



PÓLMARATON GÓR STOŁOWYCH 2018

B4SPORT

Wydarzenie: Maraton Gór Stołowych 2018
Organizator: Fundacja Maratony Górskie
Data: 2018-07-01
Miejsce: Kartów
Dystans: 21 km

B4SPORT
 INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: K-30

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Parking 7km	Skaly 14km	Czas netto 21km	Czas brutto 21km	Różn	Tempo min/km	Tempo km/h
1	GOMOŁYSEK Kinga	147	MATNER RUNNING TEAM	K-30	1	00:45:41	01:26:32	02:11:13.90	02:11:16.75		6:14	9.6 (100%)
2	BAZAN Anna	91		K-30	2	00:52:40	01:39:01	02:25:13.30	02:25:17.40	+00:14:00 (9.6%)	6:54	8.7 (90.6%)
3	NADOLNA Ewa	342		K-30	3	00:55:35	01:43:47	02:31:23.15	02:31:29.50	+00:20:12 (13.3%)	7:12	8.3 (86.5%)
4	LEŚNIEWSKA Justyna	54	AKTYWNA NOWA RUDA	K-30	4	00:54:24	01:44:04	02:35:57.10	02:36:00.50	+00:24:43 (15.9%)	7:25	8.1 (84.4%)
5	MYŚLICKA Natalia	397		K-30	5	00:56:10	01:46:56	02:39:30.25	02:39:35.55	+00:28:18 (17.7%)	7:35	7.9 (82.3%)
6	TUCHOŁKA Marta	369		K-30	6	00:55:38	01:46:41	02:39:30.75	02:39:36.80	+00:28:20 (17.8%)	7:35	7.9 (82.3%)
7	JANOWSKA Kinga	107		K-30	7	00:57:12	01:44:18	02:40:09.45	02:40:21.60	+00:29:04 (18.1%)	7:37	7.9 (82.3%)
8	WYTYKOWSKA Joanna	126	RYSIE	K-30	8	00:57:58	01:47:47	02:40:42.55	02:40:42.55	+00:29:25 (18.3%)	7:39	7.8 (81.3%)
9	MARZEC Karolina	275	DZIKIE DZIKI GORZÓW	K-30	9	00:57:23	01:47:58	02:40:42.25	02:40:46.90	+00:29:30 (18.3%)	7:39	7.8 (81.3%)
10	KACZMARCZYK Urszula	432	KARKONOSZ RUNNING TEAM	K-30	10	00:57:43	01:47:22	02:41:06.25	02:41:27.35	+00:30:10 (18.7%)	7:40	7.8 (81.3%)
11	GALUCH Agnieszka	306		K-30	11	00:56:04	01:47:06	02:42:12.45	02:42:22.80	+00:31:06 (19.2%)	7:43	7.8 (81.3%)
12	CHRAPLEWSKA Karolina	243	PRO366	K-30	12	00:58:14	01:50:21	02:43:32.50	02:43:44.10	+00:32:27 (19.8%)	7:47	7.7 (80.2%)
13	CIENGIEL Hanna	297		K-30	13	00:58:30	01:51:41	02:44:29.50	02:44:45.60	+00:33:28 (20.3%)	7:49	7.7 (80.2%)
14	EWERT-KRZEMIENIEWSKA Katarzyna	209		K-30	14	00:59:42	01:51:30	02:45:59.00	02:46:12.45	+00:34:55 (21.0%)	7:54	7.6 (79.2%)
15	WAŁACH-BIŚTA Zuza	44		K-30	15	01:00:09	01:52:37	02:46:14.70	02:46:24.40	+00:35:07 (21.1%)	7:55	7.6 (79.2%)

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16	KONOPKA-LULEK Agnieszka	283		K-30	16	00:58:25	01:51:44	02:46:16.65	02:46:25.75	+00:35:09 (21.1%)	7:55	7.6 (79.2%)
17	ŚWIERCZEK Marta	458	JURA.PL	K-30	17	01:01:46	01:53:48	02:47:17.70	02:47:29.75	+00:36:13 (21.6%)	7:57	7.5 (78.1%)
18	MRÓZ Agnieszka	197	BIAŁOSTOCKA SEKTA BIEGACZY	K-30	18	01:05:10	01:55:27	02:48:49.10	02:49:31.10	+00:38:14 (22.6%)	8:02	7.5 (78.1%)
19	TOMASZYK Elzbieta	9		K-30	19	01:02:08	01:57:18	02:49:27.60	02:50:00.45	+00:38:43 (22.8%)	8:04	7.4 (77.1%)
20	KOZANECKA Marta	398	KLUB BIEGACZA GEOTERMIA UNIEJÓW	K-30	20	01:00:51		02:52:14.70	02:52:26.95	+00:41:10 (23.9%)	8:12	7.3 (76.0%)
21	LESZCZYŃSKA Weronika	149	SYBERIAN HUSKY TEAM	K-30	21	01:01:27	01:57:39	02:53:26.50	02:53:34.45	+00:42:17 (24.4%)	8:15	7.3 (76.0%)
22	KUJATH Ela	294		K-30	22	01:07:20	02:01:04	02:57:24.75	02:57:58.30	+00:46:41 (26.2%)	8:26	7.1 (74.0%)
23	RETMANIAK Sylwia Ewa	354	DRUŻYNA TVN	K-30	23	01:03:45	01:53:08	02:57:36.55	02:58:22.50	+00:47:05 (26.4%)	8:27	7.1 (74.0%)
24	JODKO Małgorzata	486		K-30	24	01:06:21	02:03:39	03:00:26.20	03:00:54.10	+00:49:37 (27.4%)	8:35	7 (72.9%)
25	MIZERNY Maria	41	'PI'	K-30	25	01:08:44	02:06:48	03:00:25.25	03:01:02.20	+00:49:45 (27.5%)	8:35	7 (72.9%)
26	JANKIEWICZ Kasia	138	RYSIE	K-30	26	01:06:19	02:03:41	03:01:17.05	03:01:17.05	+00:50:00 (27.6%)	8:37	7 (72.9%)
27	WITKOWSKA Paulina	427		K-30	27	01:00:50	02:00:02	03:01:10.35	03:01:18.35	+00:50:01 (27.6%)	8:37	7 (72.9%)
28	WRONA Anna	131		K-30	28	01:06:53	02:04:11	03:02:52.35	03:03:05.75	+00:51:49 (28.3%)	8:42	6.9 (71.9%)
29	KOSIEDOWSKA Marta	238		K-30	29	01:05:30	02:01:50	03:02:48.05	03:03:06.00	+00:51:49 (28.3%)	8:42	6.9 (71.9%)
30	BORUTA-KOŁODZIEJ Emilia	402	PRO-RUN WROCŁAW	K-30	30	01:05:31	02:03:28	03:03:08.50	03:03:29.55	+00:52:12 (28.5%)	8:43	6.9 (71.9%)
31	BABIŃSKA Ewelina	85		K-30	31	01:00:31	02:00:42	03:04:01.60	03:04:11.00	+00:52:54 (28.7%)	8:45	6.8 (70.8%)
32	KUCZEWSKA Eliza	249		K-30	32	01:08:28	02:08:22	03:05:47.70	03:06:05.50	+00:54:48 (29.5%)	8:50	6.8 (70.8%)
33	MAJCHRZAK Joanna	326	TRAINING LAB	K-30	33	01:02:42	02:01:45	03:05:34.95	03:06:19.20	+00:55:02 (29.5%)	8:50	6.8 (70.8%)
34	MACHŁAJ Sonia	376		K-30	34	01:09:32	02:08:52	03:09:50.05	03:09:50.05	+00:58:33 (30.8%)	9:02	6.6 (68.8%)
35	KACZMAREK Karolina	69		K-30	35	01:07:18	02:09:39	03:11:51.25	03:12:19.50	+01:01:02 (31.7%)	9:08	6.6 (68.8%)
36	CHRZUSZCZ Anna	255		K-30	36	01:08:46	02:11:21	03:11:53.30	03:12:20.95	+01:01:04 (31.7%)	9:08	6.6 (68.8%)
37	DZIARNOWSKA Magda	428	VEGE RUNNERS	K-30	37	01:07:01	02:09:41	03:12:11.05	03:12:39.70	+01:01:22 (31.9%)	9:09	6.6 (68.8%)
38	PASŁAWSKA Olga	241		K-30	38	01:10:21	02:07:06	03:12:20.75	03:12:42.10	+01:01:25 (31.9%)	9:09	6.6 (68.8%)

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39	BINCZYCKA Aleksandra	53	NOGAMIDOGORY.PL	K-30	39	01:05:40	02:07:50	03:12:59.95	03:13:33.10	+01:02:16 (32.2%)	9:11	6.5 (67.7%)
40	GWÓŹDŹ Elżbieta	115		K-30	40	01:06:02	02:07:21	03:13:47.90	03:13:56.10	+01:02:39 (32.3%)	9:13	6.5 (67.7%)
41	PAJĄK Monika	299	MAMY-BIEGAMY	K-30	41	01:11:25	02:13:44	03:14:33.90	03:15:14.50	+01:03:57 (32.8%)	9:15	6.5 (67.7%)
42	MIKULSKA Aneta	171	#GOPATI TEAM	K-30	42	01:13:52	02:15:17	03:17:10.15	03:17:17.85	+01:06:01 (33.5%)	9:23	6.4 (66.7%)
43	FEDOROWICZ Jowita	484	AUTOGAZEXPERT RUNNERS TEAM	K-30	43	01:12:15	02:13:58	03:17:33.20	03:17:45.55	+01:06:28 (33.6%)	9:24	6.4 (66.7%)
44	LESZCZAK Kinga	11	REIMEIKAN AIKIDO I TROMSO	K-30	44	01:08:51	02:13:06	03:17:12.10	03:17:49.00	+01:06:32 (33.6%)	9:23	6.4 (66.7%)
45	JEDRZEJCZYK Kathy	202		K-30	45	01:11:11	02:14:47	03:19:02.30	03:19:22.25	+01:08:05 (34.2%)	9:28	6.3 (65.6%)
46	MACKIEWICZ Magdalena	99	FIZJOBIEGACZE SZCZECIN	K-30	46	01:08:28	02:14:34	03:20:46.20	03:21:00.50	+01:09:43 (34.7%)	9:33	6.3 (65.6%)
47	MATCZUK-PISAREK Marta	361		K-30	47	01:13:16	02:20:17	03:26:05.40	03:26:15.80	+01:14:59 (36.4%)	9:48	6.1 (63.5%)
48	KWIATKOWSKA Marta	455		K-30	48	01:14:32	02:16:42	03:25:54.20	03:26:37.55	+01:15:20 (36.5%)	9:48	6.1 (63.5%)
49	LOBO Eva	426	TAIWAN BEAST RUNNERS	K-30	49	01:09:15	02:16:41	03:27:01.80	03:27:23.75	+01:16:07 (36.7%)	9:51	6.1 (63.5%)
50	SKÓRA Aleksandra	346		K-30	50	01:18:24	02:22:24	03:30:15.30	03:30:33.10	+01:19:16 (37.6%)	10:00	6 (62.5%)
51	MISIOR Olga	180	TATUSIOWIE	K-30	51	01:16:51	02:24:57	03:33:07.45	03:33:45.90	+01:22:29 (38.6%)	10:08	5.9 (61.5%)
52	TKACZYK Elżbieta	169	KB SZERSZEŃ OLEŚNICA	K-30	52	01:17:42	02:26:55	03:34:20.60	03:34:20.60	+01:23:03 (38.8%)	10:12	5.9 (61.5%)
53	SETA Wiktoria	125	PADŁ NA RYJ TEAM	K-30	53	01:15:44	02:22:49	03:33:35.30	03:34:21.45	+01:23:04 (38.8%)	10:10	5.9 (61.5%)
54	SOBIK Paulina	288	PRO366	K-30	54	01:14:17	02:22:29	03:33:47.65	03:34:23.50	+01:23:06 (38.8%)	10:10	5.9 (61.5%)
55	BOREK Jadwiga	152	KS KOZIOŁEK KĘDZIERZYN-KOŹLE	K-30	55	01:18:23	02:23:36	03:34:35.15	03:34:48.20	+01:23:31 (38.9%)	10:13	5.9 (61.5%)
56	BIAŁASIK Monika	380		K-30	56	01:17:42	02:26:32	03:35:27.65	03:35:53.65	+01:24:36 (39.2%)	10:15	5.8 (60.4%)
57	HANGIEL Urszula	422	ŻWAWĘ ŻÓŁWIE	K-30	57	01:16:27	02:26:52	03:35:54.15	03:35:54.15	+01:24:37 (39.2%)	10:16	5.8 (60.4%)
58	JELENIOWSKA Barbara	266		K-30	58	01:14:18	02:21:24	03:35:28.85	03:35:55.50	+01:24:38 (39.2%)	10:15	5.8 (60.4%)
59	KURIATA Andzelika	62		K-30	59	01:15:46	02:28:02	03:40:02.30	03:40:10.15	+01:28:53 (40.4%)	10:28	5.7 (59.4%)
60	RAJZER Dominika	156	BODYKINETIC	K-30	60	01:15:50	02:26:47	03:40:25.75	03:40:29.05	+01:29:12 (40.5%)	10:29	5.7 (59.4%)
61	RODZEŃ Katarzyna	28	BIEGAJĄCA KASTA MIEDZIOWEGO MIASTA	K-30	61	01:19:38	02:33:34	03:46:14.70	03:46:40.60	+01:35:23 (42.1%)	10:46	5.6 (58.3%)

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62	OWCZAREK Magdalena	118	DARO TEAM	K-30	62	01:19:52	02:33:39	03:46:16.15	03:46:41.35	+01:35:24 (42.1%)	10:46	5.6 (58.3%)
63	ŁAGOWSKA Agnieszka	321		K-30	63	01:19:44	02:31:37	03:46:08.95	03:46:49.40	+01:35:32 (42.1%)	10:46	5.6 (58.3%)
64	TWARDOWSKA Ewa	66	KB GEOTERMIA UNIEJÓW	K-30	64	01:25:34	02:47:50	04:00:55.30	04:01:08.55	+01:49:51 (45.6%)	11:28	5.2 (54.2%)
65	SZALKOWSKA Dominika	472	ROZBIEGANY RAWICZ	K-30	65	01:22:39	02:42:18	04:06:18.35	04:06:34.60	+01:55:17 (46.8%)	11:43	5.1 (53.1%)
66	BUJAK-KAPA Dorota	58	#CZELADZBIEGA	K-30	66	01:29:44	02:49:17	04:07:37.80	04:07:56.85	+01:56:40 (47.1%)	11:47	5.1 (53.1%)
67	KAMIŃSKA Małgorzata	67		K-30	67	01:30:37	02:50:56	04:20:00.45	04:20:42.65	+02:09:25 (49.6%)	12:22	4.8 (50.0%)
68	SKUPIN Agata	15	KOBIETYBIEGAJA.PL	K-30	68	01:35:42	03:00:15	04:34:46.15	04:34:46.15	+02:23:29 (52.2%)	13:05	4.6 (47.9%)
69	NOJSZEWSKA-ZAJĄC Justyna	259	ZP SZPIKI DRUŻYNA SZPIKU/WKURW_TEAM	K-30	69	01:51:49	03:33:45	05:23:01.00	05:23:01.00	+03:11:44 (59.4%)	15:22	3.9 (40.6%)
70	ZAPŁATA Monika	269	ZP SZPIKI DRUŻYNA SZPIKU/WKURW_TEAM	K-30	70	01:51:49	03:33:51	05:23:05.00	05:23:05.00	+03:11:48 (59.4%)	15:23	3.9 (40.6%)

Znaleziono 70 wynik(ów)