



# PÓLMARATON GÓR STOŁOWYCH 2017

B4SPORT

**Wydarzenie:** Maraton Gór Stołowych  
**Organizator:** Stowarzyszenie TKKF Kompas  
**Data:** 2017-07-02  
**Miejsce:** Pasterka  
**Dystans:** 21 km

**B4SPORT**  
 INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: K-40

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Parking 7km	Skaly 14km	Czas netto 21km	Czas brutto 21km	Różn	Tempo min/km	Tempo km/h
1	KOSINSKA Bozena	20		K-40	1	01:06:52	02:00:40	02:58:25.10	02:58:27.20		8:29	7.1 (100%)
2	KWIATKOWSKA Zuzanna	104		K-40	2	01:10:30	02:06:10	03:08:41.45	03:08:54.65	+00:10:27 (5.5%)	8:59	6.7 (94.4%)
3	JAWORSKA Magdalena	72	GB WIELKOPOLSCY BIEGACZE	K-40	3	01:12:45	02:09:32	03:12:06.65	03:12:20.85	+00:13:53 (7.2%)	9:08	6.6 (93.0%)
4	BOROWICZ Beata	13	KWP WROCŁAW	K-40	4	01:12:19	02:11:02	03:17:49.55	03:17:56.65	+00:19:29 (9.8%)	9:25	6.4 (90.1%)
5	WESOŁOWSKA Joanna	232		K-40	5	01:13:26	02:12:08	03:19:03.75	03:19:14.40	+00:20:47 (10.4%)	9:28	6.3 (88.7%)
6	HAŁADEWICZ Anna	22	KARKONOSZ RUNNING TEAM SZKLARSKA PORĘBA	K-40	6	01:13:53	02:16:07	03:23:49.00	03:23:56.40	+00:25:29 (12.5%)	9:42	6.2 (87.3%)
7	MARCINKIEWICZ Marta	10	MATNER RUNNING TEAM	K-40	7	01:18:02	02:21:38	03:26:27.30	03:26:41.55	+00:28:14 (13.7%)	9:49	6.1 (85.9%)
8	GNIADK Gosia	122	DABEX BOLT	K-40	8	01:16:57	02:21:24	03:28:11.10	03:28:21.30	+00:29:54 (14.4%)	9:54	6.1 (85.9%)
9	BARAŃSKA Małgorzata	54	BBL OPOLE	K-40	9	01:18:46	02:21:26	03:30:00.65	03:30:09.40	+00:31:42 (15.1%)	10:00	6 (84.5%)
10	SOKOŁOWSKA Aneta	46		K-40	10	01:12:10	02:18:03	03:33:12.20	03:33:15.30	+00:34:48 (16.3%)	10:09	5.9 (83.1%)
11	WOJTCZAK Małgorzata	94		K-40	11	01:21:00	02:22:39	03:33:13.60	03:33:36.20	+00:35:09 (16.5%)	10:09	5.9 (83.1%)
12	LUBAŃSKA Alicja	43		K-40	12	01:14:22	02:20:08	03:34:16.90	03:34:20.45	+00:35:53 (16.7%)	10:12	5.9 (83.1%)
13	MISZCZYK Magdalena	239	AKTYWNE BESKIDY	K-40	13	01:20:44	02:29:07	03:43:55.50	03:44:06.95	+00:45:39 (20.4%)	10:39	5.6 (78.9%)
14	ZIEMKOWSKA Monika	87	BIEGOLUDKI	K-40	14	01:23:24	02:34:03	03:46:20.90	03:46:26.15	+00:47:58 (21.2%)	10:46	5.6 (78.9%)
15	JANICKA Justyna	14	RUNSKI	K-40	15	01:27:36	02:38:23	03:50:17.00	03:50:32.35	+00:52:05 (22.6%)	10:57	5.5 (77.5%)

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16	<b>BERNAS-KUJAWIŃSKA Magdalena</b>	<b>90</b>		K-40	16	01:22:28	02:33:47	<b>03:53:21.25</b>	<b>03:53:43.30</b>	+00:55:16 (23.6%)	11:06	5.4 (76.1%)
17	<b>JEDNORÓG Dorota</b>	<b>83</b>	KB LUPUS	K-40	17	01:25:15	02:32:56	<b>03:56:39.05</b>	<b>03:57:02.15</b>	+00:58:34 (24.7%)	11:16	5.3 (74.6%)
18	<b>NADOLSKA Ania</b>	<b>137</b>		K-40	18	01:26:36	02:42:50	<b>04:03:12.40</b>	<b>04:03:21.75</b>	+01:04:54 (26.7%)	11:34	5.2 (73.2%)
19	<b>PAWŁOWSKA Danuta</b>	<b>89</b>		K-40	19	01:44:43	03:16:44	<b>04:56:43.55</b>	<b>04:56:49.75</b>	+01:58:22 (39.9%)	14:07	4.2 (59.2%)

Znaleziono 19 wynik(ów)