



# POLANICA ZDRÓJ - PUCHAR POLSKI NORDIC WALKING - 5 KM

B4SPORT

**Organizator:** PFNW  
**Data:** 2016-07-02  
**Miejsce:** Polanica Zdrój  
**Dystans:** 5 km



Klasyfikacja: M70+

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Żół. kartki	Czer. kartki	Czas startu	2.5km	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
1	<b>RYBAŁTOWSKI Paweł</b>	<b>136</b>		M70+	1			00:44:02	00:19:00	<b>00:39:07.10</b>	<b>01:23:09.35</b>		7:49	7.7 (100%)
2	<b>WASILEWSKI Sławomir</b>	<b>179</b>	PASJA NORDIC WALKING	M70+	2			00:44:00	00:19:13	<b>00:39:11.50</b>	<b>01:23:11.50</b>	+00:00:04 (0.2%)	7:50	7.7 (100%)
3	<b>MAJCHERCZYK Wacław</b>	<b>401</b>	MOSIR CZELADŹ	M70+	3			00:44:01	00:19:57	<b>00:40:01.40</b>	<b>01:24:02.65</b>	+00:00:54 (2.3%)	8:00	7.5 (97.4%)
4	<b>PIĄTKOWSKI Józef</b>	<b>126</b>	KS METRACO POLKOWICE	M70+	4			00:44:00	00:19:54	<b>00:40:04.30</b>	<b>01:24:04.90</b>	+00:00:57 (2.4%)	8:00	7.5 (97.4%)
5	<b>THOMALLA Bogdan</b>	<b>172</b>	SILESIA NORDIC TEAM	M70+	5			00:33:34	00:19:33	<b>00:40:26.00</b>	<b>01:14:00.05</b>	+00:01:18 (3.3%)	8:05	7.4 (96.1%)
6	<b>KRAMER Leszek</b>	<b>90</b>	OLEŚNICKA STREFA NORDIC WALKING	M70+	6			00:44:03	00:20:29	<b>00:42:56.15</b>	<b>01:26:59.75</b>	+00:03:49 (8.9%)	8:35	7 (90.9%)
7	<b>IWANICKI Zdzisław</b>	<b>68</b>		M70+	7			00:44:04	00:21:25	<b>00:43:43.65</b>	<b>01:27:47.85</b>	+00:04:36 (10.5%)	8:44	6.9 (89.6%)
8	<b>WOJTAROWICZ Edward</b>	<b>217</b>	PZERII POLANICA ZDRÓJ	M70+	8			00:44:00	00:21:14	<b>00:43:55.10</b>	<b>01:27:55.85</b>	+00:04:48 (10.9%)	8:47	6.8 (88.3%)
9	<b>WÓJCIK Henryk</b>	<b>196</b>	UTW OLEŚNICA	M70+	9			00:44:03	00:22:29	<b>00:44:53.00</b>	<b>01:28:56.75</b>	+00:05:45 (12.8%)	8:58	6.7 (87.0%)
10	<b>REMISZEWSKI Adam</b>	<b>134</b>	UTW OLEŚNICA	M70+	10			00:44:03	00:22:19	<b>00:45:54.65</b>	<b>01:29:57.85</b>	+00:06:47 (14.8%)	9:10	6.5 (84.4%)
11	<b>DRAŹEK Władysław</b>	<b>214</b>	PZERII POLANICA ZDRÓJ	M70+	11			00:44:01	00:22:11	<b>00:46:43.60</b>	<b>01:30:45.15</b>	+00:07:36 (16.3%)	9:20	6.4 (83.1%)
12	<b>MOCZARSKI Adam</b>	<b>158</b>	FACE NORDIC WALKING TEAM	M70+	12			00:44:00	00:23:27	<b>00:48:00.15</b>	<b>01:32:00.30</b>	+00:08:53 (18.5%)	9:36	6.3 (81.8%)
13	<b>DROP Mieczysław</b>	<b>37</b>		M70+	13			00:44:02	00:27:54	<b>00:55:11.30</b>	<b>01:39:14.10</b>	+00:16:04 (29.1%)	11:02	5.4 (70.1%)

Znaleziono 13 wynik(ów)