

# PÓLMARATON PUSTELNIKA

B4SPORT

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INTELIGENTNE ZAWODY SPORTOWE



**Event:** I Festiwal Pustelnika  
**Organiser:** Stowarzyszenie „PRZEKROCZ GRANICE”  
**Date:** 2023-08-19  
**Place:** Wysowa-Zdrój  
**Distance:** 23,60 km

Classification: OPEN Kobiety

Place	Participant	Number	Club	Category	MCat	10km	Net time 23.6km	Czas brutto 23.6km	Gap	Pace min/km	Pace km/h
1	<b>KULKA-MNICH Regina</b>	<b>140</b>		OPEN Kobiety	1	00:56:38	<b>02:43:18.95</b>	<b>02:43:20.65</b>		6:55	8.7 (100%)
2	<b>HOŁOWATY Renata</b>	<b>148</b>	SANOK BIEGA	OPEN Kobiety	2	01:05:35	<b>02:56:52.20</b>	<b>02:56:53.75</b>	+00:13:33 (7.7%)	7:29	8 (92.0%)
3	<b>FLAGA Iwona</b>	<b>136</b>	LOS PANTALONES ROJOS	OPEN Kobiety	3	01:06:01	<b>03:03:52.30</b>	<b>03:04:03.45</b>	+00:20:42 (11.3%)	7:47	7.7 (88.5%)
4	<b>TUMIDAJEWICZ Patrycja</b>	<b>137</b>		OPEN Kobiety	4	01:06:07	<b>03:09:52.25</b>	<b>03:09:59.60</b>	+00:26:38 (14.0%)	8:02	7.5 (86.2%)
5	<b>SKRZYPEK Sylwia</b>	<b>150</b>		OPEN Kobiety	5	01:07:37	<b>03:24:06.50</b>	<b>03:24:11.70</b>	+00:40:51 (20.0%)	8:38	6.9 (79.3%)
6	<b>PAŁKA Magdalena</b>	<b>129</b>	GAZELE	OPEN Kobiety	6	01:06:28	<b>03:34:18.50</b>	<b>03:34:21.15</b>	+00:51:00 (23.8%)	9:04	6.6 (75.9%)
7	<b>PELCZAR Joanna</b>	<b>186</b>		OPEN Kobiety	7	01:13:48	<b>03:39:37.75</b>	<b>03:39:41.00</b>	+00:56:20 (25.6%)	9:18	6.4 (73.6%)
8	<b>DWORNIK Małgorzata</b>	<b>115</b>	WARCZĄCE SZPRYCHY	OPEN Kobiety	8	01:25:10	<b>04:04:54.40</b>	<b>04:05:00.30</b>	+01:21:39 (33.3%)	10:22	5.8 (66.7%)
9	<b>OLESIAK Beata</b>	<b>142</b>		OPEN Kobiety	9	01:25:32	<b>04:07:06.45</b>	<b>04:07:11.45</b>	+01:23:50 (33.9%)	10:28	5.7 (65.5%)
10	<b>ŁABUŚ Aleksandra</b>	<b>107</b>		OPEN Kobiety	10	01:25:10	<b>04:08:17.05</b>	<b>04:08:25.60</b>	+01:25:04 (34.2%)	10:31	5.7 (65.5%)
11	<b>PASIEKA Agnieszka</b>	<b>175</b>		OPEN Kobiety	11	01:13:15	<b>04:15:38.40</b>	<b>04:15:41.45</b>	+01:32:20 (36.1%)	10:49	5.5 (63.2%)
12	<b>HOLIK Iwona</b>	<b>152</b>	GORLICKA GRUPA BIEGOWA	OPEN Kobiety	12	01:25:18	<b>04:17:50.25</b>	<b>04:18:00.05</b>	+01:34:39 (36.7%)	10:55	5.5 (63.2%)
13	<b>SAMBORSKA Anna</b>	<b>114</b>		OPEN Kobiety	13	01:26:02	<b>04:30:45.65</b>	<b>04:30:48.70</b>	+01:47:28 (39.7%)	11:28	5.2 (59.8%)
14	<b>DOBEK Halina</b>	<b>127</b>	GGB	OPEN Kobiety	14	01:27:54	<b>04:31:33.40</b>	<b>04:31:42.45</b>	+01:48:21 (39.9%)	11:30	5.2 (59.8%)
15	<b>NAZIMEK Lilianna</b>	<b>143</b>	VISEGRAD MARATON /OHANA NOWY SĄCZ	OPEN Kobiety	15	01:27:32	<b>04:39:35.95</b>	<b>04:39:41.30</b>	+01:56:20 (41.6%)	11:50	5.1 (58.6%)
16	<b>MIREK Elżbieta</b>	<b>116</b>		OPEN Kobiety	16	01:27:29	<b>04:42:04.90</b>	<b>04:42:09.40</b>	+01:58:48 (42.1%)	11:57	5 (57.5%)
17	<b>RACHWAŁ Iwona</b>	<b>120</b>	MARATON GORLICE	OPEN Kobiety	17	01:30:24	<b>04:49:01.40</b>	<b>04:49:09.35</b>	+02:05:48 (43.5%)	12:14	4.9 (56.3%)
18	<b>KRYPCZYK Katarzyna</b>	<b>167</b>	STADION ŚLĄSKI	OPEN Kobiety	18	01:30:14	<b>04:55:32.95</b>	<b>04:55:52.10</b>	+02:12:31 (44.8%)	12:31	4.8 (55.2%)
19	<b>BELCZYK Ewelina</b>	<b>123</b>		OPEN Kobiety	19	01:47:35	<b>05:13:14.45</b>	<b>05:13:23.10</b>	+02:30:02 (47.9%)	13:16	4.5 (51.7%)
20	<b>OKARMA Martyna</b>	<b>112</b>	UKS HAŃCZOWA	OPEN Kobiety	20	01:35:41	<b>05:19:00.30</b>	<b>05:19:06.10</b>	+02:35:45 (48.8%)	13:31	4.4 (50.6%)
21	<b>KOŁTKO Ewelina</b>	<b>118</b>		OPEN Kobiety	21	01:35:43	<b>05:19:01.10</b>	<b>05:19:06.70</b>	+02:35:46 (48.8%)	13:31	4.4 (50.6%)
22	<b>DRAGAN Izabela</b>	<b>161</b>		OPEN Kobiety	22	01:46:33	<b>05:32:44.70</b>	<b>05:32:48.35</b>	+02:49:27 (50.9%)	14:05	4.3 (49.4%)

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23	<b>KNYCH Magdalena</b>	<b>153</b>		OPEN Kobiety	23	01:47:26	<b>05:32:37.85</b>	<b>05:32:48.55</b>	+02:49:27 (50.9%)	14:05	4.3 (49.4%)
24	<b>WIELICZKO Regina</b>	<b>179</b>		OPEN Kobiety	24	01:54:05	<b>05:56:15.55</b>	<b>05:56:20.05</b>	+03:12:59 (54.2%)	15:05	4 (46.0%)
25	<b>ŻEBROWSKA Matylda</b>	<b>113</b>		OPEN Kobiety	25	01:56:26	<b>05:57:09.70</b>	<b>05:57:19.80</b>	+03:13:59 (54.3%)	15:08	4 (46.0%)
	<b>WOJNA Anna</b>	<b>128</b>	ULKS LIPINKI	OPEN Kobiety		00:54:27 DNF	<b>DNF</b>	<b>DNF</b>		-	- (0.0%)

Total 26 results.