



POLANICA ZDRÓJ - PUCHAR POLSKI NORDIC WALKING - 5 KM

B4SPORT

Organiser: PFNW
Date: 2016-07-02
Place: Polanica Zdrój
Distance: 5 km



Classification: M50-54

Place	Participant	Number	Club	Category	MCat	Żół. kartki	Czer. kartki	Start time	2.5km	Net time 5km	Czas brutto 5km	Gap	Pace min/km	Pace km/h
1	LUBIATOWSKI Ireneusz	100	KS METRACO POLKOWICE	M50-54	1			00:42:05	00:16:08	00:32:08.30	01:14:14.20		6:25	9.3 (100%)
2	CZŁAPSKI Krzysztof	29	ENERGYLIFE / NW CIECHANÓW	M50-54	2			00:42:05	00:16:07	00:32:40.60	01:14:46.20	+00:00:32 (1.6%)	6:32	9.2 (98.9%)
3	BREWKA Joachim	18	UNIA MIAST	M50-54	3			00:42:05	00:17:13	00:35:02.90	01:17:08.55	+00:02:54 (8.3%)	7:00	8.6 (92.5%)
4	ŻUREK Bogusław	224		M50-54	4			00:42:06	00:18:16	00:38:31.70	01:20:37.80	+00:06:23 (16.6%)	7:42	7.8 (83.9%)
5	SZAŁACIŃSKI Grzegorz	156	WESOŁY BORSUK TEAM	M50-54	5			00:42:06	00:21:38	00:43:39.55	01:25:45.95	+00:11:31 (26.4%)	8:43	6.9 (74.2%)

Total 5 results.