

# PÓLMARATON Z GÓRKĄ

B4SPORT



**Wydarzenie:** Duch Lasu  
**Organizator:** Stowarzyszenie Duch Pogórza  
**Data:** 2023-11-04  
**Miejsce:** Dubiecko  
**Dystans:** 23 km

**B4SPORT**  
 INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: OPEN Kobiety

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	10km	20km	Czas netto 23km	Czas brutto 23km	Różn	Tempo min/km	Tempo km/h
1	JAKUBIEC-ALBERT Katarzyna	219		OPEN Kobiety	1	01:08:16	02:21:55	02:48:57.00	02:48:57.00		7:20	8.2 (100%)
2	SZPOR-SLAWATECKA Agnieszka	265		OPEN Kobiety	2	01:10:49	02:24:15	02:53:03.00	02:53:03.00	+00:04:06 (2.4%)	7:31	8 (97.6%)
3	DYJAK Agnieszka	209		OPEN Kobiety	3	01:11:19	02:26:59	02:56:51.00	02:56:51.00	+00:07:54 (4.5%)	7:41	7.8 (95.1%)
4	GROCHOWSKA Magdalena	217	KARL STORZ POLSKA	OPEN Kobiety	4	01:14:56	02:38:11	03:05:48.00	03:05:48.00	+00:16:51 (9.1%)	8:04	7.4 (90.2%)
5	SULIK Anna	262	PODIUM	OPEN Kobiety	5	01:17:52	02:41:43	03:11:29.00	03:11:29.00	+00:22:32 (11.8%)	8:19	7.2 (87.8%)
6	DREWNIAK Agata	207		OPEN Kobiety	6	01:19:50	02:43:33	03:12:04.00	03:12:04.00	+00:23:07 (12.0%)	8:21	7.2 (87.8%)
7	CHMIELAK Agata	204	KINGRUNNER ULTRA	OPEN Kobiety	7	01:17:41	02:42:31	03:14:03.00	03:14:03.00	+00:25:06 (12.9%)	8:26	7.1 (86.6%)
8	SUŁKOWSKA-WIROWSKA Gabriela	254		OPEN Kobiety	8	01:25:12	02:56:18	03:29:20.00	03:29:20.00	+00:40:23 (19.3%)	9:06	6.6 (80.5%)
9	GOLEŃ Justyna	215		OPEN Kobiety	9	01:27:08	03:02:17	03:38:17.00	03:38:17.00	+00:49:20 (22.6%)	9:29	6.3 (76.8%)
10	GĘBKA Małgorzata	212		OPEN Kobiety	10	01:25:38	03:06:12	03:45:16.00	03:45:16.00	+00:56:19 (25.0%)	9:47	6.1 (74.4%)
11	BYKOWSKA-KAŃTOCH Anna	203		OPEN Kobiety	11	01:30:12	03:08:58	03:45:17.00	03:45:17.00	+00:56:20 (25.0%)	9:47	6.1 (74.4%)
12	NOWROTEK Wanda	239		OPEN Kobiety	12	01:25:34	03:06:06	03:45:40.00	03:45:40.00	+00:56:43 (25.1%)	9:48	6.1 (74.4%)
13	SUCHORA Anna	252		OPEN Kobiety	13	01:33:20	03:16:10	03:53:33.00	03:53:33.00	+01:04:36 (27.7%)	10:09	5.9 (72.0%)
14	KARWACKA Aneta	224		OPEN Kobiety	14	01:35:03	03:24:00	04:02:23.00	04:02:23.00	+01:13:26 (30.3%)	10:32	5.7 (69.5%)
15	LEŚNICZAK Barbara	232		OPEN Kobiety	15	01:30:20	03:22:22	04:06:02.00	04:06:02.00	+01:17:05 (31.3%)	10:41	5.6 (68.3%)
16	KAZNOWSKA Emilia	225		OPEN Kobiety	16	01:37:06	03:30:26	04:08:56.00	04:08:56.00	+01:19:59 (32.1%)	10:49	5.5 (67.1%)
17	WOJDYLAŁ Anna	258		OPEN Kobiety	17	01:37:10	03:30:21	04:08:57.00	04:08:57.00	+01:20:00 (32.1%)	10:49	5.5 (67.1%)
18	BURZ-PARADOWSKA Jowita	202	BYLEDOMETRY	OPEN Kobiety	18	02:00:08	04:20:44	05:15:56.00	05:15:56.00	+02:26:59 (46.5%)	13:44	4.4 (53.7%)
19	PASIEKA Agnieszka	242		OPEN Kobiety	19	02:06:46	04:25:48	05:16:21.00	05:16:21.00	+02:27:24 (46.6%)	13:45	4.4 (53.7%)
20	WITUSIK Dorota	257		OPEN Kobiety	20	02:06:49	04:25:50	05:16:23.00	05:16:23.00	+02:27:26 (46.6%)	13:45	4.4 (53.7%)

Znaleziono 20 wynik(ów)