



**SUPERMARATON
GÓR
STOŁOWYCH**

PÓŁMARATON GÓR STOŁOWYCH 2017

B4SPORT

Wydarzenie: Maraton Gór Stołowych
Organizator: Stowarzyszenie TKKF Kompas
Data: 2017-07-02
Miejsce: Pasterka
Dystans: 21 km

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: OPEN KOBIEC

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Parking 7km	Skaly 14km	Czas netto 21km	Czas brutto 21km	Różn	Tempo min/km	Tempo km/h
1	KOZIELSKA Magdalena	254	DYNAFIT TEAM	K-20	1	00:42:20	01:18:48	01:57:21.95	01:57:24.15		5:35	10.7 (100%)
2	KANTOR Martyna	260	SALCO GARMIN TEAM	K-20	2	00:45:00	01:23:07	02:02:13.45	02:02:15.85	+00:04:51 (4.0%)	5:49	10.3 (96.3%)
3	WIŚNIEWSKA Martyna	224	ADIDAS RUNNERS WARSAW	K-20	3	00:49:23	01:31:03	02:13:49.15	02:13:51.95	+00:16:27 (12.3%)	6:22	9.4 (87.9%)
4	MIŚTAK Jola	49	OŁAWSKA GRUPA BIEGOWA	K-30	1	00:51:27	01:33:53	02:16:50.15	02:16:53.70	+00:19:29 (14.2%)	6:30	9.2 (86.0%)
5	GOLICZ Aleksandra	110	ATRA	K-30	2	00:51:23	01:34:56	02:19:37.95	02:19:44.10	+00:22:19 (16.0%)	6:38	9 (84.1%)
6	GRZYWACZEWSKA Justyna	223	CITY TRAIL TEAM	K-20	4	00:50:41	01:34:53	02:23:09.30	02:23:11.20	+00:25:47 (18.0%)	6:49	8.8 (82.2%)
7	BAŁYS Katarzyna	256		K-30	3	00:56:30	01:42:48	02:33:08.00	02:33:08.00	+00:35:43 (23.3%)	7:17	8.2 (76.6%)
8	KUBIŃSKA Magdalena	206		K-30	4	00:55:34	01:41:58	02:31:25.50	02:33:26.50	+00:36:02 (23.5%)	7:12	8.3 (77.6%)
9	KRZYSZTOŃ Eliza	257		K-30	5	00:58:03	01:45:12	02:34:16.85	02:34:23.20	+00:36:59 (24.0%)	7:20	8.2 (76.6%)
10	BAZAN Anna	115		K-20	5	00:56:23	01:42:33	02:35:29.60	02:35:34.75	+00:38:10 (24.5%)	7:24	8.1 (75.7%)
11	GAWLIK Jadwiga	193	NYSA BIEGA	K-30	6	00:59:56	01:49:16	02:43:24.25	02:43:32.40	+00:46:08 (28.2%)	7:46	7.7 (72.0%)
12	GAWIŃSKA Magda	181		K-30	7	01:01:42	01:52:04	02:47:20.40	02:47:28.25	+00:50:04 (29.9%)	7:58	7.5 (70.1%)
13	CIOBAN Dominika	37	PRZEMYSKI KLUB BIEGACZA	K-20	6	01:00:33	01:53:29	02:50:48.70	02:50:52.15	+00:53:28 (31.3%)	8:08	7.4 (69.2%)
14	VON OSSOWSKA Aleksandra	210	TJ	K-30	8	01:05:25	01:56:32	02:51:29.35	02:51:43.30	+00:54:19 (31.6%)	8:10	7.3 (68.2%)
15	KĄKOL Klaudia	264	RUNSKI	K-20	7	01:08:35	01:59:56	02:54:52.00	02:55:07.50	+00:57:43 (33.0%)	8:19	7.2 (67.3%)

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16	WAŁACH-BIŚTA Zuza	231		K-30	9	01:06:44	01:59:38	02:56:15.85	02:56:24.95	+00:59:00 (33.5%)	8:23	7.1 (66.4%)
17	WOLFF-STEFANIAK Maria	182		K-20	8	01:05:29	01:59:35	02:56:46.80	02:56:49.50	+00:59:25 (33.6%)	8:25	7.1 (66.4%)
18	KOSINSKA Bozena	20		K-40	1	01:06:52	02:00:40	02:58:25.10	02:58:27.20	+01:01:03 (34.2%)	8:29	7.1 (66.4%)
19	ŁUKOWIEC Marlena	15	KRZYWDA TEAM	K-30	10	01:06:22	02:01:59	02:59:24.05	02:59:28.55	+01:02:04 (34.6%)	8:32	7 (65.4%)
20	ULIKOWSKA Martyna	269	ZAŁOGA GÓRSKA	K-20	9	01:07:01	02:01:38	03:00:22.80	03:00:41.95	+01:03:17 (35.0%)	8:35	7 (65.4%)
21	BLACHA Agata	169		K-30	11	01:07:17	02:02:52	03:01:30.20	03:01:37.30	+01:04:13 (35.4%)	8:38	6.9 (64.5%)
22	RATAJ Zuzanna	249	POLONIA BYDGOSZCZ SLA / KOBIETY BIEGAJĄ	K-30	12	01:10:21	02:06:29	03:06:20.00	03:06:29.90	+01:09:05 (37.0%)	8:52	6.8 (63.6%)
23	KAŁUŻNA Joanna	130		K-50	1	01:06:48	02:03:25	03:06:41.20	03:06:43.70	+01:09:19 (37.1%)	8:53	6.7 (62.6%)
24	MAŃKOWSKA Anna	134	DRUŻYNA WILKA	K-30	13	01:09:07	02:05:19	03:06:33.55	03:06:48.10	+01:09:23 (37.2%)	8:53	6.8 (63.6%)
25	KWIATKOWSKA Zuzanna	104		K-40	2	01:10:30	02:06:10	03:08:41.45	03:08:54.65	+01:11:30 (37.9%)	8:59	6.7 (62.6%)
26	SAWICKA Agnieszka	212	DELOITTE ADVENTURE TEAM	K-30	14	01:10:15	02:09:46	03:09:27.15	03:09:41.10	+01:12:16 (38.1%)	9:01	6.7 (62.6%)
27	EWERT-KRZEMIENIEWSKA Katarzyna	75		K-30	15	01:10:48	02:07:50	03:09:54.20	03:10:09.75	+01:12:45 (38.3%)	9:02	6.6 (61.7%)
28	JAWORSKA Magdalena	72	GB WIELKOPOLSCY BIEGACZE	K-40	3	01:12:45	02:09:32	03:12:06.65	03:12:20.85	+01:14:56 (39.0%)	9:08	6.6 (61.7%)
29	ZAUCHA Marta	88	KŁODZKO PRZYTWIERDZA BIEGANIE	K-30	16	01:14:14	02:13:50	03:17:17.75	03:17:23.30	+01:19:59 (40.5%)	9:23	6.4 (59.8%)
30	BOROWICZ Beata	13	KWP WROCŁAW	K-40	4	01:12:19	02:11:02	03:17:49.55	03:17:56.65	+01:20:32 (40.7%)	9:25	6.4 (59.8%)
31	MAĆZKA Krystyna	255	OTK RZEŹNIK	K-60	1	01:14:41	02:15:24	03:18:31.70	03:18:40.75	+01:21:16 (40.9%)	9:27	6.3 (58.9%)
32	ORZECZOWSKA Karolina	251	I-SPORT	K-30	17	01:12:42	02:11:56	03:18:29.45	03:18:49.25	+01:21:25 (41.0%)	9:27	6.3 (58.9%)
33	PIECUCH Małgorzata	18	PRZEWORSKA GRUPA BIEGOWA	K-50	2	01:14:32	02:14:29	03:19:02.55	03:19:10.15	+01:21:46 (41.1%)	9:28	6.3 (58.9%)
34	WESOŁOWSKA Joanna	232		K-40	5	01:13:26	02:12:08	03:19:03.75	03:19:14.40	+01:21:50 (41.1%)	9:28	6.3 (58.9%)
35	ŻRÓDLEWSKA Anna	247	NIGHT RUNNERS	K-30	18	01:11:46	02:14:53	03:18:54.60	03:19:26.90	+01:22:02 (41.1%)	9:28	6.3 (58.9%)
36	HAŁADEWICZ Anna	22	KARKONOSZ RUNNING TEAM SZKLARSKA PORĘBA	K-40	6	01:13:53	02:16:07	03:23:49.00	03:23:56.40	+01:26:32 (42.4%)	9:42	6.2 (57.9%)
36	BŁĘDKOWSKA Katarzyna	48		K-30	19	01:14:11	02:16:07	03:23:49.20	03:23:56.40	+01:26:32 (42.4%)	9:42	6.2 (57.9%)
38	SAMOJLUK- ŚLUSARSKA Bożena	1		K-50	3	01:12:05	02:12:12	03:26:31.70	03:26:40.00	+01:29:15 (43.2%)	9:50	6.1 (57.0%)

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39	MARCINKIEWICZ Marta	10	MATNER RUNNING TEAM	K-40	7	01:18:02	02:21:38	03:26:27.30	03:26:41.55	+01:29:17 (43.2%)	9:49	6.1 (57.0%)
40	POLUKORD Asia	227	CHOJNA	K-20	10	01:15:16	02:19:05	03:26:39.65	03:26:43.25	+01:29:19 (43.2%)	9:50	6.1 (57.0%)
41	PAJĄCZEK Dominika	225		K-30	20	01:15:07	02:18:02	03:27:29.20	03:27:35.35	+01:30:11 (43.4%)	9:52	6.1 (57.0%)
42	GNIADEK Gosia	122	DABEX BOLT	K-40	8	01:16:57	02:21:24	03:28:11.10	03:28:21.30	+01:30:57 (43.7%)	9:54	6.1 (57.0%)
43	MAJEWSKA Anna	5	AKG	K-20	11	01:17:57	02:20:31	03:29:34.35	03:29:58.25	+01:32:34 (44.1%)	9:58	6 (56.1%)
44	BARAŃSKA Małgorzata	54	BBL OPOLE	K-40	9	01:18:46	02:21:26	03:30:00.65	03:30:09.40	+01:32:45 (44.1%)	10:00	6 (56.1%)
45	NOWAK Justyna	95	OBORYGENI	K-30	21	01:13:34	02:18:19	03:30:19.60	03:30:30.20	+01:33:06 (44.2%)	10:00	6 (56.1%)
46	KRAWCZYK Kamila	135		K-20	12	01:13:39	02:18:19	03:30:30.10	03:30:34.45	+01:33:10 (44.2%)	10:01	6 (56.1%)
47	SPECHT Karolina	146	BBL SKRA	K-30	22	01:16:22	02:21:57	03:32:43.55	03:33:07.75	+01:35:43 (44.9%)	10:07	5.9 (55.1%)
48	SOKOLOWSKA Aneta	46		K-40	10	01:12:10	02:18:03	03:33:12.20	03:33:15.30	+01:35:51 (44.9%)	10:09	5.9 (55.1%)
49	WOJTCZAK Małgorzata	94		K-40	11	01:21:00	02:22:39	03:33:13.60	03:33:36.20	+01:36:12 (45.0%)	10:09	5.9 (55.1%)
50	LUBAŃSKA Alicja	43		K-40	12	01:14:22	02:20:08	03:34:16.90	03:34:20.45	+01:36:56 (45.2%)	10:12	5.9 (55.1%)
51	SIEDY Jadwiga	213		K-30	23	01:23:55	02:27:44	03:37:59.45	03:38:25.20	+01:41:01 (46.2%)	10:22	5.8 (54.2%)
52	KAŻMIERCZAK Magdalena	119	SUPERMARATON KALISZ	K-30	24	01:23:12	02:29:16	03:38:15.80	03:38:34.05	+01:41:09 (46.3%)	10:23	5.8 (54.2%)
53	KAMIENNIK Aleksandra	176		K-30	25	01:22:31	02:27:32	03:37:11.40	03:39:12.40	+01:41:48 (46.4%)	10:20	5.8 (54.2%)
54	BANAŚ Zaneta	50		K-20	13	01:21:47	02:31:04	03:40:44.10	03:40:55.30	+01:43:31 (46.9%)	10:30	5.7 (53.3%)
55	CHAN Bernadette	173		K-30	26	01:22:20	02:32:32	03:41:25.35	03:41:36.55	+01:44:12 (47.0%)	10:32	5.7 (53.3%)
56	ZAWADZKA-WASIURA Joanna	160		K-30	27	01:23:01	02:31:23	03:43:23.10	03:43:43.50	+01:46:19 (47.5%)	10:38	5.6 (52.3%)
57	MISZCZYK Magdalena	239	AKTYWNE BESKIDY	K-40	13	01:20:44	02:29:07	03:43:55.50	03:44:06.95	+01:46:42 (47.6%)	10:39	5.6 (52.3%)
58	TRYBALSKA Irmína	128		K-30	28	01:25:38	02:30:53	03:44:58.90	03:45:25.25	+01:48:01 (47.9%)	10:42	5.6 (52.3%)
59	ZIEMKOWSKA Monika	87	BIEGOLUDKI	K-40	14	01:23:24	02:34:03	03:46:20.90	03:46:26.15	+01:49:02 (48.2%)	10:46	5.6 (52.3%)
60	JANICKA Justyna	14	RUNSKI	K-40	15	01:27:36	02:38:23	03:50:17.00	03:50:32.35	+01:53:08 (49.1%)	10:57	5.5 (51.4%)
61	BERNAS-KUJAWIŃSKA Magdalena	90		K-40	16	01:22:28	02:33:47	03:53:21.25	03:53:43.30	+01:56:19 (49.8%)	11:06	5.4 (50.5%)

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62	FRĄCZAK Magdalena	144		K-30	29	01:27:40	02:38:03	03:56:18.15	03:56:37.80	+01:59:13 (50.4%)	11:15	5.3 (49.5%)
63	JEDNORÓG Dorota	83	KB LUPUS	K-40	17	01:25:15	02:32:56	03:56:39.05	03:57:02.15	+01:59:38 (50.5%)	11:16	5.3 (49.5%)
64	WALCZYŃSKA Karolina	190	URODZENI BIEGACZE WWW.BORNRUNNERS.PL	K-30	30	01:29:23	02:38:45	03:56:47.75	03:57:03.10	+01:59:38 (50.5%)	11:16	5.3 (49.5%)
65	NADOLSKA Ania	137		K-40	18	01:26:36	02:42:50	04:03:12.40	04:03:21.75	+02:05:57 (51.8%)	11:34	5.2 (48.6%)
66	RAJZER Dominika	12	BODYKINETIC	K-30	31	01:29:30	02:47:38	04:20:15.65	04:20:25.80	+02:23:01 (54.9%)	12:23	4.8 (44.9%)
67	STOŁOWSKA Natalia	78		K-30	32	01:39:48	03:02:36	04:26:31.60	04:26:48.50	+02:29:24 (56.0%)	12:41	4.7 (43.9%)
68	KOTYSZ Katarzyna	71	BBL OPOLE	K-50	4	01:32:46	02:56:15	04:28:23.55	04:28:43.55	+02:31:19 (56.3%)	12:46	4.7 (43.9%)
69	KOTOWSKA-KOWALSKA Anna	179	GORZEŃ RUN	K-30	33	01:36:48	02:57:33	04:28:46.30	04:28:56.80	+02:31:32 (56.3%)	12:47	4.7 (43.9%)
70	DORDZIK Małgorzata	30		K-50	5	01:31:43	02:56:11	04:29:53.05	04:30:18.25	+02:32:54 (56.6%)	12:51	4.7 (43.9%)
71	PAWŁOWSKA Danuta	89		K-40	19	01:44:43	03:16:44	04:56:43.55	04:56:49.75	+02:59:25 (60.4%)	14:07	4.2 (39.3%)
	PASIEKA Magda	76		K-30		DNF	DNF	DNF	DNF		-	- (0.0%)

Znaleziono 72 wynik(ów)