



Organizator:

Koszalińskie Towarzystwo Krzewienia Kultury

Data:

Fizycznej
2016-05-22

Miejsce:

Koszalin

Dystans:

21.1 km

PÓŁMARATON KOSZALIN - 21.1KM

B4SPORT



Klasyfikacja: K-OPEN

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	1.1km	6.1km	11.1km	16.1km	Czas netto 21.1km	Czas brutto 21.1km	Różn	Tempo min/km	Tempo km/h
1	KASZTELAN Urszula	91	TKKF TRIATHLON KOSZALIN	K30-39	1	00:00:35	00:04:40	00:26:21	00:49:24	01:13:38	01:37:38.20	01:38:14.10		4:37	13
2	PASIEKA Agnieszka	160	K.B. SPRINT ŚWIDWIN	K18-29	1	00:00:42	00:05:13	00:29:39	00:54:25	01:19:19	01:43:44.35	01:44:26.45	+00:06:06	4:54	12.2
3	KAMIŃSKA Agata	85	KŁAM SZCZECIN	K30-39	2	00:00:47	00:05:33	00:31:10	00:56:48	01:23:05	01:47:53.30	01:48:40.55	+00:10:15	5:06	11.7
4	CHORAŻY Karolina	20		K18-29	2	00:00:38	00:05:06	00:29:05	00:54:30	01:20:36	01:48:10.70	01:48:49.55	+00:10:32	5:07	11.7
5	MERDA Katarzyna	136	MTS HAMER MIASTKO	K30-39	3	00:00:38	00:05:16	00:30:40	00:56:48	01:22:54	01:49:18.20	01:49:56.35	+00:11:40	5:10	11.6
6	KONIECZNA Anka	101	ROZBIEGANY KOSZALIN	K45-49	1	00:00:41	00:05:20	00:29:04	00:54:26	01:23:01	01:52:49.80	01:53:31.60	+00:15:11	5:20	11.2
7	MAKSYMOWICZ Kornelia	127		K30-39	4	00:00:35	00:04:53	00:29:18	00:55:13	01:24:37	01:53:17.95	01:53:53.30	+00:15:39	5:22	11.2
8	CHODOR Martyna	251		K30-39	5	00:00:39	00:05:30	00:30:59	00:57:07	01:25:57	01:54:36.40	01:55:16.15	+00:16:58	5:25	11
9	STORCZYK-RAK Agnieszka	197		K30-39	6	00:00:42	00:05:27	00:30:57	00:57:19	01:26:15	01:55:31.85	01:56:13.90	+00:17:53	5:28	11
10	WOLF Weronika	241	TKKF KOSZALIN	K40-44	1	00:00:50	00:05:43	00:32:12	00:59:26	01:27:35	01:56:00.25	01:56:50.45	+00:18:22	5:29	10.9
11	KRZEWIŃSKA Monika	115		K18-29	3	00:00:48	00:06:00	00:34:25	01:03:35	01:32:22	01:59:45.80	02:00:34.70	+00:22:07	5:40	10.6
12	WALIŃSKA Agnieszka	217	BBL	K40-44	2	00:00:36	00:05:32	00:32:16	00:59:14	01:27:11	01:59:55.20	02:00:31.75	+00:22:17	5:40	10.6
13	KĘPKA Karolina	243	STOPA	K40-44	3	00:00:42	00:05:37	00:32:30	01:01:11	01:31:40	02:02:13.80	02:02:56.55	+00:24:35	5:47	10.4
14	KALBARCZYK Jolanta	83	SZCZECIN BIEGA	K40-44	4	00:00:39	00:05:37	00:32:31	01:02:37	01:32:15	02:02:34.45	02:03:13.90	+00:24:56	5:48	10.3
15	HORDEJUK Damaris	58	PSZCZÓŁKOWSKI TEAM	K18-29	4	00:00:35	00:05:46	00:33:10	01:02:03	01:33:17	02:04:34.30	02:05:09.65	+00:26:56	5:54	10.2
16	DIAKOWICZ Magdalena	250		K30-39	7	00:00:43	00:05:37	00:32:06	01:01:42	01:33:50	02:07:00.15	02:07:43.60	+00:29:21	6:01	10
17	WALCZAK Agnieszka	216	TKKF KOSZALIN	K40-44	5	00:00:47	00:05:37	00:32:42	01:02:52	01:35:37	02:07:40.05	02:08:27.10	+00:30:01	6:03	9.9
18	GDANIEC Dorota	53	TKKF TRIATHLON KOSZALIN	K55-59	1	00:00:45	00:06:08	00:35:03	01:05:28	01:37:15	02:09:17.55	02:10:03.00	+00:31:39	6:07	9.8

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	1.1km	6.1km	11.1km	16.1km	Czas netto 21.1km	Czas brutto 21.1km	Różn	Tempo min/km	Tempo km/h
19	NOWAK-IGNACAK Monika	152		K40-44	6	00:00:46	00:06:29	00:36:43	01:07:05	01:37:39	02:09:21.90	02:10:08.40	+00:31:43	6:07	9.8
20	MALESZA-HOUSIN Joanna	128	ROZBIEGANY KOSZALIN-BIEGNIJMY.PL	K40-44	7	00:00:50	00:06:11	00:35:51	01:06:53	01:37:45	02:09:37.45	02:10:28.10	+00:31:59	6:08	9.8
21	MĘDEL Marta	137		K40-44	8	00:00:50	00:05:44	00:32:34	01:00:48	01:30:32	02:10:56.00	02:11:46.80	+00:33:17	6:12	9.7
22	MIZERA Agnieszka	143		K45-49	2	00:00:36	00:05:40	00:35:15	01:05:33	01:37:45	02:11:06.95	02:11:43.60	+00:33:28	6:12	9.7
23	WYGLĄDACZ Alicja	230		K40-44	9	00:00:43	00:05:50	00:33:50	01:04:11	01:37:31	02:11:30.00	02:12:13.55	+00:33:51	6:13	9.6
24	RUDNIK Janina Ewa	176		K30-39	8	00:00:47	00:06:14	00:36:01	01:07:49	01:39:37	02:12:28.80	02:13:16.55	+00:34:50	6:16	9.6
25	PASTERNAK Magdalena	162		K30-39	9	00:00:47	00:06:20	00:36:47	01:08:41	01:41:42	02:14:59.50	02:15:47.15	+00:37:21	6:23	9.4
26	JAKUBCZYK Agnieszka	64	BABECZKI KOSZALIN	K18-29	5	00:00:49	00:06:19	00:36:28	01:08:04	01:41:44	02:15:40.85	02:16:30.55	+00:38:02	6:25	9.3
27	VON BARDELEBEN Agnieszka	214	BABECZKI KOSZALIN	K45-49	3	00:00:49	00:06:19	00:36:29	01:08:04	01:41:44	02:15:41.25	02:16:30.45	+00:38:03	6:25	9.3
28	HAŁAJKO Magdalena	56	BABECZKI	K30-39	10	00:00:50	00:05:43	00:32:12	01:05:36	01:39:43	02:16:26.65	02:17:16.80	+00:38:48	6:27	9.3
29	MAZUREK Barbara	133	BABECZKI KOSZALIN	K30-39	11	00:00:49	00:06:12	00:35:51	01:07:25	01:40:36	02:16:30.00	02:17:19.10	+00:38:51	6:28	9.3
30	WOSZTYL Alicja	228		K18-29	6	00:00:46	00:06:15	00:36:11	01:08:08	01:41:45	02:17:04.75	02:17:51.05	+00:39:26	6:29	9.2
31	JANICKA Katarzyna	68	BAJADERKI KOSZALIN	K30-39	12	00:00:52	00:06:14	00:35:59	01:07:28	01:41:13	02:17:41.25	02:18:34.20	+00:40:03	6:31	9.2
32	BRODOWSKA Honorata	16		K30-39	13	00:00:47	00:06:15	00:37:59	01:11:32	01:46:16	02:21:33.55	02:22:20.80	+00:43:55	6:42	8.9
33	KANIA Paulina	87	HERB PIETRUSZKI	K18-29	7	00:00:43	00:05:54	00:35:16	01:08:08	01:44:59	02:22:32.50	02:23:16.40	+00:44:54	6:45	8.9
34	DĄBROWSKA Alicja	116	TKKF KOSZALIN	K50-54	1	00:00:49	00:06:13	00:36:02	01:08:39	01:45:18	02:23:08.90	02:23:58.60	+00:45:30	6:47	8.8
35	PRENDECKA Sylwia	169	RUNNERS OF WAŁCZ	K30-39	14	00:00:40	00:05:49	00:37:03	01:11:18	01:45:31	02:23:50.65	02:24:30.85	+00:46:12	6:49	8.8
36	JANKOWSKA Justyna	71		K30-39	15	00:00:36	00:05:30	00:35:33	01:10:17	01:47:42	02:24:48.90	02:25:25.45	+00:47:10	6:51	8.7
37	MALINOWSKA Małgorzata	129	STR- ŚWIDWIN	K55-59	2	00:00:42	00:05:53	00:37:19	01:14:10	01:51:13	02:27:59.85	02:28:42.50	+00:50:21	7:00	8.6
38	KOZŁOWSKA-NAJDER Magda	111		K40-44	10	00:00:46	00:06:54	00:41:33	01:16:12	01:51:56	02:28:42.50	02:29:29.20	+00:51:04	7:02	8.5
39	KUREK Aneta	120	GIMNAZJUM W MANOWIE	K40-44	11	00:00:42	00:06:19	00:37:04	01:13:52	01:51:03	02:29:59.45	02:30:41.70	+00:52:21	7:06	8.4
40	GZELA Olga	55	BIEGNIJMY.PL	K30-39	16	00:00:41	00:05:57	00:38:23	01:14:12	01:51:29	02:31:53.25	02:32:34.70	+00:54:15	7:11	8.3
41	KOMOROWSKA Beata	99	ROZBIEGANY KOSZALIN	K30-39	17	00:00:48	00:06:27	00:38:57	01:15:25	01:54:35	02:34:32.75	02:35:20.75	+00:56:54	7:19	8.2
42	TREJDER Maria	210	BAJADERKI KOSZALIN	K40-44	12	00:00:47	00:06:53	00:40:59	01:18:24	01:57:14	02:35:53.80	02:36:41.75	+00:58:15	7:23	8.1
43	KURCZ Barbara	118	BABECZKI KOSZALIN	K45-49	4	00:00:50	00:07:00	00:42:00	01:19:38	01:59:27	02:42:38.35	02:43:28.55	+01:05:00	7:42	7.8
44	PASEK Paula	158		K30-39	18	00:00:51	00:06:42	00:41:42	01:21:37	02:04:08	02:50:32.35	02:51:23.85	+01:12:54	8:04	7.4
45	TARNIOŃEK Katarzyna	206		K30-39	19	00:00:36	00:05:09	00:30:11	00:59:18				+00:09:55	5:20	11.2

Znaleziono 45 wynik(ów)