



POLANICA ZDRÓJ - PUCHAR POLSKI NORDIC WALKING - 5 KM

B4SPORT

Organizator: PFNW
Data: 2016-07-02
Miejsce: Polanica Zdrój
Dystans: 5 km



Klasyfikacja: K45-49

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Żół. kartki	Czer. kartki	Czas startu	2.5km	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
1	SZPILMAN Katarzyna	162	FACE NORDIC WALKING TEAM	K45-49	1			00:47:27	00:17:39	00:35:32.35	01:22:59.60		7:06	8.4 (100%)
2	REZULSKA Katarzyna	133	VIKING NORDIC TEAM CZĘSTOCHOWA	K45-49	2			00:47:27	00:17:55	00:36:15.20	01:23:43.00	+00:00:42 (2.0%)	7:15	8.3 (98.8%)
3	DROZD Maria	38	NORDIC WALKING KRUSZYNA	K45-49	3			00:47:26	00:18:58	00:38:32.05	01:25:58.90	+00:02:59 (7.8%)	7:42	7.8 (92.9%)
4	FELIS Beata	46		K45-49	4			00:47:29	00:19:04	00:38:49.30	01:26:18.30	+00:03:16 (8.5%)	7:45	7.7 (91.7%)
5	GWAREK Anita	206	PASJA NORDIC WALKING	K45-49	5			00:47:27	00:19:51	00:40:25.80	01:27:53.65	+00:04:53 (12.1%)	8:05	7.4 (88.1%)
6	EWERTOWSKA Ewa	43	NORDIC WALKING KIEKRZ	K45-49	6			00:47:28	00:20:03	00:41:17.05	01:28:45.80	+00:05:44 (13.9%)	8:15	7.3 (86.9%)
7	JANUSZ Ewa	59		K45-49	7			00:47:27	00:20:46	00:41:53.85	01:29:21.45	+00:06:21 (15.2%)	8:22	7.2 (85.7%)
8	PTAŚ Jolanta	423	MOSIR CZELADŹ	K45-49	8			00:47:26	00:20:50	00:42:36.20	01:30:02.75	+00:07:03 (16.6%)	8:31	7 (83.3%)
9	KOSICKA Beata	87	NW KIEKRZ	K45-49	9			00:47:29	00:20:15	00:43:58.00	01:31:27.30	+00:08:25 (19.2%)	8:47	6.8 (81.0%)
10	RYNNIK Dorota	222		K45-49	10			00:47:27	00:21:58	00:44:43.60	01:32:10.80	+00:09:11 (20.5%)	8:56	6.7 (79.8%)
11	WEŻYK Barbara	185		K45-49	11			00:47:28	00:22:24	00:45:10.00	01:32:38.55	+00:09:37 (21.3%)	9:02	6.6 (78.6%)
12	KABACIŃSKA Anna	75	FACE NORDIC WALKING TEAM	K45-49	12			00:47:26	00:23:09	00:46:07.55	01:33:33.65	+00:10:35 (23.0%)	9:13	6.5 (77.4%)
13	BRUSKA Mariola	20	BŁĘKITNI NW DZIEMIANY	K45-49	13			00:47:29	00:23:09	00:47:20.75	01:34:50.65	+00:11:48 (24.9%)	9:28	6.3 (75.0%)
14	NOWAK Beata	114	SAILING TEAM FERAJNA	K45-49	14			00:47:28	00:23:32	00:48:34.80	01:36:03.40	+00:13:02 (26.8%)	9:43	6.2 (73.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Żół. kartki	Czer. kartki	Czas startu	2.5km	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
15	NOWAK Danuta	115	SANTANDER CONSUMER BANK	K45-49	15			00:47:30	00:25:57	00:50:51.85	01:38:22.40	+00:15:19 (30.1%)	10:10	5.9 (70.2%)
16	GRZYB Jolanta	63	CHODZĘ BO CHCĘ.	K45-49	16			00:47:30	00:24:33	00:51:17.65	01:38:47.65	+00:15:45 (30.7%)	10:15	5.8 (69.0%)
17	MAJCHRZAK Elżbieta	104		K45-49	17			00:47:30	00:26:11	00:53:29.90	01:41:00.75	+00:17:57 (33.6%)	10:42	5.6 (66.7%)

Znaleziono 17 wynik(ów)