:10</b>	<b>02:43:17</b>	+00:25:06 (15.4%)	7:43	7.8 (84.8%)	
5	<b>GLOC Wojciech</b>	<b>325</b>		M 40-49	5			00:00:07	00:07:38	00:25:35	00:44:32	01:03:52	01:23:32	01:43:13	02:02:54	02:22:59	<b>02:43:41</b>	<b>02:43:48</b>	+00:25:37 (15.7%)	7:45	7.7 (83.7%)	
6	<b>CIENNIK Wiktor</b>	<b>307</b>	FOREVER YOUNG ŁÓDŹ	M 40-49	6			00:00:07	00:08:21	00:27:59	00:48:00	01:08:12	01:29:05	01:50:11	02:12:08	02:34:14	<b>02:56:47</b>	<b>02:56:54</b>	+00:38:43 (21.9%)	8:22	7.2 (78.3%)	

Znaleziono 6 wynik(ów)