



POLANICA ZDRÓJ - PUCHAR POLSKI NORDIC WALKING - 5KM

B4SPORT

Organiser: PFNW
Date: 2015-06-27
Place: Polanica Zdrój
Distance: 5 km



Classification: M 55-59

Place	Participant	Number	Club	Category	MCat	Żół. kartki	Czer. kartki	Start time	2.5km	Net time 5km	Czas brutto 5km	Gap	Pace min/km	Pace km/h
1	ŻUCHOWICZ Robert	93	DĄBROWA NORDIC TEAM	M 55-59	1			00:07:01	00:17:39	00:35:13	00:42:14		7:02	8.5 (100%)
2	BAJ Stanisław	9	ŚCINAWSKA GRUPA NORDIC WALKING	M 55-59	2			00:07:02	00:18:57	00:38:27	00:45:29	+00:03:14 (8.4%)	7:41	7.8 (91.8%)
3	GRZESZCZAK Andrzej	44	NZ	M 55-59	3			00:07:01	00:19:12	00:38:57	00:45:58	+00:03:44 (9.6%)	7:47	7.7 (90.6%)
4	GOLENIA Reinhold	3	AMATOR	M 55-59	4			00:07:03	00:19:12	00:39:34	00:46:37	+00:04:21 (11.0%)	7:54	7.6 (89.4%)
5	BISKUPSKI Tadeusz	196		M 55-59	5			00:07:03	00:19:50	00:40:28	00:47:31	+00:05:15 (13.0%)	8:05	7.4 (87.1%)
6	ZAWADZKI Andrzej	67	KGHM METRACO POLKOWICE	M 55-59	6			00:07:02	00:19:57	00:40:53	00:47:55	+00:05:40 (13.9%)	8:10	7.3 (85.9%)
7	KARPAŁA Włodzimierz	198		M 55-59	7	1		00:07:02	00:21:12	00:43:09	00:50:11	+00:07:56 (18.4%)	8:37	7 (82.4%)
8	ZABOROWSKI Janusz	190		M 55-59	8			00:07:02	00:21:45	00:44:08	00:51:10	+00:08:55 (20.2%)	8:49	6.8 (80.0%)

Total 8 results.