



# PÓŁMARATON 1X BABIA GÓRA

B4SPORT  
INTELIGENTNE ZAWODY SPORTOWE

**Event:** ULTRAMARATON BABIA GÓRA 2020  
**Organiser:** KOZICA Fundacja Biegów Górskich  
**Date:** 2020-08-08  
**Place:** Babia Góra  
**Distance:** 23.5 km

**B4SPORT**  
INTELIGENTNE ZAWODY SPORTOWE

Classification: M2

Place	Participant	Number	Club	Category	MCat	Start time	P3_Babia 9km	P5_Markowe 17.6km	Net time 23.5km	Czas brutto 23.5km	Gap	Pace min/km	Pace km/h
1	<b>BORYCKI Mirosław</b>	<b>519</b>		M2	1	00:00:01	01:13:58	02:11:11	<b>02:43:32.95</b>	<b>02:43:34.45</b>		6:57	8.6 (100%)
2	<b>TOBERA Łukasz</b>	<b>446</b>		M2	2	00:00:02	01:16:12	02:13:18	<b>02:44:18.00</b>	<b>02:44:20.10</b>	+00:00:45 (0.5%)	6:59	8.6 (100%)
3	<b>WOLCZKO Grzegorz</b>	<b>463</b>	DANIEL WOSIK TERVEL TEAM	M2	3	00:00:02	01:18:04	02:16:35	<b>02:49:40.25</b>	<b>02:49:42.50</b>	+00:06:07 (3.6%)	7:13	8.3 (96.5%)
4	<b>ROZLAZLY Marcin</b>	<b>515</b>		M2	4	00:00:03	01:20:07	02:24:28	<b>03:02:32.40</b>	<b>03:02:35.40</b>	+00:18:59 (10.4%)	7:46	7.7 (89.5%)
5	<b>TOPOLSKI Marcin</b>	<b>380</b>	CZŁOWIEK KTÓRY NIE BOI SIĘ CHUCKA NORRISA	M2	5	00:00:04	01:24:32	02:33:26	<b>03:12:35.50</b>	<b>03:12:40.25</b>	+00:29:02 (15.1%)	8:11	7.3 (84.9%)
6	<b>WAŚOWICZ Jan</b>	<b>488</b>		M2	6	00:00:02	01:17:01	02:30:36	<b>03:13:47.85</b>	<b>03:13:49.95</b>	+00:30:14 (15.6%)	8:14	7.3 (84.9%)
7	<b>MIGACZ Jacek</b>	<b>502</b>	TRAIL RUN KRAKÓW	M2	7	00:00:05	01:33:23	02:40:58	<b>03:18:22.35</b>	<b>03:18:27.50</b>	+00:34:49 (17.6%)	8:26	7.1 (82.6%)
8	<b>JĘDRZEJAK Piotr</b>	<b>312</b>		M2	8	00:00:09	01:30:46	02:44:35	<b>03:24:14.15</b>	<b>03:24:23.35</b>	+00:40:41 (19.9%)	8:41	6.9 (80.2%)
9	<b>WOJCIECHOWSKI Arkadiusz</b>	<b>334</b>	OFF-TRAIL	M2	9	00:00:06	01:31:58	02:49:56	<b>03:34:14.20</b>	<b>03:34:20.25</b>	+00:50:41 (23.7%)	9:06	6.6 (76.7%)
10	<b>WEYNA Bartosz</b>	<b>523</b>		M2	10	00:00:15	01:35:51	02:53:41	<b>03:34:15.00</b>	<b>03:34:30.55</b>	+00:50:42 (23.7%)	9:07	6.6 (76.7%)
11	<b>KRZYZOWSKI Hubert</b>	<b>516</b>		M2	11	00:00:15	01:43:08	03:00:39	<b>03:44:21.15</b>	<b>03:44:36.70</b>	+01:00:48 (27.1%)	9:32	6.3 (73.3%)
12	<b>GARUS Łukasz</b>	<b>459</b>		M2	12	00:00:03	01:35:44	03:01:30	<b>03:48:20.85</b>	<b>03:48:24.65</b>	+01:04:47 (28.4%)	9:43	6.2 (72.1%)
13	<b>GRABSKI Konrad</b>	<b>493</b>	NIEPOŁOMICE BIEGAJĄ	M2	13	00:00:31	01:50:40	03:09:15	<b>03:50:21.00</b>	<b>03:50:52.75</b>	+01:06:48 (29.0%)	9:48	6.1 (70.9%)
14	<b>DRÓŹDŹ Tomasz</b>	<b>444</b>	CZEWARUN TIM	M2	14	00:00:09	01:37:29	03:04:22	<b>03:50:22.05</b>	<b>03:50:31.65</b>	+01:06:49 (29.0%)	9:48	6.1 (70.9%)
15	<b>DZIOB Grzegorz</b>	<b>496</b>	NIEPOŁOMICE BIEGAJĄ	M2	15	00:00:22	01:39:27	03:01:52	<b>03:51:21.55</b>	<b>03:51:44.30</b>	+01:07:48 (29.3%)	9:50	6.1 (70.9%)
16	<b>LEWANDOWSKI Wojciech</b>	<b>535</b>		M2	16	00:00:07	01:37:14	02:59:26	<b>03:53:52.80</b>	<b>03:54:00.75</b>	+01:10:19 (30.1%)	9:57	6 (69.8%)

Place	Participant	Number	Club	Category	MCat	Start time	P3_Babia 9km	P5_Markowe 17.6km	Net time 23.5km	Czas brutto 23.5km	Gap	Pace min/km	Pace km/h
17	<b>PARZNIIEWSKI Maciej</b>	<b>454</b>	TOWARZYSTWO TURYSTYCZNE AKS POLONIA WARSZAWA	M2	17	00:00:22	01:44:00	03:06:43	<b>03:54:25.20</b>	<b>03:54:47.30</b>	+01:10:52 (30.2%)	9:58	6 (69.8%)
18	<b>DUTKIEWICZ Leszek</b>	<b>402</b>		M2	18	00:00:39	01:45:56	03:11:11	<b>03:55:36.60</b>	<b>03:56:15.75</b>	+01:12:03 (30.6%)	10:01	6 (69.8%)
19	<b>ZAWADZKI Piotr</b>	<b>385</b>		M2	19	00:00:09	01:46:33	03:13:22	<b>03:56:21.20</b>	<b>03:56:30.60</b>	+01:12:48 (30.8%)	10:03	6 (69.8%)
20	<b>PACANOWSKI Lukasz</b>	<b>428</b>	PARA-NIE-DO-PARY	M2	20	00:00:15	01:41:48	03:08:05	<b>03:57:11.15</b>	<b>03:57:27.05</b>	+01:13:38 (31.0%)	10:05	5.9 (68.6%)
21	<b>BISKUP Paweł</b>	<b>506</b>		M2	21	00:00:05	01:42:28	03:09:57	<b>03:58:49.25</b>	<b>03:58:55.20</b>	+01:15:16 (31.5%)	10:09	5.9 (68.6%)
22	<b>BAK Tymoteusz</b>	<b>521</b>	I-SYSTEMS.PL	M2	22	00:00:21	01:50:59	03:14:42	<b>03:59:03.10</b>	<b>03:59:24.45</b>	+01:15:30 (31.6%)	10:10	5.9 (68.6%)
23	<b>MOZEJKO Artur</b>	<b>495</b>	NIEPOLOMICE BIEGAJĄ	M2	23	00:00:31	01:48:08	03:11:34	<b>04:00:52.15</b>	<b>04:01:23.95</b>	+01:17:19 (32.1%)	10:14	5.9 (68.6%)
24	<b>SZYSZKA Ryszard</b>	<b>335</b>		M2	24	00:00:10	01:45:51	03:16:43	<b>04:06:52.55</b>	<b>04:07:02.90</b>	+01:23:19 (33.8%)	10:30	5.7 (66.3%)
25	<b>SKWARNECKI Damian</b>	<b>337</b>	RAZEM TRENUJEMY SPORT	M2	25	00:00:06	01:51:58	03:21:31	<b>04:07:57.95</b>	<b>04:08:04.30</b>	+01:24:25 (34.0%)	10:33	5.7 (66.3%)
26	<b>RZESZOTARSKI Tomasz</b>	<b>362</b>	WYBITE JEDYNKI	M2	26	00:00:09	01:51:04	03:24:14	<b>04:12:09.95</b>	<b>04:12:19.05</b>	+01:28:37 (35.1%)	10:43	5.6 (65.1%)
27	<b>KITLAS Dariusz</b>	<b>527</b>		M2	27	00:00:06	01:45:42	03:17:24	<b>04:13:02.25</b>	<b>04:13:08.70</b>	+01:29:29 (35.4%)	10:46	5.6 (65.1%)
28	<b>WRÓBEL Jakub</b>	<b>455</b>		M2	28	00:00:14	01:48:26	03:22:26	<b>04:17:20.75</b>	<b>04:17:34.80</b>	+01:33:47 (36.4%)	10:57	5.5 (64.0%)
29	<b>BIJATOWSKI Adrian</b>	<b>517</b>		M2	29	00:00:16	01:51:01	03:24:33	<b>04:18:12.20</b>	<b>04:18:28.25</b>	+01:34:39 (36.7%)	10:59	5.5 (64.0%)
30	<b>NALEPA Szymon</b>	<b>363</b>	IM-POSSIBLE TEAM	M2	30	00:00:17	01:53:54	03:31:03	<b>04:24:04.50</b>	<b>04:24:22.30</b>	+01:40:31 (38.1%)	11:14	5.3 (61.6%)
31	<b>PAWEŁ Łaciak</b>	<b>479</b>	GDÓW PROUD RUNNERS	M2	31	00:00:16	01:48:56	03:26:36	<b>04:26:56.35</b>	<b>04:27:12.60</b>	+01:43:23 (38.7%)	11:21	5.3 (61.6%)
32	<b>TARASIUK Łukasz</b>	<b>307</b>		M2	32	00:00:24	01:55:05	03:30:59	<b>04:28:30.65</b>	<b>04:28:55.10</b>	+01:44:57 (39.1%)	11:25	5.3 (61.6%)
33	<b>BALCER Marcin</b>	<b>416</b>		M2	33	00:00:37	02:01:19	03:36:25	<b>04:29:58.40</b>	<b>04:30:35.65</b>	+01:46:25 (39.4%)	11:29	5.2 (60.5%)
34	<b>RYPUŁA Jacek</b>	<b>439</b>	ZEN RUNNING TEAM	M2	34	00:00:13	02:04:10	03:42:35	<b>04:30:35.15</b>	<b>04:30:48.55</b>	+01:47:02 (39.6%)	11:30	5.2 (60.5%)
35	<b>PAWIŃSKI Artur</b>	<b>480</b>	ADIDAS RUNNERS WARSAW	M2	35	00:00:19	02:03:50	03:48:51	<b>04:38:09.15</b>	<b>04:38:28.55</b>	+01:54:36 (41.2%)	11:50	5.1 (59.3%)
36	<b>SZCZERBOWSKI Karol</b>	<b>330</b>		M2	36	00:00:09	02:01:50	03:41:03	<b>04:38:40.30</b>	<b>04:38:49.45</b>	+01:55:07 (41.3%)	11:51	5.1 (59.3%)
37	<b>MACHULA Arkadiusz</b>	<b>524</b>		M2	37	00:00:12	01:59:32	03:45:16	<b>04:41:45.85</b>	<b>04:41:58.35</b>	+01:58:12 (42.0%)	11:59	5 (58.1%)
38	<b>WIECZOREK Łukasz</b>	<b>305</b>	OSP GAŚAWA	M2	38	00:00:35	01:59:03	03:47:21	<b>04:46:24.45</b>	<b>04:46:59.60</b>	+02:02:51 (42.9%)	12:11	4.9 (57.0%)
39	<b>KOSNO Piotr</b>	<b>528</b>		M2	39	00:00:26	01:56:34	03:40:08	<b>04:47:00.40</b>	<b>04:47:26.95</b>	+02:03:27 (43.0%)	12:12	4.9 (57.0%)
40	<b>WLAZŁO Marcin</b>	<b>386</b>	GRUPA POŚCIGOWA	M2	40	00:00:19	01:58:23	03:52:04	<b>04:47:18.15</b>	<b>04:47:37.85</b>	+02:03:45 (43.1%)	12:13	4.9 (57.0%)

Place	Participant	Number	Club	Category	MCat	Start time	P3_Babia 9km	P5_Markowe 17.6km	Net time 23.5km	Czas brutto 23.5km	Gap	Pace min/km	Pace km/h
41	<b>MAGDIJ Krzysztof</b>	<b>372</b>	MEGKURSY.PL	M2	41	00:00:12	02:05:11	03:52:25	<b>04:48:36.80</b>	<b>04:48:49.65</b>	+02:05:03 (43.3%)	12:16	4.9 (57.0%)
42	<b>ZIEMSKI Maciej</b>	<b>467</b>		M2	42	00:00:22	02:01:48	03:50:54	<b>04:48:50.70</b>	<b>04:49:12.75</b>	+02:05:17 (43.4%)	12:17	4.9 (57.0%)
43	<b>GROCHOWSKI Marcin</b>	<b>327</b>		M2	43	00:00:12	01:58:59	03:56:12	<b>04:49:30.60</b>	<b>04:49:42.95</b>	+02:05:57 (43.5%)	12:19	4.9 (57.0%)
44	<b>PIĄTON Piotr</b>	<b>503</b>	NIEPOŁOMICE BIEGAJĄ	M2	44	00:00:00	02:17:27		<b>05:00:15.00</b>	<b>05:00:15.00</b>	+02:16:42 (45.5%)	12:46	4.7 (54.7%)
45	<b>ŚCIESZKA Mateusz</b>	<b>415</b>		M2	45	00:00:37	02:09:02	03:59:56	<b>05:02:48.55</b>	<b>05:03:25.55</b>	+02:19:15 (46.0%)	12:53	4.7 (54.7%)
46	<b>RÓŻAŃSKI Michał</b>	<b>417</b>		M2	46	00:00:36	02:09:05	04:00:04	<b>05:02:52.60</b>	<b>05:03:29.55</b>	+02:19:19 (46.0%)	12:53	4.7 (54.7%)
47	<b>LUX Tomasz</b>	<b>485</b>		M2	47	00:00:50	02:13:44	04:08:12	<b>05:03:10.30</b>	<b>05:04:00.40</b>	+02:19:37 (46.1%)	12:54	4.7 (54.7%)
48	<b>MALEC Zbigniew</b>	<b>398</b>		M2	48	00:00:34	02:20:28	04:11:29	<b>05:11:05.00</b>	<b>05:11:39.80</b>	+02:27:32 (47.4%)	13:14	4.5 (52.3%)
49	<b>OTRĘBSKI Tomasz</b>	<b>409</b>		M2	49	00:00:23	02:11:38	04:14:37	<b>05:18:59.10</b>	<b>05:19:22.15</b>	+02:35:26 (48.7%)	13:34	4.4 (51.2%)
50	<b>PONIATOWSKI Krzysztof</b>	<b>333</b>	RODZINNA GRUPA ROWEROWA	M2	50	00:00:26	02:20:44	04:20:28	<b>05:28:38.75</b>	<b>05:29:05.45</b>	+02:45:05 (50.2%)	13:59	4.3 (50.0%)
51	<b>SZCZUCKI Krzysztof</b>	<b>343</b>		M2	51	00:00:07	02:16:36	04:32:42	<b>05:38:23.20</b>	<b>05:38:30.85</b>	+02:54:50 (51.7%)	14:23	4.2 (48.8%)
52	<b>CHROMIK Krzysztof</b>	<b>369</b>		M2	52	00:00:33	02:12:17	04:32:14	<b>05:43:22.65</b>	<b>05:43:56.30</b>	+02:59:49 (52.4%)	14:36	4.1 (47.7%)
53	<b>SMORAĞIEWICZ Marcin</b>	<b>331</b>		M2	53	00:00:33	02:38:26	04:47:26	<b>05:47:02.60</b>	<b>05:47:36.35</b>	+03:03:29 (52.9%)	14:46	4.1 (47.7%)
54	<b>ŁUGOWSKI Sebastian</b>	<b>481</b>		M2	54	00:00:20	02:39:35	04:49:32	<b>05:49:36.55</b>	<b>05:49:57.30</b>	+03:06:03 (53.2%)	14:52	4 (46.5%)
<b>Przekroczony limit czasu: 06:00:00</b>													
55	<b>CABAJ Rafał</b>	<b>342</b>	BIEGUSIEM.PL	M2	55	00:00:27	02:57:27	05:21:34	<b>06:32:19.55</b>	<b>06:32:47.00</b>	+03:48:46 (58.3%)	16:41	3.6 (41.9%)
56	<b>WOSZCZYK Daniel</b>	<b>328</b>		M2	56	00:00:12	02:07:42				+00:53:45	14:11	4.2 (48.8%)

Total 56 results.