



POLANICA ZDRÓJ - PUCHAR POLSKI NORDIC WALKING - 5KM

B4SPORT

Organiser: PFNW
Date: 2015-06-27
Place: Polanica Zdrój
Distance: 5 km



Classification: K 55-59

Place	Participant	Number	Club	Category	MCat	Żół. kartki	Czer. kartki	Start time	2.5km	Net time 5km	Czas brutto 5km	Gap	Pace min/km	Pace km/h
1	KUPIBIDA Bogusława	140	SILESIA NORDIC TEAM	K 55-59	1			00:12:47	00:18:28	00:37:26	00:50:13		7:29	8 (100%)
2	MARZEC Halina	113	NIEZRZESZONA	K 55-59	2			00:12:49	00:18:31	00:37:37	00:50:26	+00:00:11 (0.5%)	7:31	8 (100%)
3	ŻUCHOWICZ Elżbieta	92	DĄBROWA NORDIC TEAM	K 55-59	3			00:12:49	00:18:42	00:37:52	00:50:41	+00:00:26 (1.1%)	7:34	7.9 (98.8%)
4	PIPIRO Grażyna	23	UKS ZSZ JEDYNKA	K 55-59	4			00:12:48	00:18:52	00:38:14	00:51:02	+00:00:48 (2.1%)	7:38	7.8 (97.5%)
5	KOSIŃSKA Maria	17	MOSIR RYPIN	K 55-59	5			00:12:47	00:19:49	00:40:18	00:53:05	+00:02:52 (7.1%)	8:03	7.4 (92.5%)
6	STASIEWICZ Elżbieta	154		K 55-59	6			00:12:49	00:20:54	00:42:06	00:54:55	+00:04:40 (11.1%)	8:25	7.1 (88.8%)
7	GOLENIA Irmgarda	4	AMATORKA	K 55-59	7			00:12:47	00:20:54	00:42:07	00:54:54	+00:04:41 (11.1%)	8:25	7.1 (88.8%)
8	WYRWA Ewa	16	RUCH PO ZDROWIE WŁOCŁAWEK	K 55-59	8			00:12:48	00:21:36	00:43:49	00:56:37	+00:06:23 (14.6%)	8:45	6.8 (85.0%)
8	KAZUCH Maria	99		K 55-59	9			00:12:48	00:21:42	00:43:49	00:56:37	+00:06:23 (14.6%)	8:45	6.8 (85.0%)
10	KRAŚNICKA Leonarda	66	KGHM METRACO POLKOWICE	K 55-59	10			00:12:48	00:24:23	00:48:29	01:01:17	+00:11:03 (22.8%)	9:41	6.2 (77.5%)
11	KOWALSKA Krystyna	200	UNIwersytet II WIEKU	K 55-59	11			00:12:50	00:31:49	01:06:51	01:19:41	+00:29:25 (44.0%)	13:22	4.5 (56.3%)

Total 11 results.