



POLKOWICE - PUCHAR DOLNEGO ŚLĄSKA NORDIC WALKING - 10 KM

B4SPORT

Organizator: PFNW
Data: 2017-03-11
Miejsce: Polkowice
Dystans: 10 km



Klasyfikacja: Wszyscy

Punkt pomiarowy: 8,8 km

Msc	Zawodnik	Numer	Klub	Kategoria	Żół. kartki	Czer. kartki	Czas startu	Start_All 1.25km	Start_All 2.5km	Start_All 3.75km	Start_All 5km	Start_All 6.25km	Start_All 7.5km	Start_All 8.75km
1	SKIBA Krzysztof	178	KS METRACO POLKOWICE	M50-59			00:00:03	00:07:20	00:14:43	00:22:13	00:29:57	00:37:34	00:45:16	00:53:07
2	DZIEDIEWICZ Andrzej	176		M30-39			00:00:02	00:06:56	00:14:29	00:22:14	00:29:57	00:37:41	00:45:33	00:53:19
3	CYRUS Bogdan	144	SILESIA NORDIC TEAM	M40-49			00:00:01	00:07:24	00:15:24	00:23:39	00:32:03	00:40:45	00:49:23	00:57:59
4	WOJTASIŃSKI Daniel	171	VIKING NORDIC TEAM CZĘSTOCHOWA	M30-39			00:00:01	00:07:48	00:16:05	00:24:29	00:32:58	00:41:29	00:49:55	00:58:16
5	ZACZYŃSKA Anna	174	KS METRACO POLKOWICE	K30-39			00:00:26	00:08:13	00:16:44	00:25:11	00:33:37	00:42:05	00:50:34	00:59:03
6	NIEDBAŁ Adam	179	SILESIA NORDIC TEAM	M40-49			00:00:01	00:08:10	00:16:40	00:25:13	00:33:45	00:42:08	00:50:41	00:59:12
7	KOŁODZIEJ Joanna	153	FABRIKANORDIKA	K40-49			00:00:25	00:08:30	00:17:18	00:26:12	00:35:05	00:43:55	00:52:44	01:01:29
8	JĘDRASIAK Renata	151	KS METRACO POLKOWICE	K50-59			00:00:26	00:08:22	00:17:07	00:25:57	00:34:51	00:43:48	00:52:46	01:01:47
9	SKRYCKA Katarzyna	164	KS METRACO POLKOWICE	K30-39			00:00:24	00:08:43	00:18:04	00:27:15	00:36:12	00:45:07	00:54:04	01:02:56
10	SPYCHAŁA Marzena	165	WESOŁY BORSUK TEAM	K40-49			00:00:25	00:08:35	00:17:24	00:26:18	00:35:22	00:44:32	00:53:44	01:03:08
11	SIKORA Bronisław	162	LKB AMATOR LESZNO	M60-69			00:00:04	00:08:56	00:18:02	00:27:14	00:36:36	00:45:55	00:55:21	01:04:45
12	KLEPACZEK Dawid	152	DALEKO JESZCZE ?!?	M30-39			00:00:01	00:09:10	00:18:40	00:28:06	00:37:20	00:46:33	00:55:41	01:04:51
13	BIK Stanisław	142	KS METRACO POLKOWICE	M50-59			00:00:04	00:08:39	00:17:44	00:27:16	00:36:38	00:46:02	00:55:24	01:05:06
14	PASIŃSKA-SKOWRON Sylwia	158	PRUSZYŃSKI NORDIC WALKING	K40-49			00:00:25	00:08:56	00:18:07	00:27:27	00:36:48	00:46:11	00:55:43	01:05:13
15	ROGOS Henryk	160	ŚCINAWSKA GRUPA NORDIC WALKING	M70+			00:00:03	00:09:01	00:18:05	00:27:22	00:36:41	00:46:11	00:55:49	01:05:42
16	DOLBAK Jhar	177		M40-49			00:00:02	00:08:58	00:18:05	00:27:17	00:36:51	00:46:29	00:56:13	01:06:08
17	STĘPIEŃ Lucyna	180	KS METRACO POLKOWICE	K60-69			00:00:28	00:09:02	00:18:23	00:27:47	00:37:15	00:46:51	00:56:35	01:06:18
18	WEGNER Jacek	170	RYBNICKI KLUB NORDIC WALKING	M40-49			00:00:02	00:09:21	00:19:02	00:28:45	00:38:29	00:48:16	00:57:57	01:07:13
19	ŚLUSARCZYK Grzegorz	166	WESOŁY BORSUK TEAM	M40-49			00:00:02	00:09:08	00:18:38	00:28:12	00:37:48	00:47:31	00:57:23	01:07:17
20	KOWALCZYK-LACNOWSKA Marta	172	NORDIKI	K30-39			00:00:25	00:09:30	00:19:32	00:29:30	00:39:31	00:49:34	00:59:20	01:09:12
21	DOBROWOLSKA-ŚWIĄTEK Elżbieta	145	KB HARCOWNIK JELCZ-LASKOWICE	K50-59			00:00:26	00:09:36	00:19:32	00:29:31	00:39:31	00:49:34	00:59:30	01:09:38
22	PIĄTKOWSKI Józef	163		M70+			00:00:05	00:09:31	00:19:30	00:29:27	00:39:32	00:49:34	00:59:44	01:09:55
23	HRYNDIO Jerzy	149	FABRIKANORDIKA	M60-69			00:00:03	00:09:27	00:19:18	00:29:41	00:39:44	00:49:59	01:00:13	01:10:21
24	MORYS Agnieszka	156	FABRIKANORDIKA	K30-39			00:00:25	00:09:36	00:19:29	00:29:33	00:39:36	00:49:50	01:00:09	01:10:32

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25	BAJ Danuta	141	ŚCINAWSKA GRUPA NORDIC WALKING	K50-59			00:00:26	00:09:53	00:20:06	00:30:17	00:40:21	00:50:30	01:00:49	01:11:12
26	CHARCZUK Zenon	143	WESOŁY BORSUK TEAM	M60-69			00:00:04	00:09:44	00:19:46	00:29:58	00:40:14	00:50:31	01:00:53	01:11:16
27	PUZICHOWSKA Małgorzata	159	NORDIKI	K50-59			00:00:27	00:09:46	00:19:59	00:30:17	00:40:32	00:50:48	01:01:10	01:11:38
28	DZIUBAK Janusz	147	RYBNICKI KLUB NORDIC WALKING	M50-59			00:00:03	00:09:52	00:20:04	00:30:36	00:41:13	00:51:56	01:02:45	01:13:37
29	ZAWADZKA Maria	175	KS METRACO POLKOWICE	K60-69			00:00:28	00:10:16	00:20:54	00:31:32	00:42:10	00:52:46	01:03:12	01:13:42
30	JANKOWSKA Wioletta	150	FABRIKANORDIKA	K50-59			00:00:26	00:10:11	00:20:40	00:31:14	00:41:51	00:52:36	01:03:33	01:14:32
31	RZECHOWSKA Ewa	161		K40-49			00:00:26	00:10:29	00:21:02	00:31:53	00:42:45	00:53:38	01:04:23	01:15:02
32	MOSTOWSKA-NOWAK Elżbieta	157	STOWARZYSZENIE 'AZYMUT'	K50-59			00:00:27	00:10:47	00:22:02	00:33:24	00:44:30	00:55:27	01:06:41	01:17:47
33	MAJEWICZ Beata	181		K50-59			00:00:27	00:10:47	00:22:09	00:33:30	00:44:47	00:56:11	01:07:28	01:18:42
34	WALKÓW Joanna	169	NORDIKI	K18-29			00:00:25	00:10:55	00:22:12	00:33:29	00:44:53	00:56:17	01:07:30	01:19:02
35	DZIĘCIOŁ Ryszard	146		M70+			00:00:03	00:10:41	00:21:45	00:33:07	00:44:44	00:56:15	01:07:40	01:19:20
36	KRZYŚCIN Rafał	154	SANTANDER CONSUMER BANK	M40-49			00:00:03	00:10:43	00:21:44	00:32:56	00:44:33	00:56:17	01:08:01	01:20:17
37	TUREK Jan	168		M60-69			00:00:02	00:11:02	00:22:31	00:34:12	00:45:47	00:57:17	01:09:02	01:20:55

Znaleziono 37 wynik(ów)