



**Wydarzenie:**  
**Organizator:**  
**Data:**  
**Miejsce:**  
**Dystans:**

CHOJNIK KARKONOSKI FESTIWAL BIEGOWY 2021  
FUNDACJA PROFIT MARATON  
2021-09-04  
Sobieszów  
29 km

# PÓLMARATON Z GÓRKĄ

B4SPORT

**B4SPORT**  
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: M30

| Msc | Zawodnik             | Numer | Klub                                      | Kategoria | Mkat | Droga pod<br>Reglami<br>6km | Trzy<br>Jawory<br>10km | Droga pod<br>Reglami<br>23km | Czas<br>netto<br>29km | Różn                 | Tempo<br>min/km | Tempo<br>km/h  |
|-----|----------------------|-------|-------------------------------------------|-----------|------|-----------------------------|------------------------|------------------------------|-----------------------|----------------------|-----------------|----------------|
| 1   | PAZDAN Piotr         | 1070  | 140MINUT.PL                               | M30       | 1    | 00:29:16                    | 00:50:15               | 02:04:46                     | 02:43:31.05           |                      | 5:38            | 10.6<br>(100%) |
| 2   | SZKOŁA Wojciech      | 1003  | NATURAL BORN RUNNERS                      | M30       | 2    | 00:30:25                    | 00:52:35               | 02:12:10                     | 02:54:02.15           | +00:10:31<br>(6.0%)  | 6:00            | 10<br>(94.3%)  |
| 3   | PYZIK Krzysztof      | 738   | VEGESLONIKN TEAM / FIZJOBIEGACZE SZCZECIN | M30       | 3    | 00:30:31                    | 00:52:36               | 02:13:03                     | 02:55:45.25           | +00:12:14<br>(7.0%)  | 6:03            | 9.9<br>(93.4%) |
| 4   | DZIENISZEWSKI Michał | 1085  | DYNAFIT / SKALNIK.PL                      | M30       | 4    | 00:33:47                    | 00:57:27               | 02:15:21                     | 02:58:49.65           | +00:15:18<br>(8.6%)  | 6:09            | 9.7<br>(91.5%) |
| 5   | DYBIŻBAŃSKI Wojciech | 963   |                                           | M30       | 5    | 00:33:46                    | 00:57:50               | 02:23:12                     | 03:09:35.20           | +00:26:04<br>(13.8%) | 6:32            | 9.2<br>(86.8%) |
| 6   | BARTKOWIAK Michał    | 914   | CITYTRAIL TEAM                            | M30       | 6    | 00:34:24                    | 01:00:50               | 02:31:00                     | 03:15:33.30           | +00:32:02<br>(16.4%) | 6:44            | 8.9<br>(84.0%) |
| 7   | OLCZYK Grzegorz      | 1002  | DRÄXLMAIER                                | M30       | 7    | 00:34:38                    | 00:57:49               | 02:26:47                     | 03:18:35.60           | +00:35:04<br>(17.7%) | 6:50            | 8.8<br>(83.0%) |
| 8   | BIELA Konrad         | 997   | GOPR KARKONOSZE                           | M30       | 8    | 00:33:45                    | 00:58:11               | 02:31:28                     | 03:20:11.85           | +00:36:40<br>(18.3%) | 6:54            | 8.7<br>(82.1%) |
| 9   | BOSAKIEWICZ Tomasz   | 1058  | OLAWS                                     | M30       | 9    | 00:35:35                    | 01:01:06               | 02:35:24                     | 03:22:14.90           | +00:38:43<br>(19.2%) | 6:58            | 8.6<br>(81.1%) |
| 10  | GOLONKA Paweł        | 781   | KB WIKON NOWA SÓL                         | M30       | 10   | 00:34:42                    | 00:59:10               | 02:35:30                     | 03:23:58.35           | +00:40:27<br>(19.8%) | 7:02            | 8.5<br>(80.2%) |
| 11  | MÓLL Mateusz         | 935   | #SOBASTEAM                                | M30       | 11   | 00:31:56                    | 00:55:33               | 02:28:25                     | 03:25:23.00           | +00:41:51<br>(20.4%) | 7:04            | 8.5<br>(80.2%) |
| 12  | WOJNAROWICZ Paweł    | 923   |                                           | M30       | 12   | 00:36:24                    | 01:02:12               | 02:38:09                     | 03:29:41.55           | +00:46:10<br>(22.0%) | 7:13            | 8.3<br>(78.3%) |
| 13  | MRUK Paweł           | 1038  | 140MINUT.PL                               | M30       | 13   | 00:36:53                    | 01:02:36               | 02:42:01                     | 03:30:44.50           | +00:47:13<br>(22.4%) | 7:16            | 8.3<br>(78.3%) |
| 14  | GRACZ Paweł          | 714   |                                           | M30       | 14   | 00:33:34                    | 00:57:28               | 02:29:36                     | 03:31:46.45           | +00:48:15<br>(22.8%) | 7:18            | 8.2<br>(77.4%) |
| 15  | MICHAŁSKI Krzysztof  | 863   |                                           | M30       | 15   | 00:36:12                    | 01:01:15               | 02:41:03                     | 03:32:19.35           | +00:48:48<br>(23.0%) | 7:19            | 8.2<br>(77.4%) |

| Msc | Zawodnik             | Numer | Klub                            | Kategoria | Mkat | Droga pod<br>Reglami<br>6km | Trzy<br>Jawory<br>10km | Droga pod<br>Reglami<br>23km | Czas<br>netto<br>29km | Różn                 | Tempo<br>min/km | Tempo<br>km/h  |
|-----|----------------------|-------|---------------------------------|-----------|------|-----------------------------|------------------------|------------------------------|-----------------------|----------------------|-----------------|----------------|
| 16  | FERET Hubert         | 778   |                                 | M30       | 16   | 00:37:05                    | 01:03:47               | 02:40:54                     | 03:33:11.20           | +00:49:40<br>(23.3%) | 7:21            | 8.2<br>(77.4%) |
| 17  | WALIGÓRA Mateusz     | 763   |                                 | M30       | 17   | 00:33:38                    | 00:58:20               | 02:40:14                     | 03:36:15.80           | +00:52:44<br>(24.4%) | 7:27            | 8<br>(75.5%)   |
| 18  | MACHOWIAK Maciej     | 1006  |                                 | M30       | 18   | 00:35:44                    | 01:00:55               | 02:40:46                     | 03:36:43.30           | +00:53:12<br>(24.5%) | 7:28            | 8<br>(75.5%)   |
| 19  | KACZMAREK Maciej     | 979   |                                 | M30       | 19   | 00:37:54                    | 01:04:05               | 02:42:53                     | 03:36:45.05           | +00:53:14<br>(24.6%) | 7:28            | 8<br>(75.5%)   |
| 20  | OKOŁOTOWICZ Michał   | 952   | NOA                             | M30       | 20   | 00:39:01                    | 01:05:00               | 02:42:49                     | 03:37:17.80           | +00:53:46<br>(24.7%) | 7:29            | 8<br>(75.5%)   |
| 21  | GRZEMSKI Marcin      | 943   | WRONIECKI KLUB BIEGACZA         | M30       | 21   | 00:33:35                    | 00:58:15               | 02:40:35                     | 03:37:59.20           | +00:54:28<br>(25.0%) | 7:31            | 8<br>(75.5%)   |
| 22  | MORAŃSKI Paweł       | 1092  |                                 | M30       | 22   | 00:39:55                    | 01:08:42               | 02:47:44                     | 03:38:15.55           | +00:54:44<br>(25.1%) | 7:31            | 8<br>(75.5%)   |
| 23  | BUDYNEK Tadeusz      | 1076  | ALVO RACING TEAM                | M30       | 23   | 00:38:35                    | 01:03:55               | 02:45:52                     | 03:38:22.20           | +00:54:51<br>(25.1%) | 7:31            | 8<br>(75.5%)   |
| 24  | MROWCA Paweł         | 780   |                                 | M30       | 24   | 00:37:46                    | 01:03:17               | 02:43:55                     | 03:38:45.90           | +00:55:14<br>(25.3%) | 7:32            | 8<br>(75.5%)   |
| 25  | WILK Maciej          | 1015  |                                 | M30       | 25   | 00:36:52                    | 01:03:43               | 02:44:58                     | 03:41:52.75           | +00:58:21<br>(26.3%) | 7:39            | 7.8<br>(73.6%) |
| 26  | WILCZEWSKI Piotr     | 1010  | GORZOWSKIE BIEGANIE CZWARTKWOE  | M30       | 26   | 00:39:42                    | 01:06:33               | 02:49:08                     | 03:42:42.05           | +00:59:11<br>(26.6%) | 7:40            | 7.8<br>(73.6%) |
| 27  | WINTER Piotr         | 890   | NIGHT RUNNERS                   | M30       | 27   | 00:37:48                    | 01:03:58               | 02:44:04                     | 03:44:04.95           | +01:00:33<br>(27.0%) | 7:43            | 7.8<br>(73.6%) |
| 28  | SAWICKI Bartosz      | 757   | DZIKIE DZIKI GORZÓW             | M30       | 28   | 00:38:40                    | 01:04:06               | 02:55:43                     | 03:46:47.25           | +01:03:16<br>(27.9%) | 7:49            | 7.7<br>(72.6%) |
| 29  | PALCZYŃSKI Krzysztof | 725   |                                 | M30       | 29   | 00:37:15                    | 01:03:50               | 02:49:54                     | 03:47:06.85           | +01:03:35<br>(28.0%) | 7:49            | 7.7<br>(72.6%) |
| 30  | SADOWSKI Michał      | 796   |                                 | M30       | 30   | 00:34:38                    | 00:57:51               | 02:49:49                     | 03:53:11.80           | +01:09:40<br>(29.9%) | 8:02            | 7.5<br>(70.8%) |
| 31  | MOCZULSKI Kamil      | 937   | MOCNA GRUPA CEZARA/SBRT WROCŁAW | M30       | 31   | 00:39:27                    | 01:09:37               | 03:00:01                     | 03:54:50.25           | +01:11:19<br>(30.4%) | 8:05            | 7.4<br>(69.8%) |
| 32  | WRÓBLEWSKI Wojciech  | 717   |                                 | M30       | 32   | 00:36:38                    | 01:03:39               | 02:56:02                     | 03:55:37.85           | +01:12:06<br>(30.6%) | 8:07            | 7.4<br>(69.8%) |
| 33  | STASZEWSKI Piotr     | 1011  |                                 | M30       | 33   | 00:40:46                    | 01:07:36               | 02:56:34                     | 03:56:15.85           | +01:12:44<br>(30.8%) | 8:08            | 7.4<br>(69.8%) |
| 34  | BURA Krystian        | 784   | BIEGAJ LESZNO                   | M30       | 34   | 00:36:35                    | 01:02:24               | 02:59:28                     | 03:56:41.95           | +01:13:10<br>(30.9%) | 8:09            | 7.4<br>(69.8%) |
| 35  | PIETRUSA Mariusz     | 986   | CYKLOFAN                        | M30       | 35   | 00:39:43                    | 01:07:49               | 02:58:50                     | 03:57:03.60           | +01:13:32<br>(31.0%) | 8:10            | 7.3<br>(68.9%) |
| 36  | BOROWSKI Radosław    | 839   | MLKS KRAJNA                     | M30       | 36   | 00:41:18                    | 01:09:38               | 02:59:43                     | 03:57:31.80           | +01:14:00<br>(31.2%) | 8:11            | 7.3<br>(68.9%) |
| 37  | TOMASIEWICZ Brunon   | 959   |                                 | M30       | 37   | 00:41:47                    | 01:11:24               | 02:58:21                     | 03:58:56.10           | +01:15:25<br>(31.6%) | 8:14            | 7.3<br>(68.9%) |
| 38  | KRAJEWSKI Marcin     | 1079  | NOA                             | M30       | 38   | 00:40:52                    | 01:09:03               | 03:01:24                     | 03:58:58.35           | +01:15:27<br>(31.6%) | 8:14            | 7.3<br>(68.9%) |

| Msc | Zawodnik                  | Numer | Klub                | Kategoria | Mkat | Droga pod Reglami 6km |  | Trzy Jawory 10km |  | Droga pod Reglami 23km |  | Czas netto 29km |                   | Różn | Tempo min/km | Tempo km/h  |
|-----|---------------------------|-------|---------------------|-----------|------|-----------------------|--|------------------|--|------------------------|--|-----------------|-------------------|------|--------------|-------------|
|     |                           |       |                     |           |      |                       |  |                  |  |                        |  |                 |                   |      |              |             |
| 39  | GANDYRA Rafał             | 1044  |                     | M30       | 39   | 00:38:42              |  | 01:07:21         |  | 02:59:42               |  | 03:59:54.50     | +01:16:23 (31.8%) |      | 8:16         | 7.3 (68.9%) |
| 40  | WRÓBEL Marcin             | 903   |                     | M30       | 40   | 00:39:55              |  | 01:05:46         |  | 02:58:57               |  | 04:00:15.05     | +01:16:44 (31.9%) |      | 8:17         | 7.2 (67.9%) |
| 41  | SENFLEBEN Marek           | 1018  |                     | M30       | 41   | 00:38:54              |  | 01:05:38         |  | 03:00:40               |  | 04:01:28.95     | +01:17:57 (32.3%) |      | 8:19         | 7.2 (67.9%) |
| 42  | STRZELECKI Robert         | 803   |                     | M30       | 42   | 00:40:24              |  | 01:09:39         |  | 03:05:58               |  | 04:03:14.85     | +01:19:43 (32.8%) |      | 8:23         | 7.2 (67.9%) |
| 43  | WABERSKI Przemysław       | 872   |                     | M30       | 43   | 00:43:29              |  | 01:14:51         |  | 03:08:29               |  | 04:04:12.80     | +01:20:41 (33.0%) |      | 8:25         | 7.1 (67.0%) |
| 44  | INGLOT Paweł              | 1087  |                     | M30       | 44   | 00:37:45              |  | 01:05:30         |  | 03:02:44               |  | 04:06:27.60     | +01:22:56 (33.7%) |      | 8:29         | 7.1 (67.0%) |
| 45  | JAZ Ernest                | 1040  | ENDORFINY WĄSOSZ    | M30       | 45   | 00:37:13              |  | 01:04:28         |  | 03:05:25               |  | 04:07:03.30     | +01:23:32 (33.8%) |      | 8:31         | 7 (66.0%)   |
| 46  | STASIAK Łukasz            | 797   |                     | M30       | 46   | 00:43:55              |  | 01:15:18         |  | 03:09:13               |  | 04:09:25.30     | +01:25:54 (34.4%) |      | 8:36         | 7 (66.0%)   |
| 47  | MORAWSKI Wojciech         | 933   |                     | M30       | 47   | 00:45:55              |  | 01:17:57         |  | 03:09:38               |  | 04:09:46.55     | +01:26:15 (34.5%) |      | 8:36         | 7 (66.0%)   |
| 48  | BASIŃSKI Tomasz           | 944   | ORION TEAM          | M30       | 48   | 00:40:53              |  | 01:09:16         |  | 03:06:53               |  | 04:10:03.05     | +01:26:32 (34.6%) |      | 8:37         | 7 (66.0%)   |
| 49  | STANKIEWICZ Paweł         | 990   |                     | M30       | 49   | 00:46:32              |  | 01:17:17         |  | 03:14:36               |  | 04:12:18.90     | +01:28:47 (35.2%) |      | 8:42         | 6.9 (65.1%) |
| 50  | BARYSKI Maciej            | 1008  |                     | M30       | 50   | 00:40:08              |  | 01:08:58         |  | 03:10:48               |  | 04:14:18.65     | +01:30:47 (35.7%) |      | 8:46         | 6.8 (64.2%) |
| 51  | ROKSELA Paweł             | 764   |                     | M30       | 51   | 00:44:06              |  | 01:14:45         |  | 03:17:15               |  | 04:15:00.55     | +01:31:29 (35.9%) |      | 8:47         | 6.8 (64.2%) |
| 52  | PISKORSKI Łukasz          | 973   |                     | M30       | 52   | 00:41:18              |  | 01:10:21         |  | 03:13:33               |  | 04:16:38.90     | +01:33:07 (36.3%) |      | 8:50         | 6.8 (64.2%) |
| 53  | ZYWERT Mateusz            | 798   |                     | M30       | 53   | 00:41:43              |  | 01:09:54         |  | 03:15:25               |  | 04:22:04.60     | +01:38:33 (37.6%) |      | 9:02         | 6.6 (62.3%) |
| 54  | OSICA Łukasz              | 730   |                     | M30       | 54   | 00:43:22              |  | 01:14:56         |  | 03:19:55               |  | 04:24:28.85     | +01:40:57 (38.2%) |      | 9:07         | 6.6 (62.3%) |
| 55  | CIĘŻKI Konrad             | 977   |                     | M30       | 55   | 00:41:59              |  | 01:14:07         |  | 03:25:38               |  | 04:24:34.20     | +01:41:03 (38.2%) |      | 9:07         | 6.6 (62.3%) |
| 56  | GODŁOŃ Jeży               | 1099  |                     | M30       | 56   | 00:43:46              |  | 01:17:13         |  | 03:21:26               |  | 04:25:06.20     | +01:41:35 (38.3%) |      | 9:08         | 6.6 (62.3%) |
| 57  | ROMANIUK Bartosz          | 729   |                     | M30       | 57   | 00:45:02              |  | 01:15:33         |  | 03:12:50               |  | 04:25:55.75     | +01:42:24 (38.5%) |      | 9:10         | 6.5 (61.3%) |
| 58  | PRZYBYŁKA Mateusz Leonard | 838   | MLKS KRAJNA SĘPÓLNO | M30       | 58   | 00:41:21              |  | 01:10:43         |  | 03:19:03               |  | 04:26:41.60     | +01:43:10 (38.7%) |      | 9:11         | 6.5 (61.3%) |
| 59  | PAWZUN Bartek             | 910   |                     | M30       | 59   | 00:40:13              |  | 01:09:54         |  | 03:16:16               |  | 04:28:18.60     | +01:44:47 (39.1%) |      | 9:15         | 6.5 (61.3%) |
| 60  | PRZYBOROWSKI Bartosz      | 873   |                     | M30       | 60   | 00:41:17              |  | 01:10:41         |  | 03:22:52               |  | 04:30:37.55     | +01:47:06 (39.6%) |      | 9:19         | 6.4 (60.4%) |
| 61  | WIEWIÓRKO Mateusz         | 1016  |                     | M30       | 61   | 00:40:30              |  | 01:13:13         |  | 03:20:17               |  | 04:35:00.90     | +01:51:29 (40.5%) |      | 9:28         | 6.3 (59.4%) |

| Msc | Zawodnik                   | Numer | Klub                    | Kategoria | Mkat | Droga pod<br>Reglami<br>6km | Trzy<br>Jawory<br>10km | Droga pod<br>Reglami<br>23km | Czas<br>netto<br>29km | Różn                 | Tempo<br>min/km | Tempo<br>km/h  |
|-----|----------------------------|-------|-------------------------|-----------|------|-----------------------------|------------------------|------------------------------|-----------------------|----------------------|-----------------|----------------|
| 62  | NOWAK Tomasz               | 897   |                         | M30       | 62   | 00:45:29                    | 01:18:32               | 03:27:54                     | 04:37:34.50           | +01:54:03<br>(41.1%) | 9:34            | 6.3<br>(59.4%) |
| 63  | LORENC Paweł               | 1065  | ENDORFINY WĄSOSZ        | M30       | 63   | 00:44:13                    | 01:15:33               | 03:26:14                     | 04:38:12.60           | +01:54:41<br>(41.2%) | 9:35            | 6.3<br>(59.4%) |
| 64  | KROP Matuesz               | 879   |                         | M30       | 64   | 00:48:29                    | 01:22:53               | 03:34:48                     | 04:42:12.25           | +01:58:41<br>(42.1%) | 9:43            | 6.2<br>(58.5%) |
| 65  | KARBOWSKI Łukasz           | 731   |                         | M30       | 65   | 00:40:44                    | 01:10:27               | 03:29:57                     | 04:43:03.85           | +01:59:32<br>(42.2%) | 9:45            | 6.1<br>(57.5%) |
| 66  | WRÓBLEWSKI Witold          | 728   |                         | M30       | 66   | 00:42:04                    | 01:12:08               | 03:39:55                     | 04:50:07.05           | +02:06:36<br>(43.6%) | 10:00           | 6<br>(56.6%)   |
| 67  | KALEŃSKI-JAŚKIEWICZ Łukasz | 742   | KLUB J&J                | M30       | 67   | 00:48:58                    | 01:22:24               | 03:42:44                     | 04:50:53.50           | +02:07:22<br>(43.8%) | 10:01           | 6<br>(56.6%)   |
| 68  | MISTUR Szymon              | 702   | HAKUNA MATATA           | M30       | 68   | 00:44:22                    | 01:15:19               | 03:40:32                     | 04:53:15.70           | +02:09:44<br>(44.2%) | 10:06           | 5.9<br>(55.7%) |
| 69  | HAWRYLISZYN Jan            | 1030  | PIASECZNO RUNNING       | M30       | 69   | 00:46:29                    | 01:17:24               | 03:47:11                     | 04:54:46.45           | +02:11:15<br>(44.5%) | 10:09           | 5.9<br>(55.7%) |
| 70  | SALSKI Jarosław            | 733   | WRONIECKI KLUB BIEGACZA | M30       | 70   | 00:42:26                    | 01:14:46               | 03:53:45                     | 05:08:23.45           | +02:24:52<br>(47.0%) | 10:38           | 5.6<br>(52.8%) |
| 71  | SZCZAPA Karol              | 925   | 12TRI.PL                | M30       | 71   | 00:50:45                    | 01:27:42               | 03:51:26                     | 05:08:52.40           | +02:25:21<br>(47.1%) | 10:39           | 5.6<br>(52.8%) |
| 72  | BARANOWSKI Szymon          | 1020  |                         | M30       | 72   | 00:49:45                    | 01:25:35               | 03:56:07                     | 05:13:36.70           | +02:30:05<br>(47.9%) | 10:48           | 5.5<br>(51.9%) |
| 73  | DANKOWSKI Bartosz          | 1049  | ENDORFINY WĄSOSZ        | M30       | 73   | 00:46:03                    | 01:18:40               | 03:58:58                     | 05:15:21.00           | +02:31:49<br>(48.1%) | 10:52           | 5.5<br>(51.9%) |
| 74  | KAŁŁAUR Krzysztof          | 848   |                         | M30       | 74   | 00:51:46                    | 01:29:27               | 04:02:13                     | 05:20:58.20           | +02:37:27<br>(49.1%) | 11:04           | 5.4<br>(50.9%) |
| 75  | CZARNOTA Sławomir          | 828   |                         | M30       | 75   | 00:48:25                    | 01:23:11               | 04:00:56                     | 05:25:34.70           | +02:42:03<br>(49.8%) | 11:13           | 5.3<br>(50.0%) |
| 76  | PLIS Jordan                | 919   |                         | M30       | 76   | 00:48:49                    | 01:25:20               | 04:02:27                     | 05:25:46.20           | +02:42:15<br>(49.8%) | 11:14           | 5.3<br>(50.0%) |
| 77  | SKOWRONEK Tomasz           | 754   |                         | M30       | 77   | 00:49:06                    | 01:26:57               | 04:07:19                     | 05:30:18.35           | +02:46:47<br>(50.5%) | 11:23           | 5.3<br>(50.0%) |
| 78  | ŚLUSAREK Rafał             | 1013  |                         | M30       | 78   | 00:52:49                    | 01:31:11               | 04:14:12                     | 05:34:15.45           | +02:50:44<br>(51.1%) | 11:31           | 5.2<br>(49.1%) |
| 79  | RABENDA Paweł              | 727   | J&J                     | M30       | 79   | 00:52:38                    | 01:27:08               | 04:07:26                     | 05:37:38.30           | +02:54:07<br>(51.6%) | 11:38           | 5.2<br>(49.1%) |
| 80  | KNĄBER Piotr               | 726   | J&J                     | M30       | 80   | 00:52:49                    | 01:29:08               | 04:06:37                     | 05:37:38.60           | +02:54:07<br>(51.6%) | 11:38           | 5.2<br>(49.1%) |
| 81  | RĄCZKOWIAK Mateusz         | 712   | USZŁO POWIETRZE Z DĘTKI | M30       | 81   | 00:49:59                    | 01:28:33               | 04:12:59                     | 05:39:55.50           | +02:56:24<br>(51.9%) | 11:43           | 5.1<br>(48.1%) |
| 82  | FERENC Stanisław           | 911   |                         | M30       | 82   | 00:45:36                    | 01:18:50               | 03:43:51                     | 05:44:36.40           | +03:01:05<br>(52.5%) | 11:52           | 5<br>(47.2%)   |
| 83  | BIEŃ Piotr                 | 945   |                         | M30       | 83   | 00:53:15                    | 01:31:55               | 04:29:22                     | 05:48:01.10           | +03:04:30<br>(53.0%) | 12:00           | 5<br>(47.2%)   |
| 84  | SIWA Michał                | 706   |                         | M30       | 84   | 00:51:42                    | 01:30:06               | 04:24:30                     | 05:52:02.65           | +03:08:31<br>(53.6%) | 12:08           | 4.9<br>(46.2%) |

| Msc                                | Zawodnik            | Numer | Klub                             | Kategoria | Mkat | Droga pod<br>Reglami<br>6km | Trzy<br>Jawory<br>10km | Droga pod<br>Reglami<br>23km | Czas<br>netto<br>29km | Różn                 | Tempo<br>min/km | Tempo<br>km/h  |
|------------------------------------|---------------------|-------|----------------------------------|-----------|------|-----------------------------|------------------------|------------------------------|-----------------------|----------------------|-----------------|----------------|
| 85                                 | GLUBA Bartosz       | 916   | 1ON1 RUNNING TEAM                | M30       | 85   | 00:49:34                    | 01:25:45               | 04:35:00                     | 05:57:33.85           | +03:14:02<br>(54.3%) | 12:19           | 4.9<br>(46.2%) |
| 86                                 | KACZMAREK Łukasz    | 983   |                                  | M30       | 86   | 00:53:03                    | 01:30:07               | 04:32:36                     | 06:00:53.40           | +03:17:22<br>(54.7%) | 12:26           | 4.8<br>(45.3%) |
| 87                                 | KAMINSKI Igor       | 980   | IGI-TEAM                         | M30       | 87   | 00:51:45                    | 01:28:54               | 04:39:29                     | 06:00:56.70           | +03:17:25<br>(54.7%) | 12:26           | 4.8<br>(45.3%) |
| 88                                 | HARASZCZUK Krystian | 900   |                                  | M30       | 88   | 00:52:45                    | 01:26:44               | 04:33:11                     | 06:10:27.70           | +03:26:56<br>(55.9%) | 12:46           | 4.7<br>(44.3%) |
| 89                                 | KWIECIŃSKI Łukasz   | 718   | J&J                              | M30       | 89   | 00:56:57                    | 01:37:53               | 04:46:45                     | 06:16:46.40           | +03:33:15<br>(56.6%) | 12:59           | 4.6<br>(43.4%) |
| 90                                 | GOŁĘBIEWSKI Tytus   | 744   | NGB / ULTRA FALUBAZ              | M30       | 90   | 00:31:29                    | 00:54:12               | 05:32:41                     | 06:41:58.60           | +03:58:27<br>(59.3%) | 13:51           | 4.3<br>(40.6%) |
| 91                                 | KĘPSKI Grzegorz     | 885   |                                  | M30       | 91   | 01:03:12                    | 01:48:33               | 05:03:47                     | 06:56:01.20           | +04:12:30<br>(60.7%) | 14:20           | 4.2<br>(39.6%) |
| Przekroczony limit czasu: 07:00:00 |                     |       |                                  |           |      |                             |                        |                              |                       |                      |                 |                |
| 92                                 | SZYMAŃSKI Jarosław  | 777   | FUJITSU RUNNING TEAM / 1ON1 TEAM | M30       | 92   | 01:08:11                    | 01:55:28               | 05:32:07                     | 07:02:12.40           | +04:18:41<br>(61.3%) | 14:33           | 4.1<br>(38.7%) |
|                                    | ROGOWSKI Paweł      | 970   |                                  | M30       |      | DNF                         | DNF                    | DNF                          | DNF                   |                      | -               | -<br>(0.0%)    |

Znaleziono 93 wynik(ów)