



POLKOWICE- PUCHAR DOLNEGO ŚLĄSKA NORDIC WALKING - 5 KM

B4SPORT

Organiser: PFNW
Date: 2017-03-11
Place: Polkowice
Distance: 5 km



Classification: M65-69

| Place | Participant | Number | Club | Category | MCat | Żół. kartki | Czer. kartki | Start time | Start_All 1.25km | Start_All 2.5km | Start_All 3.75km | Net time 5km | Czas brutto 5km | Gap | Pace min/km | Pace km/h |
|-------|---------------------------|-----------|----------------------|----------|------|-------------|--------------|------------|------------------|-----------------|------------------|--------------------|--------------------|-------------------|-------------|-------------|
| 1 | GRYGOROWICZ Bogdan | 22 | KS METRACO POLKOWICE | M65-69 | 1 | | | 00:01:36 | 00:08:38 | 00:17:38 | 00:26:47 | 00:35:52.85 | 00:37:29.70 | | 7:10 | 8.4 (100%) |
| 2 | ŚLUSARCZYK Andrzej | 76 | WESOŁY BORSUK TEAM | M65-69 | 2 | | | 00:01:36 | 00:08:47 | 00:18:06 | 00:27:12 | 00:36:21.90 | 00:37:58.55 | +00:00:29 (1.3%) | 7:16 | 8.2 (97.6%) |
| 3 | DUDEK Edward | 12 | KS METRACO POLKOWICE | M65-69 | 3 | | | 00:01:37 | 00:09:18 | 00:18:49 | 00:28:21 | 00:37:45.90 | 00:39:23.35 | +00:01:53 (5.0%) | 7:33 | 7.9 (94.0%) |
| 4 | DUDEK Kazimierz | 13 | NIEZRZESZONY | M65-69 | 4 | | | 00:01:37 | 00:09:05 | 00:18:39 | 00:28:20 | 00:37:46.80 | 00:39:23.95 | +00:01:53 (5.0%) | 7:33 | 7.9 (94.0%) |
| 5 | URBAN Jacek | 53 | | M65-69 | 5 | | | 00:01:37 | 00:10:17 | 00:20:55 | 00:31:30 | 00:42:06.10 | 00:43:43.25 | +00:06:13 (14.8%) | 8:25 | 7.1 (84.5%) |
| 6 | MĘDRAK Józef | 49 | | M65-69 | 6 | | | 00:01:38 | 00:11:13 | 00:23:21 | 00:35:34 | 00:47:29.65 | 00:49:08.10 | +00:11:36 (24.5%) | 9:30 | 6.3 (75.0%) |

Total 6 results.