

# POLSKAMAN TRIATHLON WOLSZTYN - DŁUGI

B4SPORT

**Event:** PolskaMan Triathlon Wolsztyn 2020  
**Organiser:** ROBUSTUS Sp. z o.o. Sp. k.  
**Date:** 2020-08-16  
**Place:** Wolsztyn  
**Distance:** 226 km

**B4SPORT**  
 INTELIGENTNE ZAWODY SPORTOWE

Classification: All

Split point: 153,8 km

Place	Participant	Number	Club	Category	Swimming		T1	Cycling					T2	Race	Total
					3.8km	Poz		15km	45km	75km	S17 105km	S17 135km			
1	<b>SOWIŃSKI Miłosz</b>	<b>514</b>	AZS AWF WROCLAW/ IRONMANINSPIRATION TEAM	M18	<b>00:54:21</b>	1	00:02:49	00:21:36	01:04:46	01:48:10	02:31:59	03:22:47			
2	<b>JILEK David</b>	<b>516</b>		M30	<b>01:00:51</b>	2	00:03:33	00:23:19	01:09:30	01:55:49	02:42:18	03:29:12			
3	<b>MIZIARSKI Paweł</b>	<b>20</b>		M30	<b>01:03:18</b>	3	00:03:38	00:24:27	01:11:30	01:59:02	02:45:44	03:34:59			
4	<b>AIGNER Michael</b>	<b>85</b>	TRI+RUN AUTOHAUS MAYR SCHWARZACH	M30	<b>01:04:16</b>	4	00:02:42	00:25:13	01:14:54	02:04:12	02:53:33	03:42:56			
5	<b>KLUPCZYŃSKI Piotr</b>	<b>77</b>	KLUB PŁYWACKI AQUAPARK WĄGROWIEC	M18	<b>01:05:40</b>	6	00:03:35	00:24:48	01:13:11	02:02:40	02:51:38	03:41:13			
6	<b>WEINREICH Norbert</b>	<b>97</b>	BSV FRIESEN	M50	<b>01:05:16</b>	5	00:04:11	00:24:42	01:13:20	02:03:17	02:53:13	03:43:15			
7	<b>MICHALSKI Andrzej</b>	<b>60</b>	KRYSTEK TRI	M30	<b>01:09:46</b>	7	00:03:34	00:23:32	01:11:18	02:00:09	02:49:24	03:39:31			
8	<b>BEDNAREK Łukasz</b>	<b>100</b>	PLAY	M30	<b>01:13:56</b>	10	00:04:23	00:25:15	01:14:17	02:03:26	02:53:44	03:44:17			
9	<b>GUILLE-DEVERS Valentin</b>	<b>18</b>	OULLINS TRIATHLON	M18	<b>01:17:24</b>	22	00:05:25	00:25:26	01:15:01	02:03:22	02:51:51	03:41:21			
10	<b>SZCZUPAK Dominik</b>	<b>67</b>	TEAM PROGRESJA	M40	<b>01:12:41</b>	9	00:04:42	00:26:10	01:15:12	02:04:20	02:54:37	03:45:10			
11	<b>HILL Mario</b>	<b>57</b>	TRI ENDURANCE GERMANY	M50	<b>01:21:14</b>	28	00:03:42	00:25:59	01:16:51	02:07:41	02:59:11	03:52:16			
12	<b>RÓŻAŃSKI Mariusz</b>	<b>63</b>	OLO MED	M40	<b>01:26:08</b>	36	00:05:32	00:25:05	01:15:54	02:05:47	02:56:49	03:48:09			
13	<b>CELIŃSKI Paweł</b>	<b>95</b>	IRONMAN INSPIRATION	M30	<b>01:17:23</b>	21	00:03:26	00:25:52	01:15:59	02:07:50	03:01:51	03:58:18			
14	<b>PAGÓRSKI Jakub</b>	<b>78</b>	AKADEMIA MARYNARKI WOJENNEJ	M18	<b>01:21:47</b>	30	00:04:18	00:25:12	01:15:58	02:07:27	03:00:28	03:53:56			
	<b>ZAJĄC Krzysztof</b>	<b>105</b>	SZCZEPAN BIKE GORZÓW	M30	<b>01:33:36</b>	48	00:05:48	00:23:58	01:12:58	02:01:46	02:51:50	03:42:39			
	<b>ZIELIŃSKI Andrzej</b>	<b>40</b>		M40	<b>01:16:23</b>	19	00:04:41	00:25:52	01:17:07	02:09:20	03:09:00	04:03:38			
17	<b>FIKS Grzegorz</b>	<b>4</b>	FIX CATERING DIETETYCZNY	M30	<b>01:14:59</b>	17	00:04:16	00:27:36	01:22:21	02:16:38	03:11:07	04:05:45			
18	<b>MARTYNOWSKI Łukasz</b>	<b>72</b>		M30	<b>01:20:31</b>	26	00:04:03	00:25:31	01:16:12	02:09:25	03:05:14	04:01:24			
19	<b>SŁOMA Adrian</b>	<b>518</b>	SPEEDFEET'16 / TGV KOŚCIAN	M30	<b>01:21:19</b>	29	00:03:45	00:26:09	01:19:15	02:12:22	03:06:50	04:02:46			
20	<b>FABRI Bernward</b>	<b>46</b>	TRI-TEAM KAISERSTUHL	M50	<b>01:16:52</b>	20	00:04:05	00:26:46	01:20:47	02:15:32	03:10:25	04:06:41			
21	<b>KRYCH Jakub</b>	<b>31</b>	KP "ŻAGLICA" POZNAŃ	M30	<b>01:14:10</b>	12	00:07:53	00:26:44	01:20:18	02:15:06	03:10:27	04:06:43			
22	<b>CZAPRACKI Dominik</b>	<b>61</b>		M40	<b>01:24:28</b>	34	00:03:55	00:26:37	01:18:06	02:10:38	03:05:06	04:01:16			
23	<b>TOMASZEWSKI Jacek</b>	<b>84</b>		M18	<b>01:14:02</b>	11	00:04:49	00:28:11	01:22:47	02:16:19	03:11:32	04:09:35			
24	<b>SKRUDLIK Leszek</b>	<b>70</b>	FEBYS	M30	<b>01:25:12</b>	35	00:05:38	00:26:22	01:19:00	02:11:50	03:06:13	04:01:49			
25	<b>ŚLEDZIK Sebastian</b>	<b>19</b>	DT4YOU	M50	<b>01:32:19</b>	46	00:05:06	00:25:27	01:17:20	02:09:59	03:02:54	03:56:29			
26	<b>MERDA Piotr</b>	<b>36</b>	MTS HAMER MIASTKO	M40	<b>01:22:15</b>	32	00:07:21	00:27:06	01:20:00	02:13:29	03:08:45	04:04:14			
27	<b>OZDOBA Krzysztof</b>	<b>55</b>	TRI MISSION	M40	<b>01:19:08</b>	24	00:04:07	00:27:31	01:22:14	02:18:03	03:13:41	04:10:17			

					Swimming		Cycling					Race	
28	PAWLIK Piotr	99		M40	01:14:11	13	00:04:58	00:27:54	01:22:58	02:18:24	03:15:12	04:13:48	
29	GRYCMAN Marek	26		M40	01:28:18	39	00:04:23	00:25:46	01:17:27	02:09:42	03:05:11	04:02:51	
30	BIJOŚ Mirosław	102	DAWAJ MISIEK :)	M40	01:33:56	49	00:05:28	00:26:03	01:18:10	02:10:22	03:03:26	03:58:50	
31	LENART Rafał	45	DRUŻYNA ML	M30	01:31:52	44	00:05:22	00:25:46	01:17:27	02:10:12	03:04:14	04:00:07	
32	BEER Daniel	69	SV ALTENCELLE E.V.	M30	01:27:55	38	00:06:03	00:27:11	01:20:21	02:13:54	03:08:36	04:05:04	
33	LETKOWSKI Dariusz	27	GAPMONT RUNNING TEAM	M40	01:22:16	33	00:04:11	00:27:02	01:20:42	02:15:19	03:11:41	04:12:54	
34	SEVASTSYANAU Siarhei	93	SEVASTSYANAU TEAM	M40	01:51:07	66	00:05:28	00:25:15	01:15:37	02:04:50	02:54:33	03:46:28	
35	PANAS Iwona	86	CHEŁMSKA GRUPA TRIATHLONU	K30	01:15:36	18	00:04:25	00:28:02	01:25:17	02:22:32	03:20:14	04:19:31	
36	ŚWIDERSKI Paweł	91		M40	01:17:27	23	00:09:53	00:27:52	01:22:42	02:18:32	03:16:23	04:15:35	
37	CYWKA Tomek	5	ZĄBKOWICKA GRUPA BIEGOWA FRANKENTSTEIN	M40	01:34:57	52	00:07:53	00:27:04	01:20:36	02:12:53	03:06:59	04:01:59	
38	ŚWIĘCICKI Arkadiusz	33	WINTER SWIMMING TEAM POLAND	M40	01:36:59	54	00:07:16	00:28:05	01:22:52	02:17:06	03:12:03	04:07:24	
39	POSACKI Zbiniew	37	WOŁÓW BIEGA	M40	01:38:42	58	00:07:06	00:27:43	01:21:43	02:15:22	03:10:41	04:06:51	
40	NEMICK Marek	513		M40	01:14:39	15	00:06:48	00:39:04	01:34:56	02:31:25	03:30:26	04:28:52	
41	NOWACKI Łukasz	23		M18	01:29:44	41	00:04:59	00:28:30	01:26:25	02:24:00	03:21:47	04:20:27	
42	JĘDRAS Paweł	87		M40	01:19:57	25	00:08:58	00:28:40	01:26:07	02:23:02	03:22:17	04:25:29	
43	STWERTETSCHKA Dariusz	89	KUDOWIANKA ANER STAL - WEMECO KUDOWA - ZDRÓJ	M50	01:38:30	57	00:04:35	00:29:04	01:25:09	02:19:24	03:16:38	04:14:28	
44	MYŚKOW Leszek	54	TRI MISSION	M40	01:30:26	42	00:06:36	00:27:15	01:23:24	02:20:19	03:18:22	04:17:39	
45	CYBULSKI Robert	21	KSZOR TEAM	M40	01:32:02	45	00:05:54	00:27:31	01:23:00	02:19:41	03:18:20	04:20:08	
46	WALCZUK Andrzej	90	CHEŁMSKA GRUPA TRIATHLONU	M40	01:14:54	16	00:04:44	00:29:29	01:30:54	02:32:36	03:34:03	04:37:29	
47	PIECZARA Krzysztof	59	FEBYS	M30	01:22:06	31	00:05:56	00:30:32	01:29:30	02:29:25	03:31:07	04:33:44	
48	MAJEWSKI Andrzej	17	MTS HAQMER MIASTKO	M50	01:37:02	55	00:06:44	00:31:33	01:29:41	02:26:52	03:23:27	04:20:59	
49	NOWARA Andrzej	80		M50	01:34:06	50	00:08:54	00:29:10	01:27:33	02:26:29	03:26:14	04:24:59	
50	GŁOWACKI Arek	52		M40	01:40:29	60	00:04:40	00:27:55	01:25:23	02:22:06	03:21:54	04:22:07	
51	LIB Radosław	15		M30	01:28:34	40	00:06:11	00:28:06	01:25:28	02:24:26	03:26:49	04:31:59	
52	LUS Tomasz	76	WYBIERZ	M30	01:36:26	53	00:06:06	00:29:00	01:25:07	02:20:51	03:20:16	04:27:03	
53	KMIECIK Radosław	44		M40	01:43:49	64	00:06:41	00:27:22	01:23:39	02:21:08	03:19:02	04:19:17	
54	GNIOT Katarzyna	47	GUPA KAPIJA SPORT	K40	01:27:54	37	00:04:23	00:29:29	01:29:19	02:29:14	03:31:08	04:35:44	
55	KOCIEL Jarosław	30		M50	01:20:54	27	00:08:34	00:29:32	01:30:05	02:30:55	03:33:51	04:39:50	
56	TOFT Ole	517	ALLWORLDATHLETE.COM	M40	01:14:25	14	00:15:29	00:30:13	01:32:26	02:41:23	03:41:36	04:43:10	
57	LENART Miłosz	39	DRUŻYNA ML	M50	01:55:50	71	00:05:21	00:27:21	01:23:13	02:17:20	03:16:39	04:12:42	
58	LINK Gerhard	98	SOCIAL DISTORTION	M50	01:48:11	65	00:07:36	00:29:00	01:26:11	02:26:05	03:21:51	04:17:59	
59	OWCZARSKI Marcin	62		M40	01:31:40	43	00:08:15	00:30:55	01:32:18	02:30:56	03:29:43	04:31:47	
	ZIELIŃSKI Tomasz	41	VELOCITY WARSZAWA	M40	01:38:24	56	00:08:51	00:30:06	01:30:00	02:32:07	03:32:46	04:32:13	
61	SIKORSKI Wojciech	74		M40	01:32:23	47	00:06:40	00:32:12	01:32:35	02:32:57	03:36:40	04:40:40	
62	GLENC Liliana	38		K30	01:54:20	68	00:04:30	00:29:14	01:27:11	02:24:49	03:23:45	04:23:46	
63	STRUSIŃSKA Katarzyna	92	MIŃSKA GRUPA ROWEROWA	K30	01:42:32	62	00:04:39	00:29:42	01:29:07	02:31:13	03:33:59	04:39:48	
64	FORNALIK Kamil	68		M18	01:34:27	51	00:05:55	00:34:34	01:38:21	02:41:17	03:46:59	04:50:55	
65	BUCZKOWSKI Jarosław	81	TRI JAREK	M40	01:53:13	67	00:12:59	00:29:13	01:26:47	02:24:42	03:27:42	04:28:05	
DQ	PETA Andrzej	35	MTS HAMER	M50	DQ	63	DQ	DQ	DQ	DQ	DQ	DQ	
67	PARAFIŃSKI Zdzisław	42		M50	01:42:29	61	00:06:21	00:31:12	01:35:59	02:41:25	03:47:47	04:56:04	
68	SCELINA Wojciech	64		M30	01:54:23	69	00:11:34	00:31:09	01:32:36	02:34:12	03:37:45	04:43:34	
69	KĘPIŃSKI Henryk	50	BEŁCHATÓW	M60+	01:55:32	70	00:07:10	00:31:36	01:32:01	02:35:50	03:42:55	04:48:38	
70	PAŁKA Aleksandra	56	TRI MISSION	K40	01:39:14	59	00:05:33	00:31:48	01:35:37	02:42:23	03:51:50	05:03:43	
71	CZUBAK Wawrzyniec	96		M40	01:56:48	74	00:08:04	00:34:01	01:40:11	02:47:39	03:52:53	05:05:37	

					□ Swimming	T1	□ Cycling					T2	□ Race	Czas	
72	<b>MLECZEK Tadeusz</b>	<b>2</b>	DOLNOŚLĄSKIE WOPR	M60+	<b>02:01:11</b>	75	00:09:16	00:30:45	01:32:38	02:38:43	03:47:51	04:59:33			
73	<b>PARTYKA Maja</b>	<b>6</b>		K30	<b>01:56:33</b>	73	00:07:56	00:34:17	01:49:26	02:58:13	04:10:09	05:23:46			
74	<b>KAWKA Rafał</b>	<b>11</b>	ULTRATRIK RADOMSKO	M30	<b>01:56:12</b>	72	00:08:20	00:33:59	01:43:49	02:57:18	04:11:20	05:31:37			
	<b>LISIEWICZ Michał</b>	<b>16</b>	TEAN KARASŃ	M40	<b>01:11:43</b>	8	00:07:46	00:26:27	01:18:29	02:09:32	04:38:03				

Total 75 results.