

POLSKAMAN TRIATHLON WOLSZTYN - DŁUGI

B4SPORT
INTELEIGENTNE ZAWODY SPORTOWE

Wydarzenie: PolskaMan Triathlon Wolsztyn
Organizator: ROBUSTUS Sp. z o.o. Sp. k.
Data: 2022-08-21
Miejsce: Wolsztyn
Dystans: 226 km

B4SPORT
INTELEIGENTNE ZAWODY SPORTOWE

Klasyfikacja: Wszyscy

Punkt pomiarowy: 216,2 km

Msc	Zawodnik	Numer	Klub	Kategoria	Pływanie		Rower								Bieg							
					3.8km	Poz	04:00	S17 15km	S17 45km	S17 75km	S17 105km	S17 135km	S17 165km	Molo 180km	Poz	04:00	Parkowa 3.7km	Parkowa 8.9km	Parkowa 14.1km	Parkowa 19.3km	Parkowa 24.5km	Parkowa 29.7km
1	BANACH Bartosz	30	BRIGHT INVENTIONS GDANSK	M30	00:59:48	2	00:04:08	00:23:05	01:07:28	01:52:08	02:37:05	03:22:48	04:09:24	04:32:45	1	00:03:41	00:16:59	00:40:41	01:06:14	01:30:22	01:55:13	02:21:09
2	SZYSZKA Łukasz	704		M30	01:02:00	4	00:02:57	00:24:09	01:11:06	01:58:46	02:45:34	03:33:10	04:20:17	04:43:07	5	00:03:42	00:17:14	00:40:11	01:02:45	01:25:45	01:50:14	02:15:38
3	KLUPCZYNSI Piotr	13		M30	01:01:33	3	00:02:56	00:23:50	01:09:01	01:54:31	02:40:29	03:27:18	04:16:38	04:41:10	4	00:03:11	00:19:11	00:42:40	01:06:56	01:31:30	01:56:46	02:22:37
4	IWAŃSKI Bartłomiej	8	TEAM KOLARZ POLANICA	M18	01:02:02	5	00:03:18	00:23:18	01:08:11	01:53:40	02:39:38	03:26:24	04:14:22	04:37:41	3	00:03:00	00:18:38	00:42:48	01:06:50	01:31:56	01:58:20	02:25:17
5	LEWANDOWSKI Maciej	21	ALOHA TRIATHLON TEAM	M30	01:06:01	8	00:03:03	00:25:57	01:11:51	01:59:20	02:44:53	03:32:16	04:20:36	04:44:30	6	00:03:17	00:17:10	00:43:04	01:05:10	01:28:25	01:51:47	02:16:35
6	MODRZYK Arkadiusz	33	CENTRUM MEDYCyny SPORTOWEJ OLIMP	M30	01:07:01	9	00:03:38	00:24:26	01:11:25	01:58:00	02:43:14	03:29:02	04:14:45	04:37:17	2	00:04:11	00:17:54	00:43:24	01:07:40	01:32:02	01:56:46	02:22:30
7	WITZLACK MAKARERICH Kai	700		M40	01:08:28	12	00:03:26	00:23:37	01:10:26	01:57:34	02:44:06	03:34:00	04:22:09	04:46:34	8	00:05:04	00:15:26	00:38:30	01:01:50	01:25:25	01:50:02	02:16:02
8	CZAJKOWSKI Paweł	54	BCT TEAM GDYNIA	M40	01:11:44	18	00:02:51	00:24:43	01:12:22	01:59:53	02:47:51	03:35:04	04:22:22	04:45:53	7	00:02:51	00:15:45	00:46:01	01:12:11	01:38:29	02:06:17	02:33:52
9	PRAŁAT Kacper	7	IM INSPIRATION	M18	01:10:41	15	00:04:14	00:26:08	01:15:56	02:05:29	02:54:37	03:43:36	04:32:44	04:57:19	12	00:05:33	00:18:33	00:43:13	01:11:43	01:37:30	02:07:27	02:35:04
10	KACZOROWSKI Marcin	41		M30	01:25:57	54	00:04:40	00:25:18	01:14:48	02:04:30	02:52:25	03:40:41	04:29:22	04:53:53	9	00:04:19	00:17:50	00:42:01	01:07:02	01:32:50	01:59:13	02:25:49
11	ADAMIAK Jakub	25	TRINERGY / DROGA DO IM	M30	01:16:06	26	00:04:11	00:25:13	01:13:46	02:02:43	02:51:07	03:41:00	04:31:15	04:56:36	10	00:03:25	00:21:16	00:49:20	01:17:28	01:45:11	02:12:48	02:40:33
12	STACH Łukasz	28	LITWIN SPORTS	M30	01:11:33	17	00:03:21	00:27:17	01:19:38	02:12:06	03:04:09	03:56:54	04:52:17	05:19:39	19	00:03:37	00:19:46	00:47:26	01:12:15	01:36:44	02:01:58	02:29:36
13	OSMOLIK Jarek	75	TRIZARZA	M40	01:15:52	24	00:03:43	00:15:25	01:14:23	02:03:18	02:51:48	03:41:41	04:31:54	04:57:18	11	00:04:16	00:21:06	00:49:26	01:18:10	01:47:32	02:17:19	02:47:36
14	ŚWIDERSKI Paweł	68		M40	01:05:29	6	00:03:22	00:26:11	01:14:34	02:04:59	02:55:52	03:47:50	04:40:13	05:06:26	14	00:03:56	00:21:04	00:49:26	01:19:10	01:49:26	02:21:18	02:53:28
15	POSACKI Zbigniew	73	WOŁÓW BIEGA	M40	01:25:17	50	00:05:02	00:26:10	01:17:18	02:09:27	03:01:16	03:55:25	04:48:24	05:16:09	18	00:03:21	00:19:38	00:45:51	01:11:57	01:38:15	02:05:33	02:33:46
16	JABŁOŃSKI Oskar	9		M18	01:12:21	21	00:04:58	00:26:40	01:17:33	02:09:19	03:01:50	03:56:02	04:52:09	05:20:06	21	00:04:29	00:21:33	00:47:54	01:13:59	01:41:49	02:13:20	02:44:55
17	GRABAREK Mateusz	22	ZDUN TRIATHLON TEAM	M30	01:18:34	32	00:03:50	00:28:21	01:20:41	02:14:28	03:08:06	04:01:06	04:53:59	05:20:19	22	00:04:20	00:21:10	00:48:58	01:16:27	01:44:40	02:14:29	02:43:16
18	LISZKA Wojciech	20	LITWIN SPORTS	M30	01:08:21	11	00:04:15	00:27:21	01:19:45	02:12:25	03:04:32	03:58:03	04:52:06	05:19:46	20	00:06:07	00:22:57	00:53:43	01:25:06	01:56:11	02:26:17	02:59:52
19	NETTMANN Mateusz	708	#MAKINGFUTURE, #PROJEKTTRENER	M40	01:20:23	37	00:04:30	00:26:17	01:17:16	02:06:28	02:57:15	03:48:44	04:40:57	05:06:41	15	00:04:16	00:21:43	00:53:07	01:25:20	01:57:08	02:30:02	03:03:57
20	SŁOMA Adrian	18	SPEEDFEET'19/TGV KOŚCIAN	M30	01:20:15	36	00:04:47	00:29:02	01:23:13	02:17:54	03:12:19	04:07:12	05:04:21	05:32:47	30	00:04:45	00:19:23	00:49:28	01:17:08	01:43:58	02:11:22	02:39:36
21	GRIEPPENTROG Susanne	71	SV BAYREUTH	K40	01:12:08	19	00:04:43	00:27:54	01:21:31	02:15:41	03:10:58	04:06:48	05:03:44	05:32:22	29	00:05:01	00:21:07	00:50:21	01:19:56	01:50:19	02:20:57	02:52:14
22	KUŹMA Adam	34	FAR KUBA-TEAM	M30	01:22:35	44	00:06:10	00:28:00	01:21:43	02:15:19	03:08:06	04:02:20	04:55:49	05:23:00	24	00:05:13	00:20:35	00:47:06	01:14:49	01:43:59	02:15:38	02:48:34
23	BIELAK Artur	82	KAZIKI / ATAK NA TRIATHLON	M40	01:12:33	22	00:06:32	00:28:11	01:21:46	02:15:18	03:09:14	04:02:23	04:56:18	05:22:53	23	00:05:08	00:21:59	00:53:13	01:23:42	01:55:31	02:28:30	03:02:04
24	KOŚCIAŃSKI Łukasz	40	ZDUN TRIATHLON TEAM	M30	01:13:25	23	00:06:09	00:28:35	01:22:09	02:16:07	03:11:09	04:04:32	05:02:39	05:32:10	28	00:04:50	00:22:04	00:53:06	01:24:08	01:54:52	02:26:40	02:58:12
25	AFELTOWICZ Cezary	90	SG WASSERRATTEN NORDERSTEDT	M40	01:17:30	29	00:04:52	00:28:18	01:20:47	02:15:25	03:08:29	04:01:42	04:56:23	05:24:26	26	00:05:46	00:20:36	00:51:15	01:22:40	01:55:40	02:28:51	03:02:11
26	SEVASTSYANAU Sjarhei	74	SEVASTSYANAU TEAM	M40	01:37:10	81	00:04:12	00:24:47	01:12:53	02:01:30	02:51:34	03:44:37	04:41:40	05:12:22	17	00:07:30	00:23:10	00:52:01	01:20:50	01:50:07	02:22:33	02:58:44
27	SZWED Kamil	710		M30	01:31:47	69	00:07:05	00:27:58	01:21:16	02:13:45	03:06:47	03:59:32	04:55:28	05:23:02	25	00:06:43	00:22:02	00:51:16	01:19:52	01:50:25	02:21:40	02:55:57
28	HAIDUK Hleb	4		M18	01:11:28	16	00:03:04	00:28:32	01:22:32	02:19:08	03:17:05	04:15:12	05:15:24	05:53:12	40	00:09:44	00:20:31	00:48:11	01:16:31	01:46:00	02:18:25	02:52:05
29	KURZAC Piotr	44	ANTEX TEAM	M40	01:16:48	27	00:05:23	00:28:42	01:24:01	02:20:43	03:22:25	04:22:56	05:26:12	05:56:49	46	00:04:04	00:21:44	00:51:47	01:22:05	01:54:25	02:24:36	02:53:29
30	MĄCZKA Martyna	37		K30	01:28:30	62	00:04:48	00:30:31	01:26:52	02:22:22	03:21:44	04:23:29	05:22:59	05:54:37	42	00:04:39	00:22:00	00:49:22	01:17:33	01:46:23	02:15:27	02:45:30

				Pływanie		Rower							Bieg									
31	NOWAK Sławomir	91	ZDUN TRIATHLON TEAM - FUNDACJA DZIECIOM POMAGAJ	M50	01:15:53	25	00:04:40	00:26:46	01:20:19	02:13:51	03:08:29	04:05:43	05:06:06	05:35:19	33	00:06:35	00:21:14	00:50:50	01:24:07	02:01:23	02:36:20	03:12:04
32	CIMACHOWSKI Jakub	57	CIMATECH	M40	01:09:26	14	00:05:20	00:28:24	01:22:49	02:19:25	03:18:42	04:19:56	05:21:41	05:52:24	38	00:08:49	00:21:26	00:50:38	01:20:23	01:52:11	02:26:36	03:02:02
33	FRIESE Andreas	98	EGZ TRIATHLON GÖRLITZ	M50	01:12:12	20	00:04:48	00:27:06	01:18:33	02:12:15	03:05:17	04:03:08	05:02:05	05:30:17	27	00:04:53	00:21:48	00:52:38	01:25:27	02:01:20	02:41:10	03:25:13
34	NOWOSIELSKI Wojciech	15		M30	01:21:03	39	00:05:11	00:28:17	01:22:01	02:17:49	03:13:34	04:09:22	05:07:13	05:36:12	35	00:04:52	00:21:51	00:53:05	01:26:31	01:59:25	02:36:36	03:14:39
35	KONIECZNY Marcel	6	KOSZAL TRIATHLON	M18	01:22:55	45	00:04:29	00:28:53	01:23:53	02:18:15	03:12:22	04:07:05	05:03:02	05:33:42	31	00:03:48	00:21:57	00:52:13	01:22:52	02:00:13	02:40:23	03:21:29
36	ALBRECHT Arkadiusz	84	GB GALOPUJĄCE ŚLIMAKI	M40	01:29:19	64	00:06:36	00:27:10	01:23:56	02:19:05	03:21:18	04:22:24	05:24:24	05:56:10	44	00:06:34	00:22:19	00:51:28	01:22:16	01:52:40	02:23:41	02:56:21
37	SZYMURA Przemek	42		M40	01:25:33	51	00:06:24	00:28:16	01:22:21	02:17:54	03:14:46	04:10:50	05:10:21	05:38:50	36	00:08:02	00:23:52	00:57:08	01:31:58	02:05:56	02:42:38	03:18:35
38	KRÓL Paweł	709		M30	01:19:36	34	00:04:54	00:29:58	01:26:32	02:26:04	03:24:02	04:24:04	05:25:39	05:54:33	41	00:06:21	00:23:44	00:55:32	01:28:27	02:02:11	02:36:47	03:12:21
39	NOWARA Andrzej	99		M50	01:26:48	59	00:07:34	00:30:38	01:31:31	02:31:41	03:31:55	04:30:54	05:30:48	06:00:21	48	00:07:47	00:21:40	00:50:44	01:20:11	01:50:25	02:21:24	02:55:08
40	BESZŁEJ Maciej	36		M30	01:26:42	58	00:04:43	00:28:20	01:22:38	02:16:47	03:12:37	04:08:16	05:06:59	05:36:01	34	00:06:29	00:21:56	00:54:34	01:31:24	02:10:25	02:49:01	03:27:57
41	NOWEK Paweł	45	TRIGYM SZCZECIN	M40	01:17:39	30	00:04:51	00:28:17	01:24:10	02:22:43	03:24:24	04:29:42	05:36:27	06:10:01	58	00:05:03	00:21:16	00:50:18	01:20:41	01:53:11	02:31:21	03:10:46
42	NOWACZYK Grzegorz	72	LODOŻERCY CHODZIEŻ / PCH_RUN	M40	01:21:07	40	00:06:59	00:29:33	01:28:43	02:27:50	03:28:09	04:29:34	05:32:09	06:03:51	52	00:07:14	00:24:28	00:56:32	01:28:53	02:01:43	02:36:06	03:13:21
43	BLACHA Dominik	10		M18	01:28:37	63	00:04:54	00:30:41	01:27:56	02:25:39	03:25:21	04:28:20	05:33:52	05:59:27	47	00:11:20	00:22:01	00:54:24	01:25:24	01:59:21	02:35:06	03:12:20
44	MICHOVSKÝ Marek	79	MIKA TRAINING	M40	01:18:22	31	00:05:47	00:29:44	01:27:33	02:28:15	03:28:52	04:30:34	05:33:15	06:04:17	53	00:07:26	00:24:31	00:56:48	01:30:17	02:09:13	02:44:14	03:20:59
45	KIEPURA Andrzej	83	IM INSPIRATION	M40	01:20:07	35	00:05:16	00:29:11	01:24:28	02:21:56	03:20:25	04:21:02	05:23:38	05:55:39	43	00:06:02	00:27:30	01:01:41	01:36:29	02:11:56	02:48:55	03:29:45
46	WIERZBICKI Kamil	12		M30	01:20:45	38	00:05:59	00:32:17	01:32:27	02:31:14	03:31:43	04:33:20	05:37:25	06:08:48	57	00:03:57	00:23:03	00:54:06	01:24:14	01:58:49	02:37:03	03:17:12
47	SKO CZ Tomasz	32		M30	01:21:50	42	00:07:00	00:28:52	01:26:20	02:24:54	03:22:42	04:23:59	05:21:23	05:52:32	39	00:09:25	00:22:22	00:53:59	01:26:05	02:02:22	02:43:17	03:30:49
48	WIĘCŁAW Artur	81	4MUSZKIETER.PL	M40	01:25:34	52	00:08:18	00:31:13	01:29:54	02:27:41	03:31:07	04:31:09	05:35:24	06:06:08	55	00:06:53	00:23:24	00:54:33	01:25:33	01:56:48	02:29:48	03:16:29
49	BARTOSZ Helios	706	7 DYWIJON LOTNICZY	M30	01:32:02	70	00:08:05	00:32:16	01:35:11	02:35:23	03:40:09	04:42:43	05:46:00	06:14:38	62	00:13:53	00:22:33	00:53:41	01:25:39	01:58:12	02:31:00	03:04:44
50	JAKUBCZYK Rafał	49	TRIBOYS	M40	01:26:40	57	00:07:05	00:31:50	01:33:04	02:34:40	03:37:31	04:44:50	05:50:31	06:23:06	65	00:07:16	00:23:36	00:54:23	01:25:38	01:59:32	02:33:56	03:10:36
51	JĘDRZEJCZYK Piotr	92	OGT OLEŚNICA	M50	01:21:10	41	00:05:36	00:29:40	01:27:34	02:28:50	03:30:04	04:34:09	05:37:04	06:06:50	56	00:06:50	00:24:08	00:57:20	01:33:33	02:13:07	02:52:54	03:39:27
52	GRZEGORCZYK Mateusz	16	#7TRTP ZAKOCHAJ SIĘ W BIEGANIU	M30	01:47:42	92	00:03:39	00:30:04	01:29:04	02:28:47	03:29:22	04:33:38	05:38:49	06:11:04	59	00:04:37	00:23:54	00:55:02	01:28:35	02:03:24	02:40:30	03:18:55
53	NOWAKOWSKI Bartek	60		M40	01:23:54	46	00:07:34	00:31:55	01:32:29	02:34:31	03:38:30	04:44:41	05:53:14	06:26:54	68	00:09:52	00:26:36	01:02:34	01:34:46	02:06:42	02:40:09	03:21:44
54	GRODOMIŃSKI Hubert	85	TRI FOR ME	M40	01:34:08	74	00:09:40	00:28:25	01:31:51	02:28:10	03:26:08	04:24:09	05:27:18	05:56:35	45	00:09:05	00:28:22	01:05:46	01:39:25	02:15:50	02:58:25	03:37:19
55	ADACH Dariusz	78	ZĄBKOWICKA GRUPA BIEGOWA FRANKENSTEIN	M40	01:41:57	84	00:06:19	00:31:07	01:30:33	02:29:37	03:26:25	04:35:08	05:41:01	06:13:44	61	00:07:43	00:24:32	00:58:35	01:33:37	02:08:42	02:43:59	03:20:53
56	GRABOWSKI Jan	52		M40	01:31:12	66	00:07:05	00:31:07	01:31:05	02:30:31	03:29:25	04:30:34	05:33:09	06:03:35	51	00:06:22	00:23:51	00:57:55	01:34:20	02:10:20	02:52:49	03:42:46
57	WIERZBICKI Krzysztof	61	MIZIONKI4EVA	M40	01:31:46	68	00:13:23	00:30:41	01:31:21	02:33:22	03:35:11	04:39:00	05:41:24	06:11:49	60	00:11:50	00:24:37	00:55:40	01:28:23	02:02:42	02:39:49	03:23:34
58	KWINTAL Łukasz	50	SZYMANOWSKI TRIATHLON TEAM	M40	01:21:53	43	00:08:06	00:30:26	01:29:16	02:28:33	03:33:09	04:37:31	05:45:04	06:19:40	63	00:06:13	00:27:36	01:02:21	01:38:06	02:14:10	02:50:51	03:38:17
59	SANECKI Jan	3		M18	01:27:34	60	00:13:38	00:34:20	01:39:23	02:47:27	03:56:07	05:01:44	06:19:54	06:57:35	80	00:19:04	00:25:40	00:55:36	01:23:41	01:51:06	02:18:37	02:48:39
60	LIS Daniel	88		M40	01:38:49	82	00:15:22	00:30:47	01:30:46	02:32:04	03:31:20	04:31:45	05:36:35	05:39:27	37	00:35:25	00:24:04	00:58:36	01:34:27	02:12:33	02:54:16	03:36:13
61	DAWIDOWICZ Aleksander	96	ALEX TEAM	M50	01:23:55	47	00:07:29	00:31:02	01:30:45	02:30:24	03:30:40	04:32:53	05:32:49	06:01:50	50	00:08:20	00:27:47	01:05:49	01:46:31	02:27:22	03:10:49	03:58:10
62	PALKA Jacek	67	KLIFORNIA TRI	M40	01:18:50	33	00:06:00	00:30:19	01:27:10	02:23:19	03:20:18	04:21:39	05:27:08	06:01:29	49	00:07:48	00:29:28	01:07:19	01:49:30	02:34:53	03:24:37	04:14:53
63	SULKA Michał	23	ARTCHEMIA S.C	M30	01:32:18	71	00:09:50	00:32:17	01:37:20	02:41:29	03:46:39	04:52:14	05:55:55	06:26:55	69	00:04:48	00:28:22	01:05:10	01:42:28	02:19:28	02:59:39	03:42:44
64	LATOS Janusz	103	ECO CARS	M60+	01:35:45	75	00:09:15	00:31:40	01:31:55	02:31:35	03:34:04	04:39:15	05:48:22	06:21:53	64	00:07:34	00:24:33	00:58:11	01:32:50	02:11:14	03:04:52	03:46:19
65	SROKA Piotr	2	LODOŻERCY CHODZIEŻ/PCH_RUN	M30	01:31:35	67	00:09:41	00:33:50	01:41:25	02:49:22	03:57:29	05:04:30	06:16:47	06:51:46	77	00:09:27	00:22:32	00:51:47	01:23:52	01:55:29	02:31:29	03:20:09
66	GUZIKIEWICZ Mirosław	93	JF DUET / ROZBIEGANY GOLENIÓW	M50	01:41:08	83	00:10:04	00:28:57	01:26:10	02:28:09	03:29:43	04:30:23	05:34:14	06:05:14	54	00:10:08	00:25:21	01:00:55	01:37:50	02:15:49	03:05:40	03:59:57
67	SZYLKIN Wojciech	53	IRON.VET	M40	01:36:47	78	00:07:54	00:29:16	01:26:23	02:26:07	03:29:10	04:38:29	05:51:41	06:24:12	66	00:10:29	00:25:30	01:03:06	01:43:24	02:24:49	03:07:56	03:54:55
68	MATUSEWICZ Ireneusz	66		M40	01:26:29	56	00:14:22	00:31:32	01:36:43	02:42:00	03:52:59	05:04:41	06:16:56	06:51:40	76	00:09:02	00:24:29	00:58:15	01:39:38	02:22:49	03:03:16	03:40:04
69	POGRZEBA Anna	48	KOZAK TEAM	K40	01:36:48	79	00:05:02	00:34:01	01:45:11	02:55:33	04:07:31	05:22:10	06:38:06	07:15:12	88	00:05:53	00:23:16	00:55:44	01:29:40	02:05:27	02:42:23	03:22:08
70	DAWID Łukasz	31	ROZBIEGANY GOLENIÓW	M30	01:26:04	55	00:05:26	00:31:27	01:33:00	02:34:29	03:44:02	04:56:04	06:08:28	06:47:00	75	00:07:50	00:27:50	01:02:48	01:39:23	02:25:27	03:11:48	03:58:35
71	KAWKA Rafał	35	KBKS RADOMSKO	M30	01:58:06	96	00:08:30	00:32:05	01:34:56	02:39:01	03:45:45	04:54:40	06:03:58	06:38:53	73	00:08:13	00:25:13	01:01:23	01:41:01	02:16:45	02:57:50	03:36:54
72	BRYL Tomasz	5		M18	01:36:37	77	00:11:14	00:34:36	01:44:00	02:54:47	04:08:15	05:22:21	06:37:32	07:14:16	87	00:10:54	00:24:19	00:55:56	01:26:22	02:00:38	02:42:09	03:22:25
73	MASLowski Jacek	24	NO LIMITS	M30	01:27:34	61	00:06:54	00:39:23	01:52:02	03:03:02	04:13:51	05:26:19	06:39:38	07:19:35	89	00:11:36	00:28:44	00:59:51	01:33:01	02:07:55	02:49:27	03:32:23

			Pływanie	Rower										Bieg								
74	ADASIEWICZ Zeliśław	69	M40	01:43:17	86	00:07:02	00:31:31	01:33:02	02:37:49	03:48:35	05:05:46	06:23:55	07:01:11	82	00:12:02	00:24:24	00:56:40	01:30:42	02:08:06	02:49:35	03:31:24	
75	MASŁOWSKI Michał	17	NO LIMITS	M30	01:33:38	73	00:08:03	00:34:04	01:38:54	02:45:02	03:52:32	05:01:51	06:21:44	07:12:40	86	00:11:24	00:28:45	00:59:52	01:33:01	02:07:56	02:49:28	03:32:23
76	STASZAK Radosław	87	EKSPRES ŁINGO	M40	01:36:51	80	00:08:50	00:33:23	01:37:30	02:43:26	03:52:37	04:59:16	06:08:31	06:42:10	74	00:16:32	00:27:10	01:04:37	01:43:51	02:24:38	03:07:07	03:50:35
77	ŁUKOWSKI Dariusz	100	GMINA STRZELCE OPOLSKIE	M50	01:43:50	87	00:09:52	00:32:51	01:36:41	02:43:13	03:50:29	05:01:45	06:15:55	06:53:20	79	00:07:03	00:28:59	01:07:51	01:49:44	02:33:22	03:17:19	03:53:51
78	MALISZEWSKI Bolesław	65		M40	01:43:54	88	00:07:50	00:33:31	01:36:44	02:41:17	03:48:13	04:59:28	06:15:41	06:52:05	78	00:05:54	00:25:01	01:01:40	01:41:11	02:25:06	03:09:48	03:54:46
79	RÓŻEWICZ Dariusz	102	PANCE	M60+	01:42:08	85	00:07:54	00:32:46	01:36:53	02:44:14	03:55:46	05:09:27	06:30:51	07:07:18	84	00:06:22	00:27:28	01:04:30	01:43:24	02:23:49	03:04:24	03:46:30
80	PRZĄDKA Dawid	29	CZARNY KOŃ XD	M30	02:01:37	97	00:08:51	00:33:36	01:40:12	02:46:18	03:53:00	04:59:17	06:06:01	06:38:29	72	00:06:20	00:26:10	01:01:29	01:37:06	02:17:11	03:09:52	04:00:29
81	POTOCZNY Łukasz	39	EUFORIABIEGACZATEAM	M30	02:32:38	102	00:06:58	00:32:08	01:35:43	02:40:20	03:40:58	04:47:50	05:53:19	06:24:49	67	00:09:15	00:24:21	00:58:58	01:35:42	02:16:24	03:01:12	03:45:49
82	JANICKI Mariusz	38		M30	01:47:56	93	00:10:09	00:32:02	01:40:29	02:49:05	04:02:13	05:19:51	06:36:29	07:22:53	91	00:08:03	00:23:59	00:54:25	01:30:12	02:06:48	02:51:48	03:35:33
83	WOSKOWSKA Magdalena	58	KLUB BIEGAM BO LUBIĘ RACIBÓRZ	K40	01:33:03	72	00:08:00	00:35:48	01:47:55	03:00:30	04:21:55	05:29:08	06:45:47	07:23:13	92	00:07:39	00:27:15	01:04:48	01:45:47	02:24:57	03:11:38	04:02:30
84	RAWA Marcin	55		M40	02:38:13	103	00:09:03	00:31:49	01:33:55	02:39:54	03:46:52	04:54:30	06:01:26	06:33:42	71	00:09:31	00:24:45	01:00:42	01:42:39	02:25:00	03:07:00	03:46:21
85	KĘPIŃSKI Henryk	107	KB SPARTAKUS BEŁCHATÓW	M60+	01:56:44	94	00:09:15	00:33:06	01:35:38	02:38:01	03:41:21	04:46:50	05:56:50	06:30:47	70	00:08:10	00:32:48	01:17:53	02:00:33	02:45:37	03:39:46	04:34:13
86	RYBIŃSKI Przemysław	46		M40	01:30:37	65	00:16:52	00:32:29	01:37:42	02:46:08	03:53:15	05:08:07	06:25:39	07:03:42	83	00:15:36	00:30:04	01:10:51	01:55:27	02:42:38	03:37:29	04:39:25
87	MLECZEK Tadeusz	105		M60+	02:04:58	98	00:15:48	00:33:55	01:42:20	02:51:30	04:01:22	05:11:25	06:25:08	06:59:56	81	00:09:15	00:30:00	01:15:51	02:03:42	02:53:36	03:47:31	04:36:18
88	LINDEMANN Heide	101	TEAM STEINBERG	K50	01:47:19	91	00:10:50	00:35:52	01:46:45	02:57:27	04:08:42	05:20:15	06:33:04	07:08:31	85	00:11:22	00:36:44	01:26:11	02:18:09	03:08:45	03:59:53	04:51:57
89	ŁYPIK Marzena	89		K40	02:09:26	99	00:07:07	00:34:33	01:43:45	02:54:10	04:06:06	05:20:25	06:40:12	07:21:15	90	00:03:37	00:34:54	01:21:04	02:09:11	02:56:11	03:42:58	04:32:47
90	WALICHNIEWICZ Krzysztof	104	RUN PIEKUŚ	M60+	01:56:47	95	00:17:11	00:36:21	01:46:06	03:03:34	04:16:14	05:31:35	07:04:33	07:58:37	94	00:03:34	00:34:34	01:23:27	02:16:25	03:04:41	03:47:39	04:31:13
91	GÓRECCZYŃSKI Kamila	70	KLUB BIEGACZA JURUND SZCZYTNO	K40	02:26:50	101	00:11:30	00:36:11	01:51:31	03:01:16	04:37:16	05:54:16	07:18:16	07:55:25	93	00:13:51	00:35:49	01:14:46	01:59:22	02:38:17	03:21:02	04:06:13
	SOBCZYŃSKI Adam	27		M30	01:35:53	76	00:06:29	00:30:24	01:31:08	02:34:49												
	MESSYASZ Krzysztof	56	BIMARKO&WELDA&GALI TEAM	M40	01:17:29	28	00:03:46	00:25:48	01:15:29	02:05:05	02:54:33	03:44:37	04:36:39	05:03:10	13	00:04:09	00:19:14	00:43:51	01:09:36	01:37:58	02:12:28	
	CZAPRACKI Dominik	77		M40	01:25:35	53	00:03:54	00:27:24	01:21:45	02:17:19	03:13:00	04:06:40										
	CHYLIŃSKI Adam	80	KLUB PŁYWACKI SUKCES CHORZÓW	M40	01:05:53	7	00:03:19	00:26:57	01:20:05	02:14:25	03:08:48	04:04:20	05:02:28	05:34:10	32	00:06:01	00:20:32	00:48:09	01:17:35	01:49:49		
	CZUK Aleksander	14	TM IRON TEAM	M30	00:59:34	1	00:04:08	00:26:34	01:17:52	02:08:55	03:02:22											
	WITKO-BŁASZCZYK Sebastian	51	ŻELAZNA ŚWIDNICA	M40	01:44:22	89	00:10:59	00:31:14														
	WALCZAK Robert	62	CYTADELA BY NIGHT	M40	01:07:18	10	00:03:02	00:26:15	01:20:34	02:15:05												
	SIKORSKI Wojciech	76		M40	01:24:51	48	00:05:21	00:32:25	01:33:04	02:38:26												
	PRYK Rafał	86	ROZBIEGANY GOLENIÓW	M40	01:24:52	49	00:05:28	00:29:40	01:29:15													
	WAŃSKI Robert	94	NIEZRZESZONY	M50	01:45:53	90	00:11:40	00:29:53	03:41:42	04:42:30	05:42:11											
	MALISZEWSKI Piotr	95		M50	02:10:51	100	00:06:19															
	HEIMBERGER Harald	97	LAUF-UND RADTREFF GOMADINGEN	M50	01:08:34	13	00:04:38	00:26:43	01:17:37	02:08:09	02:57:38	03:50:06	04:41:50	05:08:05	16							

Znaleziono 103 wynik(ów)