

**Wydarzenie:** Kudowski Festiwal Biegowy  
**Organizator:** Fundacja MARATONY GÓRSKIE  
**Data:** 2023-04-02  
**Miejsce:** Kudowa-Zdrój  
**Dystans:** 21 km

Klasyfikacja: M-50

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Błędne Skały 10km	Jakubowice 16km	Czas netto 21km	Czas brutto 21km	Różn	Tempo min/km	Tempo km/h
1	<b>MICHAŁKIEWICZ Wojciech</b>	<b>4186</b>	AKADEMIA WOJSK ŁĄDOWY	M-50	1	01:21:24	02:01:50	<b>02:29:15.35</b>	<b>02:29:15.35</b>		7:06	8.4 (100%)
2	<b>KAYSIEWICZ Maciej</b>	<b>4205</b>	NATURAL BORN RUNNERS TEAM	M-50	2	01:26:39	02:09:47	<b>02:39:13.20</b>	<b>02:39:13.20</b>	+00:09:57 (6.3%)	7:34	7.9 (94.0%)
3	<b>MIŚTA Roman</b>	<b>4104</b>		M-50	3	01:27:18	02:12:48	<b>02:42:55.25</b>	<b>02:42:55.25</b>	+00:13:39 (8.4%)	7:45	7.7 (91.7%)
4	<b>GOLASZ Marek</b>	<b>4197</b>		M-50	4	01:34:07	02:20:32	<b>02:52:02.65</b>	<b>02:52:02.65</b>	+00:22:47 (13.2%)	8:11	7.3 (86.9%)
5	<b>SMIERZCHAŁA Adam</b>	<b>4039</b>		M-50	5	01:33:00	02:21:31	<b>02:53:04.60</b>	<b>02:53:04.60</b>	+00:23:49 (13.8%)	8:14	7.3 (86.9%)
6	<b>GAWRYSIAK Marek</b>	<b>4150</b>	BIEGOSTACJA	M-50	6	01:32:41	02:20:39	<b>02:55:02.20</b>	<b>02:55:02.20</b>	+00:25:46 (14.7%)	8:20	7.2 (85.7%)
7	<b>OLEKSA Robert</b>	<b>4188</b>		M-50	7	01:32:38	02:25:41	<b>02:58:03.80</b>	<b>02:58:03.80</b>	+00:28:48 (16.2%)	8:28	7.1 (84.5%)
8	<b>KACZMARCZYK Mariusz</b>	<b>4133</b>		M-50	8	01:36:08	02:27:44	<b>03:01:29.95</b>	<b>03:01:29.95</b>	+00:32:14 (17.8%)	8:38	6.9 (82.1%)
9	<b>BARANOWSKI Robert</b>	<b>4246</b>		M-50	9	01:39:59	02:33:21	<b>03:05:15.50</b>	<b>03:05:15.50</b>	+00:36:00 (19.4%)	8:49	6.8 (81.0%)
10	<b>PIEKARCZYK Marcin</b>	<b>4258</b>		M-50	10	01:48:35	02:51:40	<b>03:27:11.95</b>	<b>03:27:11.95</b>	+00:57:56 (28.0%)	9:51	6.1 (72.6%)
11	<b>HERTEL Michał</b>	<b>4239</b>		M-50	11	01:48:38	02:51:39	<b>03:27:12.00</b>	<b>03:27:12.00</b>	+00:57:56 (28.0%)	9:52	6.1 (72.6%)
12	<b>RATAJCZAK Grzegorz</b>	<b>4091</b>		M-50	12	01:49:55	02:55:17	<b>03:30:27.55</b>	<b>03:30:27.55</b>	+01:01:12 (29.1%)	10:01	6 (71.4%)
13	<b>RODOWSKI Janusz</b>	<b>4180</b>	XYZ	M-50	13	01:56:13	02:53:30	<b>03:32:03.00</b>	<b>03:32:03.00</b>	+01:02:47 (29.6%)	10:05	5.9 (70.2%)
14	<b>KUCZA Maciej</b>	<b>4030</b>		M-50	14	01:53:34	02:58:41	<b>03:34:54.65</b>	<b>03:34:54.65</b>	+01:05:39 (30.5%)	10:14	5.9 (70.2%)
15	<b>DRABIK Jacek</b>	<b>4171</b>		M-50	15	01:55:55	02:57:48	<b>03:35:54.90</b>	<b>03:35:54.90</b>	+01:06:39 (30.9%)	10:16	5.8 (69.0%)
16	<b>STAMM Tomasz</b>	<b>4032</b>		M-50	16	01:51:53	03:00:36	<b>03:41:58.30</b>	<b>03:41:58.30</b>	+01:12:42 (32.8%)	10:34	5.7 (67.9%)
17	<b>LUBICKI Wojciech</b>	<b>4225</b>	DBS	M-50	17	01:51:43	02:57:16	<b>03:42:17.00</b>	<b>03:42:17.00</b>	+01:13:01 (32.9%)	10:35	5.7 (67.9%)
18	<b>POKORNY Tomasz</b>	<b>4075</b>		M-50	18	01:57:32	03:03:45	<b>03:43:28.55</b>	<b>03:43:28.55</b>	+01:14:13 (33.2%)	10:38	5.6 (66.7%)
19	<b>KRZECZKOWSKI Roman</b>	<b>4159</b>	BIEGOWA ŚWIDNICA	M-50	19	02:01:56	03:04:54	<b>03:43:42.80</b>	<b>03:43:42.80</b>	+01:14:27 (33.3%)	10:39	5.6 (66.7%)
20	<b>WOZNIAK Radosław</b>	<b>4097</b>		M-50	20	02:00:15	03:07:40	<b>03:46:26.85</b>	<b>03:46:26.85</b>	+01:17:11 (34.1%)	10:46	5.6 (66.7%)
21	<b>PRZYSMAC Piotr</b>	<b>4174</b>		M-50	21	02:05:59	03:24:33	<b>04:13:09.35</b>	<b>04:13:09.35</b>	+01:43:54 (41.0%)	12:03	5 (59.5%)

Znaleziono 21 wynik(ów)