



POLANICA ZDRÓJ - PUCHAR POLSKI NORDIC WALKING - 5KM

B4SPORT

Organizator: PFNW
Data: 2015-06-27
Miejsce: Polanica Zdrój
Dystans: 5 km



Klasyfikacja: K 45-49

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Żół. kartki	Czer. kartki	Czas startu	2.5km	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
1	PAKOSZ Irena	120	LKS GÓRNIK JANUSZKOWICE	K 45-49	1			00:11:46	00:17:58	00:36:10	00:47:56		7:14	8.3 (100%)
2	REZULSKA Katarzyna	104	REGATTA NORDIC TEAM CZĘSTOCHOWA	K 45-49	2			00:11:48	00:18:07	00:36:55	00:48:43	+00:00:45 (2.0%)	7:23	8.1 (97.6%)
3	FELIS Beata	25		K 45-49	3			00:11:49	00:18:34	00:37:38	00:49:27	+00:01:28 (3.9%)	7:31	8 (96.4%)
4	DROZD Maria	144	NORDIC WALKING KRUSZYNA	K 45-49	4			00:11:46	00:18:47	00:37:49	00:49:35	+00:01:39 (4.4%)	7:33	7.9 (95.2%)
5	GIDASZEWSKA Beata	101	GREEN TEAM ZIELONA GÓRA	K 45-49	5			00:11:48	00:18:47	00:37:54	00:49:42	+00:01:44 (4.6%)	7:34	7.9 (95.2%)
6	MATYJA Anna	52		K 45-49	6			00:11:48	00:19:43	00:39:36	00:51:24	+00:03:26 (8.7%)	7:55	7.6 (91.6%)
7	PTAŚ Jolanta	110	TKKF MOSIR CZELADŹ	K 45-49	7			00:11:46	00:19:20	00:39:39	00:51:25	+00:03:29 (8.8%)	7:55	7.6 (91.6%)
8	WOŁOSZCZUK Beata	163		K 45-49	8			00:11:49	00:20:10	00:41:07	00:52:56	+00:04:57 (12.0%)	8:13	7.3 (88.0%)
9	BREWKA Klaudia	129	NORDIC WALKING LUBLINIEC	K 45-49	9			00:11:49	00:20:54	00:42:44	00:54:33	+00:06:34 (15.4%)	8:32	7 (84.3%)
10	KAPŁON Izabela	57		K 45-49	10			00:11:47	00:21:44	00:43:35	00:55:22	+00:07:25 (17.0%)	8:43	6.9 (83.1%)
11	ROCH Renata	77		K 45-49	11			00:11:47	00:21:55	00:43:58	00:55:45	+00:07:48 (17.7%)	8:47	6.8 (81.9%)
12	KALAMAJA Jolanta	63	KGHM METRAKO POLKOWICE	K 45-49	12			00:11:48	00:22:32	00:45:19	00:57:07	+00:09:09 (20.2%)	9:03	6.6 (79.5%)
13	WINCZEWSKA Anna	18	RUCH PO ZDROWIE WŁOCLAWEK	K 45-49	13			00:11:47	00:22:53	00:45:45	00:57:32	+00:09:35 (20.9%)	9:09	6.6 (79.5%)
14	GRZYB Jolanta	155		K 45-49	14			00:11:48	00:24:23	00:49:09	01:00:57	+00:12:59 (26.4%)	9:49	6.1 (73.5%)

Znaleziono 14 wynik(ów)