

# POLSKAMAN TRIATHLON WOLSZTYN - DŁUGI

B4SPORT

**Wydarzenie:**  
**Organizator:**  
**Data:**  
**Miejsce:**  
**Dystans:**

PolskaMan Triathlon Wolsztyn  
ROBUSTUS Sp. z o.o. Sp. k.  
2022-08-21  
Wolsztyn  
226 km

**B4SPORT**  
INTELEGENTNE ZAWODY SPORTOWE

Klasyfikacja: Wszyscy

Punkt pomiarowy: 211,0 km

Msc	Zawodnik	Numer	Klub	Kategoria	Pływanie		Rower										Bieg				
					3.8km	Poz	S17 15km	S17 45km	S17 75km	S17 105km	S17 135km	S17 165km	Molo 180km	Poz	Parkowa 3.7km	Parkowa 8.9km	Parkowa 14.1km	Parkowa 19.3km	Parkowa 24.5km		
1	BANACH Bartosz	30	BRIGHT INVENTIONS GDANSK	M30	00:59:48	2	00:04:08	00:23:05	01:07:28	01:52:08	02:37:05	03:22:48	04:09:24	04:32:45	1	00:03:41	00:16:59	00:40:41	01:06:14	01:30:22	01:55:13
2	SZYSZKA Łukasz	704		M30	01:02:00	4	00:02:57	00:24:09	01:11:06	01:58:46	02:45:34	03:33:10	04:20:17	04:43:07	5	00:03:42	00:17:14	00:40:11	01:02:45	01:25:45	01:50:14
3	IWAŃSKI Bartłomiej	8	TEAM KOLARZ POLANICA	M18	01:02:02	5	00:03:18	00:23:18	01:08:11	01:53:40	02:39:38	03:26:24	04:14:22	04:37:41	3	00:03:00	00:18:38	00:42:48	01:06:50	01:31:56	01:58:20
4	KLUPCZYŃSKI Piotr	13		M30	01:01:33	3	00:02:56	00:23:50	01:09:01	01:54:31	02:40:29	03:27:18	04:16:38	04:41:10	4	00:03:11	00:19:11	00:42:40	01:06:56	01:31:30	01:56:46
5	LEWANDOWSKI Maciej	21	ALOHA TRIATHLON TEAM	M30	01:06:01	8	00:03:03	00:25:57	01:11:51	01:59:20	02:44:53	03:32:16	04:20:36	04:44:30	6	00:03:17	00:17:10	00:43:04	01:05:10	01:28:25	01:51:47
6	MODRZYK Arkadiusz	33	CENTRUM MEDYCyny SPORTOWEJ OLIMP	M30	01:07:01	9	00:03:38	00:24:26	01:11:25	01:58:00	02:43:14	03:29:02	04:14:45	04:37:17	2	00:04:11	00:17:54	00:43:24	01:07:40	01:32:02	01:56:46
7	WITZLACK MAKARERICH Kai	700		M40	01:08:28	12	00:03:26	00:23:37	01:10:26	01:57:34	02:44:06	03:34:00	04:22:09	04:46:34	8	00:05:04	00:15:26	00:38:30	01:01:50	01:25:25	01:50:02
8	CZAJKOWSKI Paweł	54	BCT TEAM GDYNIA	M40	01:11:44	18	00:02:51	00:24:43	01:12:22	01:59:53	02:47:51	03:35:04	04:22:22	04:45:53	7	00:02:51	00:15:45	00:46:01	01:12:11	01:38:29	02:06:17
9	PRAŁAT Kacper	7	IM INSPIRATION	M18	01:10:41	15	00:04:14	00:26:08	01:15:56	02:05:29	02:54:37	03:43:36	04:32:44	04:57:19	12	00:05:33	00:18:33	00:43:13	01:11:43	01:37:30	02:07:27
10	KACZOROWSKI Marcin	41		M30	01:25:57	54	00:04:40	00:25:18	01:14:48	02:04:30	02:52:25	03:40:41	04:29:22	04:53:53	9	00:04:19	00:17:50	00:42:01	01:07:02	01:32:50	01:59:13
11	ADAMIAK Jakub	25	TRINERGY / DROGA DO IM	M30	01:16:06	26	00:04:11	00:25:13	01:13:46	02:02:43	02:51:07	03:41:00	04:31:15	04:56:36	10	00:03:25	00:21:16	00:49:20	01:17:28	01:45:11	02:12:48
12	STACH Łukasz	28	LITWIN SPORTS	M30	01:11:33	17	00:03:21	00:27:17	01:19:38	02:12:06	03:04:09	03:56:54	04:52:17	05:19:39	19	00:03:37	00:19:46	00:47:26	01:12:15	01:36:44	02:01:58
13	OSMOLIK Jarek	75	TRIZARZA	M40	01:15:52	24	00:03:43	00:15:25	01:14:23	02:03:18	02:51:48	03:41:41	04:31:54	04:57:18	11	00:04:16	00:21:06	00:49:26	01:18:10	01:47:32	02:17:19
14	ŚWIDERSKI Paweł	68		M40	01:05:29	6	00:03:22	00:26:11	01:14:34	02:04:59	02:55:52	03:47:50	04:40:13	05:06:26	14	00:03:56	00:21:04	00:49:26	01:19:10	01:49:26	02:21:18
15	MESSYASZ Krzysztof	56	BIMARKO&WELDA&GALI TEAM	M40	01:17:29	28	00:03:46	00:25:48	01:15:29	02:05:05	02:54:33	03:44:37	04:36:39	05:03:10	13	00:04:09	00:19:14	00:43:51	01:09:36	01:37:58	02:12:28
16	POSACKI Zbigniew	73	WOŁÓW BIEGA	M40	01:25:17	50	00:05:02	00:26:10	01:17:18	02:09:27	03:01:16	03:55:25	04:48:24	05:16:09	18	00:03:21	00:19:38	00:45:51	01:11:57	01:38:15	02:05:33
17	JABŁOŃSKI Oskar	9		M18	01:12:21	21	00:04:58	00:26:40	01:17:33	02:09:19	03:01:50	03:56:02	04:52:09	05:20:06	21	00:04:29	00:21:33	00:47:54	01:13:59	01:41:49	02:13:20
18	GRABAREK Mateusz	22	ZDUN TRIATHLON TEAM	M30	01:18:34	32	00:03:50	00:28:21	01:20:41	02:14:28	03:08:06	04:01:06	04:53:59	05:20:19	22	00:04:20	00:21:10	00:48:58	01:16:27	01:44:40	02:14:29
19	LISZKA Wojciech	20	LITWIN SPORTS	M30	01:08:21	11	00:04:15	00:27:21	01:19:45	02:12:25	03:04:32	03:58:03	04:52:06	05:19:46	20	00:06:07	00:22:57	00:53:43	01:25:06	01:56:11	02:26:17
20	NETTMANN Mateusz	708	#MAKINGFUTURE, #PROJEKTTRENER	M40	01:20:23	37	00:04:30	00:26:17	01:17:16	02:06:28	02:57:15	03:48:44	04:40:57	05:06:41	15	00:04:16	00:21:43	00:53:07	01:25:20	01:57:08	02:30:02
21	SŁOMA Adrian	18	SPEEDFEET'19TGV KOŚCIAN	M30	01:20:15	36	00:04:47	00:29:02	01:23:13	02:17:54	03:12:19	04:07:12	05:04:21	05:32:47	30	00:04:45	00:19:23	00:49:28	01:17:08	01:43:58	02:11:22
22	KUŹMA Adam	34	FAR KUBA-TEAM	M30	01:22:35	44	00:06:10	00:28:00	01:21:43	02:15:19	03:08:06	04:02:20	04:55:49	05:23:00	24	00:05:13	00:20:35	00:47:06	01:14:49	01:43:59	02:15:38
23	GRIEPIENTROG Susanne	71	SV BAYREUTH	K40	01:12:08	19	00:04:43	00:27:54	01:21:31	02:15:41	03:10:58	04:06:48	05:03:44	05:32:22	29	00:05:01	00:21:07	00:50:21	01:19:56	01:50:19	02:20:57
24	BIELAK Artur	82	KAZIKI / ATAK NA TRIATHLON	M40	01:12:33	22	00:06:32	00:28:11	01:21:46	02:15:18	03:09:14	04:02:23	04:56:18	05:22:53	23	00:05:08	00:21:59	00:53:13	01:23:42	01:55:31	02:28:30
25	AFELTOWICZ Cezary	90	SG WASSERRATTEN NORDERSTEDT	M40	01:17:30	29	00:04:52	00:28:18	01:20:47	02:15:25	03:08:29	04:01:42	04:56:23	05:24:26	26	00:05:46	00:20:36	00:51:15	01:22:40	01:55:40	02:28:51
26	KOŚCIAŃSKI Łukasz	40	ZDUN TRIATHLON TEAM	M30	01:13:25	23	00:06:09	00:28:35	01:22:09	02:16:07	03:11:09	04:04:32	05:02:39	05:32:10	28	00:04:50	00:22:04	00:53:06	01:24:08	01:54:52	02:26:40
27	SEVASTSYANAU Sjarhei	74	SEVASTSYANAU TEAM	M40	01:37:10	81	00:04:12	00:24:47	01:12:53	02:01:30	02:51:34	03:44:37	04:41:40	05:12:22	17	00:07:30	00:23:10	00:52:01	01:20:50	01:50:07	02:22:33
28	SZWED Kamil	710		M30	01:31:47	69	00:07:05	00:27:58	01:21:16	02:13:45	03:06:47	03:59:32	04:55:28	05:23:02	25	00:06:43	00:22:02	00:51:16	01:19:52	01:50:25	02:21:40



				Pływanie		Rower							Bieg								
70	MATUSEWICZ Ireneusz	66	M40	01:26:29	56	00:14:22	00:31:32	01:36:43	02:42:00	03:52:59	05:04:41	06:16:56	06:51:40	76	00:09:02	00:24:29	00:58:15	01:39:38	02:22:49	03:03:16	
71	POGRZEBA Anna	48	KOZAK TEAM	K40	01:36:48	79	00:05:02	00:34:01	01:45:11	02:55:33	04:07:31	05:22:10	06:38:06	07:15:12	88	00:05:53	00:23:16	00:55:44	01:29:40	02:05:27	02:42:23
72	KAWKA Rafał	35	KBKS RADOMSKO	M30	01:58:06	96	00:08:30	00:32:05	01:34:56	02:39:01	03:45:45	04:54:40	06:03:58	06:38:53	73	00:08:13	00:25:13	01:01:23	01:41:01	02:16:45	02:57:50
73	STASZAK Radosław	87	EKSPRES ŁINGO	M40	01:36:51	80	00:08:50	00:33:23	01:37:30	02:43:26	03:52:37	04:59:16	06:08:31	06:42:10	74	00:16:32	00:27:10	01:04:37	01:43:51	02:24:38	03:07:07
74	ADASIEWICZ Zelig	69		M40	01:43:17	86	00:07:02	00:31:31	01:33:02	02:37:49	03:48:35	05:05:46	06:23:55	07:01:11	82	00:12:02	00:24:24	00:56:40	01:30:42	02:08:06	02:49:35
75	MASLOWSKI Jacek	24	NO LIMITS	M30	01:27:34	61	00:06:54	00:39:23	01:52:02	03:03:02	04:13:51	05:26:19	06:39:38	07:19:35	89	00:11:36	00:28:44	00:59:51	01:33:01	02:07:55	02:49:27
76	BRYL Tomasz	5		M18	01:36:37	77	00:11:14	00:34:36	01:44:00	02:54:47	04:08:15	05:22:21	06:37:32	07:14:16	87	00:10:54	00:24:19	00:55:56	01:26:22	02:00:38	02:42:09
77	MASŁOWSKI Michał	17	NO LIMITS	M30	01:33:38	73	00:08:03	00:34:04	01:38:54	02:45:02	03:52:32	05:01:51	06:21:44	07:12:40	86	00:11:24	00:28:45	00:59:52	01:33:01	02:07:56	02:49:28
78	MALISZEWSKI Bolesław	65		M40	01:43:54	88	00:07:50	00:33:31	01:36:44	02:41:17	03:48:13	04:59:28	06:15:41	06:52:05	78	00:05:54	00:25:01	01:01:40	01:41:11	02:25:06	03:09:48
79	ŁUKOWSKI Dariusz	100	GMINA STRZELCE OPOLSKIE	M50	01:43:50	87	00:09:52	00:32:51	01:36:41	02:43:13	03:50:29	05:01:45	06:15:55	06:53:20	79	00:07:03	00:28:59	01:07:51	01:49:44	02:33:22	03:17:19
80	RÓŻEWICZ Dariusz	102	PANCE	M60+	01:42:08	85	00:07:54	00:32:46	01:36:53	02:44:14	03:55:46	05:09:27	06:30:51	07:07:18	84	00:06:22	00:27:28	01:04:30	01:43:24	02:23:49	03:04:24
81	PRZĄDKA Dawid	29	CZARNY KOŃ XD	M30	02:01:37	97	00:08:51	00:33:36	01:40:12	02:46:18	03:53:00	04:59:17	06:06:01	06:38:29	72	00:06:20	00:26:10	01:01:29	01:37:06	02:17:11	03:09:52
82	POTOCZNY Łukasz	39	EUFORABIEGACZATEAM	M30	02:32:38	102	00:06:58	00:32:08	01:35:43	02:40:20	03:40:58	04:47:50	05:53:19	06:24:49	67	00:09:15	00:24:21	00:58:58	01:35:42	02:16:24	03:01:12
83	JANICKI Mariusz	38		M30	01:47:56	93	00:10:09	00:32:02	01:40:29	02:49:05	04:02:13	05:19:51	06:36:29	07:22:53	91	00:08:03	00:23:59	00:54:25	01:30:12	02:06:48	02:51:48
84	WOSKOWSKA Magdalena	58	KLUB BIEGAM BO LUBIĘ RACIBÓRZ	K40	01:33:03	72	00:08:00	00:35:48	01:47:55	03:00:30	04:21:55	05:29:08	06:45:47	07:23:13	92	00:07:39	00:27:15	01:04:48	01:45:47	02:24:57	03:11:38
85	KEPIŃSKI Henryk	107	KB SPARTAKUS BĘŁCHATÓW	M60+	01:56:44	94	00:09:15	00:33:06	01:35:38	02:38:01	03:41:21	04:46:50	05:56:50	06:30:47	70	00:08:10	00:32:48	01:17:53	02:00:33	02:45:37	03:39:46
86	RAWA Marcin	55		M40	02:38:13	103	00:09:03	00:31:49	01:33:55	02:39:54	03:46:52	04:54:30	06:01:26	06:33:42	71	00:09:31	00:24:45	01:00:42	01:42:39	02:25:00	03:07:00
87	RYBIŃSKI Przemysław	46		M40	01:30:37	65	00:16:52	00:32:29	01:37:42	02:46:08	03:53:15	05:08:07	06:25:39	07:03:42	83	00:15:36	00:30:04	01:10:51	01:55:27	02:42:38	03:37:29
88	MLECZEK Tadeusz	105		M60+	02:04:58	98	00:15:48	00:33:55	01:42:20	02:51:30	04:01:22	05:11:25	06:25:08	06:59:56	81	00:09:15	00:30:00	01:15:51	02:03:42	02:53:36	03:47:31
89	LINDEMANN Heide	101	TEAM STEINBERG	K50	01:47:19	91	00:10:50	00:35:52	01:46:45	02:57:27	04:08:42	05:20:15	06:33:04	07:08:31	85	00:11:22	00:36:44	01:26:11	02:18:09	03:08:45	03:59:53
90	ŁYPIK Marzena	89		K40	02:09:26	99	00:07:07	00:34:33	01:43:45	02:54:10	04:06:06	05:20:25	06:40:12	07:21:15	90	00:03:37	00:34:54	01:21:04	02:09:11	02:56:11	03:42:58
91	WALICHNIEWICZ Krzysztof	104	RUN PIEKUŚ	M60+	01:56:47	95	00:17:11	00:36:21	01:46:06	03:03:34	04:16:14	05:31:35	07:04:33	07:58:37	94	00:03:34	00:34:34	01:23:27	02:16:25	03:04:41	03:47:39
92	GÓRZCZNY Kamila	70	KLUB BIEGACZA JURUND SZCZYTNO	K40	02:26:50	101	00:11:30	00:36:11	01:51:31	03:01:16	04:37:16	05:54:16	07:18:16	07:55:25	93	00:13:51	00:35:49	01:14:46	01:59:22	02:38:17	03:21:02
	SOBCZYŃSKI Adam	27		M30	01:35:53	76	00:06:29	00:30:24	01:31:08	02:34:49											
	CZAPRACKI Dominik	77		M40	01:25:35	53	00:03:54	00:27:24	01:21:45	02:17:19	03:13:00	04:06:40									
	CHYLIŃSKI Adam	80	KLUB PŁYWACKI SUKCES CHORZÓW	M40	01:05:53	7	00:03:19	00:26:57	01:20:05	02:14:25	03:08:48	04:04:20	05:02:28	05:34:10	32	00:06:01	00:20:32	00:48:09	01:17:35	01:49:49	
	CZUK Aleksander	14	TM IRON TEAM	M30	00:59:34	1	00:04:08	00:26:34	01:17:52	02:08:55	03:02:22										
	WITKO-BŁASZCZYK Sebastian	51	ŻELAZNA ŚWIDNICA	M40	01:44:22	89	00:10:59	00:31:14													
	WALCZAK Robert	62	CYTADELA BY NIGHT	M40	01:07:18	10	00:03:02	00:26:15	01:20:34	02:15:05											
	SIKORSKI Wojciech	76		M40	01:24:51	48	00:05:21	00:32:25	01:33:04	02:38:26											
	PRYK Rafał	86	ROZBIEGANY GOLENIÓW	M40	01:24:52	49	00:05:28	00:29:40	01:29:15												
	WAŃSKI Robert	94	NIEZRZESZONY	M50	01:45:53	90	00:11:40	00:29:53	03:41:42	04:42:30	05:42:11										
	MALISZEWSKI Piotr	95		M50	02:10:51	100	00:06:19														
	HEIMBERGER Harald	97	LAUF-UND RADTREFF GOMADINGEN	M50	01:08:34	13	00:04:38	00:26:43	01:17:37	02:08:09	02:57:38	03:50:06	04:41:50	05:08:05	16						