



KUDOWSKA
SZTAFETA
GÓRSKA

Wydarzenie:
Organizator:
Data:
Miejsce:
Dystans:

Kudowski Festiwal Biegowy
Fundacja MARATONY GÓRSKIE
2024-04-14
Kudowa-Zdrój
21 km

PÓŁMARATON BŁĘDNYCH SKAŁ

B4SPORT

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: OPEN K

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Błędne Skały 10km	Jakubowice 16km	Czas netto 21km	Czas brutto 21km	Różn	Tempo min/km	Tempo km/h
1	FLOREK Katarzyna	4178	AW-SZYBCIEJ-TEAM	K-30	1	01:09:16	01:44:30	02:05:56.50	02:05:56.50		5:59	10 (100%)
2	BUKIEL Justyna	4215	MAPA-TURYSTYCZNA.PL	K-30	2	01:10:30	01:46:34	02:09:34.45	02:09:34.45	+00:03:37 (2.8%)	6:10	9.7 (97.0%)
3	VARENYTSIA Nadiia	4060		K-30	3	01:12:50	01:50:28	02:14:53.15	02:14:53.15	+00:08:56 (6.6%)	6:25	9.3 (93.0%)
4	WOJTKOWIAK Renata	4038	PIĄTKOWO NA BIEGOWO	K-50	1	01:18:05	01:59:39	02:26:21.15	02:26:21.15	+00:20:24 (13.9%)	6:58	8.6 (86.0%)
5	KRAKOWSKA Anna	4023		K-30	4	01:18:53	02:00:08	02:27:43.70	02:27:43.70	+00:21:47 (14.7%)	7:02	8.5 (85.0%)
6	MAZUR Monika	4142	KATCROSS	K-40	1	01:22:46	02:02:21	02:30:40.70	02:30:40.70	+00:24:44 (16.4%)	7:10	8.4 (84.0%)
7	CIEŻ Marcelina	4062		K-30	5	01:24:15	02:03:29	02:31:32.10	02:31:32.10	+00:25:35 (16.9%)	7:12	8.3 (83.0%)
8	ŁUSIAK Katarzyna	4115	KB BIEGACZA	K-30	6	01:23:01	02:02:31	02:31:40.90	02:31:40.90	+00:25:44 (17.0%)	7:13	8.3 (83.0%)
9	GRUDZIEN-JURKOWSKA Malgorzata	4106		K-40	2	01:23:48	02:06:52	02:33:45.65	02:33:45.65	+00:27:49 (18.1%)	7:19	8.2 (82.0%)
10	KSIEZKA Joanna	4160	STRZEGOMSKA12	K-40	3	01:24:59	02:07:52	02:34:07.80	02:34:07.80	+00:28:11 (18.3%)	7:20	8.2 (82.0%)
11	BERG Elwira	4108		K-40	4	01:26:25	02:08:42	02:36:57.45	02:36:57.45	+00:31:00 (19.8%)	7:28	8 (80.0%)
12	JAROSIŃSKA Barbara	4081	BIEGANIE NA ŚNIADANIE	K-30	7	01:26:27	02:09:01	02:38:31.35	02:38:31.35	+00:32:34 (20.6%)	7:32	7.9 (79.0%)

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13	DRAGANEK Ewelina	4084		K-40	5	01:28:33	02:11:59	02:39:59.70	02:39:59.70	+00:34:03 (21.3%)	7:37	7.9 (79.0%)
14	WIĘCEK Maria	4229		K-30	8	01:28:37	02:13:39	02:42:12.90	02:42:12.90	+00:36:16 (22.4%)	7:43	7.8 (78.0%)
15	SKROBAŃSKA Laura	4086	MŁYNARCZYK ENDURANCE TEAM, SKROBKITEAM	K-20	1	01:29:22	02:15:07	02:45:00.00	02:45:00.00	+00:39:03 (23.7%)	7:51	7.6 (76.0%)
16	ŁAMPIKA Kinga	4213	GOOD MOVE	K-40	6	01:27:32	02:14:55	02:45:04.70	02:45:04.70	+00:39:08 (23.7%)	7:51	7.6 (76.0%)
17	SIKORA Malwina	4164		K-20	2	01:32:49	02:18:39	02:47:24.85	02:47:24.85	+00:41:28 (24.8%)	7:58	7.5 (75.0%)
18	PLUTA Kinga	4043		K-20	3	01:30:54	02:18:36	02:49:15.05	02:49:15.05	+00:43:18 (25.6%)	8:03	7.4 (74.0%)
19	NADOBNIK Beata	4133	SPORTOWY KAŻMIERZ	K-50	2	01:30:56	02:19:08	02:49:57.95	02:49:57.95	+00:44:01 (25.9%)	8:05	7.4 (74.0%)
20	SKROBAŃSKA Katarzyna	4014	SKROBKITEAM	K-40	7	01:33:37	02:20:17	02:50:50.00	02:50:50.00	+00:44:53 (26.3%)	8:08	7.4 (74.0%)
21	FRANICA Małgorzata	4206		K-40	8	01:35:19	02:22:25	02:52:13.55	02:52:13.55	+00:46:17 (26.9%)	8:12	7.3 (73.0%)
22	KUBUJ Karolina	4249		K-30	9	01:36:16	02:22:17	02:52:53.00	02:52:53.00	+00:46:56 (27.2%)	8:13	7.3 (73.0%)
23	WĘGRZYNEK Mirka	4192		K-50	3	01:35:05	02:23:56	02:54:13.80	02:54:13.80	+00:48:17 (27.7%)	8:17	7.2 (72.0%)
24	KUKOBNIKAVA Vitaliya	4124	BIEGACZE STU MOSTÓW	K-30	10	01:31:34	02:25:20	02:56:30.95	02:56:30.95	+00:50:34 (28.7%)	8:24	7.1 (71.0%)
25	MAZURKIEWICZ Anna	4128		K-30	11	01:36:05	02:26:26	02:58:26.20	02:58:26.20	+00:52:29 (29.4%)	8:29	7.1 (71.0%)
26	GAJEWSKA Magdalena	4211	MIEDZIOWE TOWARZYSTWO SPORTOWE DRUŻYNA SZPIKU	K-40	9	01:33:51	02:24:00	02:59:52.05	02:59:52.05	+00:53:55 (30.0%)	8:33	7 (70.0%)
27	WAWRZYNIAK Ilona	4185	NORBULLO TEAM	K-40	10	01:36:04	02:28:30	03:00:11.95	03:00:11.95	+00:54:15 (30.1%)	8:34	7 (70.0%)
28	GNIZA Karolina	4099		K-20	4	01:35:32	02:25:55	03:00:19.95	03:00:19.95	+00:54:23 (30.2%)	8:35	7 (70.0%)
29	MARKIEWICZ Joanna Zuza	4033	PRO366	K-40	11	01:36:57	02:27:19	03:00:24.15	03:00:24.15	+00:54:27 (30.2%)	8:35	7 (70.0%)
30	KRYSTKOWIAK Klaudia	4027	#BIEGAJLESZNO	K-30	12	01:37:00	02:28:37	03:01:30.50	03:01:30.50	+00:55:34 (30.6%)	8:38	6.9 (69.0%)
31	ROSZAK Karolina	4258	KAROLINKA	K-30	13	01:38:38	02:29:39	03:01:56.25	03:01:56.25	+00:55:59 (30.8%)	8:39	6.9 (69.0%)
32	DOWNAR-ZAPOLSKA Laura	4239	MD RUN	K-30	14	01:39:53	02:29:36	03:02:54.25	03:02:54.25	+00:56:57 (31.1%)	8:42	6.9 (69.0%)
33	DOWNAR-ZAPOLSKA Rita	4240	MD RUN	K-50	4	01:39:54	02:29:37	03:02:54.45	03:02:54.45	+00:56:57 (31.1%)	8:42	6.9 (69.0%)
34	STAMM Paulina	4165		K-50	5	01:37:19	02:31:15	03:04:51.85	03:04:51.85	+00:58:55 (31.9%)	8:48	6.8 (68.0%)
35	ŁUKIEWICZ Agnieszka	4021	AUTOLIV RUN TEAM	K-40	12	01:39:48	02:32:16	03:05:08.20	03:05:08.20	+00:59:11 (32.0%)	8:48	6.8 (68.0%)

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36	ŚMIECHOWSKA Małgorzata	4095		K-40	13	01:38:34	02:31:55	03:05:17.95	03:05:17.95	+00:59:21 (32.0%)	8:49	6.8 (68.0%)
37	KWIATKOWSKA Marta	4044		K-40	14	01:36:07	02:29:23	03:05:32.00	03:05:32.00	+00:59:35 (32.1%)	8:50	6.8 (68.0%)
38	SAJNÓG Justyna	4097	#BIEGAJLESZNO	K-40	15	01:38:39	02:32:18	03:06:13.75	03:06:13.75	+01:00:17 (32.4%)	8:52	6.8 (68.0%)
39	PYREK Iwona	4032		K-40	16	01:39:55	02:33:56	03:09:13.15	03:09:13.15	+01:03:16 (33.4%)	9:00	6.7 (67.0%)
40	KAMIŃSKA Krystyna	4018		K-50	6	01:38:04	02:34:27	03:09:27.15	03:09:27.15	+01:03:30 (33.5%)	9:01	6.7 (67.0%)
41	GIDASZEWSKA Jolanta	4016	GIDAŚ TEAM	K-40	17	01:39:47	02:35:56	03:09:40.65	03:09:40.65	+01:03:44 (33.6%)	9:01	6.6 (66.0%)
42	KUCZYŃSKA Ada	4012	DRUŻYNA SZPIKU	K-30	15	01:41:11	02:34:03	03:10:07.40	03:10:07.40	+01:04:10 (33.8%)	9:03	6.6 (66.0%)
43	WRÓBEL Kamila	4149	ASICS FRONTRUNNER	K-30	16	01:39:51	02:34:51	03:10:11.70	03:10:11.70	+01:04:15 (33.8%)	9:03	6.6 (66.0%)
44	CZECH Dorota	4139	ASICS FRONTRUNNER POLAND	K-40	18	01:39:49	02:35:01	03:10:11.75	03:10:11.75	+01:04:15 (33.8%)	9:03	6.6 (66.0%)
45	SZWARGOT Marta	4131	SPORTOWY KAŻMIERZ	K-30	17	01:41:40	02:36:42	03:11:16.80	03:11:16.80	+01:05:20 (34.2%)	9:06	6.6 (66.0%)
46	FURGAŁ-ŻUREK Joanna	4092		K-40	19	01:44:56	02:37:36	03:11:47.45	03:11:47.45	+01:05:50 (34.3%)	9:07	6.6 (66.0%)
47	BULLERT Agnieszka	4253	KAROLINKA	K-30	18	01:43:29	02:38:28	03:14:51.75	03:14:51.75	+01:08:55 (35.4%)	9:16	6.5 (65.0%)
48	WIĄCKIEWICZ Ewa	4171	BBL	K-40	20	01:41:42	02:39:20	03:16:53.35	03:16:53.35	+01:10:56 (36.0%)	9:22	6.4 (64.0%)
49	HOŃKA Aneta	4176	DYCZUŚ TEAM	K-40	21	01:40:59	02:39:22	03:16:59.55	03:16:59.55	+01:11:03 (36.1%)	9:22	6.4 (64.0%)
50	KOZŁOWSKA Magdalena	4174	RUNNERS KONIN	K-40	22	01:44:04	02:42:34	03:19:12.15	03:19:12.15	+01:13:15 (36.8%)	9:29	6.3 (63.0%)
51	WUDECKA Beata	4256		K-50	7	01:41:01	02:38:25	03:20:08.50	03:20:08.50	+01:14:12 (37.1%)	9:31	6.3 (63.0%)
52	BURA Karolina	4028	#BIEGAJLESZNO	K-40	23	01:45:40	02:43:44	03:22:25.30	03:22:25.30	+01:16:28 (37.8%)	9:38	6.2 (62.0%)
53	KRZYWIECKA Beata	4163		K-50	8	01:44:58	02:45:03	03:24:07.75	03:24:07.75	+01:18:11 (38.3%)	9:43	6.2 (62.0%)
54	MARCINIAK Irmína	4088	BIEGANIE NA ŚNIADANIE	K-40	24	01:54:20	02:52:28	03:29:37.55	03:29:37.55	+01:23:41 (39.9%)	9:58	6 (60.0%)
55	APANOVA Ekaterina	4235		K-30	19	01:44:55	02:51:00	03:29:55.95	03:29:55.95	+01:23:59 (40.0%)	9:59	6 (60.0%)
56	NOWAK - KASPRZAK Anna	4222		K-30	20	01:49:45	02:52:54	03:33:30.45	03:33:30.45	+01:27:33 (41.0%)	10:10	5.9 (59.0%)
57	RÓŻAŃSKA Magdalena	4037		K-40	25	01:58:39	02:57:17	03:34:24.90	03:34:24.90	+01:28:28 (41.3%)	10:12	5.9 (59.0%)
58	BIEŃKOWSKA Magdalena	4216		K-30	21	01:50:29	02:55:33	03:35:37.45	03:35:37.45	+01:29:40 (41.6%)	10:16	5.8 (58.0%)

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59	MISIAK Ula	4224		K-30	22	01:49:00	02:55:08	03:36:56.65	03:36:56.65	+01:31:00 (41.9%)	10:19	5.8 (58.0%)
60	KLEDECKA Agata	4006	POINT EN ROUTE	K-20	5	01:48:21	03:05:13	03:45:15.75	03:45:15.75	+01:39:19 (44.1%)	10:43	5.6 (56.0%)
61	VAN KESSEL - PALUSZKIEWICZ Monika	4050	MAĆKOWIAK TEAM NL	K-50	9	01:57:31	03:06:01	03:49:14.40	03:49:14.40	+01:43:17 (45.1%)	10:54	5.5 (55.0%)
62	LEERS Joyce	4051	MAĆKOWIAK TEAM NL	K-40	26	01:57:32	03:06:02	03:49:14.50	03:49:14.50	+01:43:18 (45.1%)	10:54	5.5 (55.0%)
63	KRAJEWSKA Irminda	4040		K-30	23	02:02:10	03:10:21	03:53:08.60	03:53:08.60	+01:47:12 (46.0%)	11:06	5.4 (54.0%)
64	INOROWICZ Joanna	4158		K-40	27	01:57:33	03:13:57	03:56:11.35	03:56:11.35	+01:50:14 (46.7%)	11:14	5.3 (53.0%)
64	FIKSA Kasia	4191	BIEGACZE ŚCIEMNIACZE	K-40	27	01:58:27	03:13:57	03:56:11.35	03:56:11.35	+01:50:14 (46.7%)	11:14	5.3 (53.0%)
66	LETZA Roksana	4054		K-40	29	02:00:45	03:10:18	03:58:14.70	03:58:14.70	+01:52:18 (47.1%)	11:20	5.3 (53.0%)
67	NADOLNA Karina	4055	RUN TEAM RYDZYNA	K-40	30	02:00:48	03:10:17	03:58:14.80	03:58:14.80	+01:52:18 (47.1%)	11:20	5.3 (53.0%)
68	FLACZYŃSKA Aldona	4130	ŻÓŁWICE W BIEGU	K-40	31	01:47:56	03:20:59	04:20:33.15	04:20:33.15	+02:14:36 (51.7%)	12:24	4.8 (48.0%)
69	SADŁOWSKA Milena	4220		K-30	24	01:48:01	03:44:02	04:24:43.45	04:24:43.45	+02:18:46 (52.4%)	12:36	4.8 (48.0%)
70	ZBORALSKA Justyna	4109		K-40	32	02:24:21	03:43:49	04:33:49.40	04:33:49.40	+02:27:52 (54.0%)	13:02	4.6 (46.0%)
71	STAJER Edyta	4046		K-50	10	02:04:06		04:42:28.50	04:42:28.50	+02:36:32 (55.4%)	13:27	4.5 (45.0%)

Znaleziono 71 wynik(ów)