



POLANICA ZDRÓJ - PUCHAR POLSKI NORDIC WALKING - 5 KM

B4SPORT

Organizator: PFNW
Data: 2016-07-02
Miejsce: Polanica Zdrój
Dystans: 5 km



Klasyfikacja: K55-59

| Msc | Zawodnik | Numer | Klub | Kategoria | Mkat | Żół. kartki | Czer. kartki | Czas startu | 2.5km | Czas netto 5km | Czas brutto 5km | Różn | Tempo min/km | Tempo km/h |
|-----|-------------------------------|------------|-------------------------|-----------|------|----------------|-----------------|----------------|----------|----------------------|-----------------------|----------------------|-----------------|----------------|
| 1 | PARTYKA Teresa | 120 | WESOŁY BORSUK TEAM | K55-59 | 1 | | | 00:48:53 | 00:16:35 | 00:34:11.90 | 01:23:05.70 | | 6:50 | 8.8 (100%) |
| 2 | KASPRZYK Lilianna | 79 | METRACO POLKOWICE | K55-59 | 2 | | | 00:48:54 | 00:16:59 | 00:34:37.90 | 01:23:32.20 | +00:00:26 (1.3%) | 6:55 | 8.7 (98.9%) |
| 3 | GAPIŃSKA Janina | 52 | WESOŁY BORSUK TEAM | K55-59 | 3 | | | 00:48:54 | 00:18:01 | 00:36:11.50 | 01:25:05.70 | +00:01:59 (5.5%) | 7:14 | 8.3 (94.3%) |
| 4 | GŁADKOWSKA Małgorzata | 223 | SILESIA NORDIC TEAM | K55-59 | 4 | | | 00:48:54 | 00:18:13 | 00:37:52.55 | 01:26:47.45 | +00:03:40 (9.7%) | 7:34 | 7.9 (89.8%) |
| 5 | STOLTMANN Helena | 148 | BŁĘKITNI NW DZIEMIANY | K55-59 | 5 | | | 00:48:54 | 00:18:24 | 00:38:01.15 | 01:26:56.05 | +00:03:49 (10.0%) | 7:36 | 7.9 (89.8%) |
| 6 | KUPIBIDA Bogusława | 97 | SILESIA NORDIC TEAM | K55-59 | 6 | | | 00:48:55 | 00:18:47 | 00:38:01.65 | 01:26:57.25 | +00:03:49 (10.1%) | 7:36 | 7.9 (89.8%) |
| 7 | GOLENIA Irmgarda | 57 | NIEZRZESZONA | K55-59 | 7 | | | 00:48:57 | 00:21:23 | 00:42:44.95 | 01:31:42.60 | +00:08:33 (20.0%) | 8:33 | 7 (79.5%) |
| 8 | CIAŁKOWSKA Elżbieta | 232 | | K55-59 | 8 | | | 00:48:57 | 00:22:16 | 00:45:10.75 | 01:34:08.10 | +00:10:58 (24.3%) | 9:02 | 6.6 (75.0%) |
| 9 | MIELEWCZYK Aleksandra | 109 | | K55-59 | 9 | | | 00:48:56 | 00:22:16 | 00:45:24.15 | 01:34:20.70 | +00:11:12 (24.7%) | 9:04 | 6.6 (75.0%) |
| 10 | ANDRZEJEWSKA Bogusława | 3 | | K55-59 | 10 | | | 00:48:55 | 00:22:57 | 00:47:21.50 | 01:36:17.10 | +00:13:09 (27.8%) | 9:28 | 6.3 (71.6%) |
| 11 | PAWLUCZUK Krystyna | 122 | SANTANDER CONSUMER BANK | K55-59 | 11 | | | 00:48:56 | 00:24:37 | 00:49:34.60 | 01:38:31.35 | +00:15:22 (31.0%) | 9:55 | 6.1 (69.3%) |
| 12 | BIELAWSKA Dorota | 12 | SANTANDER CONSUMER BANK | K55-59 | 12 | | | 00:48:58 | 00:24:38 | 00:50:14.45 | 01:39:12.85 | +00:16:02 (31.9%) | 10:02 | 6 (68.2%) |
| 13 | STAUBACH Mirosława | 144 | BŁĘKITNI NW DZIEMIANY | K55-59 | 13 | | | 00:48:56 | 00:25:48 | 00:52:43.85 | 01:41:40.60 | +00:18:31 (35.1%) | 10:32 | 5.7 (64.8%) |

Znaleziono 13 wynik(ów)