

Wydarzenie: Kudowski Festiwal Biegowy 2022
Organizator: Fundacja MARATONY GÓRSKIE
Data: 2022-04-10
Miejsce: Kudowa-Zdrój
Dystans: 21 km

Klasyfikacja: K-40

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Błędne Skały 10km	Jakubowice 16km	Czas netto 21km	Czas brutto 21km	Różn	Tempo min/km	Tempo km/h
1	MOCZULSKA Małgorzata	4294		K-40	1	01:07:31	01:42:34	02:04:24.60	02:04:27.15		5:55	10.1 (100%)
2	DUDA Monika	4019		K-40	2	01:23:52	02:08:14	02:36:30.35	02:36:37.15	+00:32:10 (20.5%)	7:27	8.1 (80.2%)
3	RATAJCZAK Dorota	4207	TRIO FORTIS	K-40	3	01:25:50	02:10:47	02:39:24.20	02:39:25.70	+00:34:58 (21.9%)	7:35	7.9 (78.2%)
4	SZYMAŃSKA Monika	4330		K-40	4	01:29:58	02:15:43	02:44:41.95	02:44:44.05	+00:40:16 (24.5%)	7:50	7.7 (76.2%)
5	WOJCIECHOWSKA Dorota	4290		K-40	5	01:35:21	02:24:56	02:55:11.80	02:55:34.10	+00:51:06 (29.1%)	8:20	7.2 (71.3%)
6	NIMSZ Kamila	4276	CS RUNNING CLUB	K-40	6	01:36:09	02:26:22	02:55:48.45	02:56:00.95	+00:51:33 (29.3%)	8:22	7.2 (71.3%)
7	TRZEPACZ Dorota	4123	KB LUPUS OLEŚNICA	K-40	7	01:39:24	02:26:23	02:57:15.30	02:57:37.80	+00:53:10 (29.9%)	8:26	7.1 (70.3%)
8	WĘGOREK Monika	4324		K-40	8	01:29:56	02:30:59	02:59:11.95	02:59:17.00	+00:54:49 (30.6%)	8:31	7 (69.3%)
9	RABIEGA Monika	4238	#BIEGAJLESZNO	K-40	9	01:35:19	02:29:53	02:59:37.45	02:59:40.20	+00:55:13 (30.7%)	8:33	7 (69.3%)
10	WYLEŻAŁA Marzena	4174	#BIEGIEMWLAS	K-40	10	01:39:23	02:33:53	03:05:44.50	03:05:56.60	+01:01:29 (33.1%)	8:50	6.8 (67.3%)
11	WIETRZYŃSKA Agnieszka	4092	SZTUKA RUCHU	K-40	11	01:42:24	02:40:23	03:15:32.25	03:15:40.55	+01:11:13 (36.4%)	9:18	6.4 (63.4%)
12	BRZEŻAŃSKA Joanna	4333		K-40	12	01:45:33	02:44:51	03:16:54.85	03:17:03.10	+01:12:35 (36.8%)	9:22	6.4 (63.4%)
13	DOMOSŁAWSKA Joanna	4214		K-40	13	01:47:27	02:44:21	03:19:00.60	03:19:11.40	+01:14:44 (37.5%)	9:28	6.3 (62.4%)
14	ERET Marzena	4206		K-40	14	01:45:39	02:44:52	03:20:08.95	03:20:11.80	+01:15:44 (37.8%)	9:31	6.3 (62.4%)
15	HEJNE Agnieszka	4193		K-40	15	01:45:40	02:44:53	03:20:10.50	03:20:13.55	+01:15:46 (37.8%)	9:31	6.3 (62.4%)

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16	BRZozowska Marlena	4293		K-40	16	01:47:50	02:46:03	03:21:45.20	03:22:01.90	+01:17:34 (38.4%)	9:36	6.2 (61.4%)
17	Kaźmierczak Anna	4230	#BIEGAJLESZNO	K-40	17	01:47:00	02:49:04	03:23:02.65	03:23:09.15	+01:18:42 (38.7%)	9:40	6.2 (61.4%)
18	MELWIŃSKA Paulina	4091	RUN BYDGOSZCZ	K-40	18	01:51:54	02:50:18	03:24:37.45	03:24:50.65	+01:20:23 (39.2%)	9:44	6.2 (61.4%)
19	SZYMURA Izabela	4246	RYBNICKA GRUPA BIEGOWA PĘDZIMY RAZEM	K-40	19	01:48:20	02:50:16	03:25:25.15	03:25:31.30	+01:21:04 (39.4%)	9:46	6.1 (60.4%)
20	ŚMIECHOWSKA Małgorzata	4301		K-40	20	01:52:58	02:52:09	03:26:14.20	03:26:23.55	+01:21:56 (39.7%)	9:49	6.1 (60.4%)
21	KWIATKOWSKA Marta	4107		K-40	21	01:52:57	02:53:09	03:30:43.20	03:30:57.55	+01:26:30 (41.0%)	10:02	6 (59.4%)
22	KOŃ Aleksandra	4097	EKIPA LIPA	K-40	22	01:52:05	02:52:11	03:31:40.45	03:31:44.30	+01:27:17 (41.2%)	10:04	6 (59.4%)
23	JAŚKIEWICZ Katarzyna	4199		K-40	23	01:52:59	02:52:42	03:33:23.05	03:33:33.10	+01:29:05 (41.7%)	10:09	5.9 (58.4%)
24	DOLECKA Elżbieta	4114	NKB CHYŻY NOWY TOMYŚL	K-40	24	01:58:28	02:58:13	03:33:23.00	03:33:43.00	+01:29:15 (41.8%)	10:09	5.9 (58.4%)
25	KOZAK Ewa	4118	KOZAKI	K-40	25	01:59:32	03:01:16	03:36:08.85	03:36:30.25	+01:32:03 (42.5%)	10:17	5.8 (57.4%)
26	SKRZĄTEK Anna	4137		K-40	26	02:01:09	03:01:25	03:36:22.45	03:36:33.75	+01:32:06 (42.5%)	10:18	5.8 (57.4%)
27	KOŁODZIEJ Marzena	4155	#BIEGIEMWLAS	K-40	27	01:54:22	03:02:07	03:37:44.85	03:37:58.65	+01:33:31 (42.9%)	10:22	5.8 (57.4%)
28	KAMIŃSKA Andżelika	4177		K-40	28	02:01:01	03:03:09	03:39:28.25	03:39:45.95	+01:35:18 (43.4%)	10:27	5.7 (56.4%)
29	SKIBA Anna	4289	KB HARCOWNIK	K-40	29	02:00:45	03:04:18	03:40:36.55	03:40:52.50	+01:36:25 (43.7%)	10:30	5.7 (56.4%)
30	STROMIDŁO Anna	4279	BROWAR DOMOWY HATAK	K-40	30	01:56:25	03:02:32	03:42:52.95	03:43:01.85	+01:38:34 (44.2%)	10:36	5.7 (56.4%)
31	BACHURSKA Ewa	4077	KB HARCOWNIK JELCZ-LASKOWICE	K-40	31	02:04:52	03:09:32	03:44:22.85	03:44:38.50	+01:40:11 (44.6%)	10:41	5.6 (55.4%)
32	KACZMAREK Monika	4124	NKB CHYŻY NOWY TOMYŚL	K-40	32	02:04:50	03:09:32	03:44:34.15	03:44:53.30	+01:40:26 (44.7%)	10:41	5.6 (55.4%)
33	NIEPORECKA Sylwia	4248		K-40	33	02:05:20	03:09:48	03:45:16.70	03:45:34.25	+01:41:07 (44.8%)	10:43	5.6 (55.4%)
34	GISZCZYŃSKA Wanda	4111	RUN TEAM RYDZYNA	K-40	34	02:02:54	03:10:01	03:47:06.65	03:47:12.20	+01:42:45 (45.2%)	10:48	5.5 (54.5%)
35	TRAWA Małgorzata	4108	RUN TEAM RYDZYNA	K-40	35	02:02:44	03:09:55	03:47:06.30	03:47:12.40	+01:42:45 (45.2%)	10:48	5.5 (54.5%)
36	BARTOSZEWSKA Katarzyna	4269	TEAM RÓZOWEJ PELERYNKI	K-40	36	02:05:10	03:09:29	03:47:30.70	03:47:43.90	+01:43:16 (45.4%)	10:50	5.5 (54.5%)
37	MARCINIAK Irmina	4035	TEAM BIEGANIE NA ŚNIADANIE	K-40	37	02:05:57	03:11:56	03:48:25.70	03:48:42.70	+01:44:15 (45.6%)	10:52	5.5 (54.5%)
38	SKRZYPIŃSKA Agnieszka	4126	PSI PATROL	K-40	38	02:04:27	03:09:58	03:48:41.75	03:48:51.95	+01:44:24 (45.6%)	10:53	5.5 (54.5%)

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39	GOŹDZICKA Iwona	4149	ZIELONA GÓRO ZACZNIJ BIEGAĆ / GB STATYSTYKA LUBUSKA	K-40	39	02:06:39	03:10:58	03:49:16.05	03:49:30.00	+01:45:02 (45.8%)	10:55	5.5 (54.5%)
40	BARTKIEWICZ Halina	4018		K-40	40	02:07:16	03:10:56	03:49:16.90	03:49:31.95	+01:45:04 (45.8%)	10:55	5.5 (54.5%)
41	PICHER RÓŻYŁO Joanna	4140		K-40	41	02:07:46	03:14:36	03:49:32.35	03:49:51.20	+01:45:24 (45.9%)	10:55	5.5 (54.5%)
42	NOWAK Monika	4233		K-40	42	02:05:09	03:10:18	03:49:58.00	03:50:20.80	+01:45:53 (46.0%)	10:57	5.5 (54.5%)
43	JANKOWSKA Katarzyna	4215		K-40	43	01:54:14	03:07:27	03:50:19.65	03:50:30.30	+01:46:03 (46.0%)	10:58	5.5 (54.5%)
44	MANDES Anna	4304	IZABELIN NA START	K-40	44	02:06:29	03:13:31	03:52:42.10	03:52:56.95	+01:48:29 (46.6%)	11:04	5.4 (53.5%)
45	DOBRZYŃSKA Joanna	4169		K-40	45	02:07:45	03:19:01	03:55:19.10	03:55:36.00	+01:51:08 (47.2%)	11:12	5.4 (53.5%)
46	GRĘZEL-GAWRON Jolanta	4044		K-40	46	02:06:34	03:16:18	03:57:13.10	03:57:30.05	+01:53:02 (47.6%)	11:17	5.3 (52.5%)
47	RĘBECKA Violetta	4029	BIEGAMDLAZDROWIA. PL	K-40	47	02:05:57	03:17:41	03:57:55.30	03:58:15.35	+01:53:48 (47.8%)	11:19	5.3 (52.5%)
48	PELCZER Agnieszka	4128	KB HARCOWNIK JELCZ-LASKOWICE	K-40	48	02:08:02	03:18:21	03:59:26.60	03:59:42.35	+01:55:15 (48.1%)	11:24	5.3 (52.5%)
49	IGNASZEWSKA Marta	4160		K-40	49	02:08:19	03:17:33	04:00:37.00	04:00:48.60	+01:56:21 (48.3%)	11:27	5.2 (51.5%)
50	PIETRZAK Agnieszka	4172	BIEGAJĄCE KREJZOLE	K-40	50	02:08:27	03:17:49	04:00:36.20	04:00:48.70	+01:56:21 (48.3%)	11:27	5.2 (51.5%)
51	MAĆKOWIAK Karolina	4072	MAĆKOWIAK TEAM	K-40	51	02:05:43	03:20:27	04:02:01.80	04:02:09.40	+01:57:42 (48.6%)	11:31	5.2 (51.5%)
52	VAN KESSEL - PALUSZKIEWICZ Monika	4073	MAĆKOWIAK TEAM	K-40	52	02:06:05	03:20:31	04:02:01.80	04:02:09.50	+01:57:42 (48.6%)	11:31	5.2 (51.5%)
53	PIETRZAK Anna	4036		K-40	53	02:17:13	03:29:31	04:07:44.35	04:07:53.55	+02:03:26 (49.8%)	11:47	5.1 (50.5%)
54	PAWLUSIŃSKA Marzena	4057		K-40	54	02:10:12	03:28:35	04:11:18.70	04:11:28.15	+02:07:01 (50.5%)	11:58	5 (49.5%)
55	UCHEREK Kinga	4167		K-40	55	02:05:00	03:19:11	04:17:59.95	04:18:11.85	+02:13:44 (51.8%)	12:17	4.9 (48.5%)
	BAKSALARY Lidia	4180	#BIEGAJLESZNO	K-40		01:40:58 DNF	DNF	DNF	DNF	-	-	- (0.0%)

Znaleziono 56 wynik(ów)