

Wydarzenie: Kudowski Festiwal Biegowy
Organizator: Fundacja MARATONY GÓRSKIE
Data: 2023-04-02
Miejsce: Kudowa-Zdrój
Dystans: 21 km

Klasyfikacja: M-40

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Błędne Skały 10km	Jakubowice 16km	Czas netto 21km	Czas brutto 21km	Różn	Tempo min/km	Tempo km/h
1	PRZYBYLSKI Łukasz	4148	KS IDMAR	M-40	1	01:03:42	01:34:23	01:54:40.05	01:54:40.05		5:27	11 (100%)
2	SZCZEPANIAK Witold	4072		M-40	2	01:03:26	01:34:56	01:55:51.10	01:55:51.10	+00:01:11 (1.0%)	5:31	10.9 (99.1%)
3	BEDNARZ Kuba	4241	MAGAZYN NA SZCZYCIE	M-40	3	01:11:30	01:46:11	02:09:24.90	02:09:24.90	+00:14:44 (11.4%)	6:09	9.7 (88.2%)
4	PODKAŃSKI Bartosz	4168	GOPR KARKONOSZE	M-40	4	01:10:32	01:46:28	02:09:27.95	02:09:27.95	+00:14:47 (11.4%)	6:09	9.7 (88.2%)
5	KRZESINSKI Dariusz	4147	ORANGE POLSKA S.A.	M-40	5	01:12:00	01:49:42	02:13:12.75	02:13:12.75	+00:18:32 (13.9%)	6:20	9.5 (86.4%)
6	BEDNARZ Krzysztof	4267	PRZEDWOJEWSKI TEAM	M-40	6	01:12:32	01:48:57	02:13:21.00	02:13:21.00	+00:18:40 (14.0%)	6:21	9.4 (85.5%)
7	KARGÓL Rafał	4152	LOGTECH TEAM RADZIONKÓW	M-40	7	01:12:02	01:50:39	02:17:59.80	02:17:59.80	+00:23:19 (16.9%)	6:34	9.1 (82.7%)
8	MICHALOWSKI Marcin	4214	#MARCINSWIERCTEAM	M-40	8	01:18:55	01:57:04	02:21:28.70	02:21:28.70	+00:26:48 (19.0%)	6:44	8.9 (80.9%)
9	GEZELA Robert	4231	EUFORIA BIEGACZA TEAM	M-40	9	01:18:16	01:55:45	02:21:29.25	02:21:29.25	+00:26:49 (19.0%)	6:44	8.9 (80.9%)
10	CHAMALA Krzysztof	4198	WEEGREE	M-40	10	01:16:43	01:58:36	02:25:03.55	02:25:03.55	+00:30:23 (21.0%)	6:54	8.7 (79.1%)
11	MARCINIAK Maciej	4142		M-40	11	01:22:32	02:02:26	02:29:07.10	02:29:07.10	+00:34:27 (23.1%)	7:06	8.4 (76.4%)
12	SZÓSTAK Łukasz	4101		M-40	12	01:21:22	02:02:42	02:29:36.95	02:29:36.95	+00:34:56 (23.4%)	7:07	8.4 (76.4%)
13	HRYCAJ Marcin	4268	KB ODRA OPOLE	M-40	13	01:20:25	02:04:03	02:29:51.30	02:29:51.30	+00:35:11 (23.5%)	7:08	8.4 (76.4%)
14	JĘDRYCHOWSKI Bartłomiej	4262		M-40	14	01:24:58	02:05:30	02:31:11.20	02:31:11.20	+00:36:31 (24.2%)	7:11	8.3 (75.5%)
15	OLEJNIK Marcin	4264		M-40	15	01:26:59	02:07:05	02:32:28.75	02:32:28.75	+00:37:48 (24.8%)	7:15	8.3 (75.5%)
16	CIEŚLIK Sławomir	4183	ANTONTEAM	M-40	16	01:24:53	02:08:21	02:32:48.35	02:32:48.35	+00:38:08 (25.0%)	7:16	8.2 (74.5%)

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17	NIŻEWSKI Paweł	4238	KRAKOWIAK ULTRA TEAM	M-40	17	01:22:30	02:07:36	02:34:54.45	02:34:54.45	+00:40:14 (26.0%)	7:22	8.1 (73.6%)
18	SKOCZYLAS Łukasz	4253		M-40	18	01:27:23	02:09:26	02:35:06.75	02:35:06.75	+00:40:26 (26.1%)	7:23	8.1 (73.6%)
19	MATYSIAK Marcin	4121	T.S. IRON MAN	M-40	19	01:24:04	02:08:08	02:37:43.85	02:37:43.85	+00:43:03 (27.3%)	7:30	8 (72.7%)
20	KORALEWSKI Bartłomiej	4163		M-40	20	01:29:06	02:12:24	02:40:53.65	02:40:53.65	+00:46:13 (28.7%)	7:39	7.8 (70.9%)
21	KĘDZIORA Jacek	4108	BIEGANIE NA ŚNIADANIE ŚMIGIEL	M-40	21	01:26:47	02:11:49	02:41:44.05	02:41:44.05	+00:47:04 (29.1%)	7:42	7.8 (70.9%)
22	SZERMENT Eryk	4000	MAZURTEAM	M-40	22	01:29:09	02:13:08	02:43:07.50	02:43:07.50	+00:48:27 (29.7%)	7:46	7.7 (70.0%)
23	RECZUCH Andrzej	4243	DYWIZJON 102	M-40	23	01:30:35	02:16:27	02:46:24.45	02:46:24.45	+00:51:44 (31.1%)	7:55	7.6 (69.1%)
24	KRZESIMOWSKI Damian	4002		M-40	24	01:35:56	02:20:27	02:48:46.45	02:48:46.45	+00:54:06 (32.1%)	8:02	7.5 (68.2%)
25	SAJNÓG Leszek	4067	BIEGAJ LESZNO	M-40	25	01:33:57	02:18:35	02:49:17.05	02:49:17.05	+00:54:37 (32.3%)	8:03	7.4 (67.3%)
26	AKUTKO Sebastian	4143		M-40	26	01:31:01	02:18:57	02:49:39.50	02:49:39.50	+00:54:59 (32.4%)	8:04	7.4 (67.3%)
27	BOHAREWICZ Paweł	4021	BOHAR PALETY & TRANSPORT	M-40	27	01:35:15	02:21:14	02:51:04.30	02:51:04.30	+00:56:24 (33.0%)	8:08	7.4 (67.3%)
28	GANDYRA Rafał	4099		M-40	28	01:32:49	02:19:47	02:51:57.75	02:51:57.75	+00:57:17 (33.3%)	8:11	7.3 (66.4%)
29	DOBEK Mateusz	4218	JAWOR RIVER GYM	M-40	29	01:31:34	02:20:59	02:52:53.85	02:52:53.85	+00:58:13 (33.7%)	8:13	7.3 (66.4%)
30	ŁĘKAWA Sebastian	4031	140MINUT.PL	M-40	30	01:36:02	02:23:25	02:54:23.35	02:54:23.35	+00:59:43 (34.2%)	8:18	7.2 (65.5%)
31	KOCOŁ Tomasz	4077		M-40	31	01:35:02	02:22:54	02:55:07.25	02:55:07.25	+01:00:27 (34.5%)	8:20	7.2 (65.5%)
32	GARBACZ Jan	4257		M-40	32	01:32:34	02:24:40	02:55:52.65	02:55:52.65	+01:01:12 (34.8%)	8:22	7.2 (65.5%)
33	KOZAK Bartosz	4088	KOZAKI	M-40	33	01:34:53	02:25:53	02:56:25.55	02:56:25.55	+01:01:45 (35.0%)	8:24	7.1 (64.5%)
34	ŁUKASZCZYKIEWICZ Paweł	4228		M-40	34	01:30:32	02:25:29	02:56:25.80	02:56:25.80	+01:01:45 (35.0%)	8:24	7.1 (64.5%)
35	PIESZAK Marcin	4033	KANAPOWE PAMPRY	M-40	35	01:32:46	02:26:10	02:58:51.00	02:58:51.00	+01:04:10 (35.9%)	8:31	7 (63.6%)
36	BARTECKI Tomasz	4211	PIGWA TRAIL	M-40	36	01:40:06	02:30:07	02:59:22.60	02:59:22.60	+01:04:42 (36.1%)	8:32	7 (63.6%)
37	KOPKA Paweł	4114		M-40	37	01:36:09	02:26:38	02:59:38.05	02:59:38.05	+01:04:58 (36.2%)	8:33	7 (63.6%)
38	TRĘBACZ Łukasz	4100		M-40	38	01:36:31	02:28:09	03:00:28.90	03:00:28.90	+01:05:48 (36.5%)	8:35	7 (63.6%)
39	WYRWICKI Przemek	4014		M-40	39	01:35:52	02:30:17	03:04:10.85	03:04:10.85	+01:09:30 (37.7%)	8:46	6.8 (61.8%)

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40	BAJER Karol	4054		M-40	40	01:43:40	02:36:51	03:09:59.20	03:09:59.20	+01:15:19 (39.6%)	9:02	6.6 (60.0%)
41	RYBARCZYK Roman	4006	#BIEGIEMWLAS	M-40	41	01:39:39	02:38:53	03:11:51.00	03:11:51.00	+01:17:10 (40.2%)	9:08	6.6 (60.0%)
42	SZLENDAK Leszek	4107	WARSZAWSKI KLUB ROGATEGO MORSA	M-40	42	01:41:56	02:39:43	03:17:43.85	03:17:43.85	+01:23:03 (42.0%)	9:24	6.4 (58.2%)
43	BAK Piotr	4240		M-40	43	01:43:34	02:47:14	03:22:59.65	03:22:59.65	+01:28:19 (43.5%)	9:39	6.2 (56.4%)
44	KOWAL Ireneusz	4017		M-40	44	01:44:46	02:46:04	03:23:45.80	03:23:45.80	+01:29:05 (43.7%)	9:42	6.2 (56.4%)
45	MALINOWSKI Marcin	4081		M-40	45	01:51:16	02:49:25	03:27:08.00	03:27:08.00	+01:32:27 (44.6%)	9:51	6.1 (55.5%)
46	RACZKOWSKI Rafał	4068		M-40	46	01:51:57	02:50:55	03:31:24.70	03:31:24.70	+01:36:44 (45.8%)	10:04	6 (54.5%)
47	KARDACZ Norbert	4028		M-40	47	01:53:36	02:58:43	03:34:48.05	03:34:48.05	+01:40:08 (46.6%)	10:13	5.9 (53.6%)
48	HOFFMANN Grzegorz	4229	KOŚCIAN TEAM	M-40	48	01:55:14	02:59:20	03:37:20.25	03:37:20.25	+01:42:40 (47.2%)	10:20	5.8 (52.7%)
49	ŻUREK Michał	4004		M-40	49	01:56:08	02:58:11	03:41:51.45	03:41:51.45	+01:47:11 (48.3%)	10:33	5.7 (51.8%)
50	DUCZMAL Wojciech	4221		M-40	50	02:01:34		03:42:24.65	03:42:24.65	+01:47:44 (48.4%)	10:35	5.7 (51.8%)
51	PRZYBYŁ Tomasz	4185	NIGHT RUNNERS	M-40	51	01:59:35	03:02:13	03:43:14.40	03:43:14.40	+01:48:34 (48.6%)	10:37	5.6 (50.9%)
52	JURGA Karol	4050		M-40	52	01:47:27	03:00:59	03:50:12.80	03:50:12.80	+01:55:32 (50.2%)	10:57	5.5 (50.0%)

Znaleziono 52 wynik(ów)