



Organizator:

Data:

Miejsce:

Dystans:

Koszalińskie Towarzystwo Krzewienia Kultury

Fizycznej

2016-05-22

Koszalin

21.1 km

PÓŁMARATON KOSZALIN - 21.1KM

B4SPORT



Klasyfikacja: M50-54

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	1.1km	6.1km	11.1km	16.1km	Czas netto 21.1km	Czas brutto 21.1km	Różn	Tempo min/km	Tempo km/h
1	GRZESIK Eugeniusz	52	TKKF KOSZALIN	M50-54	1	00:00:35	00:04:27	00:25:40	00:47:07	01:08:47	01:30:13.45	01:30:48.75		4:16	14 (100%)
2	CZYŻEWSKI Janusz	29	KOŁOBRZEG BIEGA MARATON TEAM	M50-54	2	00:00:34	00:04:30	00:26:37	00:49:28	01:13:16	01:36:48.95	01:37:23.65	+00:06:35 (6.8%)	4:35	13.1 (93.6%)
3	CHAJNOWSKI Jarosław	252	TKKF TRIATHLON KOSZALIN	M50-54	3	00:00:45	00:05:16	00:29:33	00:54:22	01:18:44	01:42:12.15	01:42:57.55	+00:11:58 (11.7%)	4:50	12.4 (88.6%)
4	STANKIEWICZ Wiesław	195		M50-54	4	00:00:40	00:05:32	00:30:54	00:56:15	01:21:59	01:48:26.15	01:49:06.65	+00:18:12 (16.8%)	5:08	11.7 (83.6%)
5	BOGDANOWICZ Krzysztof	11	TKKF KOSZALIN	M50-54	5	00:00:39	00:05:11	00:29:06	00:54:16	01:23:02	01:52:00.05	01:52:39.05	+00:21:46 (19.4%)	5:18	11.3 (80.7%)
6	SKOWYRSKI Janusz	185	ROWERIA KOSZALIN	M50-54	6	00:00:43	00:05:18	00:30:10	00:55:55	01:23:48	01:52:20.95	01:53:04.05	+00:22:07 (19.7%)	5:19	11.3 (80.7%)
7	CHUDZIŃSKI Dariusz	24		M50-54	7	00:00:44	00:05:49	00:31:49	00:58:42	01:26:16	01:52:56.25	01:53:41.05	+00:22:42 (20.1%)	5:21	11.2 (80.0%)
8	SOWIŃSKI Saturnin	189	KB SPRINT ŚWIDWIN	M50-54	8	00:00:35	00:05:01	00:28:56	00:56:37	01:25:37	01:53:03.75	01:53:39.70	+00:22:50 (20.2%)	5:21	11.2 (80.0%)
9	LAMPKOWSKI Krzysztof	121		M50-54	9	00:00:36	00:04:55	00:28:55	00:56:12	01:24:31	01:53:56.30	01:54:33.25	+00:23:42 (20.8%)	5:24	11.1 (79.3%)
10	SCHWARZ Ludwik	248		M50-54	10	00:00:37	00:05:35	00:32:01	00:59:10	01:27:56	01:59:48.20	02:00:25.25	+00:29:34 (24.7%)	5:40	10.6 (75.7%)
11	SIKORSKI Darek	181		M50-54	11	00:00:39	00:05:58	00:33:14	01:01:30	01:30:50	02:00:53.25	02:01:33.20	+00:30:39 (25.4%)	5:43	10.5 (75.0%)
12	NAPIERAŁA Bogumił	148	KORA KOSZALIN	M50-54	12	00:00:44	00:05:46	00:31:46	00:59:22	01:30:25	02:01:31.40	02:02:16.10	+00:31:17 (25.8%)	5:45	10.4 (74.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	1.1km	6.1km	11.1km	16.1km	Czas netto 21.1km	Czas brutto 21.1km	Różn	Tempo min/km	Tempo km/h
13	CZYŻEWSKI Piotr	30	TKKF KOSZALIN	M50-54	13	00:00:38	00:05:33	00:32:04	01:01:15	01:34:12	02:08:23.50	02:09:01.95	+00:38:10 (29.7%)	6:05	9.9 (70.7%)
14	WOLAŃSKI Mariusz	227		M50-54	14	00:00:48	00:06:19	00:38:30	01:10:58	01:44:27	02:16:39.35	02:17:28.15	+00:46:25 (34.0%)	6:28	9.3 (66.4%)
15	KORPAL Cezary	104	ROZBIEGANY KOSZALIN	M50-54	15	00:00:40	00:06:16	00:35:11	01:06:07	01:38:17	02:17:08.05	02:17:48.45	+00:46:54 (34.2%)	6:29	9.2 (65.7%)
16	JANUSZEWSKI Jacek	77	17 WOG KOSZALIN	M50-54	16	00:00:40	00:05:25	00:31:44	01:02:26	01:39:35	02:21:08.80	02:21:49.75	+00:50:55 (36.1%)	6:41	9 (64.3%)

Znaleziono 16 wynik(ów)