

# POLSKAMAN TRIATHLON WOLSZTYN - DŁUGI

B4SPORT

**Wydarzenie:** PolskaMan Triathlon Wolsztyn  
**Organizator:** ROBUSTUS Sp. z o.o. Sp. k.  
**Data:** 2021-08-15  
**Miejsce:** Wolsztyn  
**Dystans:** 226 km

**B4SPORT**  
 INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: Wszyscy

Punkt pomiarowy: 153,8 km

|     |                        |       |                                           |           | Pływanie |     |          | Rower       |             |             |              |              | Bieg |  |
|-----|------------------------|-------|-------------------------------------------|-----------|----------|-----|----------|-------------|-------------|-------------|--------------|--------------|------|--|
| Msc | Zawodnik               | Numer | Klub                                      | Kategoria | 3.8km    | Poz |          | S17<br>15km | S17<br>45km | S17<br>75km | S17<br>105km | S17<br>135km |      |  |
| 1   | BRAULINSKI Michał      | 10    | POWER OF SCIENCE PERFORMANCE LAB          | M18       | 01:07:05 | 14  | 00:04:42 | 00:20:49    | 01:02:59    | 01:46:13    | 02:28:57     | 03:13:42     |      |  |
| 2   | LEWANDOWSKI Maciej     | 49    | ALOHA TRIATHLON TEAM                      | M30       | 01:01:25 | 6   | 00:03:25 | 00:22:32    | 01:07:44    | 01:52:35    | 02:36:47     | 03:21:25     |      |  |
| 3   | MROCZKOWSKI Karol      | 60    | ALOHA TRIATHLON TEAM                      | M30       | 00:57:07 | 2   | 00:03:28 | 00:23:18    | 01:09:50    | 01:56:34    | 02:41:04     | 03:26:58     |      |  |
| 4   | IWAŃSKI Bartłomiej     | 27    |                                           | M18       | 00:57:15 | 3   | 00:03:28 | 00:22:26    | 01:07:23    | 01:52:52    | 02:38:52     | 03:28:21     |      |  |
| 5   | BOROWIAK Rafał         | 611   |                                           | M30       | 01:01:07 | 5   | 00:03:15 | 00:22:53    | 01:10:34    | 01:58:18    | 02:46:08     | 03:34:46     |      |  |
| 6   | MODRZYK Arkadiusz      | 59    | CENTRUM MEDYCYN Y SPORTOWEJ OLIMP /TRIAMO | M30       | 01:03:47 | 10  | 00:03:43 | 00:24:06    | 01:11:31    | 01:58:56    | 02:46:17     | 03:33:40     |      |  |
| 7   | JAKUBCZAK Andrzej      | 28    | VANHOOPY BIKE MANUFAKTUR                  | M40       | 00:53:15 | 1   | 00:04:19 | 00:24:52    | 01:14:56    | 02:04:12    | 02:53:35     | 03:43:20     |      |  |
| 8   | GRYSZKIEWCZ Paweł      | 23    | JF DUET GOLENIÓW                          | M30       | 01:12:00 | 25  | 00:03:05 | 00:23:23    | 01:09:45    | 01:56:49    | 02:43:04     | 03:30:45     |      |  |
| 9   | HONKA Michał           | 26    | MB-PROJEKT RACING TEAM                    | M40       | 01:07:42 | 15  | 00:03:18 | 00:25:24    | 01:14:51    | 02:04:19    | 02:53:08     | 03:41:46     |      |  |
| 10  | KOLASA Konrad          | 42    | UPRANE.PL                                 | M40       | 01:14:44 | 30  | 00:06:01 | 00:23:40    | 01:11:46    | 01:59:59    | 02:48:21     | 03:37:05     |      |  |
| 11  | SMITH Matthew          | 79    |                                           | M40       | 01:05:04 | 11  | 00:02:55 | 00:26:12    | 01:17:52    | 02:09:13    | 02:59:21     | 03:49:08     |      |  |
| 12  | BARAN Tomasz           | 605   |                                           | M30       | 01:14:58 | 33  | 00:04:34 | 00:23:28    | 01:10:58    | 01:58:54    | 02:48:37     | 03:38:48     |      |  |
| 13  | ŚWIDERSKI Paweł        | 83    | ZDUN TRIATHLON TEAM                       | M40       | 01:01:56 | 9   | 00:04:48 | 00:26:01    | 01:17:46    | 02:08:45    | 03:00:42     | 03:53:35     |      |  |
| 14  | LIPUTA Grzesiek        | 50    | ALOHA TRIATHLON TEAM                      | M30       | 01:10:22 | 22  | 00:04:53 | 00:25:05    | 01:15:26    | 02:06:00    | 02:56:32     | 03:47:49     |      |  |
| 15  | FIKS Grzegorz          | 17    | FIX CATERING DIETETYCZNY                  | M30       | 01:01:39 | 8   | 00:03:30 | 00:26:21    | 01:19:23    | 02:10:13    | 03:02:34     | 03:56:15     |      |  |
|     | BIELICKI Bartosz       | 6     | RUNNING TEAM MILICZ                       | M40       | 01:15:09 | 34  | 00:03:10 | 00:24:33    | 01:14:57    | 02:05:55    | 02:56:18     | 03:47:16     |      |  |
| 17  | NOSEK Dalibor          | 62    | TRIATLON TEAM TRNAVA                      | M40       | 01:10:44 | 23  | 00:03:26 | 00:26:06    | 01:17:05    | 02:08:13    | 02:59:25     | 03:51:30     |      |  |
| 18  | JĘCZMIONKA Szymon      | 33    | TRI GRUPA                                 | M30       | 01:08:58 | 18  | 00:05:00 | 00:25:31    | 01:16:57    | 02:08:01    | 03:00:35     | 03:52:35     |      |  |
| 19  | VALENTIN Guille-Devers | 87    | USF TRIATHLON                             | M18       | 01:12:18 | 26  | 00:05:47 | 00:24:56    | 01:15:55    | 02:07:04    | 02:57:51     | 03:48:36     |      |  |
| 20  | WOWTONIUK Mariusz      | 91    | TIM MAŁEGO                                | M40       | 00:59:17 | 4   | 00:04:07 | 00:26:38    | 01:20:27    | 02:15:15    | 03:08:50     | 04:03:52     |      |  |
| 21  | TRÍSKA Jaroslav        | 86    | VSK HUMANITA PRAHA                        | M40       | 01:08:13 | 17  | 00:05:11 | 00:26:26    | 01:17:55    | 02:09:00    | 03:01:29     | 03:54:14     |      |  |
| 22  | CZAPRACKI Dominik      | 15    |                                           | M40       | 01:15:27 | 36  | 00:03:31 | 00:25:25    | 01:17:08    | 02:09:13    | 03:00:51     | 03:53:24     |      |  |
| 23  | ŚWITALA Krzysztof      | 84    | NIAGARA RAKONIEWICE                       | M40       | 01:05:22 | 12  | 00:05:26 | 00:26:28    | 01:19:36    | 02:12:17    | 03:06:02     | 04:00:38     |      |  |
| 24  | GOLANOWSKI Krzysztof   | 21    | GO2TRI                                    | M40       | 01:11:41 | 24  | 00:05:52 | 00:25:12    | 01:17:25    | 02:10:04    | 03:02:22     | 03:55:43     |      |  |
| 25  | PRYGA Grzegorz         | 69    |                                           | M30       | 01:01:33 | 7   | 00:06:22 | 00:27:17    | 01:22:09    | 02:16:29    | 03:11:38     | 04:07:29     |      |  |
| 26  | SKAŁECKI Krystian      | 75    |                                           | M18       | 01:22:34 | 53  | 00:05:08 | 00:26:59    | 01:19:06    | 02:11:33    | 03:03:17     | 03:55:00     |      |  |
| 27  | BUDZANOWSKI Michał     | 12    |                                           | M30       | 01:07:49 | 16  | 00:07:22 | 00:28:10    | 01:22:34    | 02:17:44    | 03:12:11     | 04:07:28     |      |  |
| 28  | SEVASTSYANAU Siarhei   | 74    | SEVASTSYANAU TEAM                         | M40       | 01:35:01 | 67  | 00:04:14 | 00:25:05    | 01:14:24    | 02:03:38    | 02:54:26     | 03:44:41     |      |  |
| 29  | LUBOWICKI Łukasz       | 51    | 40-LATEK TYCHY                            | M40       | 01:14:49 | 31  | 00:04:55 | 00:26:59    | 01:20:15    | 02:13:29    | 03:07:19     | 04:02:08     |      |  |

|    |                       |    |                                        |      | Pływanie |    |          | Rower    |          |          |          |          |     | Bieg |     |
|----|-----------------------|----|----------------------------------------|------|----------|----|----------|----------|----------|----------|----------|----------|-----|------|-----|
| 30 | KOŚCIAŃSKI Łukasz     | 47 | ZDUN TRIATHLON TEAM                    | M30  | 01:10:11 | 21 | 00:07:08 | 00:27:01 | 01:21:16 | 02:17:40 | 03:11:51 | 04:06:08 | 124 | Bieg | 124 |
| 31 | WISLOCKI Michał       | 90 |                                        | M30  | 01:17:11 | 42 | 00:07:53 | 00:26:34 | 01:20:32 | 02:13:51 | 03:07:19 | 04:01:08 |     |      |     |
| 32 | NEMCIK Marek          | 1  | ZĄBKOWICKA GRUPA BIEGOWA FRANKENTSTEIN | M40  | 01:14:50 | 32 | 00:04:41 | 00:27:57 | 01:21:03 | 02:15:51 | 03:09:55 | 04:05:42 |     |      |     |
| 33 | KONIOR Wojciech       | 44 | BESKID TRI                             | M40  | 01:16:42 | 39 | 00:05:25 | 00:27:05 | 01:20:17 | 02:14:41 | 03:08:20 | 04:04:47 |     |      |     |
| 34 | SKOWROŃSKI Rafał      | 77 | KUŹNIA TRIATHLONU                      | M40  | 01:09:59 | 20 | 00:07:10 | 00:26:49 | 01:22:20 | 02:18:48 | 03:15:14 | 04:13:48 |     |      |     |
| 35 | HADRYCH Piotr         | 24 |                                        | M40  | 01:12:51 | 27 | 00:07:33 | 00:26:44 | 01:21:15 | 02:16:35 | 03:12:34 | 04:10:13 |     |      |     |
| 36 | GROCHOWSKI Krzysztof  | 22 |                                        | M30  | 01:17:14 | 43 | 00:06:20 | 00:27:27 | 01:22:10 | 02:15:21 | 03:10:14 | 04:08:34 |     |      |     |
| 37 | BEDNAREK Piotr        | 5  |                                        | M30  | 01:09:42 | 19 | 00:06:20 | 00:28:10 | 01:24:44 | 02:21:23 | 03:18:03 | 04:16:20 |     |      |     |
| 38 | PANEK Wojciech        | 65 |                                        | M30  | 01:16:55 | 40 | 00:05:57 | 00:27:03 | 01:22:09 | 02:18:01 | 03:13:15 | 04:09:33 |     |      |     |
|    | PRYK Rafał            | 70 | ROZBIEGANY GOLENIÓW                    | M40  | 01:24:33 | 56 | 00:04:53 | 00:26:11 | 01:19:17 | 02:11:44 | 03:06:15 | 04:04:25 |     |      |     |
| 40 | ALBRECHT Arkadiusz    | 3  | GB GALOPUJĄCE ŚLIMAKI                  | M40  | 01:25:14 | 57 | 00:06:33 | 00:25:58 | 01:19:20 | 02:13:10 | 03:07:45 | 04:04:02 |     |      |     |
| 41 | KNOP Wojciech         | 41 |                                        | M30  | 01:17:41 | 44 | 00:04:55 | 00:27:29 | 01:23:54 | 02:19:58 | 03:17:02 | 04:14:21 |     |      |     |
| 42 | ZADALA Mateusz        | 93 |                                        | M30  | 01:35:07 | 68 | 00:07:01 | 00:26:33 | 01:19:41 | 02:13:59 | 03:07:14 | 04:00:37 |     |      |     |
| 43 | TOFT Ole              | 85 |                                        | M40  | 01:06:51 | 13 | 00:08:48 | 00:29:41 | 01:28:50 | 02:27:02 | 03:25:02 | 04:24:34 |     |      |     |
| 44 | KORSAKOV Kostiantyn   | 45 |                                        | M40  | 01:20:07 | 48 | 00:07:50 | 00:28:13 | 01:24:02 | 02:21:04 | 03:18:01 | 04:14:56 |     |      |     |
| 45 | JANOWSKI Maciej       | 31 |                                        | M30  | 01:17:07 | 41 | 00:04:59 | 00:28:48 | 01:26:24 | 02:23:56 | 03:21:28 | 04:21:23 |     |      |     |
| 46 | KLEIN Uwe             | 39 | BÖHNLEIN SPORTS BAMBERG                | M40  | 01:27:52 | 58 | 00:08:02 | 00:27:32 | 01:22:54 | 02:17:19 | 03:13:30 | 04:09:52 |     |      |     |
| 47 | NOWARA Andrzej        | 63 |                                        | M50  | 01:20:22 | 50 | 00:07:55 | 00:28:01 | 01:25:46 | 02:23:16 | 03:21:03 | 04:18:46 |     |      |     |
| 48 | PRZYBYLSKI Andrzej    | 71 | ZĄBKOWICKA GRUPA BIEGOWA FRANKENTSTEIN | M40  | 01:20:48 | 51 | 00:05:37 | 00:28:12 | 01:25:43 | 02:23:36 | 03:20:54 | 04:19:27 |     |      |     |
| 49 | PIK Krzysztof         | 67 |                                        | M40  | 01:15:37 | 37 | 00:05:48 | 00:28:20 | 01:27:09 | 02:25:54 | 03:25:13 | 04:24:50 |     |      |     |
| 50 | JANICKI Tomek         | 30 | AQ WIRING SYSTEMS TEAM                 | M30  | 01:13:09 | 28 | 00:07:18 | 00:28:24 | 01:26:49 | 02:25:45 | 03:26:33 | 04:27:35 |     |      |     |
| 51 | BIES Tomasz           | 7  | BESKID-TRI                             | M40  | 01:23:44 | 55 | 00:08:26 | 00:27:29 | 01:23:08 | 02:21:55 | 03:19:16 | 04:17:31 |     |      |     |
| 52 | CYWKA Tomek           | 14 | ZĄBKOWICKA GRUPA BIEGOWA FRANKENTSTEIN | M40  | 01:18:19 | 45 | 00:07:11 | 00:27:11 | 01:21:20 | 02:15:17 | 03:24:43 | 04:26:00 |     |      |     |
| 53 | WEISENSEE Michael     | 88 |                                        | M40  | 01:21:57 | 52 | 00:07:03 | 00:28:43 | 01:28:29 | 02:24:21 | 03:20:48 | 04:20:20 |     |      |     |
| 54 | OSIATYCKI Grzegorz    | 64 | RONAL POLSKA RUN                       | M50  | 01:18:24 | 46 | 00:05:52 | 00:29:09 | 01:28:41 | 02:28:17 | 03:29:46 | 04:31:23 |     |      |     |
| 55 | KACZOR Piotr          | 34 | TRIMANITA MASZEWO                      | M40  | 01:15:47 | 38 | 00:08:18 | 00:31:40 | 01:32:30 | 02:34:29 | 03:33:14 | 04:35:09 |     |      |     |
| 56 | CHRUŚCIELSKI Paweł    | 13 | SANGRAF.PL                             | M40  | 01:13:48 | 29 | 00:06:18 | 00:30:18 | 01:30:17 | 02:31:21 | 03:33:50 | 04:36:55 |     |      |     |
| 57 | KATA Wiesław          | 35 |                                        | M50  | 01:19:11 | 47 | 00:10:05 | 00:29:09 | 01:26:08 | 02:25:12 | 03:25:36 | 04:28:06 |     |      |     |
| 58 | WRÓBEL Marcin         | 92 | WRÓBEL FAMILY TEAM                     | M40  | 01:35:24 | 69 | 00:07:18 | 00:28:06 | 01:24:54 | 02:21:35 | 03:18:31 | 04:19:49 |     |      |     |
| 59 | KŁAPACZ Joanna        | 40 | BESKID TRI                             | K40  | 01:37:39 | 71 | 00:04:53 | 00:28:24 | 01:26:43 | 02:23:51 | 03:22:48 | 04:22:22 |     |      |     |
| 60 | BRZOSKA Piotr         | 11 | NO PAIN - IRON PYJTER                  | M30  | 01:34:43 | 66 | 00:06:29 | 00:30:49 | 01:30:05 | 02:27:38 | 03:26:10 | 04:25:51 |     |      |     |
| 61 | GLENEWINKEL Maren     | 19 |                                        | K50  | 01:15:17 | 35 | 00:08:44 | 00:31:13 | 01:36:49 | 02:38:56 | 03:41:23 | 04:43:42 |     |      |     |
| 62 | STANISZEWSKI Jacek    | 81 |                                        | M40  | 01:20:13 | 49 | 00:08:04 | 00:31:08 | 01:31:46 | 02:33:15 | 03:38:05 | 04:42:27 |     |      |     |
| 63 | KRUPOWICZ Marcin      | 48 |                                        | M50  | 01:22:56 | 54 | 00:09:08 | 00:30:22 | 01:30:49 | 02:31:18 | 03:34:46 | 04:38:49 |     |      |     |
| 64 | JASKOT Mariusz        | 32 | TEAM FLASH                             | M30  | 01:40:59 | 75 | 00:04:25 | 00:27:53 | 01:27:33 | 02:25:10 | 03:22:12 | 04:26:23 |     |      |     |
| 65 | PARAFINSKI Zdzisław   | 66 |                                        | M50  | 01:30:52 | 62 | 00:06:20 | 00:30:04 | 01:29:16 | 02:28:03 | 03:31:34 | 04:38:50 |     |      |     |
| 66 | KOSIOŁ Andrzej        | 46 |                                        | M50  | 01:33:01 | 63 | 00:05:23 | 00:31:00 | 01:33:41 | 02:35:12 | 03:37:52 | 04:42:12 |     |      |     |
| 67 | MALISZEWSKI Piotr     | 55 |                                        | M50  | 01:57:24 | 82 | 00:05:16 | 00:27:57 | 01:26:38 | 02:28:58 | 03:27:03 | 04:24:26 |     |      |     |
| 68 | KISIEL Tomasz         | 38 | AQ WIRING SYSTEMS TEAM                 | M18  | 01:29:46 | 60 | 00:08:08 | 00:29:58 | 01:32:01 | 02:37:09 | 03:45:09 | 04:52:15 |     |      |     |
| 69 | MACIEJAK Marcin       | 54 | RUN DE GIRARD                          | M40  | 01:30:13 | 61 | 00:06:23 | 00:29:49 | 01:31:28 | 02:36:30 | 03:42:05 | 04:54:37 |     |      |     |
| 70 | ŁUKOWSKI Dariusz      | 53 | GMINA STRZELCE OPOLSKIE                | M50  | 01:34:20 | 65 | 00:06:53 | 00:30:46 | 01:33:32 | 02:37:44 | 03:43:39 | 04:51:20 |     |      |     |
| 71 | KEPIŃSKI Henryk       | 37 | KB SPARTAKUS BEŁCHATÓW                 | M60+ | 01:39:41 | 74 | 00:06:51 | 00:31:11 | 01:32:50 | 02:36:51 | 03:38:09 | 04:49:06 |     |      |     |
| 72 | JANICKI Mariusz       | 29 | VERA RUNNING TEAM                      | M30  | 01:36:06 | 70 | 00:08:57 | 00:31:00 | 01:36:23 | 02:42:00 | 03:46:24 | 04:52:10 |     |      |     |
| 73 | NAGALEWSKI Bartłomiej | 61 | NAGAMET                                | M40  | 01:42:55 | 77 | 00:06:36 | 00:32:18 | 01:35:04 | 02:37:31 | 03:41:52 | 04:52:23 |     |      |     |
| 74 | DAWID Łukasz          | 16 | ROZBIEGANY GOLENIÓW                    | M30  | 01:29:18 | 59 | 00:05:31 | 00:29:05 | 01:28:52 | 02:29:26 | 03:31:47 | 04:41:39 |     |      |     |
| 75 | SZYMAŃSKI Sławek      | 82 |                                        | M40  | 01:52:49 | 81 | 00:08:01 | 00:31:53 | 01:34:45 | 02:37:00 | 03:40:12 | 04:46:25 |     |      |     |

|    |                    |    |                             |      | Pływanie |    | Rower    |          |          |          |          | Bieg     |  |
|----|--------------------|----|-----------------------------|------|----------|----|----------|----------|----------|----------|----------|----------|--|
| 76 | SMAGAŁA Wojciech   | 78 |                             | M40  | 01:46:14 | 79 | 00:05:29 | 00:30:58 | 01:33:18 | 02:37:46 | 03:48:30 | 04:58:16 |  |
| 77 | PLANETORZ Marek    | 68 |                             | M50  | 01:38:38 | 73 | 00:06:26 | 00:32:06 | 01:39:29 | 02:44:30 | 03:55:14 | 05:05:00 |  |
| 78 | RÓŻEWICZ Dariusz   | 73 | PANCE                       | M50  | 01:37:40 | 72 | 00:06:21 | 00:31:57 | 01:37:23 | 02:44:11 | 03:55:52 | 05:09:53 |  |
| 79 | MLECZEK Tadeusz    | 58 |                             | M60+ | 01:46:12 | 78 | 00:09:39 | 00:30:57 | 01:35:59 | 02:40:49 | 03:49:16 | 05:02:02 |  |
| 80 | KAWKA Rafał        | 36 | KBKS RADOMSKO               | M30  | 01:46:19 | 80 | 00:10:34 | 00:31:35 | 01:36:44 | 02:43:54 | 03:53:15 | 05:06:52 |  |
| 81 | GAŁOWSKA Agnieszka | 18 | INPOWER                     | K40  | 01:33:18 | 64 | 00:05:18 | 00:35:42 | 01:48:12 | 03:02:15 | 04:17:30 | 05:38:17 |  |
| 82 | BISKUP Zbigniew    | 8  | STALOWOWOLSKI KLUB BIEGACZA | M30  | 01:42:39 | 76 | 00:12:29 | 00:34:38 | 01:45:19 | 02:57:19 | 04:11:17 | 05:25:40 |  |

Znaleziono 82 wynik(ów)