



Organizator:

Data:

Miejsce:

Dystans:

Koszalińskie Towarzystwo Krzewienia Kultury

Fizycznej

2016-05-22

Koszalin

21.1 km

PÓŁMARATON KOSZALIN - 21.1KM

B4SPORT



Klasyfikacja: M45-49

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	1.1km	6.1km	11.1km	16.1km	Czas netto 21.1km	Czas brutto 21.1km	Różn	Tempo min/km	Tempo km/h
1	KRYCZKA Stanisław	114	MTS HAMER MIASTKO	M45-49	1	00:00:33	00:04:18	00:24:32	00:45:16	01:07:07	01:29:49.95	01:30:23.90		4:15	14.1 (100%)
2	BIEDRZYCKI Krzysztof	259	CW FANZA KOŁOBRZEG	M45-49	2	00:00:35	00:04:36	00:26:48	00:49:04	01:11:21	01:33:41.55	01:34:17.20	+00:03:51 (4.1%)	4:26	13.5 (95.7%)
3	TCHÓRZEWSKI Marek	207		M45-49	3	00:00:35	00:04:43	00:27:20	00:50:05	01:13:33	01:37:16.20	01:37:51.50	+00:07:26 (7.6%)	4:36	13 (92.2%)
4	UZNAŃSKI Ryszard	213		M45-49	4	00:00:33	00:04:30	00:26:31	00:49:13	01:15:18	01:43:57.60	01:44:31.40	+00:14:07 (13.6%)	4:55	12.2 (86.5%)
5	PĘKAŁA Piotr	164	SOSW KOSZALIN	M45-49	5	00:00:48	00:05:46	00:32:07	00:58:30	01:24:59	01:50:52.55	01:51:41.35	+00:21:02 (19.0%)	5:15	11.4 (80.9%)
6	JANKOWSKI Jakub	74		M45-49	6	00:00:39	00:05:34	00:31:47	00:58:26	01:25:01	01:52:16.40	01:52:55.80	+00:22:26 (20.0%)	5:19	11.3 (80.1%)
7	GRABOWSKI Krzysztof	258		M45-49	7	00:00:38	00:05:37	00:32:33	01:00:35	01:28:25	01:54:18.65	01:54:57.00	+00:24:28 (21.4%)	5:25	11.1 (78.7%)
8	OSTROWSKI Piotr	156	BIEGAJĄCY TCZEW	M45-49	8	00:00:40	00:05:06	00:30:02	00:56:45	01:25:33	01:55:21.05	01:56:01.15	+00:25:31 (22.1%)	5:28	11 (78.0%)
9	ŚRODA Wojciech	204		M45-49	9	00:00:50	00:05:50	00:32:09	00:59:21	01:27:08	01:56:33.95	01:57:23.95	+00:26:44 (22.9%)	5:31	10.9 (77.3%)
10	WACHOWIAK Bogdan	215		M45-49	10	00:00:37	00:05:30	00:31:34	00:59:07	01:28:00	01:59:07.45	01:59:45.00	+00:29:17 (24.6%)	5:38	10.6 (75.2%)
11	DZIESZUK Dariusz	36	TKKF KOSZALIN	M45-49	11	00:00:42	00:05:51	00:33:32	01:01:28	01:29:48	02:00:09.50	02:00:51.75	+00:30:19 (25.2%)	5:41	10.5 (74.5%)
12	JANKOWSKI Jarosław	73		M45-49	12	00:00:44	00:06:05	00:34:18	01:02:37	01:31:47	02:00:49.40	02:01:33.90	+00:30:59 (25.6%)	5:43	10.5 (74.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	1.1km	6.1km	11.1km	16.1km	Czas netto 21.1km	Czas brutto 21.1km	Różn	Tempo min/km	Tempo km/h
13	JANKOWSKI Maciej	75		M45-49	13	00:00:38	00:05:35	00:31:49	01:00:26	01:31:28	02:03:04.15	02:03:42.20	+00:33:14 (27.0%)	5:49	10.3 (73.0%)
14	PIECHOTA Robert	166		M45-49	14	00:00:36	00:04:32	00:29:47	01:00:16	01:32:55	02:03:32.00	02:04:08.00	+00:33:42 (27.3%)	5:51	10.2 (72.3%)
15	PIEKARZEWICZ Tomasz	167	BOBOLICE	M45-49	15	00:00:46	00:05:28	00:31:42	01:00:41	01:32:18	02:04:25.45	02:05:11.45	+00:34:35 (27.8%)	5:53	10.2 (72.3%)
16	NIEDBAŁA Konrad	149		M45-49	16	00:00:49	00:06:13	00:35:12	01:04:51	01:37:44	02:12:59.20	02:13:48.30	+00:43:09 (32.4%)	6:18	9.5 (67.4%)
17	KOLASA Tomasz	98	KĄPIELE NA SPONTANIE	M45-49	17	00:00:48	00:06:20	00:38:30	01:10:58	01:44:26	02:18:04.15	02:18:52.30	+00:48:14 (34.9%)	6:32	9.2 (65.2%)

Znaleziono 17 wynik(ów)