

PÓŁMARATON Z GÓRKĄ

B4SPORT
INTELEGENNE ZAWODY SPORTOWE

Wydarzenie: Duch Lasu
Organizator: Stowarzyszenie Duch Pogórza
Data: 2024-11-09
Miejsce: Dubiecko
Dystans: 23 km

B4SPORT
INTELEGENNE ZAWODY SPORTOWE

Klasyfikacja: OPEN Mężczyźni

| Msc | Zawodnik | Numer | Klub | Kategoria | Mkat | 10km | 20km | Czas netto 23.5km | Czas brutto 23.5km | Różn | Tempo min/km | Tempo km/h |
|-----|-------------------------|------------|---------------------------------------|-------------------|------|----------|----------|----------------------|-----------------------|----------------------|-----------------|-----------------|
| 1 | SZMIST Szymon | 268 | 35 BATALION LEKKIEJ PIECHOTY SANOK | OPEN Mężczyźni | 1 | 00:47:20 | | 01:55:38.00 | 01:55:38.00 | | 4:55 | 12.2 (100%) |
| 2 | ŁASKI Tomasz | 237 | PTASIE RADIO BRZOZOW | OPEN Mężczyźni | 2 | 00:49:44 | | 02:03:41.00 | 02:03:41.00 | +00:08:03 (6.5%) | 5:15 | 11.4 (93.4%) |
| 3 | GUT Jacek | 221 | KLUB MORSA SŁONECZKO/ #SZLACHTA BIEGA | OPEN Mężczyźni | 3 | 00:50:54 | | 02:06:25.00 | 02:06:25.00 | +00:10:47 (8.5%) | 5:22 | 11.2 (91.8%) |
| 4 | POPŁAWSKI Marcin | 251 | #R | OPEN Mężczyźni | 4 | 00:52:54 | | 02:08:23.00 | 02:08:23.00 | +00:12:45 (9.9%) | 5:27 | 11 (90.2%) |
| 5 | LASOTA Robert | 233 | | OPEN Mężczyźni | 5 | 00:50:52 | | 02:09:49.00 | 02:09:49.00 | +00:14:11 (10.9%) | 5:31 | 10.9 (89.3%) |
| 6 | KOCAJ Jakub | 227 | GÓRAL Z MAZUR RUNNING TEAM | OPEN Mężczyźni | 6 | 00:53:22 | | 02:11:09.00 | 02:11:09.00 | +00:15:31 (11.8%) | 5:34 | 10.8 (88.5%) |
| 7 | WÓJTOWICZ Piotr | 274 | PODIUM | OPEN Mężczyźni | 7 | 00:56:26 | 01:57:42 | 02:18:11.00 | 02:18:11.00 | +00:22:33 (16.3%) | 5:52 | 10.2 (83.6%) |
| 8 | STACH Tomasz | 265 | BIEGAJĄCA RODZINKA | OPEN Mężczyźni | 8 | 00:57:05 | | 02:22:03.00 | 02:22:03.00 | +00:26:25 (18.6%) | 6:02 | 9.9 (81.1%) |
| 9 | ZIĘBA Mateusz | 276 | PODIUM | OPEN Mężczyźni | 9 | 01:00:11 | | 02:24:39.00 | 02:24:39.00 | +00:29:01 (20.1%) | 6:09 | 9.7 (79.5%) |
| 10 | SIKORA Tomek | 258 | | OPEN Mężczyźni | 10 | 00:59:42 | | 02:26:05.00 | 02:26:05.00 | +00:30:27 (20.8%) | 6:12 | 9.7 (79.5%) |
| 11 | DZIEDZIC Witold | 211 | | OPEN Mężczyźni | 11 | 01:00:08 | | 02:27:10.00 | 02:27:10.00 | +00:31:32 (21.4%) | 6:15 | 9.6 (78.7%) |
| 12 | KWIECIEŃ Paweł | 232 | | OPEN Mężczyźni | 12 | 01:00:18 | | 02:27:40.00 | 02:27:40.00 | +00:32:02 (21.7%) | 6:17 | 9.5 (77.9%) |
| 13 | PIWOŃSKI Adam | 286 | GÓRA KALWARIA | OPEN Mężczyźni | 13 | 01:00:15 | | 02:28:47.00 | 02:28:47.00 | +00:33:09 (22.3%) | 6:19 | 9.5 (77.9%) |
| 14 | RUDZIŃSKI Jakub | 256 | | OPEN Mężczyźni | 14 | 01:03:59 | | 02:29:47.00 | 02:29:47.00 | +00:34:09 (22.8%) | 6:22 | 9.4 (77.0%) |
| 15 | MADEJ Kacper | 239 | DELTA FORCE | OPEN Mężczyźni | 15 | 01:00:46 | | 02:30:36.00 | 02:30:36.00 | +00:34:58 (23.2%) | 6:24 | 9.4 (77.0%) |

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|-----|---------------------------|------------|---|-------------------|------|----------|------|--------------------|--------------------|----------------------|-----------------|----------------|
| | | | | | | | | netto 23.5km | brutto 23.5km | | | |
| 16 | WARECKI Radosław | 272 | PRZEWORSKA GRUPA BIEGOWA | OPEN Mężczyźni | 16 | 01:00:20 | | 02:31:10.00 | 02:31:10.00 | +00:35:32 (23.5%) | 6:25 | 9.3 (76.2%) |
| 17 | PRĘTNIK Sławomir | 280 | | OPEN Mężczyźni | 17 | 01:01:26 | | 02:31:46.00 | 02:31:46.00 | +00:36:08 (23.8%) | 6:27 | 9.3 (76.2%) |
| 18 | FLOREK Marcin | 212 | MĘŻCZYŹNI ŚW. JÓZEFA/PTG SOKÓŁ ŚWIAT PRACY TARNÓW | OPEN Mężczyźni | 18 | 01:02:37 | | 02:40:27.00 | 02:40:27.00 | +00:44:49 (27.9%) | 6:49 | 8.8 (72.1%) |
| 19 | LESZCZYŃSKI Michał | 234 | #SZLACHTABIEGA | OPEN Mężczyźni | 19 | 01:06:49 | | 02:42:07.00 | 02:42:07.00 | +00:46:29 (28.7%) | 6:53 | 8.7 (71.3%) |
| 20 | STACH Jacek | 264 | BIEGAJĄCA RODZINKA | OPEN Mężczyźni | 20 | 01:05:30 | | 02:43:10.00 | 02:43:10.00 | +00:47:32 (29.1%) | 6:56 | 8.6 (70.5%) |
| 21 | STYŚ Simon | 281 | | OPEN Mężczyźni | 21 | 01:09:02 | | 02:43:26.00 | 02:43:26.00 | +00:47:48 (29.2%) | 6:57 | 8.6 (70.5%) |
| 22 | PIĄTEK Robert | 249 | | OPEN Mężczyźni | 22 | 01:08:52 | | 02:43:59.00 | 02:43:59.00 | +00:48:21 (29.5%) | 6:58 | 8.6 (70.5%) |
| 23 | GAWLIK Łukasz | 213 | W&W RUNNING TEAM | OPEN Mężczyźni | 23 | 01:06:27 | | 02:47:33.00 | 02:47:33.00 | +00:51:55 (31.0%) | 7:07 | 8.4 (68.9%) |
| 24 | DOBRAT Krzysztof | 282 | JDŚ BTB | OPEN Mężczyźni | 24 | 01:07:44 | | 02:53:29.00 | 02:53:29.00 | +00:57:51 (33.3%) | 7:22 | 8.1 (66.4%) |
| 25 | KAPLITA Rafał | 225 | #SZLACHTABIEGA | OPEN Mężczyźni | 25 | 01:12:59 | | 02:57:37.00 | 02:57:37.00 | +01:01:59 (34.9%) | 7:33 | 7.9 (64.8%) |
| 26 | CZAPLAG Michał | 287 | | OPEN Mężczyźni | 26 | 01:13:27 | | 02:57:46.00 | 02:57:46.00 | +01:02:08 (35.0%) | 7:33 | 7.9 (64.8%) |
| 27 | ZIĘBA Dawid | 275 | | OPEN Mężczyźni | 27 | 01:13:25 | | 02:57:47.00 | 02:57:47.00 | +01:02:09 (35.0%) | 7:33 | 7.9 (64.8%) |
| 28 | ŻOCHOWSKI Jakub | 278 | ŁÓDŹ KOCHA SPORT | OPEN Mężczyźni | 28 | 01:12:17 | | 03:01:09.00 | 03:01:09.00 | +01:05:31 (36.2%) | 7:42 | 7.8 (63.9%) |
| 29 | PLIS Sławek | 250 | | OPEN Mężczyźni | 29 | 01:10:45 | | 03:01:16.00 | 03:01:16.00 | +01:05:38 (36.2%) | 7:42 | 7.8 (63.9%) |
| 30 | BANAT Robert | 202 | PODIUM | OPEN Mężczyźni | 30 | 01:12:51 | | 03:01:42.00 | 03:01:42.00 | +01:06:04 (36.4%) | 7:43 | 7.8 (63.9%) |
| 31 | ZONTEK Paweł | 277 | | OPEN Mężczyźni | 31 | 01:08:37 | | 03:03:50.00 | 03:03:50.00 | +01:08:12 (37.1%) | 7:49 | 7.7 (63.1%) |
| 32 | PRZYBYLSKI Damian | 253 | PODIUM | OPEN Mężczyźni | 32 | 01:12:43 | | 03:04:01.00 | 03:04:01.00 | +01:08:23 (37.2%) | 7:49 | 7.7 (63.1%) |
| 33 | POTOCZNY Marcin | 285 | | OPEN Mężczyźni | 33 | 01:08:41 | | 03:04:42.00 | 03:04:42.00 | +01:09:04 (37.4%) | 7:51 | 7.6 (62.3%) |
| 34 | TILL Konrad | 269 | HALOKOSMOS | OPEN Mężczyźni | 34 | 01:13:38 | | 03:06:12.00 | 03:06:12.00 | +01:10:34 (37.9%) | 7:55 | 7.6 (62.3%) |
| 35 | ADAM Zbigniew | 201 | #SZLACHTABIEGA# | OPEN Mężczyźni | 35 | 01:18:47 | | 03:17:41.00 | 03:17:41.00 | +01:22:03 (41.5%) | 8:24 | 7.1 (58.2%) |
| 36 | GILAS Michał | 217 | BIŁGORUN | OPEN Mężczyźni | 36 | 01:15:25 | | 03:24:18.00 | 03:24:18.00 | +01:28:40 (43.4%) | 8:41 | 6.9 (56.6%) |
| 37 | SŁOWIK Daniel | 260 | GANG ZAKRĘCONYCH MASTERSÓW | OPEN Mężczyźni | 37 | 01:21:37 | | 03:26:34.00 | 03:26:34.00 | +01:30:56 (44.0%) | 8:47 | 6.8 (55.7%) |
| 38 | POLAŃSKI Robert | 284 | | OPEN Mężczyźni | 38 | 01:19:25 | | 03:30:26.00 | 03:30:26.00 | +01:34:48 (45.0%) | 8:57 | 6.7 (54.9%) |

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|-----|------------------------------|------------|-------------|-------------------|------|----------|------|----------------------|-----------------------|----------------------|-----------------|----------------|
| 39 | BUKOWSKI Grzegorz | 205 | | OPEN Mężczyźni | 39 | 01:26:13 | | 03:31:26.00 | 03:31:26.00 | +01:35:48 (45.3%) | 8:59 | 6.7 (54.9%) |
| 40 | GILAS Szymon | 216 | CHEŁM BIEGA | OPEN Mężczyźni | 40 | 01:25:28 | | 03:35:40.00 | 03:35:40.00 | +01:40:02 (46.4%) | 9:10 | 6.5 (53.3%) |
| 41 | MORGAŚ Mariusz | 242 | | OPEN Mężczyźni | 41 | 01:25:33 | | 03:41:31.00 | 03:41:31.00 | +01:45:53 (47.8%) | 9:25 | 6.4 (52.5%) |
| 42 | KORZENIOWSKI Grzegorz | 229 | | OPEN Mężczyźni | 42 | 01:27:09 | | 03:41:57.00 | 03:41:57.00 | +01:46:19 (47.9%) | 9:26 | 6.4 (52.5%) |
| 43 | SMARŻ Arek | 261 | | OPEN Mężczyźni | 43 | 01:31:14 | | 04:02:17.00 | 04:02:17.00 | +02:06:39 (52.3%) | 10:18 | 5.8 (47.5%) |
| 44 | PARADOWSKI Paweł | 245 | | OPEN Mężczyźni | 44 | 01:38:29 | | 04:25:20.00 | 04:25:20.00 | +02:29:42 (56.4%) | 11:17 | 5.3 (43.4%) |
| 45 | ROSA Batrosz | 255 | | OPEN Mężczyźni | 45 | | | 05:35:41.00 | 05:35:41.00 | +03:40:03 (65.6%) | 14:17 | 4.2 (34.4%) |
| 46 | PASIONEK Bartłomiej | 247 | | OPEN Mężczyźni | 46 | 01:12:21 | | | | +00:25:01 | 7:14 | 8.3 (68.0%) |

Znaleziono 46 wynik(ów)