



POLKOWICE- PUCHAR DOLNEGO ŚLĄSKA NORDIC WALKING - 5 KM

B4SPORT

Organizator: PFNW
Data: 2017-03-11
Miejsce: Polkowice
Dystans: 5 km



Klasyfikacja: Wszyscy

Punkt pomiarowy: 3,8 km

Msc	Zawodnik	Numer	Klub	Kategoria	Żół. kartki	Czer. kartki	Czas startu	Start_All 1.25km	Start_All 2.5km	Start_All 3.75km
1	LUBIATOWSKI Ireneusz	45		M50-54			00:00:51	00:07:53	00:15:53	00:24:03
2	KUBIAK Tomasz	42		M40-44			00:00:31	00:07:50	00:15:55	00:24:13
3	SCHRÖDER Karol	67	SILESIA NORDIC TEAM	M40-44			00:00:30	00:07:54	00:16:10	00:24:43
4	HAŁAS Marcin	104		M30-39			00:00:30	00:08:10	00:16:30	00:24:48
5	ROŻYNEK Miron	98		M50-54			00:00:52	00:08:16	00:16:41	00:25:07
6	FOJCIK Piotr	18	RYBNICKI KLUB NORDIC WALKING	M50-54			00:00:51	00:08:16	00:16:44	00:25:15
7	KRYŚ Artur	41		M45-49			00:00:39	00:08:15	00:16:45	00:25:19
8	HOŁUBKA Mariusz	25		M45-49			00:00:39	00:08:25	00:17:00	00:25:46
9	SIWAK Piotr	97	KS METRACO POLKOWICE	M55-59			00:01:07	00:08:38	00:17:21	00:26:04
10	STANISŁAWOWSKI Jan	103	MARSZ PO ZDROWIE	M55-59			00:01:07	00:08:38	00:17:22	00:26:05
11	RATUŚ Bogusław	63	UKS ZRYW GÓRA	M55-59			00:01:06	00:08:40	00:17:26	00:26:18
12	GRYGOROWICZ Bogdan	22	KS METRACO POLKOWICE	M65-69			00:01:36	00:08:38	00:17:38	00:26:47
DQ	DUSZEŃKO Zygmunt	14		M55-59			DQ	00:08:53 DQ	00:17:52 DQ	00:26:49 DQ
14	ŚLUSARCZYK Andrzej	76	WESOŁY BORSUK TEAM	M65-69			00:01:36	00:08:47	00:18:06	00:27:12
15	RACŁAWSKI Jan	61	NIEZRZESZONY	M60-64			00:01:23	00:09:02	00:18:13	00:27:34
16	MIKOŁAJCZAK Jan	51	KS METRACO POLKOWICE	M- Niepełnosprawni(A)			00:01:23	00:08:59	00:18:18	00:27:57
17	WOLNIEWICZ Katarzyna	99	FABRIKANORDIKA	K45-49			00:03:27	00:09:13	00:18:38	00:28:00
18	JÓŻWIAK Marianna	31	WTW WŁOCLAWEK	K40-44			00:03:13	00:09:05	00:18:31	00:28:01
19	KOWALCZYK Edyta	105		K45-49			00:03:27	00:09:16	00:18:42	00:28:05
20	RUDOLF Natalia	64	NORDIKI	K30-39			00:03:00	00:09:06	00:18:37	00:28:12
21	BADECKI Ryszard	3	NIEZRZESZONY	M55-59			00:00:51	00:09:19	00:18:42	00:28:13
22	DUDEK Kazimierz	13	NIEZRZESZONY	M65-69			00:01:37	00:09:05	00:18:39	00:28:20
23	DUDEK Edward	12	KS METRACO POLKOWICE	M65-69			00:01:37	00:09:18	00:18:49	00:28:21
24	BIK Przemysław	5	KS METRACO POLKOWICE	M-Jun.			00:00:06	00:09:35	00:19:05	00:28:28

Msc	Zawodnik	Numer	Klub	Kategoria	Żół. kartki	Czer. kartki	Czas startu	Start_All 1.25km	Start_All 2.5km	Start_All 3.75km
25	PAWŁOWSKA-WOŹNIAK Małgorzata	54	TOSZANKA NORDIC TEAM	K30-39			00:02:59	00:09:07	00:18:45	00:28:32
26	FIGURSKA Dominika	15	FACE NORDIC WALKING TEAM	K18-29			00:02:30	00:09:19	00:18:54	00:28:33
27	GŁADKOWSKA Małgorzata	20	SILESIA NORDIC TEAM	K55-59			00:03:53	00:09:18	00:18:49	00:28:33
28	KUPIBIDA Bogusława	44	SILESIA NORDIC TEAM	K55-59			00:03:53	00:09:27	00:19:02	00:28:41
29	WOŹNIAK Klaudia	87	TOSZANKA NORDIC TEAM	K-Jun.			00:02:19	00:09:19	00:19:04	00:28:43
30	DROZD Maria	11	NORDIC WALKING KRUSZYNA	K50-54			00:03:41	00:09:25	00:19:05	00:28:47
31	BAJ Stanisław	4	ŚCINAWSKA GRUPA NORDIC WALKING	M55-59			00:01:07	00:09:21	00:19:05	00:28:50
32	KOPCZYŃSKI Jakub	36	KRUSZYNA	M18-29			00:00:16	00:09:24	00:18:59	00:29:00
33	FOJCIK Gabriela	17	RYBNICKI KLUB NORDIC WALKING	K50-54			00:03:41	00:09:32	00:19:14	00:29:01
34	KRZYŻANIAK Krystyna	173		K50-54			00:03:41	00:09:34	00:19:21	00:29:07
35	SZYJKA Izabela	75	NORDIKI	K30-39			00:03:00	00:09:25	00:19:14	00:29:17
36	JÓŹWIAK Łukasz	33	WTW WŁOCŁAWEK	M-Niepełnosprawni(A)			00:00:40	00:09:13	00:19:11	00:29:18
37	POZNIAK Maria	111		K18-29			00:02:30	00:09:41	00:19:37	00:29:36
38	GRIGORIEWA Renata	95		K-Jun.			00:02:19	00:09:39	00:19:41	00:29:39
39	SIERACKA Katarzyna	68	AZYMUT MÓRKOWO	K50-54			00:03:41	00:09:33	00:19:33	00:29:41
40	SUSKA Danuta	73	BRAK	K65-69			00:04:16	00:09:57	00:19:54	00:29:44
41	KOSICKA Beata	39		K45-49			00:03:27	00:09:41	00:19:36	00:29:53
42	GRYGOROWICZ Teresa	23		K65-69			00:04:15	00:09:54	00:19:54	00:30:01
43	KUBIAK Dorian	43	SP 74	M-Dzieci			00:00:05	00:09:50	00:19:42	00:30:13
44	STEMPNIAK Bogdan	52		M-Niepełnosprawni(A)			00:00:39	00:09:35	00:19:55	00:30:21
45	GRIGORIEWA Irena	94		K30-39			00:03:01	00:10:07	00:20:12	00:30:25
46	THOMALLA Bogdan	79	SILESIA NORDIC TEAM	M70+			00:01:52	00:09:55	00:20:12	00:30:34
47	RYBAŁTOWSKI Paweł	65	BAMET TRZEBNICA	M70+			00:01:51	00:09:57	00:20:13	00:30:36
48	MATKOWSKA Marta	48	JAWOR CITY	K30-39			00:03:00	00:10:09	00:20:20	00:30:36
49	GRZESZCZAK Andrzej	113	KS METRACO POLKOWICE	M55-59			00:01:07	00:09:43	00:20:02	00:30:37
50	WORONKO-ZACZYŃSKA Janina	114	KS METRACO POLKOWICE	K70+			00:04:26	00:10:14	00:20:29	00:30:43
51	KOPROWSKI Tomasz	38	NORDIKI	M45-49			00:00:40	00:10:08	00:20:27	00:30:54
52	BUDZIAK Ernest	9	NORDIC WALKING WROCŁAW ERNEST BUDZIAK	M40-44			00:00:30	00:09:49	00:20:28	00:31:10
53	KOŹŁOWSKA Dagmara	108		K30-39			00:03:03	00:10:11	00:20:37	00:31:11
54	DOLBAK Katarzyna	93		K18-29			00:02:21	00:10:16	00:20:42	00:31:16
55	GÓRSKI Henryk	21	OLEŚNICKA STREFA NORDIC WALKING	M70+			00:01:51	00:10:13	00:20:43	00:31:18
56	SOBAS Krystyna	70	AKTYWNY BOLESŁAWIEC	K55-59			00:03:55	00:10:20	00:20:55	00:31:22
57	URBAN Jacek	53		M65-69			00:01:37	00:10:17	00:20:55	00:31:30
58	SOJA Jolanta	71	AKTYWNY BOLESŁAWIEC	K55-59			00:03:54	00:10:24	00:20:59	00:31:30
59	KRAMER Leszek	40	OLEŚNICKA STREFA NORDIC WALKING	M70+			00:01:53	00:10:14	00:20:48	00:31:38
60	RACŁAWSKA Joanna	60	NIEZRZESZONA	K55-59			00:03:53	00:10:27	00:21:00	00:31:40
61	WINOWICZ Maria	84	ŚCINAWSKA GRUPA NORDIC WALKING	K60-64			00:04:08	00:10:28	00:21:09	00:31:53
62	SULMA Edyta	72	AKTYWNY BOLESŁAWIEC	K40-44			00:03:14	00:10:45	00:21:31	00:31:55
63	LULEK Lucyna	46	ŚCINAWSKA GRUPA NORDIC WALKING	K65-69			00:04:16	00:10:22	00:21:03	00:31:56
64	URBAN Joanna	81		K40-44			00:03:14	00:10:43	00:21:30	00:32:00
65	RYCHLIK Elżbieta	66	ŚCINAWSKA GRUPA NORDIC WALKING	K50-54			00:03:42	00:10:07	00:21:04	00:32:04
66	WÓJCIK Henryk	91	OLEŚNICKA STREFA NORDIC WALKING	M70+			00:01:52	00:10:26	00:21:10	00:32:09
67	FORNALCZYK-KRIZAR Jolanta	106	NORDIKI	K45-49			00:03:27	00:10:36	00:21:22	00:32:09

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68	DZIEDZIEWICZ Natalia	96		K30-39			00:03:01	00:10:17	00:21:18	00:32:11
69	ARTYMICZ Maria	2		K60-64			00:04:08	00:10:38	00:21:25	00:32:16
70	JASIŃSKI Michał	30	RYBNICKI KLUB NORDIC WALKING	M18-29			00:00:17	00:10:09	00:21:14	00:32:21
71	HOŁDA Jolanta	24	KUBISIA TEAM OLESNICA	K60-64			00:04:09	00:10:30	00:21:33	00:32:37
72	PRZYBYŁ Sylwester	59	ŚCINAWSKA GRUPA NORDIC WALKING	M60-64			00:01:23	00:10:28	00:21:21	00:32:44
73	JAGODZIŃSKI Andrzej	27		M55-59			00:01:07	00:10:37	00:21:36	00:32:56
74	DREISEITEL Andrzej	10		M55-59			00:01:08	00:10:24	00:21:43	00:33:12
75	PRZYBYŁ Janina	58	ŚCINAWSKA GRUPA NORDIC WALKING	K65-69			00:04:17	00:10:57	00:22:10	00:33:21
76	PRAŁAT Grażyna	57	STOWARZYSZENIE 'AZYMUT'	K60-64			00:04:08	00:11:12	00:22:20	00:33:32
77	SKIBA Anna	69	JAWOR CITY	K30-39			00:03:00	00:10:57	00:22:21	00:33:45
78	WOJNAROWSKA Małgorzata	86	NORDIKI	K30-39			00:03:01	00:11:00	00:22:26	00:33:45
79	ŚLUSARCZYK Karolina	77	WESOŁY BORSUK TEAM	K-Dzieci			00:02:19	00:11:03	00:22:20	00:33:58
80	KOLBUSZ Janina	34	KS METRACO POLKOWICE	K65-69			00:04:16	00:11:10	00:22:44	00:34:32
81	WÓJCIK Irena	90	OLEŚNICKA STREFA NORDIC WALKING	K70+			00:04:26	00:10:07	00:23:04	00:34:40
82	KOWALCZYK Magdalena	1		K18-29			00:02:30	00:11:17	00:23:05	00:34:44
83	MĘDRAK Alicja	50		K60-64			00:04:08	00:11:23	00:23:03	00:34:50
84	KONOPIŃSKA Daria	35		K30-39			00:03:02	00:11:31	00:23:16	00:34:51
85	PIERZCHAŁA Izabela	55		K30-39			00:03:02	00:11:31	00:23:16	00:34:52
86	KRZYŻANIAK Agata	110		K30-39			00:03:02	00:11:32	00:22:59	00:35:01
87	JAGODZIŃSKA Bożena	28		K55-59			00:03:53	00:11:17	00:23:16	00:35:04
88	ZIOMEK Izabela	109		K30-39			00:03:01	00:11:34	00:23:02	00:35:06
89	MACHAJEK Krzysztof	47	KS METRACO POLKOWICE	M- Niepełnosprawni(A)			00:01:23	00:11:15	00:22:53	00:35:10
90	MĘDRAK Józef	49		M65-69			00:01:38	00:11:13	00:23:21	00:35:34
91	JÓŹWIAK Dominik	32	WTW WŁOCLAWEK	M- Niepełnosprawni(B)			00:00:17	00:11:51	00:23:33	00:35:48
92	IGLIŃSKA Maria	26	STOWARZYSZENIE 'AZYMUT'	K60-64			00:04:09	00:11:37	00:23:39	00:35:57
93	WIŚNIEWSKA Mariola	85	STOWARZYSZENIE TURYSTYKI 'AZYMUT'	K55-59			00:03:54	00:11:57	00:24:06	00:36:11
94	SMĘDA Małgorzata	100	KS METRACO POLKOWICE	K30-39			00:03:00	00:11:44	00:24:08	00:36:41
95	TUREK Krystyna	80		K55-59			00:03:54	00:11:56	00:24:24	00:36:41
96	WOŹNIAK Igor	89	TOSZANKA NORDIC TEAM	M-Dzieci			00:00:05	00:11:22	00:24:51	00:37:50
97	TATARYNOWICZ Eugeniusz	78	NIEZRZESZONY	M70+			00:01:52	00:12:12	00:25:02	00:38:27
98	TKACZYK Helena	102	KS METRACO POLKOWICE	K70+			00:04:26	00:12:34	00:25:28	00:38:34
99	WOŹNIAK Daria	88	TOSZANKA NORDIC TEAM	K- Niepełnosprawni(A)			00:02:19	00:11:03	00:24:40	00:39:11
100	BOJKE Olgierd	6		M55-59			00:04:29	00:13:45	00:27:11	00:39:32
101	WDOWIAK Danuta	82	ŚCINAWSKA GRUPA NORDIC WALKING	K65-69			00:04:16	00:12:48	00:26:07	00:39:51
102	WECHTA Paweł	112		M45-49			00:04:29	00:13:45	00:27:21	00:41:28
103	BORZESZKOWSKA Małgorzata	7		K50-54			00:04:29	00:13:47	00:27:30	00:41:36
104	BUDZIAK Katarzyna	8	NORDIC WALKING WROCLAW ERNEST BUDZIAK	K40-44			00:03:15	00:13:35	00:28:11	00:42:20
	ZAKRZEWSKA Barbara	101	KS METRACO POLKOWICE	K70+			DNF	00:13:49 DNF	DNF	DNF

Znaleziono 105 wynik(ów)