

PÓŁMARATON PUSZCZY BYDGOSKIEJ

B4SPORT

Organizator: Portal bydgoscybiegacze.pl i Life+
Data: 2016-09-18
Miejsce: BYDGOSZCZ
Dystans: 21.1 km



Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Bike_All 5km	Start_All 10.5km	Bike_All 15.5km	Czas netto 21km	Czas brutto 21km	Różn	Tempo min/km	Tempo km/h
1	SZYMAŃSKI Maciej	116		M20	1	00:00:02	00:22:37	00:44:48	01:07:55	01:29:57.05	01:29:59.05		4:17	14 (100%)
2	NITKA Łukasz	70		M30	1	00:00:03	00:22:55	00:45:08	01:08:48	01:30:51.10	01:30:54.20	+00:00:54 (1.0%)	4:19	13.9 (99.3%)
3	HOŁTYN Patryk	31		M20	2	00:00:02	00:22:56	00:45:19	01:09:06	01:32:09.40	01:32:12.00	+00:02:12 (2.4%)	4:23	13.7 (97.9%)
4	KOSZEWSKI Michał	117		M30	2	00:00:08	00:24:12	00:47:46	01:11:49	01:35:52.80	01:36:01.10	+00:05:55 (6.2%)	4:33	13.1 (93.6%)
5	GRACZYKOWSKI Jakub	27	BYDGOSZCZ TRIATHLON TEAM	M20	3	00:00:02	00:23:51	00:47:24	01:12:44	01:36:56.80	01:36:59.10	+00:06:59 (7.2%)	4:37	13 (92.9%)
6	BRZUCHALSKI Mateusz	6		M20	4	00:00:07	00:24:37	00:48:11	01:13:34	01:37:03.95	01:37:11.90	+00:07:06 (7.3%)	4:37	13 (92.9%)
7	ŻAROŃ Sławomir	113	EBUD.DOM	M50	1	00:00:02	00:24:26	00:48:24	01:13:38	01:37:37.75	01:37:40.25	+00:07:40 (7.9%)	4:38	12.9 (92.1%)
8	GRĘŻLIKOWSKI Adam	29	GRĘŻLIKOWSKI TEAM	M30	3	00:00:06	00:24:37	00:48:32	01:14:12	01:38:43.80	01:38:50.45	+00:08:46 (8.9%)	4:42	12.8 (91.4%)
9	KUBIAK Bartłomiej	51	DOBRCZ BIEGA	M20	5	00:00:04	00:25:24	00:50:14	01:15:52	01:39:44.25	01:39:48.70	+00:09:47 (9.8%)	4:44	12.6 (90.0%)
10	OLSZYŃSKI Sebastian	1	RUN BYDGOSZCZ	M30	4	00:00:09	00:25:45	00:49:42	01:15:37	01:40:27.55	01:40:36.75	+00:10:30 (10.5%)	4:47	12.5 (89.3%)
11	SMYKOWSKI Marcin	91		M40	1	00:00:04	00:26:18	00:51:22	01:17:23	01:40:50.55	01:40:54.80	+00:10:53 (10.8%)	4:48	12.5 (89.3%)
12	GÓRSKI Krzysztof	25	BIEGOWI ZAJAWKOWICZE	M40	2	00:00:02	00:24:38	00:49:02	01:15:47	01:41:15.60	01:41:18.20	+00:11:18 (11.2%)	4:49	12.4 (88.6%)
13	MIĘTKIEWICZ Rafał	63		M20	6	00:00:07	00:25:22	00:49:57	01:16:28	01:41:35.45	01:41:43.25	+00:11:38 (11.5%)	4:50	12.4 (88.6%)
14	GWITT Bartosz	107		M30	5	00:00:02	00:25:01	00:49:45	01:16:17	01:42:34.15	01:42:36.25	+00:12:37 (12.3%)	4:53	12.3 (87.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Bike_All 5km	Start_All 10.5km	Bike_All 15.5km	Czas netto 21km	Czas brutto 21km	Różn	Tempo min/km	Tempo km/h
15	MAKOWSKI Sławomir	58	RUN BYDGOSZCZ	M40	3	00:00:06	00:26:49	00:52:17	01:19:02	01:42:43.05	01:42:49.15	+00:12:46 (12.4%)	4:53	12.3 (87.9%)
16	BORUCH Łukasz	109		M30	6	00:00:08	00:29:54	00:55:24	01:20:17	01:43:19.40	01:43:28.20	+00:13:22 (12.9%)	4:55	12.2 (87.1%)
17	DAGIEL Aleksander	16	NIEZRZESZONY	M30	7	00:00:11	00:26:16	00:51:12	01:17:45	01:43:43.65	01:43:55.60	+00:13:46 (13.3%)	4:56	12.1 (86.4%)
18	BRYMORA Andrzej	5		M40	4	00:00:04	00:27:09	00:52:22	01:19:29	01:44:32.65	01:44:36.95	+00:14:35 (14.0%)	4:58	12.1 (86.4%)
19	ALSKI Łukasz	3		M30	8	00:00:09	00:28:01	00:54:13	01:21:10	01:45:33.20	01:45:42.65	+00:15:36 (14.8%)	5:01	11.9 (85.0%)
20	CIMACHOWSKI Jakub	13	CIMATECH	M30	9	00:00:09	00:30:09	00:55:30	01:21:38	01:45:55.10	01:46:04.30	+00:15:58 (15.1%)	5:02	11.9 (85.0%)
21	OLEJNICZAK Tomasz	72	TEAM EXREF.PL	M30	10	00:00:07	00:28:44	00:55:40	01:22:13	01:46:51.60	01:46:58.80	+00:16:54 (15.8%)	5:05	11.8 (84.3%)
22	MUCHA Aleksander	69	BHP-ADR.PL	M30	11	00:00:06	00:26:54	00:52:25	01:20:32	01:47:54.75	01:48:00.80	+00:17:57 (16.6%)	5:08	11.7 (83.6%)
23	MICHALAK Paweł	62		M30	12	00:00:03	00:27:42	00:54:20	01:22:09	01:48:06.75	01:48:10.45	+00:18:09 (16.8%)	5:08	11.7 (83.6%)
24	ROSIAK Dariusz	83	#ZAWSZEPOZLOTO	M20	7	00:00:03	00:26:56	00:53:12	01:21:13	01:48:07.05	01:48:10.10	+00:18:10 (16.8%)	5:08	11.7 (83.6%)
25	KLONOWSKI Tomasz	39	PLATAN	M30	13	00:00:03	00:27:01	00:53:35	01:21:34	01:48:10.20	01:48:14.05	+00:18:13 (16.8%)	5:09	11.6 (82.9%)
26	SZWARC Paweł	119	RUN BDG	M30	14	00:00:14	00:28:18	00:54:18	01:22:16	01:48:30.20	01:48:44.50	+00:18:33 (17.1%)	5:10	11.6 (82.9%)
27	MAJEWSKI Robert	115	RUN PASJA BYDGOSZCZ	M30	15	00:00:06	00:25:53	00:51:55	01:20:26	01:49:04.55	01:49:10.95	+00:19:07 (17.5%)	5:11	11.6 (82.9%)
28	MROZEK Marcin	67		M30	16	00:00:25	00:27:47	00:54:02	01:22:07	01:49:18.40	01:49:44.00	+00:19:21 (17.7%)	5:12	11.5 (82.1%)
29	RADULSKI Dawid	76		M20	8	00:00:07	00:28:05	00:54:11	01:22:20	01:49:27.50	01:49:35.05	+00:19:30 (17.8%)	5:12	11.5 (82.1%)
30	KRZYŻANOWSKI Robert	49	ANDRO	M40	5	00:00:08	00:28:09	00:54:50	01:22:59	01:50:40.70	01:50:49.40	+00:20:43 (18.7%)	5:16	11.4 (81.4%)
31	TACZKOWSKI Mateusz	114	DECATHLON FORDON TEAM	M20	9	00:00:05	00:26:55	00:52:23	01:22:04	01:50:40.95	01:50:46.30	+00:20:43 (18.7%)	5:16	11.4 (81.4%)
32	KONIECZNY Dawid	43		M20	10	00:00:07	00:28:09	00:54:19	01:22:15	01:50:46.05	01:50:53.75	+00:20:49 (18.8%)	5:16	11.4 (81.4%)
33	DOMŻALSKI Marek	18		M40	6	00:00:08	00:28:30	00:55:35	01:24:51	01:51:20.15	01:51:28.95	+00:21:23 (19.2%)	5:18	11.3 (80.7%)
34	GRELEWICZ Jacek	28		M50	2	00:00:04	00:28:11	00:55:11	01:24:52	01:51:49.95	01:51:54.70	+00:21:52 (19.6%)	5:19	11.3 (80.7%)
35	PALACZ Wioletta	73		K30	1	00:00:08	00:28:08	00:55:01	01:24:15	01:52:04.95	01:52:13.25	+00:22:07 (19.7%)	5:20	11.2 (80.0%)
36	KRZEMIENŃ Joanna	48	6. KILOMETR	K30	2	00:00:14	00:30:18	00:57:41	01:26:06	01:52:41.70	01:52:56.35	+00:22:44 (20.2%)	5:22	11.2 (80.0%)
37	RESKE Daniel	80	ATOS TEAM	M30	17	00:00:08	00:27:11	00:54:10	01:23:37	01:53:06.70	01:53:14.90	+00:23:09 (20.5%)	5:23	11.1 (79.3%)

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38	JANKOWSKA Kasia	33		K20	1	00:00:06	00:28:51	00:56:29	01:26:16	01:54:15.95	01:54:22.40	+00:24:18 (21.3%)	5:26	11 (78.6%)
39	SZOPIŃSKA Agnieszka	95	BRAK	K30	3	00:00:07	00:28:53	00:56:51	01:26:56	01:55:07.20	01:55:14.20	+00:25:10 (21.9%)	5:28	10.9 (77.9%)
40	TOMCZAK Agnieszka	98		K40	1	00:00:07	00:28:54	00:56:51	01:26:57	01:55:55.20	01:56:02.40	+00:25:58 (22.4%)	5:31	10.9 (77.9%)
41	GŁÓD Arkadiusz	110	RUNSPACE.PL TEAM	M40	7	00:00:04	00:29:41	00:58:00	01:28:03	01:57:00.70	01:57:05.65	+00:27:03 (23.1%)	5:34	10.8 (77.1%)
42	CERAN Tomasz	9		M30	18	00:00:16	00:30:06	00:57:11	01:26:27	01:57:11.95	01:57:28.20	+00:27:14 (23.2%)	5:34	10.8 (77.1%)
43	SZCZERBA Maciej	94	EJKUMKEJKUM	M40	8	00:00:03	00:29:22	00:57:23	01:28:05	01:57:22.35	01:57:26.30	+00:27:25 (23.4%)	5:35	10.7 (76.4%)
44	MRUK-HORODECKA Kornelia	68		K30	4	00:00:13	00:30:32	00:58:56	01:29:01	01:57:31.85	01:57:45.35	+00:27:34 (23.5%)	5:35	10.7 (76.4%)
45	STASIEWSKI Mariusz	92	TRISPACE	M40	9	00:00:03	00:30:41	00:59:44	01:30:03	01:58:04.00	01:58:07.85	+00:28:06 (23.8%)	5:37	10.7 (76.4%)
46	GRABOWSKI Marcin	26	VS	M30	19	00:00:09	00:30:23	00:57:47	01:27:56	01:58:45.70	01:58:55.10	+00:28:48 (24.3%)	5:39	10.6 (75.7%)
47	RATAJ Zuzanna	78	KOBIETY BIEGAJĄ / SLA POLONIA BYDGOSZCZ	K30	5	00:00:04	00:30:24	00:59:12	01:30:15	01:58:49.85	01:58:54.60	+00:28:52 (24.3%)	5:39	10.6 (75.7%)
48	FILIPEK Piotr	21		M40	10	00:00:05	00:30:38	00:58:55	01:29:40	01:59:06.10	01:59:11.80	+00:29:09 (24.5%)	5:40	10.6 (75.7%)
49	RUDOL Sebastian	100		M40	11	00:00:06	00:30:36	01:00:20	01:33:19	01:59:10.25	01:59:17.20	+00:29:13 (24.5%)	5:40	10.6 (75.7%)
50	TOCZKIEWICZ Piotr	97		M40	12	00:00:05	00:30:26	00:59:36	01:29:55	01:59:40.30	01:59:45.65	+00:29:43 (24.8%)	5:41	10.5 (75.0%)
51	ŁUGOWSKA Iga	56		K30	6	00:00:10	00:30:35	00:59:08	01:30:16	02:00:02.10	02:00:12.35	+00:30:05 (25.1%)	5:42	10.5 (75.0%)
52	ŚMIGLEWSKI Maciej	96	WAKEPARK BYDGOSZCZ	M30	20	00:00:10	00:30:35	00:59:08	01:30:16	02:00:02.55	02:00:12.55	+00:30:05 (25.1%)	5:42	10.5 (75.0%)
53	CHWIŁKA Daniel	11	TASAK TEAM	M30	21	00:00:05	00:31:11	01:01:36	01:32:44	02:01:29.55	02:01:34.80	+00:31:32 (26.0%)	5:47	10.4 (74.3%)
54	BILSKI Marcin	4	OPONEO.PL	M30	22	00:00:04	00:29:21	00:57:22	01:28:19	02:01:33.40	02:01:37.85	+00:31:36 (26.0%)	5:47	10.4 (74.3%)
55	DOCZEKALSKA Paulina	111	EBUD.DOM	K30	7	00:00:08	00:28:50	00:56:46	01:30:48	02:01:40.25	02:01:48.55	+00:31:43 (26.1%)	5:47	10.4 (74.3%)
56	TOMASZEWSKI Marcin	112		M40	13	00:00:07	00:30:54	01:00:39	01:31:28	02:02:01.20	02:02:09.00	+00:32:04 (26.3%)	5:48	10.3 (73.6%)
57	SITAREK Anna	87		K30	8	00:00:15	00:32:07	01:01:45	01:33:16	02:02:21.70	02:02:37.15	+00:32:24 (26.5%)	5:49	10.3 (73.6%)
58	GIERSZEWSKA Grażyna	23		K40	2	00:00:07	00:31:25	01:01:26	01:32:57	02:02:31.35	02:02:38.35	+00:32:34 (26.6%)	5:50	10.3 (73.6%)
59	DUDZIŃSKA Aleksandra	19	RUN BYDGOSZCZ	K40	3	00:00:14	00:31:49	01:01:54	01:33:31	02:03:09.25	02:03:23.65	+00:33:12 (27.0%)	5:51	10.2 (72.9%)
60	KWIATKOWSKI Filip	53	CB163	M-OPEN	1	00:00:09	00:28:51	00:57:15	01:30:16	02:03:55.95	02:04:05.05	+00:33:58 (27.4%)	5:54	10.2 (72.9%)

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61	KAMIŃSKA Agnieszka	34		K30	9	00:00:13	00:32:17	01:03:19	01:35:04	02:04:20.60	02:04:33.65	+00:34:23 (27.7%)	5:55	10.1 (72.1%)
62	ORŁOWSKA Beata	118		K40	4	00:00:12	00:32:57	01:02:49	01:34:47	02:04:28.30	02:04:40.80	+00:34:31 (27.7%)	5:55	10.1 (72.1%)
63	KLONOWSKA Agnieszka	38	PLATAN	K30	10	00:00:05	00:30:41	01:00:04	01:32:47	02:04:40.90	02:04:45.95	+00:34:43 (27.9%)	5:56	10.1 (72.1%)
64	MOCZYŃSKI Leszek	64	BIEGAM DLA BYDGOSZCZY	M60+	1	00:00:06	00:31:02	01:00:55	01:34:26	02:04:41.70	02:04:48.00	+00:34:44 (27.9%)	5:56	10.1 (72.1%)
65	MROZEK Anna	66		K30	11	00:00:28	00:31:10	01:01:16	01:34:05	02:04:46.20	02:05:14.45	+00:34:49 (27.9%)	5:56	10.1 (72.1%)
66	KUKAWKA Maciej	52		M30	23	00:00:26	00:31:11	01:00:22	01:32:15	02:04:58.80	02:05:25.25	+00:35:01 (28.0%)	5:57	10.1 (72.1%)
67	MAJEK Marcin	57		M30	24	00:00:12	00:36:26	01:08:42	01:42:23	02:09:06.80	02:09:19.30	+00:39:09 (30.3%)	6:08	9.8 (70.0%)
68	WOJCIECHOWSKI Radosław	102	6.KILOMETR	M30	25	00:00:15	00:33:34	01:05:27	01:38:23	02:09:06.85	02:09:22.00	+00:39:09 (30.3%)	6:08	9.8 (70.0%)
69	DOMINIK Michał	17	CB163	M20	11	00:00:10	00:31:10	01:01:46	01:37:05	02:09:19.55	02:09:30.10	+00:39:22 (30.4%)	6:09	9.7 (69.3%)
69	KOŃPA Arkadiusz	44	CB163	M20	12	00:00:10	00:31:10	01:01:46	01:37:07	02:09:19.55	02:09:30.40	+00:39:22 (30.4%)	6:09	9.7 (69.3%)
71	KISZKA Marcin	37	RUN PASJA	M30	26	00:00:11	00:33:00	01:04:48	01:38:13	02:09:40.05	02:09:51.60	+00:39:43 (30.6%)	6:10	9.7 (69.3%)
72	WAWRZYNIAK Michał	99	BIL BIEGA	M30	27	00:00:12	00:32:18	01:03:20	01:37:35	02:10:22.00	02:10:34.90	+00:40:24 (31.0%)	6:12	9.7 (69.3%)
73	ADASZAK Katarzyna	2	RUN PASJA	K30	12	00:00:11	00:33:00	01:04:48	01:38:14	02:10:40.15	02:10:52.00	+00:40:43 (31.2%)	6:13	9.6 (68.6%)
74	SIEKIERSKI Tomasz	86	PRONATURA BYDGOSZCZ	M30	28	00:00:06	00:30:36	01:00:20	01:33:22	02:10:42.90	02:10:49.85	+00:40:45 (31.2%)	6:13	9.6 (68.6%)
75	KŁOSOWSKI Robert	40	BBL INOWROCŁAW	M30	29	00:00:05	00:30:39	01:00:02	01:34:20	02:12:15.75	02:12:21.60	+00:42:18 (32.0%)	6:17	9.5 (67.9%)
76	WIESE Grzegorz	101		M50	3	00:00:08	00:33:23	01:05:14	01:40:11	02:12:48.00	02:12:56.25	+00:42:50 (32.3%)	6:19	9.5 (67.9%)
77	MARKLIK Grażyna	59		K40	5	00:00:16	00:33:09	01:04:56	01:40:18	02:13:53.40	02:14:09.90	+00:43:56 (32.8%)	6:22	9.4 (67.1%)
78	MATKOWSKA Małgorzata	61		K30	13	00:00:16	00:33:08	01:04:56	01:40:17	02:13:53.45	02:14:09.85	+00:43:56 (32.8%)	6:22	9.4 (67.1%)
79	SEBASTIANOWICZ Kalina	85		K20	2	00:00:03	00:32:37	01:05:09	01:40:09	02:14:07.90	02:14:11.75	+00:44:10 (32.9%)	6:23	9.4 (67.1%)
80	EISERT Edyta	20		K30	14	00:00:11	00:36:32	01:10:45	01:44:55	02:14:23.85	02:14:34.85	+00:44:26 (33.1%)	6:23	9.4 (67.1%)
81	SMIETANA Natalia	90		K20	3	00:00:10	00:35:59	01:09:32	01:43:59	02:14:29.75	02:14:40.35	+00:44:32 (33.1%)	6:24	9.4 (67.1%)
81	ROBACZEWSKA Kinga	81		K30	15	00:00:11	00:36:32	01:10:45	01:44:55	02:14:29.75	02:14:41.00	+00:44:32 (33.1%)	6:24	9.4 (67.1%)
83	PAWLAK Waldemar	74		M30	30	00:00:11	00:31:25	01:02:28	01:37:45	02:14:31.80	02:14:43.70	+00:44:34 (33.1%)	6:24	9.4 (67.1%)

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84	RATAJ Maciej	79		M40	14	00:00:05	00:30:59	01:03:37	01:39:31	02:14:45.20	02:14:51.05	+00:44:48 (33.2%)	6:25	9.3 (66.4%)
85	KOWALSKA Anna	45		K30	16	00:00:12	00:36:27	01:08:42	01:42:37	02:15:14.20	02:15:26.60	+00:45:17 (33.5%)	6:26	9.3 (66.4%)
86	KOLASA Tomasz	42	KĄPIELE NA SPONTANIE KOŁOBRZEG	M40	15	00:00:13	00:33:57	01:07:32	01:44:20	02:19:04.85	02:19:17.90	+00:49:07 (35.3%)	6:37	9.1 (65.0%)
87	RATAJ Krzysztof	77	POLONIA BYDGOSZCZ SLA	M30	31	00:00:05	00:32:34	01:05:06	01:42:41	02:19:48.90	02:19:54.45	+00:49:51 (35.7%)	6:39	9 (64.3%)
88	GORGOL Renata	24	RUN BYDGOSZCZ	K40	6	00:00:14	00:36:28	01:10:44	01:46:01	02:20:05.35	02:20:19.70	+00:50:08 (35.8%)	6:40	9 (64.3%)
89	BURSKA Małgorzata	8	DOBRCZ BIEGA	K30	17	00:00:05	00:35:03	01:09:21	01:45:49	02:21:23.85	02:21:29.70	+00:51:26 (36.4%)	6:44	8.9 (63.6%)
90	KNIOŁA Alina	41		K20	4	00:00:04	00:35:49	01:11:43	01:51:02	02:25:04.35	02:25:08.50	+00:55:07 (38.0%)	6:54	8.7 (62.1%)
91	SKOWRON Monika	88		K30	18	00:00:11	00:36:27	01:10:55	01:49:17	02:25:05.20	02:25:16.45	+00:55:08 (38.0%)	6:54	8.7 (62.1%)
92	NUNZEK Agnieszka	71		K40	7	00:00:15	00:33:36	01:08:59	01:48:21	02:25:50.50	02:26:06.40	+00:55:53 (38.3%)	6:56	8.6 (61.4%)
93	KOZERA Marcin	46		M40	16	00:00:15	00:33:35	01:08:59	01:48:21	02:25:50.60	02:26:06.25	+00:55:53 (38.3%)	6:56	8.6 (61.4%)
94	MARKOWSKA Izabela	60	NIEZRZESZONA	K30	19	00:00:13	00:34:28	01:28:28	02:04:54	02:40:21.70	02:40:35.30	+01:10:24 (43.9%)	7:38	7.9 (56.4%)
95	ZIELIŃSKI Mateusz	30		M30	32	00:00:15	00:39:01	01:16:55	02:02:27	02:46:29.90	02:46:45.20	+01:16:32 (46.0%)	7:55	7.6 (54.3%)
96	KEMPA Arkadiusz	36	RUN BDG	M40	17	00:00:17	00:40:22	01:20:19	02:08:57	02:57:55.05	02:58:12.20	+01:27:58 (49.4%)	8:28	7.1 (50.7%)

Znaleziono 96 wynik(ów)