

**Wydarzenie:** Kudowski Festiwal Biegowy - Sztafeta Górską 2021  
**Organizator:** Fundacja MARATONY GÓRSKIE  
**Data:** 2021-05-09  
**Miejsce:** Kudowa-Zdrój  
**Dystans:** 21 km

Klasyfikacja: K-40

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Błędne Skały 10km	Jakubowice 16km	Czas netto 21km	Różn	Tempo min/km	Tempo km/h
1	<b>MOCZULSKA Małgorzata</b>	<b>3208</b>		K-40	1	01:06:02	01:39:27	<b>02:00:45.30</b>		5:45	10.4 (100%)
2	<b>NIMSZ Kamila</b>	<b>3002</b>	KB HARCOWNIK JELCZ-LASKOWICE	K-40	2	01:13:48	02:04:39	<b>02:27:39.35</b>	+00:26:54 (18.2%)	7:01	8.5 (81.7%)
3	<b>MAJEWSKA Joanna</b>	<b>3263</b>		K-40	3	01:22:31	02:06:44	<b>02:35:05.50</b>	+00:34:20 (22.1%)	7:23	8.1 (77.9%)
4	<b>BINIENDA Agnieszka</b>	<b>3257</b>	KOBIETY WATAHY	K-40	4	01:24:28	02:10:57	<b>02:37:47.35</b>	+00:37:02 (23.5%)	7:30	8 (76.9%)
5	<b>MARCINIAK Magdalena</b>	<b>3128</b>		K-40	5	01:30:22	02:14:02	<b>02:42:36.45</b>	+00:41:51 (25.7%)	7:44	7.7 (74.0%)
6	<b>LEWICKA Magdalena</b>	<b>3088</b>	CAŁA OLEŚNICA BIEGA	K-40	6	01:30:19	02:16:41	<b>02:45:36.35</b>	+00:44:51 (27.1%)	7:53	7.6 (73.1%)
7	<b>PILONIS Eleonora</b>	<b>3109</b>	BIEGOSTACJA	K-40	7	01:31:04	02:17:57	<b>02:47:15.30</b>	+00:46:30 (27.8%)	7:57	7.5 (72.1%)
8	<b>MIKŁUSZKA Dorota</b>	<b>3235</b>		K-40	8	01:35:05	02:21:14	<b>02:51:47.40</b>	+00:51:02 (29.7%)	8:10	7.3 (70.2%)
9	<b>BRZOZOWSKA Marlena</b>	<b>3210</b>		K-40	9	01:35:34	02:25:12	<b>02:55:26.05</b>	+00:54:40 (31.2%)	8:21	7.2 (69.2%)
10	<b>DOLECKA Ela</b>	<b>3071</b>	NKB CHYŻY NOWY TOMYŚL	K-40	10	01:34:51	02:24:44	<b>02:56:30.10</b>	+00:55:44 (31.6%)	8:24	7.1 (68.3%)
11	<b>RÓŻAŃSKA Magdalena</b>	<b>3051</b>		K-40	11	01:38:32	02:28:12	<b>02:59:20.50</b>	+00:58:35 (32.7%)	8:32	7 (67.3%)
12	<b>CZECH Dorota</b>	<b>3118</b>		K-40	12	01:43:11	02:35:05	<b>03:09:02.30</b>	+01:08:17 (36.1%)	9:00	6.7 (64.4%)
13	<b>KOŁACZEK Sylwia</b>	<b>3050</b>		K-40	13	01:40:36	02:35:24	<b>03:09:05.30</b>	+01:08:20 (36.1%)	9:00	6.7 (64.4%)
14	<b>WĘGIER Agnieszka</b>	<b>3005</b>	ZIELONA GÓRO ZACZNIJ BIEGAĆ	K-40	14	01:41:18	02:36:28	<b>03:09:08.75</b>	+01:08:23 (36.2%)	9:00	6.7 (64.4%)
15	<b>NIEDZIELA Danuta</b>	<b>3197</b>	GOSTYŃ	K-40	15	01:42:06	02:37:30	<b>03:12:12.55</b>	+01:11:27 (37.2%)	9:09	6.6 (63.5%)
16	<b>LE FELIC Monika</b>	<b>3098</b>		K-40	16	01:42:08	02:37:29	<b>03:13:02.20</b>	+01:12:16 (37.4%)	9:11	6.5 (62.5%)
17	<b>PALUSZKIEWICZ Karolina</b>	<b>3016</b>	MAĆKOWIAK TEAM	K-40	17	01:47:29	02:40:43	<b>03:16:01.15</b>	+01:15:15 (38.4%)	9:20	6.4 (61.5%)
18	<b>ŁOBODZIEC Monika</b>	<b>3214</b>		K-40	18	01:45:39	02:45:06	<b>03:18:54.50</b>	+01:18:09 (39.3%)	9:28	6.3 (60.6%)
19	<b>KWIATKOWSKA Marta</b>	<b>3083</b>		K-40	19	01:45:17	02:43:52	<b>03:21:11.85</b>	+01:20:26 (40.0%)	9:34	6.3 (60.6%)
20	<b>KLIMIUK Małgosia</b>	<b>3120</b>		K-40	20	01:55:28	02:50:01	<b>03:23:48.60</b>	+01:23:03 (40.8%)	9:42	6.2 (59.6%)
21	<b>KOZAK Ewa</b>	<b>3073</b>	KOZAKI	K-40	21	01:55:41	02:54:18	<b>03:27:06.40</b>	+01:26:21 (41.7%)	9:51	6.1 (58.7%)
22	<b>LACH Agnieszka</b>	<b>3219</b>		K-40	22	01:51:30	02:51:13	<b>03:27:50.85</b>	+01:27:05 (41.9%)	9:53	6.1 (58.7%)
23	<b>MELWIŃSKA Paulina</b>	<b>3017</b>	RUN BYDGOSZCZ	K-40	23	01:55:49	02:55:56	<b>03:30:06.15</b>	+01:29:20 (42.5%)	10:00	6 (57.7%)
24	<b>KAMIŃSKA Andżelika</b>	<b>3081</b>		K-40	24	01:48:35	02:50:21	<b>03:32:04.00</b>	+01:31:18 (43.1%)	10:05	5.9 (56.7%)
25	<b>PELCZER Agnieszka</b>	<b>3036</b>	KB HARCOWNIK JELCZ-LASKOWICE	K-40	25	01:51:04	02:54:43	<b>03:32:20.60</b>	+01:31:35 (43.1%)	10:06	5.9 (56.7%)
26	<b>MROZIŃSKA Renata</b>	<b>3203</b>		K-40	26	01:57:00	02:59:48	<b>03:40:12.35</b>	+01:39:27 (45.2%)	10:29	5.7 (54.8%)
27	<b>KOŃ Aleksandra</b>	<b>3012</b>	LZS LIPA	K-40	27	02:01:27	02:59:08	<b>03:42:09.80</b>	+01:41:24 (45.6%)	10:34	5.7 (54.8%)
28	<b>KACZMAREK Monika</b>	<b>3024</b>	NKB CHYŻY NOWY TOMYŚL	K-40	28	02:00:43	03:06:11	<b>03:42:21.85</b>	+01:41:36 (45.7%)	10:35	5.7 (54.8%)
29	<b>GÓRNA Aldona</b>	<b>3077</b>	ŻÓŁWICE W BIEGU	K-40	29	02:01:26	03:08:01	<b>03:44:11.55</b>	+01:43:26 (46.1%)	10:40	5.6 (53.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Błędne Skąły 10km	Jakubowice 16km	Czas netto 21km	Różn	Tempo min/km	Tempo km/h
30	<b>LANGE Hanna</b>	<b>3076</b>	ŻÓŁWICE W BIEGU	K-40	30	02:01:34	03:08:10	<b>03:44:19.45</b>	+01:43:34 (46.2%)	10:40	5.6 (53.8%)
31	<b>POTOCKA Wioletta</b>	<b>3138</b>		K-40	31	01:49:38	02:58:53	<b>03:44:39.55</b>	+01:43:54 (46.2%)	10:41	5.6 (53.8%)
32	<b>PERKA Barbara</b>	<b>3022</b>		K-40	32	02:01:37	03:05:27	<b>03:45:25.10</b>	+01:44:39 (46.4%)	10:44	5.6 (53.8%)
33	<b>KARDAS Marzena</b>	<b>3140</b>		K-40	33	01:59:00	03:06:21	<b>03:47:39.65</b>	+01:46:54 (47.0%)	10:50	5.5 (52.9%)
34	<b>DOBROWOLSKA Małgorzata</b>	<b>3192</b>	BIEGAJĄCA KASTA MIEDZIOWEGO MIASTA	K-40	34	02:07:41	03:15:44	<b>03:52:22.40</b>	+01:51:37 (48.0%)	11:03	5.4 (51.9%)
35	<b>FORMELA Justyna</b>	<b>3249</b>		K-40	35	02:08:19	03:12:12	<b>03:53:10.70</b>	+01:52:25 (48.2%)	11:06	5.4 (51.9%)
36	<b>SYGUŁA Monika</b>	<b>3199</b>		K-40	36	02:08:12	03:24:57	<b>04:20:44.40</b>	+02:19:59 (53.7%)	12:24	4.8 (46.2%)

Znaleziono 36 wynik(ów)