



PÓŁMARATON 1X BABIA GÓRA

B4SPORT

Wydarzenie:
Organizator:
Data:
Miejsce:
Dystans:

ULTRAMARATON BABIA GÓRA 2020
KOZICA Fundacja Biegów Górskich
2020-08-08
Babia Góra
23.5 km

B4SPORT
INTELIĞENTNE ZAWODY SPORTOWE

Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	P3_Babia 9km	P5_Markowe 17.6km	Czas netto 23.5km	Czas brutto 23.5km	Różn	Tempo min/km	Tempo km/h
1	MAREK Dariusz	460	MONK SANDALS TEAM	M1	1	00:00:01	01:05:28	01:53:48	02:20:41.90	02:20:43.05		5:59	10 (100%)
2	KLAMUT Michał	525	GOPR KARKONOSZE / LEKI POLSKA	M1	2	00:00:01	01:08:52	01:59:59	02:29:41.70	02:29:42.95	+00:08:59 (6.0%)	6:22	9.4 (94.0%)
3	BORYCKI Mirosław	519		M2	1	00:00:01	01:13:58	02:11:11	02:43:32.95	02:43:34.45	+00:22:51 (14.0%)	6:57	8.6 (86.0%)
4	TOBERA Łukasz	446		M2	2	00:00:02	01:16:12	02:13:18	02:44:18.00	02:44:20.10	+00:23:36 (14.4%)	6:59	8.6 (86.0%)
5	STREIT Dawid	500	SBRT BIELSKO-BIAŁA	M1	3	00:00:01	01:13:53	02:13:52	02:45:25.75	02:45:27.40	+00:24:43 (14.9%)	7:02	8.5 (85.0%)
6	WOLCZKO Grzegorz	463	DANIEL WOSIK TERVEL TEAM	M2	3	00:00:02	01:18:04	02:16:35	02:49:40.25	02:49:42.50	+00:28:58 (17.1%)	7:13	8.3 (83.0%)
7	WINIARCZYK-JADACH Beata	508	TG SOKÓŁ ZAKOPANE/ PZLAM	K2	1	00:00:02	01:19:51	02:23:46	02:57:31.65	02:57:34.40	+00:36:49 (20.7%)	7:33	7.9 (79.0%)
8	ŚWIDA Adam	513	FIZJOPASJONACI	M1	4	00:00:00	01:29:04	02:28:14	03:00:28.40	03:00:28.40	+00:39:46 (22.0%)	7:40	7.8 (78.0%)
9	ROZLAZLY Marcin	515		M2	4	00:00:03	01:20:07	02:24:28	03:02:32.40	03:02:35.40	+00:41:50 (22.9%)	7:46	7.7 (77.0%)
10	WOJCIECHOWSKI Mateusz	408		M1	5	00:00:02	01:22:11	02:28:52	03:06:54.15	03:06:56.85	+00:46:12 (24.7%)	7:57	7.5 (75.0%)
11	KIDOŃ Anna	390	ORAWARUN	K1	1	00:00:03	01:30:06	02:34:28	03:09:10.30	03:09:14.10	+00:48:28 (25.6%)	8:03	7.5 (75.0%)
12	WITEK Karolina	483		K1	2	00:00:02	01:26:33	02:34:35	03:12:25.00	03:12:27.20	+00:51:43 (26.9%)	8:11	7.3 (73.0%)
13	TOPOLSKI Marcin	380	CZŁOWIEK KTÓRY NIE BOI SIĘ CHUCKA NORRISA	M2	5	00:00:04	01:24:32	02:33:26	03:12:35.50	03:12:40.25	+00:51:53 (26.9%)	8:11	7.3 (73.0%)
14	WĄSOWICZ Jan	488		M2	6	00:00:02	01:17:01	02:30:36	03:13:47.85	03:13:49.95	+00:53:05 (27.4%)	8:14	7.3 (73.0%)
15	GALEWICZ Katarzyna	520		K2	2	00:00:02	01:30:09	02:37:40	03:16:40.05	03:16:42.75	+00:55:58 (28.5%)	8:22	7.2 (72.0%)
16	KUBIAK Jagoda	391		K1	3	00:00:09	01:32:30	02:40:38	03:17:19.85	03:17:29.45	+00:56:37 (28.7%)	8:23	7.1 (71.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas			Czas netto 23.5km	Czas brutto 23.5km	Różn	Tempo min/km	Tempo km/h
						Czas startu	P3_Babia 9km	P5_Markowe 17.6km					
17	MIGACZ Jacek	502	TRAIL RUN KRAKÓW	M2	7	00:00:05	01:33:23	02:40:58	03:18:22.35	03:18:27.50	+00:57:40 (29.1%)	8:26	7.1 (71.0%)
18	PODGÓRSKI Jakub	482	LWY IM	M1	6	00:00:17	01:33:59	02:43:37	03:23:35.70	03:23:52.75	+01:02:53 (30.9%)	8:39	6.9 (69.0%)
19	JĘDRZEJAK Piotr	312		M2	8	00:00:09	01:30:46	02:44:35	03:24:14.15	03:24:23.35	+01:03:32 (31.1%)	8:41	6.9 (69.0%)
20	MAGDA Katarzyna	452		K2	3	00:00:04	01:38:00	02:48:16	03:27:32.90	03:27:37.45	+01:06:51 (32.2%)	8:49	6.8 (68.0%)
21	FISZER Natalia	511	KARKONOSKA HUSARIA	K1	4	00:00:03	01:35:20	02:50:44	03:30:21.10	03:30:24.50	+01:09:39 (33.1%)	8:57	6.7 (67.0%)
22	TURCHAN Michał	359		M1	7	00:00:03	01:30:14	02:45:29	03:32:15.50	03:32:19.10	+01:11:33 (33.7%)	9:01	6.6 (66.0%)
23	WOJCIECHOWSKI Arkadiusz	334	OFF-TRAIL	M2	9	00:00:06	01:31:58	02:49:56	03:34:14.20	03:34:20.25	+01:13:32 (34.3%)	9:06	6.6 (66.0%)
24	WEYNA Bartosz	523		M2	10	00:00:15	01:35:51	02:53:41	03:34:15.00	03:34:30.55	+01:13:33 (34.3%)	9:07	6.6 (66.0%)
25	KOŁODZIEJ Tomasz	435		M1	8	00:00:04	01:30:41	02:48:37	03:34:55.95	03:35:00.40	+01:14:14 (34.5%)	9:08	6.6 (66.0%)
26	MICHALSKA Agnieszka	510		K1	5	00:00:05	01:41:05	02:55:22	03:35:27.65	03:35:33.00	+01:14:45 (34.7%)	9:10	6.5 (65.0%)
27	KOWALCZYK Rafał	447		M1	9	00:00:05	01:31:19	02:52:01	03:36:14.80	03:36:20.05	+01:15:32 (34.9%)	9:12	6.5 (65.0%)
28	ZAJĄCZKOWSKI Paweł	301	POWER TRAINING	M1	10	00:00:16	01:37:42	02:55:13	03:36:51.55	03:37:07.90	+01:16:09 (35.1%)	9:13	6.5 (65.0%)
29	SLIWA Szymon	522		M1	11	00:00:06	01:29:51	02:51:28	03:41:24.90	03:41:30.95	+01:20:43 (36.5%)	9:25	6.4 (64.0%)
30	STERKOWICZ Dorota	514		K1	6	00:00:06	01:48:13	03:03:12	03:42:23.30	03:42:30.00	+01:21:41 (36.7%)	9:27	6.3 (63.0%)
31	GONCZAR Szymon	412		M1	12	00:00:05	01:25:36	02:51:31	03:44:12.80	03:44:18.05	+01:23:30 (37.2%)	9:32	6.3 (63.0%)
32	KRZYZOWSKI Hubert	516		M2	11	00:00:15	01:43:08	03:00:39	03:44:21.15	03:44:36.70	+01:23:39 (37.3%)	9:32	6.3 (63.0%)
33	LUBIENIECKI Kamil	468		M1	13	00:00:07	01:41:36	03:00:45	03:45:24.55	03:45:31.85	+01:24:42 (37.6%)	9:35	6.3 (63.0%)
34	WRÓBEL Kamil	490		M1	14	00:00:03	01:39:28	03:00:52	03:47:48.25	03:47:51.55	+01:27:06 (38.2%)	9:41	6.2 (62.0%)
35	LAZAR Damian	411		M1	15	00:00:18	01:46:27	03:05:37	03:48:19.80	03:48:38.40	+01:27:37 (38.4%)	9:42	6.2 (62.0%)
36	GARUS Łukasz	459		M2	12	00:00:03	01:35:44	03:01:30	03:48:20.85	03:48:24.65	+01:27:38 (38.4%)	9:43	6.2 (62.0%)
37	PUDEŁEK Agnieszka	322		K2	4	00:00:10	01:35:54	02:58:37	03:49:10.95	03:49:21.60	+01:28:29 (38.6%)	9:45	6.2 (62.0%)
38	GRABSKI Konrad	493	NIEPOŁOMICE BIEGAJĄ	M2	13	00:00:31	01:50:40	03:09:15	03:50:21.00	03:50:52.75	+01:29:39 (38.9%)	9:48	6.1 (61.0%)
39	DRÓŹDŹ Tomasz	444	CZEWARUN TIM	M2	14	00:00:09	01:37:29	03:04:22	03:50:22.05	03:50:31.65	+01:29:40 (38.9%)	9:48	6.1 (61.0%)

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						Czas startu	P3_Babia 9km	P5_Markowe 17.6km					
40	DZIOB Grzegorz	496	NIEPOŁOMICE BIEGAJĄ	M2	15	00:00:22	01:39:27	03:01:52	03:51:21.55	03:51:44.30	+01:30:39 (39.2%)	9:50	6.1 (61.0%)
41	SOLOVIOV Volodymyr	473		M1	16	00:00:14	01:48:07	03:05:46	03:51:40.05	03:51:54.50	+01:30:58 (39.3%)	9:51	6.1 (61.0%)
42	MAGNUCKI Adam	476		M1	17	00:00:05	01:43:16	03:06:04	03:52:06.35	03:52:12.00	+01:31:24 (39.4%)	9:52	6.1 (61.0%)
43	DOMAGAŁA Monika	456		K1	7	00:00:08	01:47:58	03:10:45	03:53:00.75	03:53:09.10	+01:32:18 (39.6%)	9:54	6.1 (61.0%)
44	CHLIPAŁA Marek	477		M1	18	00:00:11	01:40:20	03:05:24	03:53:25.00	03:53:36.35	+01:32:43 (39.7%)	9:55	6 (60.0%)
45	LEWANDOWSKI Wojciech	535		M2	16	00:00:07	01:37:14	02:59:26	03:53:52.80	03:54:00.75	+01:33:10 (39.8%)	9:57	6 (60.0%)
46	MAZUR Grzegorz	464		M3	1	00:00:07	01:44:46	03:09:29	03:53:59.10	03:54:06.85	+01:33:17 (39.9%)	9:57	6 (60.0%)
47	PARZNIEWSKI Maciej	454	TOWARZYSTWO TURYSTYCZNE AKS POLONIA WARSZAWA	M2	17	00:00:22	01:44:00	03:06:43	03:54:25.20	03:54:47.30	+01:33:43 (40.0%)	9:58	6 (60.0%)
48	GORNIAK Malgorzata	410	AZS AWF KRAKOW MASTERD	K2	5	00:00:07	01:44:14	03:11:02	03:55:36.00	03:55:43.95	+01:34:54 (40.3%)	10:01	6 (60.0%)
49	DUTKIEWICZ Leszek	402		M2	18	00:00:39	01:45:56	03:11:11	03:55:36.60	03:56:15.75	+01:34:54 (40.3%)	10:01	6 (60.0%)
50	ZAWADZKI Piotr	385		M2	19	00:00:09	01:46:33	03:13:22	03:56:21.20	03:56:30.60	+01:35:39 (40.5%)	10:03	6 (60.0%)
51	WROŃSKI Łukasz	472		M1	19	00:00:14	01:44:42	03:09:25	03:56:30.65	03:56:45.45	+01:35:48 (40.5%)	10:03	6 (60.0%)
52	MUCHA Agnieszka	352		K2	6	00:00:13	01:48:24	03:14:36	03:56:46.90	03:57:00.00	+01:36:05 (40.6%)	10:04	6 (60.0%)
53	PACANOWSKI Lukasz	428	PARA-NIE-DO-PARY	M2	20	00:00:15	01:41:48	03:08:05	03:57:11.15	03:57:27.05	+01:36:29 (40.7%)	10:05	5.9 (59.0%)
54	STARZYK Ewa	302		K2	7	00:00:09	01:50:17	03:14:23	03:58:13.10	03:58:22.80	+01:37:31 (40.9%)	10:08	5.9 (59.0%)
55	GARCZYŃSKI Radosław	426	POWER TRAINING TEAM	M1	20	00:00:17	01:48:51	03:13:11	03:58:29.40	03:58:46.55	+01:37:47 (41.0%)	10:08	5.9 (59.0%)
56	BISKUP Paweł	506		M2	21	00:00:05	01:42:28	03:09:57	03:58:49.25	03:58:55.20	+01:38:07 (41.1%)	10:09	5.9 (59.0%)
57	BAK Tymoteusz	521	I-SYSTEMS.PL	M2	22	00:00:21	01:50:59	03:14:42	03:59:03.10	03:59:24.45	+01:38:21 (41.1%)	10:10	5.9 (59.0%)
58	MOZEJKO Artur	495	NIEPOŁOMICE BIEGAJĄ	M2	23	00:00:31	01:48:08	03:11:34	04:00:52.15	04:01:23.95	+01:40:10 (41.6%)	10:14	5.9 (59.0%)
59	KUBIAK Andrzej	360		M3	2	00:00:13	01:44:38	03:14:17	04:01:01.35	04:01:14.75	+01:40:19 (41.6%)	10:15	5.9 (59.0%)
60	BOGUCKI Antoni	489		M1	21	00:00:07	01:41:37	03:11:56	04:02:19.55	04:02:27.15	+01:41:37 (41.9%)	10:18	5.8 (58.0%)
61	ANTOLAK Adam	396		M1	22	00:00:07	01:42:22	03:09:45	04:03:42.30	04:03:49.40	+01:43:00 (42.3%)	10:22	5.8 (58.0%)
62	BUDEK Joanna	433	ZAKRĘCONE	K2	8	00:00:14	01:51:39	03:20:42	04:06:11.65	04:06:25.85	+01:45:29 (42.9%)	10:28	5.7 (57.0%)

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63	SZYSZKA Ryszard	335		M2	24	00:00:10	01:45:51	03:16:43	04:06:52.55	04:07:02.90	+01:46:10 (43.0%)	10:30	5.7 (57.0%)
64	LENART Sylwia	349		K2	9	00:00:17	01:51:05	03:21:31	04:07:56.20	04:08:13.75	+01:47:14 (43.3%)	10:33	5.7 (57.0%)
65	SKWARNECKI Damian	337	RAZEM TRENUJEMY SPORT	M2	25	00:00:06	01:51:58	03:21:31	04:07:57.95	04:08:04.30	+01:47:16 (43.3%)	10:33	5.7 (57.0%)
66	KOZERA Bartłomiej	303		M1	23	00:00:15	01:49:59	03:17:52	04:08:16.15	04:08:31.50	+01:47:34 (43.3%)	10:33	5.7 (57.0%)
67	BELOWSKI Dariusz	318		M3	3	00:00:14	01:52:15	03:26:59	04:08:34.15	04:08:48.45	+01:47:52 (43.4%)	10:34	5.7 (57.0%)
68	RZESZOTARSKI Tomasz	362	WYBITE JEDYNKI	M2	26	00:00:09	01:51:04	03:24:14	04:12:09.95	04:12:19.05	+01:51:28 (44.2%)	10:43	5.6 (56.0%)
69	KITLAS Dariusz	527		M2	27	00:00:06	01:45:42	03:17:24	04:13:02.25	04:13:08.70	+01:52:20 (44.4%)	10:46	5.6 (56.0%)
70	SIESS Jarosław	308		M3	4	00:00:14	01:52:04	03:25:45	04:13:41.50	04:13:55.60	+01:52:59 (44.5%)	10:47	5.6 (56.0%)
71	LITWINOWICZ Karolina	436	PARANIEDOPARY	K2	10	00:00:15	01:49:20	03:23:57	04:13:46.90	04:14:02.50	+01:53:05 (44.6%)	10:47	5.6 (56.0%)
72	KORZENIOWSKA Małgorzata	316	METLIFE RUN	K2	11	00:00:30	01:49:35	03:25:45	04:14:42.35	04:15:12.35	+01:54:00 (44.8%)	10:50	5.5 (55.0%)
73	CYBULSKA Monika	470		K2	12	00:00:29	01:49:32	03:25:42	04:14:42.65	04:15:12.60	+01:54:00 (44.8%)	10:50	5.5 (55.0%)
74	ŁABĘCKA Agata	321	KLUB BIEGACZA RTV EURO AGD	K2	13	00:00:30	01:56:49	03:27:53	04:15:00.10	04:15:30.35	+01:54:18 (44.8%)	10:51	5.5 (55.0%)
75	KATOLIK Jolanta	356		K2	14	00:00:43	01:58:01	03:28:35	04:15:59.05	04:16:42.80	+01:55:17 (45.0%)	10:53	5.5 (55.0%)
76	WRÓBEL Jakub	455		M2	28	00:00:14	01:48:26	03:22:26	04:17:20.75	04:17:34.80	+01:56:38 (45.3%)	10:57	5.5 (55.0%)
77	MACIAS Adam	422		M1	24	00:00:08	01:49:25	03:24:20	04:17:37.35	04:17:45.85	+01:56:55 (45.4%)	10:57	5.5 (55.0%)
78	GAWRYLCZYK Andrzej	393		M1	25	00:00:11	01:59:11	03:29:08	04:18:01.85	04:18:13.00	+01:57:19 (45.5%)	10:58	5.5 (55.0%)
79	SIESS Małgorzata	309		K1	8	00:00:13	01:52:25	03:26:48	04:18:05.70	04:18:18.80	+01:57:23 (45.5%)	10:58	5.5 (55.0%)
80	BIJATOWSKI Adrian	517		M2	29	00:00:16	01:51:01	03:24:33	04:18:12.20	04:18:28.25	+01:57:30 (45.5%)	10:59	5.5 (55.0%)
81	HANDY Samanta	354	POWOLI DO CELU	K1	9	00:00:19	02:02:16	03:30:56	04:19:53.30	04:20:12.85	+01:59:11 (45.9%)	11:03	5.4 (54.0%)
82	CZAPSKI Piotr	504		M3	5	00:00:17	02:00:57	03:29:56	04:21:58.35	04:22:15.40	+02:01:16 (46.3%)	11:08	5.4 (54.0%)
83	TYSZEWICZ-OBARA Anna	375		K2	15	00:00:35	01:53:04	03:33:41	04:23:30.55	04:24:06.45	+02:02:48 (46.6%)	11:12	5.4 (54.0%)
84	NALEPA Szymon	363	IM-POSSIBLE TEAM	M2	30	00:00:17	01:53:54	03:31:03	04:24:04.50	04:24:22.30	+02:03:22 (46.7%)	11:14	5.3 (53.0%)
85	KĄKOL Jarosław	437	SUSKA GRUPA BIEGOWA	M1	26	00:00:17	02:03:08	03:36:54	04:24:27.15	04:24:44.90	+02:03:45 (46.8%)	11:15	5.3 (53.0%)

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86	BŁAŻEJOWSKI Krzysztof	370		M3	6	00:00:31	02:00:53	03:34:55	04:25:30.35	04:26:01.55	+02:04:48 (47.0%)	11:17	5.3 (53.0%)
87	PAWEŁ Łaciak	479	GDÓW PROUD RUNNERS	M2	31	00:00:16	01:48:56	03:26:36	04:26:56.35	04:27:12.60	+02:06:14 (47.3%)	11:21	5.3 (53.0%)
88	TARASIUK Łukasz	307		M2	32	00:00:24	01:55:05	03:30:59	04:28:30.65	04:28:55.10	+02:07:48 (47.6%)	11:25	5.3 (53.0%)
89	BALCER Marcin	416		M2	33	00:00:37	02:01:19	03:36:25	04:29:58.40	04:30:35.65	+02:09:16 (47.9%)	11:29	5.2 (52.0%)
90	RYPUŁA Maria	438	ZEN RUNNING TEAM	K2	16	00:00:13	02:04:17	03:42:40	04:30:34.60	04:30:48.30	+02:09:52 (48.0%)	11:30	5.2 (52.0%)
91	RYPUŁA Jacek	439	ZEN RUNNING TEAM	M2	34	00:00:13	02:04:10	03:42:35	04:30:35.15	04:30:48.55	+02:09:53 (48.0%)	11:30	5.2 (52.0%)
92	ANTOŃCZYK Krzysztof	466		M3	7	00:00:01	01:51:34	03:29:27	04:31:01.00	04:31:02.00	+02:10:19 (48.1%)	11:31	5.2 (52.0%)
93	SZOSTEK Rafał	358		M1	27	00:00:03	01:50:57	03:31:24	04:33:36.80	04:33:40.25	+02:12:54 (48.6%)	11:38	5.2 (52.0%)
94	KASKA Krzysztof	351		M3	8	00:00:23	02:01:31	03:37:47	04:33:43.65	04:34:07.15	+02:13:01 (48.6%)	11:38	5.2 (52.0%)
95	DORENDA-ZABOROWICZ Marta	401		K1	10	00:00:13	02:08:18	03:43:29	04:33:48.75	04:34:02.30	+02:13:06 (48.6%)	11:39	5.1 (51.0%)
96	ROGÓŻ Agnieszka	507	NIEPOŁOMICE BIEGAJĄ	K1	11	00:00:29	02:00:48	03:40:38	04:34:41.40	04:35:10.40	+02:13:59 (48.8%)	11:41	5.1 (51.0%)
97	PAWIŃSKI Artur	480	ADIDAS RUNNERS WARSAW	M2	35	00:00:19	02:03:50	03:48:51	04:38:09.15	04:38:28.55	+02:17:27 (49.4%)	11:50	5.1 (51.0%)
98	SZCZERBOWSKI Karol	330		M2	36	00:00:09	02:01:50	03:41:03	04:38:40.30	04:38:49.45	+02:17:58 (49.5%)	11:51	5.1 (51.0%)
99	PACZYŃSKI Kamil	469	TUPOT MAŁYCH STÓP	M1	28	00:00:07	02:04:25	03:45:30	04:39:43.55	04:39:51.00	+02:19:01 (49.7%)	11:54	5 (50.0%)
100	MACHULA Arkadiusz	524		M2	37	00:00:12	01:59:32	03:45:16	04:41:45.85	04:41:58.35	+02:21:03 (50.1%)	11:59	5 (50.0%)
101	BELOWSKA Anna	317		K2	17	00:00:17	02:12:25	03:52:15	04:42:43.70	04:43:01.15	+02:22:01 (50.2%)	12:01	5 (50.0%)
102	ROJEK Magdalena	530		K2	18	00:00:25	02:02:00	03:51:01	04:44:14.90	04:44:40.20	+02:23:33 (50.5%)	12:05	5 (50.0%)
103	SZEJKA Katarzyna	326		K2	19	00:00:34	02:07:44	03:57:48	04:45:15.45	04:45:49.65	+02:24:33 (50.7%)	12:08	4.9 (49.0%)
104	IWANIEC Ewa	324		K2	20	00:00:33	02:07:28	03:57:43	04:45:15.70	04:45:49.60	+02:24:33 (50.7%)	12:08	4.9 (49.0%)
105	WIECZOREK Łukasz	305	OSP GĄSAWA	M2	38	00:00:35	01:59:03	03:47:21	04:46:24.45	04:46:59.60	+02:25:42 (50.9%)	12:11	4.9 (49.0%)
106	KOSNO Piotr	528		M2	39	00:00:26	01:56:34	03:40:08	04:47:00.40	04:47:26.95	+02:26:18 (51.0%)	12:12	4.9 (49.0%)
107	WLAZŁO Marcin	386	GRUPA POŚCIGOWA	M2	40	00:00:19	01:58:23	03:52:04	04:47:18.15	04:47:37.85	+02:26:36 (51.0%)	12:13	4.9 (49.0%)
108	MAŃKA Justyna	419		K2	21	00:00:08	02:05:25	03:57:24	04:47:51.30	04:48:00.10	+02:27:09 (51.1%)	12:14	4.9 (49.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	P3_Babia 9km	P5_Markowe 17.6km	Czas netto 23.5km	Czas brutto 23.5km	Różn	Tempo min/km	Tempo km/h
109	STĘPIEŃ Daria	418		K2	22	00:00:08	02:05:19	03:57:28	04:47:51.60	04:48:00.15	+02:27:09 (51.1%)	12:14	4.9 (49.0%)
110	WOJTON Malgorzata	512	PORANNY PATROL	K2	23	00:00:23	02:03:08	03:50:07	04:48:01.00	04:48:24.25	+02:27:19 (51.1%)	12:15	4.9 (49.0%)
111	FIGZAŁ Leszek	357		M3	9	00:00:04	01:55:56	03:47:05	04:48:04.35	04:48:08.35	+02:27:22 (51.2%)	12:15	4.9 (49.0%)
112	WLAZŁO Monika	387	GRUPA POŚCIGOWA	K2	24	00:00:18	02:01:34	03:52:09	04:48:17.55	04:48:36.35	+02:27:35 (51.2%)	12:16	4.9 (49.0%)
113	MAGDIJ Kamila	361	MEGKURSY.PL	K2	25	00:00:12	02:05:19	03:52:31	04:48:35.95	04:48:48.60	+02:27:54 (51.2%)	12:16	4.9 (49.0%)
114	MAGDIJ Krzysztof	372	MEGKURSY.PL	M2	41	00:00:12	02:05:11	03:52:25	04:48:36.80	04:48:49.65	+02:27:54 (51.3%)	12:16	4.9 (49.0%)
115	ZIEMSKI Maciej	467		M2	42	00:00:22	02:01:48	03:50:54	04:48:50.70	04:49:12.75	+02:28:08 (51.3%)	12:17	4.9 (49.0%)
116	GROCHOWSKI Marcin	327		M2	43	00:00:12	01:58:59	03:56:12	04:49:30.60	04:49:42.95	+02:28:48 (51.4%)	12:19	4.9 (49.0%)
117	TARASIUK Bartosz	451		M1	29	00:00:25	02:02:57	03:51:54	04:49:46.45	04:50:11.90	+02:29:04 (51.4%)	12:19	4.9 (49.0%)
118	GRZESIK Michał	475		M1	30	00:00:28	02:05:39	03:53:38	04:50:14.70	04:50:42.95	+02:29:32 (51.5%)	12:21	4.9 (49.0%)
119	KORZENIOWSKA Magdalena	486	NIEPOŁOMICE BIEGAJĄ	K2	26	00:00:31	02:11:07	03:53:59	04:54:39.70	04:55:10.90	+02:33:57 (52.3%)	12:32	4.8 (48.0%)
120	KIERYŚ Renata	457		K1	12	00:00:07	02:05:13	03:56:05	04:55:03.20	04:55:10.80	+02:34:21 (52.3%)	12:33	4.8 (48.0%)
121	KOWALSKA Katarzyna	491	NIEPOŁOMICE BIEGAJĄ	K2	27	00:00:33	02:07:49	03:57:57	04:55:59.45	04:56:32.50	+02:35:17 (52.5%)	12:35	4.8 (48.0%)
122	JUSZCZYK Małgorzata	494	NIEPOŁOMICE BIEGAJĄ	K2	28	00:00:32	02:16:51	04:03:51	04:58:35.75	04:59:07.80	+02:37:53 (52.9%)	12:42	4.7 (47.0%)
123	POLIT Tomasz	471		M1	31	00:00:24	01:57:14	03:46:41	04:59:38.20	05:00:02.60	+02:38:56 (53.0%)	12:45	4.7 (47.0%)
124	KUCIEL Dawid	345		M1	32	00:00:23	01:57:01	03:46:37	04:59:39.15	05:00:02.85	+02:38:57 (53.0%)	12:45	4.7 (47.0%)
125	URBAŃCZYK Paweł	320		M1	33	00:00:22	01:57:10	03:37:10	04:59:41.10	05:00:04.05	+02:38:59 (53.1%)	12:45	4.7 (47.0%)
126	PIĄTOŃ Piotr	503	NIEPOŁOMICE BIEGAJĄ	M2	44	00:00:00	02:17:27		05:00:15.00	05:00:15.00	+02:39:33 (53.1%)	12:46	4.7 (47.0%)
127	MARCINIAK Agata	338		K2	29	00:00:50	02:10:45	04:00:31	05:01:15.35	05:02:06.25	+02:40:33 (53.3%)	12:49	4.7 (47.0%)
128	ŚCIESZKA Mateusz	415		M2	45	00:00:37	02:09:02	03:59:56	05:02:48.55	05:03:25.55	+02:42:06 (53.5%)	12:53	4.7 (47.0%)
129	RÓŻAŃSKI Michał	417		M2	46	00:00:36	02:09:05	04:00:04	05:02:52.60	05:03:29.55	+02:42:10 (53.5%)	12:53	4.7 (47.0%)
130	LUX Tomasz	485		M2	47	00:00:50	02:13:44	04:08:12	05:03:10.30	05:04:00.40	+02:42:28 (53.6%)	12:54	4.7 (47.0%)
131	WŁODARCZYK Anna	432	ZAKRĘCONE	K2	30	00:00:14	02:12:20	04:08:58	05:04:15.90	05:04:30.85	+02:43:34 (53.8%)	12:56	4.6 (46.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	P3_Babia 9km	P5_Markowe 17.6km	Czas		Różn	Tempo min/km	Tempo km/h
									netto 23.5km	brutto 23.5km			
132	ROSZKOWSKA Justyna	395		K1	13	00:00:36	02:16:57	04:03:05	05:05:11.95	05:05:48.60	+02:44:30 (53.9%)	12:59	4.6 (46.0%)
133	BURDA Marek	497	NIEPOŁOMICIE BIEGAJĄ	M3	10	00:00:32	02:12:12	04:08:32	05:08:25.20	05:08:58.00	+02:47:43 (54.4%)	13:07	4.6 (46.0%)
134	MALEC Zbigniew	398		M2	48	00:00:34	02:20:28	04:11:29	05:11:05.00	05:11:39.80	+02:50:23 (54.8%)	13:14	4.5 (45.0%)
135	WYBRANSKA Marta	399		K2	31	00:00:34	02:20:25	04:11:30	05:11:28.90	05:12:03.45	+02:50:47 (54.8%)	13:15	4.5 (45.0%)
136	KANIOWSKI Wojciech	529		M3	11	00:00:16	02:15:44	04:08:42	05:14:06.80	05:14:23.35	+02:53:24 (55.2%)	13:22	4.5 (45.0%)
137	WOJAS Justyna	501	NIEPOŁOMICIE BIEGAJĄ	K1	14	00:00:28	02:03:45	03:49:58	05:17:39.00	05:18:07.25	+02:56:57 (55.7%)	13:31	4.4 (44.0%)
138	OTRĘBSKI Tomasz	409		M2	49	00:00:23	02:11:38	04:14:37	05:18:59.10	05:19:22.15	+02:58:17 (55.9%)	13:34	4.4 (44.0%)
139	MATUSZEWSKI Szymon	383		M1	34	00:00:23	02:15:20	04:11:52	05:24:00.70	05:24:24.20	+03:03:18 (56.6%)	13:47	4.4 (44.0%)
140	SACKIEWICZ-WIĄCEK Agnieszka	505	BIEGAJ W JEDLINIE	K2	32	00:00:14	02:21:22	04:21:53	05:24:38.10	05:24:52.85	+03:03:56 (56.7%)	13:48	4.3 (43.0%)
141	JANIA Przemysław	509		M1	35	00:00:15	02:13:51	04:20:49	05:25:44.80	05:26:00.25	+03:05:02 (56.8%)	13:51	4.3 (43.0%)
142	KOZIOŁ Ewa	373	PORANNY PATROL	K2	33	00:00:23	02:19:06	04:21:56	05:26:28.60	05:26:52.45	+03:05:46 (56.9%)	13:53	4.3 (43.0%)
143	KOCIUBA Katarzyna	319	OBOZYBIEGOWE.PL	K2	34	00:00:26	02:20:40	04:18:13	05:27:52.80	05:28:19.55	+03:07:10 (57.1%)	13:57	4.3 (43.0%)
144	PONIATOWSKI Krzysztof	333	RODZINNA GRUPA ROWEROWA	M2	50	00:00:26	02:20:44	04:20:28	05:28:38.75	05:29:05.45	+03:07:56 (57.2%)	13:59	4.3 (43.0%)
145	SURZYN Aleksandra	420	MOCNI POMOCNI	K1	15	00:00:28	02:28:23	04:23:34	05:28:56.25	05:29:24.45	+03:08:14 (57.2%)	13:59	4.3 (43.0%)
146	MACIOŁEK Radosław	484	FANKLUB IGI I KOFIEGO	M1	36	00:00:26	02:20:48	04:20:24	05:29:40.35	05:30:06.65	+03:08:58 (57.3%)	14:01	4.3 (43.0%)
147	ADAMOWSKA Justyna	448	ZAKRĘCONA	K2	35	00:00:14	02:23:33	04:32:11	05:30:54.70	05:31:09.50	+03:10:12 (57.5%)	14:04	4.3 (43.0%)
148	SZCZUCKI Krzysztof	343		M2	51	00:00:07	02:16:36	04:32:42	05:38:23.20	05:38:30.85	+03:17:41 (58.4%)	14:23	4.2 (42.0%)
149	CHROMIK Krzysztof	369		M2	52	00:00:33	02:12:17	04:32:14	05:43:22.65	05:43:56.30	+03:22:40 (59.0%)	14:36	4.1 (41.0%)
150	ZEMŁA Krzysztof	310		M3	12	00:00:24	02:22:33	04:33:17	05:44:03.20	05:44:27.95	+03:23:21 (59.1%)	14:38	4.1 (41.0%)
151	RUDNICKA Agata	382		K3	1	00:00:30	02:38:32	04:47:30	05:45:00.15	05:45:30.45	+03:24:18 (59.2%)	14:40	4.1 (41.0%)
152	KOCHANOWSKA Anna	445	CZEWARUN TIM	K2	36	00:00:09	02:49:33	04:48:21	05:46:54.30	05:47:04.15	+03:26:12 (59.4%)	14:45	4.1 (41.0%)
153	SMORAĞIEWICZ Marcin	331		M2	53	00:00:33	02:38:26	04:47:26	05:47:02.60	05:47:36.35	+03:26:20 (59.5%)	14:46	4.1 (41.0%)
154	ŁUGOWSKI Sebastian	481		M2	54	00:00:20	02:39:35	04:49:32	05:49:36.55	05:49:57.30	+03:28:54 (59.8%)	14:52	4 (40.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	P3_Babia 9km	P5_Markowe 17.6km	Czas netto 23.5km	Czas brutto 23.5km	Różn	Tempo min/km	Tempo km/h
Przekroczony limit czasu: 06:00:00													
155	CABAJ Rafał	342	BIEGUSIEM.PL	M2	55	00:00:27	02:57:27	05:21:34	06:32:19.55	06:32:47.00	+04:11:37 (64.1%)	16:41	3.6 (36.0%)
156	ZAJĄCZKOWSKA Paulina	304	POWER TRAINING	K1	16	00:00:19	02:57:43	05:21:50	06:32:57.75	06:33:17.45	+04:12:15 (64.2%)	16:43	3.6 (36.0%)
157	STASIAK Mateusz	461	ITFF	M1	37	00:00:41	02:47:29	05:21:47	06:42:54.05	06:43:35.05	+04:22:12 (65.1%)	17:08	3.5 (35.0%)
158	KAIM Antoni	355		M3	13	00:00:34	03:02:30	05:44:43	07:14:11.75	07:14:46.60	+04:53:29 (67.6%)	18:28	3.2 (32.0%)
159	NICIEJA Anna	531		K2	37	00:00:00	02:02:29	03:51:29			+	13:09	4.6 (46.0%)
160	WOSZCZYK Daniel	328		M2	56	00:00:12	02:07:42				+01:02:15	14:11	4.2 (42.0%)
	KUBIK Marek	421		M3		DNF	01:42:25 DNF	03:22:04 DNF	DNF	DNF	-	-	- (0.0%)
	GRZESIK Renata	474		K1		DNF	DNF	DNF	DNF	DNF	-	-	- (0.0%)

Znaleziono 162 wynik(ów)