



POLANICA ZDRÓJ - PUCHAR POLSKI NORDIC WALKING - 5 KM

B4SPORT
INTELEKTUALNE SĄDOWE SPORTOWE

Organizator: PFNW
Data: 2016-07-02
Miejsce: Polanica Zdrój
Dystans: 5 km



Klasyfikacja: M45-49

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Żół. kartki	Czer. kartki	Czas startu	2.5km	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
1	KROMSKI Paweł	294	NORDIC WALKING KIEKRZ	M45-49	1			00:41:17	00:16:39	00:34:15.70	01:15:33.50		6:51	8.8 (100%)
2	KRYŚ Artur	91	KS METRACO POLKOWICE	M45-49	2			00:41:16	00:16:52	00:34:29.90	01:15:46.20	+00:00:14 (0.7%)	6:54	8.7 (98.9%)
3	FELIS Paweł	44		M45-49	3			00:41:17	00:17:13	00:34:56.00	01:16:13.75	+00:00:40 (1.9%)	6:59	8.6 (97.7%)
4	WĘŻYK Grzegorz	184		M45-49	4			00:41:21	00:17:10	00:35:00.85	01:16:21.90	+00:00:45 (2.1%)	7:00	8.6 (97.7%)
5	CUDAK Zbigniew	27	VIKING NORDIC TEAM CZĘSTOCHOWA	M45-49	5			00:41:18	00:17:59	00:36:15.20	01:17:33.75	+00:01:59 (5.5%)	7:15	8.3 (94.3%)
6	ROSADZIŃSKI Sławomir	135		M45-49	6			00:41:16	00:17:49	00:36:54.50	01:18:10.90	+00:02:38 (7.2%)	7:22	8.1 (92.0%)
7	BUSZTA Dariusz	23		M45-49	7			00:41:17	00:17:59	00:37:26.90	01:18:44.10	+00:03:11 (8.5%)	7:29	8 (90.9%)
8	BALICKI Mirosław	205		M45-49	8			00:41:16	00:18:38	00:38:11.00	01:19:27.55	+00:03:55 (10.3%)	7:38	7.9 (89.8%)
9	FILUSZ Alfred	48		M45-49	9			00:41:18	00:19:37	00:40:21.35	01:21:39.70	+00:06:05 (15.1%)	8:04	7.4 (84.1%)
10	SZYMAŃSKI Mirosław	166	SANTANDER CONSUMER BANK	M45-49	10			00:41:16	00:20:02	00:40:38.95	01:21:55.85	+00:06:23 (15.7%)	8:07	7.4 (84.1%)
11	KABACIŃSKI Maciej	76	FACE NORDIC WALKING TEAM	M45-49	11			00:41:20	00:20:43	00:41:36.60	01:22:57.35	+00:07:20 (17.7%)	8:19	7.2 (81.8%)
12	TYLUTKI Andrzej	174	FACE NORDIC WALKING TEAM / UKS SIEDLESZCZANY NORDIC WALKING	M45-49	12			00:41:20	00:22:12	00:45:09.35	01:26:29.60	+00:10:53 (24.1%)	9:01	6.6 (75.0%)
13	WIDAWSKI Andrzej	188		M45-49	13			00:41:21	00:27:46	00:57:15.80	01:38:37.25	+00:23:00 (40.2%)	11:27	5.2 (59.1%)

Znaleziono 13 wynik(ów)