



**SUPERMARATON
GÓR
STOŁOWYCH**

PÓLMARATON GÓR STOŁOWYCH 2017

B4SPORT

Wydarzenie:
Organizator:
Data:
Miejsce:
Dystans:

Maraton Gór Stołowych
Stowarzyszenie TKKF Kompas
2017-07-02
Pasterka
21 km

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: K-30

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Parking 7km	Skaly 14km	Czas netto 21km	Czas brutto 21km	Różn	Tempo min/km	Tempo km/h
1	MIŚTAK Jola	49	OŁAWSKA GRUPA BIEGOWA	K-30	1	00:51:27	01:33:53	02:16:50.15	02:16:53.70		6:30	9.2 (100%)
2	GOLICZ Aleksandra	110	ATRA	K-30	2	00:51:23	01:34:56	02:19:37.95	02:19:44.10	+00:02:50 (2.0%)	6:38	9 (97.8%)
3	BAŁYS Katarzyna	256		K-30	3	00:56:30	01:42:48	02:33:08.00	02:33:08.00	+00:16:14 (10.6%)	7:17	8.2 (89.1%)
4	KUBIŃSKA Magdalena	206		K-30	4	00:55:34	01:41:58	02:31:25.50	02:33:26.50	+00:16:32 (10.8%)	7:12	8.3 (90.2%)
5	KRZYSZTOŃ Eliza	257		K-30	5	00:58:03	01:45:12	02:34:16.85	02:34:23.20	+00:17:29 (11.3%)	7:20	8.2 (89.1%)
6	GAWLIK Jadwiga	193	NYSA BIEGA	K-30	6	00:59:56	01:49:16	02:43:24.25	02:43:32.40	+00:26:38 (16.3%)	7:46	7.7 (83.7%)
7	GAWIŃSKA Magda	181		K-30	7	01:01:42	01:52:04	02:47:20.40	02:47:28.25	+00:30:34 (18.3%)	7:58	7.5 (81.5%)
8	VON OSSOWSKA Aleksandra	210	TJ	K-30	8	01:05:25	01:56:32	02:51:29.35	02:51:43.30	+00:34:49 (20.3%)	8:10	7.3 (79.3%)
9	WAŁACH-BIŚTA Zuza	231		K-30	9	01:06:44	01:59:38	02:56:15.85	02:56:24.95	+00:39:31 (22.4%)	8:23	7.1 (77.2%)
10	ŁUKOWIEC Marlena	15	KRZYWDA TEAM	K-30	10	01:06:22	02:01:59	02:59:24.05	02:59:28.55	+00:42:34 (23.7%)	8:32	7 (76.1%)
11	BLACHA Agata	169		K-30	11	01:07:17	02:02:52	03:01:30.20	03:01:37.30	+00:44:43 (24.6%)	8:38	6.9 (75.0%)
12	RATAJ Zuzanna	249	POLONIA BYDGOSZCZ SLA / KOBIETY BIEGAJĄ	K-30	12	01:10:21	02:06:29	03:06:20.00	03:06:29.90	+00:49:36 (26.6%)	8:52	6.8 (73.9%)
13	MAŃKOWSKA Anna	134	DRUŻYNA WILKA	K-30	13	01:09:07	02:05:19	03:06:33.55	03:06:48.10	+00:49:54 (26.7%)	8:53	6.8 (73.9%)
14	SAWICKA Agnieszka	212	DELOITTE ADVENTURE TEAM	K-30	14	01:10:15	02:09:46	03:09:27.15	03:09:41.10	+00:52:47 (27.8%)	9:01	6.7 (72.8%)
15	EWERT-KRZEMIENIEWSKA Katarzyna	75		K-30	15	01:10:48	02:07:50	03:09:54.20	03:10:09.75	+00:53:16 (28.0%)	9:02	6.6 (71.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Parking 7km	Skaly 14km	Czas netto 21km	Czas brutto 21km	Różn	Tempo min/km	Tempo km/h
16	ZAUCHA Marta	88	KŁODZKO PRZYTWIERDZA BIEGANIE	K-30	16	01:14:14	02:13:50	03:17:17.75	03:17:23.30	+01:00:29 (30.6%)	9:23	6.4 (69.6%)
17	ORZECHOWSKA Karolina	251	I-SPORT	K-30	17	01:12:42	02:11:56	03:18:29.45	03:18:49.25	+01:01:55 (31.1%)	9:27	6.3 (68.5%)
18	ŻRÓDLEWSKA Anna	247	NIGHT RUNNERS	K-30	18	01:11:46	02:14:53	03:18:54.60	03:19:26.90	+01:02:33 (31.4%)	9:28	6.3 (68.5%)
19	BŁĘDKOWSKA Katarzyna	48		K-30	19	01:14:11	02:16:07	03:23:49.20	03:23:56.40	+01:07:02 (32.9%)	9:42	6.2 (67.4%)
20	PAJĄCZEK Dominika	225		K-30	20	01:15:07	02:18:02	03:27:29.20	03:27:35.35	+01:10:41 (34.1%)	9:52	6.1 (66.3%)
21	NOWAK Justyna	95	OBORYGENI	K-30	21	01:13:34	02:18:19	03:30:19.60	03:30:30.20	+01:13:36 (35.0%)	10:00	6 (65.2%)
22	SPECHT Karolina	146	BBL SKRA	K-30	22	01:16:22	02:21:57	03:32:43.55	03:33:07.75	+01:16:14 (35.8%)	10:07	5.9 (64.1%)
23	SIEDY Jadwiga	213		K-30	23	01:23:55	02:27:44	03:37:59.45	03:38:25.20	+01:21:31 (37.3%)	10:22	5.8 (63.0%)
24	KAŻMIERCZAK Magdalena	119	SUPERMARATON KALISZ	K-30	24	01:23:12	02:29:16	03:38:15.80	03:38:34.05	+01:21:40 (37.4%)	10:23	5.8 (63.0%)
25	KAMIENNIK Aleksandra	176		K-30	25	01:22:31	02:27:32	03:37:11.40	03:39:12.40	+01:22:18 (37.5%)	10:20	5.8 (63.0%)
26	CHAN Bernadette	173		K-30	26	01:22:20	02:32:32	03:41:25.35	03:41:36.55	+01:24:42 (38.2%)	10:32	5.7 (62.0%)
27	ZAWADZKA-WASIURA Joanna	160		K-30	27	01:23:01	02:31:23	03:43:23.10	03:43:43.50	+01:26:49 (38.8%)	10:38	5.6 (60.9%)
28	TRYBALSKA Irmina	128		K-30	28	01:25:38	02:30:53	03:44:58.90	03:45:25.25	+01:28:31 (39.3%)	10:42	5.6 (60.9%)
29	FRAŃCZAK Magdalena	144		K-30	29	01:27:40	02:38:03	03:56:18.15	03:56:37.80	+01:39:44 (42.1%)	11:15	5.3 (57.6%)
30	WALCZYŃSKA Karolina	190	URODZENI BIEGACZE WWW.BORNRUNNERS.PL	K-30	30	01:29:23	02:38:45	03:56:47.75	03:57:03.10	+01:40:09 (42.3%)	11:16	5.3 (57.6%)
31	RAJZER Dominika	12	BODYKINETIC	K-30	31	01:29:30	02:47:38	04:20:15.65	04:20:25.80	+02:03:32 (47.4%)	12:23	4.8 (52.2%)
32	STOŁOWSKA Natalia	78		K-30	32	01:39:48	03:02:36	04:26:31.60	04:26:48.50	+02:09:54 (48.7%)	12:41	4.7 (51.1%)
33	KOTOWSKA-KOWALSKA Anna	179	GORZEŃ RUN	K-30	33	01:36:48	02:57:33	04:28:46.30	04:28:56.80	+02:12:03 (49.1%)	12:47	4.7 (51.1%)
	PASIEKA Magda	76		K-30		DNF	DNF	DNF	DNF		-	- (0.0%)

Znaleziono 34 wynik(ów)