



PÓŁMARATON KOSZALIN - 21.1KM

B4SPORT

Organizator: Koszalińskie Towarzystwo Krzewienia Kultury
Fizycznej
Data: 2016-05-22
Miejsce: Koszalin
Dystans: 21.1 km



Klasyfikacja: M-OPEN

Punkt pomiarowy: 16,1 km

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	1.1km	6.1km	11.1km	16.1km
1	BEDNARZ Paweł	6	MODEST.MAN.KOSZALI(N)ACŁAW	M30-39	00:00:33	00:03:34	00:21:39	00:40:43	01:00:28
2	WOJCIECHOWSKI Jarosław	226		M30-39	00:00:33	00:04:03	00:23:00	00:41:59	01:00:43
3	SZYMAŃSKI Sylwester	203	TEAM BIEGOWY SZCZECINEK-ULKS BARWICE	M40-44	00:00:33	00:04:03	00:23:00	00:42:04	01:01:05
4	RUDNIK Krzysztof	177	NIGHT RUNNERS SŁUPSK	M30-39	00:00:33	00:04:06	00:23:16	00:42:36	01:02:19
5	MIERZWA Witold	140	DARŁOWO	M40-44	00:00:34	00:04:06	00:23:35	00:43:32	01:03:54
6	LECKI Mateusz	123	TEAM BIEGOWY SZCZECINEK	M30-39	00:00:34	00:04:16	00:24:30	00:44:40	01:05:36
7	WOŚ Kamil	229	PSZCZÓŁKOWSKI TEAM	M30-39	00:00:33	00:04:17	00:24:31	00:45:00	01:06:26
8	ANDRUSZ Kamil	2	TRIDEA / MNIAM.NET	M30-39	00:00:37	00:04:23	00:24:57	00:45:46	01:06:39
9	KĘPKA Adrian	92		M18-29	00:00:35	00:04:15	00:24:30	00:44:58	01:06:50
10	CHRZAŚCZ Piotr	21		M18-29	00:00:35	00:04:07	00:25:01	00:45:30	01:06:56
11	KRYCZKA Stanisław	114	MTS HAMER MIASTKO	M45-49	00:00:33	00:04:18	00:24:32	00:45:16	01:07:07
12	CHUDY Henryk	22	K SOLSZEWSKI I SYNOWIE	M60-64	00:00:35	00:04:17	00:24:30	00:45:31	01:07:32
13	GOLIŃSKI Łukasz	46	K.B. SPRINT ŚWIDWIN	M30-39	00:00:34	00:04:29	00:25:36	00:46:46	01:08:18
14	GRZESIK Eugeniusz	52	TKKF KOSZALIN	M50-54	00:00:35	00:04:27	00:25:40	00:47:07	01:08:47
15	RUDNIKOWSKI Maciej	178	BIEGUZDROWISKOWY.PL	M40-44	00:00:34	00:04:12	00:24:33	00:46:07	01:08:54
16	MAGALSKI Tomasz	126	KLUB BIEGACZA KAMIEŃ POMORSKI	M18-29	00:00:35	00:04:27	00:25:39	00:46:52	01:09:22
17	BIEDRZYCKI Krzysztof	259	CW FANZA KOŁOBRZEG	M45-49	00:00:35	00:04:36	00:26:48	00:49:04	01:11:21
18	SOBCZYK Łukasz	186	KOŁOBRZEG BIEGA	M40-44	00:00:34	00:04:30	00:26:22	00:48:30	01:11:36
19	JAROSZ Wiesław	79	JW. 1223/BLOG	M40-44	00:00:34	00:04:16	00:24:47	00:47:47	01:12:10
20	KONDRACIUK Piotr	100	ROZBIEGANY KOSZALIN - DRUŻYNA SZPIKU	M40-44	00:00:36	00:04:39	00:27:08	00:49:53	01:12:56
21	CZYŻEWSKI Janusz	29	KOŁOBRZEG BIEGA MARATON TEAM	M50-54	00:00:34	00:04:30	00:26:37	00:49:28	01:13:16
22	TCHÓRZEWSKI Marek	207		M45-49	00:00:35	00:04:43	00:27:20	00:50:05	01:13:33
23	KALETA Sebastian	84	CENTRUM SZKOLENIA SIŁ POWIETRZNYCH	M40-44	00:00:35	00:04:31	00:26:38	00:49:40	01:13:58
24	GROCHOWALSKI Rafał	50	K.B. SPRINT ŚWIDWIN	M30-39	00:00:35	00:04:31	00:26:33	00:49:53	01:13:59

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	1.1km	6.1km	11.1km	16.1km
25	NAKONIECZNY Rafał	147	BAJADERKI KOSZALIN	M30-39	00:00:39	00:05:00	00:28:14	00:50:48	01:14:16
26	BONISŁAWSKI Jarosław	12	FADOMODA TEAM	M30-39	00:00:52	00:05:19	00:27:39	00:50:28	01:14:18
27	WALTER Przemysław	218	KB 10 BIAŁOGARD	M40-44	00:00:37	00:04:54	00:27:34	00:50:25	01:14:19
28	NOWACKI Rafał	151		M30-39	00:00:41	00:04:38	00:26:14	00:49:28	01:14:36
29	STACHOWIAK Adrian	193	280 KOMPANIA RADIOTECHNICZNA	M18-29	00:00:36	00:04:29	00:26:26	00:50:08	01:14:43
30	SKIBIŃSKI Krzysztof	183	TKKF TRIATHLON KOSZALIN	M40-44	00:00:36	00:04:43	00:27:24	00:51:05	01:15:11
31	NIWIŃSKI Grzegorz	150	K.B. TUPOT USTKA	M55-59	00:00:49	00:05:10	00:27:52	00:51:13	01:15:12
32	ZIEMBA Daniel	235		M40-44	00:00:37	00:04:21	00:26:35	00:50:15	01:15:17
33	UZNAŃSKI Ryszard	213		M45-49	00:00:33	00:04:30	00:26:31	00:49:13	01:15:18
34	GRĘŻLIKOWSKI Adam	49		M30-39	00:00:36	00:04:51	00:27:55	00:51:31	01:15:22
35	WINKEL Jerzy	223		M40-44	00:00:36	00:04:25	00:26:31	00:50:23	01:15:43
36	KAPUŚCIŃSKI Robert	88	JW 1223 KOSZALIN	M30-39	00:00:34	00:04:31	00:26:35	00:50:24	01:15:47
37	MATYJASEK Zbigniew	244	TKKF KOSZALIN	M40-44	00:00:34	00:04:16	00:26:47	00:50:53	01:15:58
38	BŁASZCZYK Tadeusz	9		M55-59	00:00:39	00:04:57	00:27:49	00:51:33	01:16:10
39	MILCZAREK Grzegorz	141		M18-29	00:00:45	00:05:12	00:28:09	00:51:54	01:17:12
40	WILEWSKI Paweł	220		M18-29	00:00:41	00:05:21	00:29:21	00:53:11	01:17:36
41	JAMNIAK Bartosz	66	MTS HAMER MIASTKO	M18-29	00:00:35	00:04:30	00:26:54	00:51:44	01:18:06
42	SKIERKA Grzegorz	184	MKS ŚWIĘC SŁAWNO	M30-39	00:00:44	00:05:41	00:29:47	00:52:44	01:18:22
43	MROCKOWSKI Marek	145	ROZBIEGANY KOSZALIN	M30-39	00:00:44	00:05:41	00:29:47	00:52:44	01:18:23
44	KOBUS Maciej	97		M30-39	00:00:40	00:05:25	00:29:22	00:53:26	01:18:41
45	GLIŃSKI Łukasz	44		M30-39	00:00:41	00:04:52	00:27:52	00:52:37	01:18:42
46	CHAJNOWSKI Jarosław	252	TKKF TRIATHLON KOSZALIN	M50-54	00:00:45	00:05:16	00:29:33	00:54:22	01:18:44
47	ADAMCZAK Andrzej	1	TRIATHLON KOSZALIN	M55-59	00:00:44	00:05:17	00:29:34	00:54:24	01:18:45
48	JAMROZIAK Grzegorz	67	KLUB BIEGACZA KAMIEŃ POMORSKI	M30-39	00:00:38	00:05:01	00:29:02	00:53:34	01:18:48
49	SAPIECHO Bartłomiej	179	RONIN GOLD TEAM	M18-29	00:00:35	00:04:42	00:27:58	00:53:17	01:18:55
50	SPALIK Mariusz	191	MTSHAMERMIASTKO	M40-44	00:00:35	00:04:34	00:28:02	00:53:07	01:19:13
51	EMILIT Grzegorz	38		M30-39	00:00:38	00:05:18	00:29:33	00:54:28	01:19:22
52	BIELIŃSKI Michał	7	ROZBIEGANY KOSZALIN	M30-39	00:00:40	00:05:26	00:30:10	00:54:47	01:19:23
53	MAĆKOWIAK Krzysztof	125	ROZBIEGANY KOSZALIN	M30-39	00:00:39	00:05:27	00:30:10	00:54:48	01:19:25
54	MALINOWSKI Mariusz	130		M30-39	00:00:44	00:04:55	00:28:34	00:53:28	01:20:04
55	DUDZIAK Piotr	34	BIEGNIJMY.PL	M40-44	00:00:43	00:05:01	00:29:00	00:54:29	01:20:05
56	MOKSA Dariusz	261		M18-29	00:00:34	00:04:06	00:26:10	00:52:21	01:20:25
57	WILKOWSKI Krzysztof	222		M30-39	00:00:35	00:04:52	00:29:06	00:54:20	01:20:31
58	CHWALEBA Jan	25		M55-59	00:00:43	00:05:10	00:28:55	00:54:01	01:20:38
59	JONKO Wojciech	256		M65-69	00:00:42	00:05:07	00:28:38	00:54:04	01:20:39
60	ZIOMKO Rafał	236		M40-44	00:00:37	00:04:59	00:28:54	00:54:13	01:20:41
61	MOSEK Radosław	144		M30-39	00:00:37	00:05:28	00:30:44	00:55:36	01:20:54
62	KORDYLAS Michał	103		M30-39	00:00:42	00:05:28	00:30:16	00:55:24	01:20:58
63	TOMALIK Karol	253	PORANNE BIEGANIE	M30-39	00:00:40	00:04:59	00:28:13	00:53:55	01:21:46
64	STANKIEWICZ Wiesław	195		M50-54	00:00:40	00:05:32	00:30:54	00:56:15	01:21:59
65	BRESZKA Tomasz	15	CAPTAIN AMERICA VS THE FLASH	M30-39	00:00:37	00:05:03	00:29:00	00:55:14	01:22:41
66	MELLER Paweł	134	JW 1223	M55-59	00:00:44	00:05:42	00:31:37	00:56:52	01:22:53
67	MERDA Piotr	135	MTS HAMER MIASTKO	M30-39	00:00:38	00:05:16	00:30:40	00:56:48	01:22:54
68	JANUSZEK Adam	76		M30-39	00:00:51	00:04:54	00:29:03	00:55:50	01:23:00
69	BOGDANOWICZ Krzysztof	11	TKKF KOSZALIN	M50-54	00:00:39	00:05:11	00:29:06	00:54:16	01:23:02
70	TROTT Daniel	211	AKADEMIA PIKARSKA KOWICA KOŁOBRZEG	M40-44	00:00:48	00:05:21	00:29:16	00:54:40	01:23:04

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71	KOSAKOWSKI Krzysztof	106	TKKF KOLEJARZ BYDGOSZCZ	M55-59	00:00:44	00:05:23	00:30:27	00:56:32	01:23:05
72	KAMIŃSKI Łukasz	86	KŁAM SZCZECIN	M30-39	00:00:47	00:05:33	00:31:10	00:56:48	01:23:05
73	MARCINIAK Kacper	132		M18-29	00:00:41	00:05:32	00:31:16	00:56:43	01:23:13
74	GOŃKA Krzysztof	47	DECATHLON KOSZALIN	M18-29	00:00:37	00:05:18	00:30:17	00:56:02	01:23:20
75	STRZELECKI Zbigniew	199	KORZYBSKIE REKINY	M60-64	00:00:42	00:05:30	00:30:37	00:56:42	01:23:23
76	ROGOŹA Ireneusz	174	BIEGNIJMY.PL	M40-44	00:00:43	00:05:34	00:30:54	00:56:35	01:23:26
77	BEDNARCZYK Arkadiusz	5	TRIDEA	M40-44	00:00:34	00:05:01	00:29:35	00:55:32	01:23:30
78	SZEWCUK Paweł	202	-	M30-39	00:00:37	00:05:28	00:30:44	00:55:59	01:23:44
79	SKOWYRSKI Janusz	185	ROWERIA KOSZALIN	M50-54	00:00:43	00:05:18	00:30:10	00:55:55	01:23:48
80	SIKORSKI Witold	182	KB RUN 42	M55-59	00:00:43	00:05:25	00:30:15	00:56:37	01:23:51
81	JAKIMA Szymon	63		M30-39	00:00:38	00:05:11	00:29:34	00:55:03	01:23:54
82	KACZMAREK Zbigniew	82	ROZBIEGANY KOSZALIN	M60-64	00:00:43	00:05:29	00:31:01	00:57:27	01:24:11
83	KRAKOWIAK Sławomir	113		M40-44	00:00:40	00:05:16	00:29:35	00:55:19	01:24:18
84	CZAPLIŃSKI Jacek	27		M30-39	00:00:41	00:05:00	00:28:49	00:55:50	01:24:28
85	LAMPKOWSKI Krzysztof	121		M50-54	00:00:36	00:04:55	00:28:55	00:56:12	01:24:31
86	STOKROCKI Wojciech	196		M30-39	00:00:45	00:05:41	00:32:05	00:58:07	01:24:39
87	ŻYWICKI Bartosz	237	DZIKI KOSZALIN	M30-39	00:00:42	00:05:09	00:30:15	00:57:12	01:24:59
88	PEKAŁA Piotr	164	SOSW KOSZALIN	M45-49	00:00:48	00:05:46	00:32:07	00:58:30	01:24:59
89	JANKOWSKI Jakub	74		M45-49	00:00:39	00:05:34	00:31:47	00:58:26	01:25:01
90	BARANOWSKI Piotr	4	ROZBIEGANY KOSZALIN	M30-39	00:00:36	00:05:30	00:30:32	00:56:43	01:25:06
91	JANKIEWICZ Tomasz	70	MTS HAMER MIASTKO	M40-44	00:00:39	00:05:15	00:30:40	00:56:48	01:25:10
92	WASZAK Karol	28	KORZYBSKIE REKINY	M18-29	00:00:41	00:05:29	00:30:20	00:56:37	01:25:13
93	OSTROWSKI Piotr	156	BIEGAJĄCY TCZEW	M45-49	00:00:40	00:05:06	00:30:02	00:56:45	01:25:33
94	JAKUBOWSKI Krystian	65	CAPTAIN AMERICA VS THE FLASH	M30-39	00:00:36	00:05:04	00:29:00	00:55:17	01:25:34
95	SOWIŃSKI Saturnin	189	KB SPRINT ŚWIDWIN	M50-54	00:00:35	00:05:01	00:28:56	00:56:37	01:25:37
96	JANKOWSKI Marcin	72	CHAMPION - POLICE	M40-44	00:00:40	00:05:30	00:31:28	00:57:52	01:25:45
97	KLOSKOWSKI Dariusz	96		M40-44	00:00:39	00:05:16	00:29:58	00:56:50	01:25:54
98	NIEMCZUK Dariusz	247		M55-59	00:00:47	00:05:37	00:32:42	00:59:34	01:26:05
99	KUBALA Mateusz	117		M18-29	00:00:37	00:05:18	00:31:02	00:58:22	01:26:13
100	CHUDZIŃSKI Dariusz	24		M50-54	00:00:44	00:05:49	00:31:49	00:58:42	01:26:16
101	SZYMANIAK Ryszard	245		M65-69	00:00:38	00:05:13	00:31:15	00:58:28	01:26:22
102	KURCZYK Zbigniew	119		M30-39	00:00:37	00:05:23	00:30:20	00:56:56	01:26:35
103	GAJEK Artur	40	KORZYBSKIE REKINY	M40-44	00:00:42	00:05:33	00:32:12	00:58:47	01:26:36
104	DEMBICKI Daniel	33		M40-44	00:00:43	00:05:13	00:30:37	00:58:06	01:26:47
105	ZAGRODZKI Ireneusz	232	KB TUPOT USTKA	M60-64	00:00:37	00:05:19	00:31:05	00:58:10	01:26:48
106	ŚWIETLIK Tomasz	205		M55-59	00:00:48	00:05:43	00:31:42	00:59:17	01:26:56
107	SOROKA Piotr	188		M30-39	00:00:48	00:05:42	00:31:58	00:58:52	01:27:05
108	ŚRODA Wojciech	204		M45-49	00:00:50	00:05:50	00:32:09	00:59:21	01:27:08
109	KOZŁOWIECKI Waldemar	110	TKKF KOSZALIN	M65-69	00:00:33	00:05:16	00:31:31	00:59:43	01:27:14
110	GAWEŁ Zbigniew	41	SŁUPSK	M60-64	00:00:40	00:05:32	00:30:57	00:57:57	01:27:37
111	CHUDZIK Zbigniew	23	TKKF KOSZALIN	M55-59	00:00:41	00:05:30	00:31:55	00:59:13	01:27:42
112	SCHWARZ Ludwik	248		M50-54	00:00:37	00:05:35	00:32:01	00:59:10	01:27:56
113	WACHOWIAK Bogdan	215		M45-49	00:00:37	00:05:30	00:31:34	00:59:07	01:28:00
114	TELESIEWICZ Henryk	35	MKS ŚWIĘC SŁAWNO	M65-69	00:00:34	00:04:48	00:30:38	00:58:05	01:28:06
115	WILIŃSKI Marek	221	K.B SPRINT ŚWIDWIN	M55-59	00:00:44	00:05:31	00:31:40	00:58:57	01:28:17
116	CZAPLICKI Paweł	238	TKKF KOSZALIN	M40-44	00:00:38	00:05:33	00:32:00	00:59:32	01:28:19

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117	ZIELIŃSKI Przemysław	234		M40-44	00:00:45	00:05:17	00:30:48	00:58:51	01:28:21
118	GRABOWSKI Krzysztof	258		M45-49	00:00:38	00:05:37	00:32:33	01:00:35	01:28:25
119	OPALIŃSKI Stanisław	154	KOŁOBRZEG BIEGA	M60-64	00:00:37	00:05:42	00:32:17	01:00:03	01:28:36
120	ŁOPIŃSKI Piotr	124		M30-39	00:00:42	00:05:19	00:30:09	00:58:02	01:28:59
121	KIEŁTYKA Rafał	94		M30-39	00:00:46	00:05:25	00:31:00	00:58:52	01:29:07
122	CHOŁUJ Karol	19	ZAWSZE DO PRZODU	M30-39	00:00:44	00:05:24	00:31:43	00:59:35	01:29:16
123	ZADROŻNY Szymon	231	RUNNER'S OF WAŁCZ	M30-39	00:00:46	00:05:50	00:34:16	01:02:29	01:29:23
124	GOŁDYN Marek	239	TKKF KOSZALIN	M30-39	00:00:41	00:05:52	00:33:33	01:01:29	01:29:48
125	DZIESZUK Dariusz	36	TKKF KOSZALIN	M45-49	00:00:42	00:05:51	00:33:32	01:01:28	01:29:48
126	KORCZYŃSKI Sławomir	102	DECATHLON KOSZALIN	M18-29	00:00:37	00:04:37	00:27:04	00:51:34	01:30:00
127	KORUS Marcin	105		M30-39	00:00:45	00:05:38	00:32:10	01:00:17	01:30:10
128	WOJCIECHOWSKI Marcin	225		M18-29	00:00:47	00:05:45	00:32:34	01:00:28	01:30:16
129	PSTRĄGOWSKI Marcin	171	DZIKI KOSZALIN	M30-39	00:00:42	00:04:45	00:28:19	00:54:21	01:30:21
130	SUBALSKI Michał	200		M30-39	00:00:46	00:05:31	00:31:49	00:59:38	01:30:22
131	NAPIERAŁA Bogumił	148	KORA KOSZALIN	M50-54	00:00:44	00:05:46	00:31:46	00:59:22	01:30:25
	GODLEWSKI Tomasz	45		M18-29	DNF	00:05:57 DNF	00:32:12 DNF	00:58:49 DNF	01:30:29 DNF
133	MĘDEL Cezary	138		M40-44	00:00:51	00:05:43	00:32:33	01:00:46	01:30:31
134	SIKORSKI Darek	181		M50-54	00:00:39	00:05:58	00:33:14	01:01:30	01:30:50
135	GWIZDAŁA Radosław	54	MY OWN CLUB	M30-39	00:00:51	00:05:39	00:32:00	01:00:07	01:30:59
136	JANKOWSKI Maciej	75		M45-49	00:00:38	00:05:35	00:31:49	01:00:26	01:31:28
137	JANKOWSKI Jarosław	73		M45-49	00:00:44	00:06:05	00:34:18	01:02:37	01:31:47
138	CINCIO Robert	26	TKKF TRIATHLON KOSZALIN	M30-39	00:00:41	00:05:08	00:31:23	01:00:04	01:31:59
139	PIEKARZEWICZ Tomasz	167	BOBOLICE	M45-49	00:00:46	00:05:28	00:31:42	01:00:41	01:32:18
140	GAWROŃSKI Paweł	42	OGIEŃ W SZOPIE	M18-29	00:00:49	00:05:59	00:34:24	01:03:35	01:32:22
141	SIENICKI Piotr	180	ROZBIEGANY KOSZALIN	M40-44	00:00:44	00:05:55	00:33:18	01:02:14	01:32:50
142	PIECHOTA Robert	166		M45-49	00:00:36	00:04:32	00:29:47	01:00:16	01:32:55
143	KRUSZYŃSKI Stanisław	194	RUNNERSWALDE.DARŁOWO.. MORSS	M55-59	00:00:38	00:05:53	00:34:12	01:03:50	01:32:57
144	BOROWIEC Mariusz	13		M40-44	00:00:51	00:06:31	00:35:37	01:04:16	01:32:59
145	DZIĘBOWSKI Mariusz	37		M30-39	00:00:47	00:05:36	00:32:16	01:02:25	01:33:40
146	RAMA Janusz	173	KOŁOBRZEG BIEGA	M40-44	00:00:38	00:05:41	00:32:16	01:00:15	01:33:48
147	PIĄTKOWSKI Bartosz	165		M40-44	00:00:43	00:05:37	00:32:06	01:01:42	01:33:50
148	CZYŻEWSKI Piotr	30	TKKF KOSZALIN	M50-54	00:00:38	00:05:33	00:32:04	01:01:15	01:34:12
149	OSOBNIAK Ryszard	155	ROZBIEGANY KOSZALIN	M60-64	00:00:40	00:05:27	00:32:07	01:01:23	01:34:37
150	MISZCZYK Jan	142		M18-29	00:00:50	00:05:46	00:32:31	01:02:15	01:34:57
151	WOLF Emil	242	TKKF KOSZALIN	M40-44	00:00:45	00:05:57	00:34:06	01:03:19	01:35:11
152	KOZŁOWSKI Maciej	112	TT SZCZECIN	M40-44	00:00:44	00:06:05	00:35:08	01:05:12	01:35:25
153	WITEK Sebastian	249	RAJSPOORT ACTIVE TEAM	M40-44	00:00:49	00:05:51	00:34:09	01:03:51	01:35:33
154	KOWALCZYK Piotr	108		M30-39	00:00:48	00:05:48	00:32:54	01:02:40	01:36:13
155	FILIPOWICZ Marian	39	NIEZRZESZONY	M-70+	00:00:45	00:06:16	00:35:11	01:04:51	01:36:23
156	POLIKOWSKI Patryk	257	ORP ISKRA	M30-39	00:00:45	00:05:40	00:33:29	01:05:06	01:36:37
157	PAULIŃSKI Jan	246		M65-69	00:00:47	00:05:37	00:33:42	01:04:30	01:36:46
158	STOSIO Krzysztof	198	WWW.WKOLOBRZEGU.COM.PL	M30-39	00:00:52	00:05:54	00:33:23	01:02:27	01:36:48
159	KARNICKI Zygmunt	89	TKKF KOSZALIN	M60-64	00:00:41	00:05:32	00:33:48	01:03:56	01:36:53
160	MIĄSEK Ryszard	139		M30-39	00:00:45	00:05:28	00:31:52	01:01:10	01:36:55
161	NIEDBAŁA Konrad	149		M45-49	00:00:49	00:06:13	00:35:12	01:04:51	01:37:44
162	TORCZ Karol	209	SZKÓŁKA PŁYWACKA DEPKA	M30-39	00:00:40	00:05:30	00:32:16	01:04:08	01:37:51

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	1.1km	6.1km	11.1km	16.1km
163	KARWAT Stanisław	90	PARKRUN SZCZECINEK	M55-59	00:00:46	00:05:35	00:33:17	01:05:57	01:38:03
164	KORPAL Cezary	104	ROZBIEGANY KOSZALIN	M50-54	00:00:40	00:06:16	00:35:11	01:06:07	01:38:17
165	ZARĘBSKI Maciej	233		M40-44	00:00:36	00:05:33	00:35:11	01:06:49	01:39:14
166	JANUSZEWSKI Jacek	77	17 WOG KOSZALIN	M50-54	00:00:40	00:05:25	00:31:44	01:02:26	01:39:35
167	PANASZEWSKI Przemysław	157	NEW YORK ISLANDERS	M18-29	00:00:49	00:05:55	00:34:45	01:06:17	01:39:50
168	BORYS Przemysław	14	BIEGIJMY.PL	M30-39	00:00:50	00:06:18	00:36:25	01:07:55	01:40:12
169	HRYCIÓW Paweł	59	BIAŁOGARD	M30-39	00:00:39	00:05:50	00:35:30	01:07:38	01:40:23
170	JUSZCZAK Krzysztof	81		M60-64	00:00:46	00:05:49	00:35:07	01:07:12	01:40:39
171	GRUDZIŃSKI Marcin	51		M30-39	00:00:52	00:06:14	00:35:59	01:07:28	01:41:13
172	BAR Wojciech	3		M30-39	00:00:43	00:05:21	00:32:21	01:06:18	01:41:52
173	OLINSKI Arek	153	WIDZEW	M30-39	00:00:34	00:05:08	00:34:03	01:07:03	01:42:26
174	WOJANOWSKI Zbigniew	224	BIEGAM BO LUBIĘ	M55-59	00:00:39	00:05:28	00:33:10	01:06:20	01:42:29
175	KOLASA Tomasz	98	KĄPIELE NA SPONTANIE	M45-49	00:00:48	00:06:20	00:38:30	01:10:58	01:44:26
176	WOLAŃSKI Mariusz	227		M50-54	00:00:48	00:06:19	00:38:30	01:10:58	01:44:27
177	ŻUREK Kamila	240		M30-39	00:00:34	00:06:15	00:37:12	01:10:10	01:45:24
178	DATA Dariusz	32		M40-44	00:00:41	00:06:09	00:35:23	01:09:08	01:45:44
179	JAROSZ Jakub	78	TKKF KOSZALIN	M18-29	00:00:39	00:05:12	00:32:41	01:05:39	01:45:58
180	MARZEC Edwin	255	HERB PIETRUSZKI	M18-29	00:00:44	00:05:53	00:35:15	01:08:08	01:47:48
181	DZIUBA Krzysztof	254		M18-29	00:00:37	00:06:17	00:35:22	01:08:03	01:49:39
182	KURŁOWICZ Krzysiek	260		M30-39	00:00:42	00:06:01	00:37:43	01:13:35	01:50:45
183	PUŚCIAN Krzysztof	172	GIMNAZJUM W MANOWIE	M40-44	00:00:43	00:06:17	00:37:03	01:13:51	01:51:01
184	NAJDER Krzysiek	146		M40-44	00:00:45	00:06:55	00:41:34	01:16:13	01:51:56
185	PIOR Tomasz	168		M30-39	00:00:40	00:05:31	00:34:45	01:13:12	01:54:05
186	PASEK Jan	159		M60-64	00:00:50	00:06:43	00:41:43	01:21:39	02:04:09
187	TOMCZAK Marek	208	ROZBIEGANY KOSZALIN	M30-39	00:00:35	00:04:41	00:27:19	00:51:07	
188	PRZYKUCKI Tomasz	170		M30-39	00:00:37	00:04:19	00:25:51		
189	BIELSKI Sebastian	8	NOWOGARD	M18-29	00:00:38	00:04:22	00:25:54	00:48:26	
190	LECH Sylwester	122	SZKÓŁKA PŁYWACKA DEPKA	M30-39	00:00:39	00:05:26	00:30:39	00:58:45	
191	ROSZCZYŃSKI Michał	175		M30-39	00:00:39	00:05:10	00:29:29	00:56:43	
192	SZCZEBLEWSKI Grzegorz	201		M40-44	00:00:46	00:06:52			

Znaleziono 192 wynik(ów)