



POLANICA ZDRÓJ - PUCHAR POLSKI NORDIC WALKING - 5 KM

B4SPORT

Organiser: PFNW
Date: 2016-07-02
Place: Polanica Zdrój
Distance: 5 km



Classification: K30-39

Place	Participant	Number	Club	Category	MCat	Żół. kartki	Czer. kartki	Start time	2.5km	Net time 5km	Czas brutto 5km	Gap	Pace min/km	Pace km/h
1	MALCZYK Anna	105	DĄBROWA NORDIC TEAM	K30-39	1			00:46:23	00:17:35	00:36:12.85	01:22:35.95		7:14	8.3 (100%)
2	PAWŁOWSKA-WOŹNIAK Małgorzata	160	UNIA MIAST	K30-39	2			00:46:23	00:18:33	00:38:16.25	01:24:39.25	+00:02:03 (5.4%)	7:39	7.8 (94.0%)
3	GRZYB Izabela	64	VIKING NORDIC TEAM CZĘSTOCHOWA	K30-39	3			00:46:23	00:19:45	00:40:52.30	01:27:16.25	+00:04:39 (11.4%)	8:10	7.3 (88.0%)
4	WIESZOŁEK Ewelina	189		K30-39	4			00:46:25	00:20:30	00:41:39.45	01:28:04.65	+00:05:26 (13.1%)	8:19	7.2 (86.7%)
5	NOGA Anna	266	NORDIC WALKING KRUSZYNA	K30-39	5			00:46:24	00:20:41	00:42:54.65	01:29:19.05	+00:06:41 (15.6%)	8:35	7 (84.3%)
6	JANUSZ Monika	247	KOLBUSZOWSKI KLUB NORDIC WALKING	K30-39	6			00:46:25	00:20:58	00:43:35.65	01:30:00.95	+00:07:22 (16.9%)	8:43	6.9 (83.1%)
7	GOLIAN Barbara	58	SANTANDER CONSUMER BANK	K30-39	7			00:46:26	00:21:49	00:43:56.25	01:30:22.80	+00:07:43 (17.6%)	8:47	6.8 (81.9%)
8	SZYMANEK Ewelina	165	SANTANDER CONSUMER BANK	K30-39	8			00:46:27	00:23:09	00:44:55.40	01:31:22.55	+00:08:42 (19.4%)	8:59	6.7 (80.7%)
9	SOBCZYK Irena	233	SANTANDER CONSUMER BANK	K30-39	9			00:46:24	00:23:11	00:46:15.60	01:32:39.65	+00:10:02 (21.7%)	9:15	6.5 (78.3%)
10	KWIATKOWSKA Izabela	99	RUCH PO ZDROWIE WŁOCŁAWEK	K30-39	10			02:06:28	00:22:02	00:47:03.55	02:53:32.40	+00:10:50 (23.0%)	9:24	6.4 (77.1%)
11	MAGIEREWICZ Ewelina	103	SANTANDER CONSUMER BANK	K30-39	11			00:46:25	00:23:13	00:47:34.85	01:34:00.60	+00:11:22 (23.9%)	9:31	6.3 (75.9%)
12	PAUL Małgorzata	121	SANTANDER CONSUMER BANK	K30-39	12			00:46:24	00:23:11	00:47:35.15	01:33:59.55	+00:11:22 (23.9%)	9:31	6.3 (75.9%)
13	ROZWADOWSKA Barbara	235	SANTANDER CONSUMER BANK	K30-39	13			00:46:26	00:23:32	00:48:15.40	01:34:41.55	+00:12:02 (25.0%)	9:39	6.2 (74.7%)
14	JAMIŃSKA Małgorzata	69	SANTANDER CONSUMER BANK	K30-39	14			00:47:01	00:26:14	00:52:58.70	01:40:00.05	+00:16:45 (31.6%)	10:35	5.7 (68.7%)

Total 14 results.