



KUDOWSKA
SZTAFETA
GÓRSKA

PÓŁMARATON BŁĘDNYCH SKAŁ

B4SPORT

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Wydarzenie:
Organizator:
Data:
Miejsce:
Dystans:

Kudowski Festiwal Biegowy
Fundacja MARATONY GÓRSKIE
2024-04-14
Kudowa-Zdrój
21 km

Klasyfikacja: K-30

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Błędne Skały 10km	Jakubowice 16km	Czas netto 21km	Czas brutto 21km	Różn	Tempo min/km	Tempo km/h
1	FLOREK Katarzyna	4178	AW-SZYBCIEJ-TEAM	K-30	1	01:09:16	01:44:30	02:05:56.50	02:05:56.50		5:59	10 (100%)
2	BUKIEL Justyna	4215	MAPA-TURYSTYCZNA.PL	K-30	2	01:10:30	01:46:34	02:09:34.45	02:09:34.45	+00:03:37 (2.8%)	6:10	9.7 (97.0%)
3	VARENYTSIA Nadiia	4060		K-30	3	01:12:50	01:50:28	02:14:53.15	02:14:53.15	+00:08:56 (6.6%)	6:25	9.3 (93.0%)
4	KRAKOWSKA Anna	4023		K-30	4	01:18:53	02:00:08	02:27:43.70	02:27:43.70	+00:21:47 (14.7%)	7:02	8.5 (85.0%)
5	CIEŻ Marcelina	4062		K-30	5	01:24:15	02:03:29	02:31:32.10	02:31:32.10	+00:25:35 (16.9%)	7:12	8.3 (83.0%)
6	ŁUSIAK Katarzyna	4115	KB BIEGACZA	K-30	6	01:23:01	02:02:31	02:31:40.90	02:31:40.90	+00:25:44 (17.0%)	7:13	8.3 (83.0%)
7	JAROSIŃSKA Barbara	4081	BIEGANIE NA ŚNIADANIE	K-30	7	01:26:27	02:09:01	02:38:31.35	02:38:31.35	+00:32:34 (20.6%)	7:32	7.9 (79.0%)
8	WIĘCEK Maria	4229		K-30	8	01:28:37	02:13:39	02:42:12.90	02:42:12.90	+00:36:16 (22.4%)	7:43	7.8 (78.0%)
9	KUBUJ Karolina	4249		K-30	9	01:36:16	02:22:17	02:52:53.00	02:52:53.00	+00:46:56 (27.2%)	8:13	7.3 (73.0%)
10	KUKOBNIKAVA Vitaliya	4124	BIEGACZE STU MOSTÓW	K-30	10	01:31:34	02:25:20	02:56:30.95	02:56:30.95	+00:50:34 (28.7%)	8:24	7.1 (71.0%)
11	MAZURKIEWICZ Anna	4128		K-30	11	01:36:05	02:26:26	02:58:26.20	02:58:26.20	+00:52:29 (29.4%)	8:29	7.1 (71.0%)
12	KRYSTKOWIAK Klaudia	4027	#BIEGAJLESZNO	K-30	12	01:37:00	02:28:37	03:01:30.50	03:01:30.50	+00:55:34 (30.6%)	8:38	6.9 (69.0%)
13	ROSZAK Karolina	4258	KAROLINKA	K-30	13	01:38:38	02:29:39	03:01:56.25	03:01:56.25	+00:55:59 (30.8%)	8:39	6.9 (69.0%)
14	DOWNAR-ZAPOLSKA Laura	4239	MD RUN	K-30	14	01:39:53	02:29:36	03:02:54.25	03:02:54.25	+00:56:57 (31.1%)	8:42	6.9 (69.0%)
15	KUCZYŃSKA Ada	4012	DRUŻYNA SZPIKU	K-30	15	01:41:11	02:34:03	03:10:07.40	03:10:07.40	+01:04:10 (33.8%)	9:03	6.6 (66.0%)
16	WRÓBEL Kamila	4149	ASICS FRONTRUNNER	K-30	16	01:39:51	02:34:51	03:10:11.70	03:10:11.70	+01:04:15 (33.8%)	9:03	6.6 (66.0%)
17	SZWARGOT Marta	4131	SPORTOWY KAŻMIERZ	K-30	17	01:41:40	02:36:42	03:11:16.80	03:11:16.80	+01:05:20 (34.2%)	9:06	6.6 (66.0%)
18	BULLERT Agnieszka	4253	KAROLINKA	K-30	18	01:43:29	02:38:28	03:14:51.75	03:14:51.75	+01:08:55 (35.4%)	9:16	6.5 (65.0%)
19	APANOVA Ekaterina	4235		K-30	19	01:44:55	02:51:00	03:29:55.95	03:29:55.95	+01:23:59 (40.0%)	9:59	6 (60.0%)
20	NOWAK - KASPRZAK Anna	4222		K-30	20	01:49:45	02:52:54	03:33:30.45	03:33:30.45	+01:27:33 (41.0%)	10:10	5.9 (59.0%)
21	BIEŃKOWSKA Magdalena	4216		K-30	21	01:50:29	02:55:33	03:35:37.45	03:35:37.45	+01:29:40 (41.6%)	10:16	5.8 (58.0%)
22	MISIAK Ula	4224		K-30	22	01:49:00	02:55:08	03:36:56.65	03:36:56.65	+01:31:00 (41.9%)	10:19	5.8 (58.0%)
23	KRAJEWSKA Irmína	4040		K-30	23	02:02:10	03:10:21	03:53:08.60	03:53:08.60	+01:47:12 (46.0%)	11:06	5.4 (54.0%)
24	SADŁOWSKA Milena	4220		K-30	24	01:48:01	03:44:02	04:24:43.45	04:24:43.45	+02:18:46 (52.4%)	12:36	4.8 (48.0%)

Znaleziono 24 wynik(ów)