





				Pływanie		Rower											Bieg							
76	POGRZEBA Anna	48	KOZAK TEAM	K40	01:36:48	79	00:05:02	00:34:01	01:45:11	02:55:33	04:07:31	05:22:10	06:38:06	07:15:12	88	00:05:53	00:23:16	00:55:44	01:29:40	02:05:27	02:42:23	03:22:08	04:08:35	
77	ŁUKOWSKI Dariusz	100	GINA STRZELCE OPOLSKIE	M50	01:43:50	87	00:09:52	00:32:51	01:36:41	02:43:13	03:50:29	05:01:45	06:15:55	06:53:20	79	00:07:03	00:28:59	01:07:51	01:49:44	02:33:22	03:17:19	03:53:51	04:30:12	
78	MALISZEWSKI Bolesław	65		M40	01:43:54	88	00:07:50	00:33:31	01:36:44	02:41:17	03:48:13	04:59:28	06:15:41	06:52:05	78	00:05:54	00:25:01	01:01:40	01:41:11	02:25:06	03:09:48	03:54:46	04:40:24	
79	RÓŻEWICZ Dariusz	102	PANCE	M60+	01:42:08	85	00:07:54	00:32:46	01:36:53	02:44:14	03:55:46	05:09:27	06:30:51	07:07:18	84	00:06:22	00:27:28	01:04:30	01:43:24	02:23:49	03:04:24	03:46:30	04:29:28	
80	PRZĄDKA Dawid	29	CZARNY KOŃ XD	M30	02:01:37	97	00:08:51	00:33:36	01:40:12	02:46:18	03:53:00	04:59:17	06:06:01	06:38:29	72	00:06:20	00:26:10	01:01:29	01:37:06	02:17:11	03:09:52	04:00:29	04:43:59	
81	POTOCZNY Łukasz	39	EUFORIABIEGACZATEAM	M30	02:32:38	102	00:06:58	00:32:08	01:35:43	02:40:20	03:40:58	04:47:50	05:53:19	06:24:49	67	00:09:15	00:24:21	00:58:58	01:35:42	02:16:24	03:01:12	03:45:49	04:28:18	
82	JANICKI Mariusz	38		M30	01:47:56	93	00:10:09	00:32:02	01:40:29	02:49:05	04:02:13	05:19:51	06:36:29	07:22:53	91	00:08:03	00:23:59	00:54:25	01:30:12	02:06:48	02:51:48	03:35:33	04:22:11	
83	RAWA Marcin	55		M40	02:38:13	103	00:09:03	00:31:49	01:33:55	02:39:54	03:46:52	04:54:30	06:01:26	06:33:42	71	00:09:31	00:24:45	01:00:42	01:42:39	02:25:00	03:07:00	03:46:21	04:27:16	
84	WOSKOWSKA Magdalena	58	KLUB BIEGAM BO LUBIĘ RACIBÓRZ	K40	01:33:03	72	00:08:00	00:35:48	01:47:55	03:00:30	04:21:55	05:29:08	06:45:47	07:23:13	92	00:07:39	00:27:15	01:04:48	01:45:47	02:24:57	03:11:38	04:02:30	04:51:20	
85	KĘPIŃSKI Henryk	107	KB SPARTAKUS BĘŁCHATÓW	M60+	01:56:44	94	00:09:15	00:33:06	01:35:38	02:38:01	03:41:21	04:46:50	05:56:50	06:30:47	70	00:08:10	00:32:48	01:17:53	02:00:33	02:45:37	03:39:46	04:34:13	05:30:06	
86	RYBIŃSKI Przemysław	46		M40	01:30:37	65	00:16:52	00:32:29	01:37:42	02:46:08	03:53:15	05:08:07	06:25:39	07:03:42	83	00:15:36	00:30:04	01:10:51	01:55:27	02:42:38	03:37:29	04:39:25	05:36:57	
87	MLECZEK Tadeusz	105		M60+	02:04:58	98	00:15:48	00:33:55	01:42:20	02:51:30	04:01:22	05:11:25	06:25:08	06:59:56	81	00:09:15	00:30:00	01:15:51	02:03:42	02:53:36	03:47:31	04:36:18	05:26:22	
88	LINDEMANN Heide	101	TEAM STEINBERG	K50	01:47:19	91	00:10:50	00:35:52	01:46:45	02:57:27	04:08:42	05:20:15	06:33:04	07:08:31	85	00:11:22	00:36:44	01:26:11	02:18:09	03:08:45	03:59:53	04:51:57	05:45:55	
89	ŁYPIK Marzena	89		K40	02:09:26	99	00:07:07	00:34:33	01:43:45	02:54:10	04:06:06	05:20:25	06:40:12	07:21:15	90	00:03:37	00:34:54	01:21:04	02:09:11	02:56:11	03:42:58	04:32:47	05:28:27	
90	WALICHNIEWICZ Krzysztof	104	RUN PIEKUŚ	M60+	01:56:47	95	00:17:11	00:36:21	01:46:06	03:03:34	04:16:14	05:31:35	07:04:33	07:58:37	94	00:03:34	00:34:34	01:23:27	02:16:25	03:04:41	03:47:39	04:31:13	05:19:28	
91	GÓRECNZY Kamila	70	KLUB BIEGACZA JURUND SZCZYTNO	K40	02:26:50	101	00:11:30	00:36:11	01:51:31	03:01:16	04:37:16	05:54:16	07:18:16	07:55:25	93	00:13:51	00:35:49	01:14:46	01:59:22	02:38:17	03:21:02	04:06:13	04:55:49	
	SOBCZYŃSKI Adam	27		M30	01:35:53	76	00:06:29	00:30:24	01:31:08	02:34:49														
	MESSYASZ Krzysztof	56	BIMARKO&WELDA&GALI TEAM	M40	01:17:29	28	00:03:46	00:25:48	01:15:29	02:05:05	02:54:33	03:44:37	04:36:39	05:03:10	13	00:04:09	00:19:14	00:43:51	01:09:36	01:37:58	02:12:28			
	CZAPRACKI Dominik	77		M40	01:25:35	53	00:03:54	00:27:24	01:21:45	02:17:19	03:13:00	04:06:40												
	CHYLIŃSKI Adam	80	KLUB PŁYWACKI SUKCES CHORZÓW	M40	01:05:53	7	00:03:19	00:26:57	01:20:05	02:14:25	03:08:48	04:04:20	05:02:28	05:34:10	32	00:06:01	00:20:32	00:48:09	01:17:35	01:49:49				
	CZUK Aleksander	14	TM IRON TEAM	M30	00:59:34	1	00:04:08	00:26:34	01:17:52	02:08:55	03:02:22													
	WITKO-BŁASZCZYK Sebastian	51	ŻELAZNA ŚWIDNICA	M40	01:44:22	89	00:10:59	00:31:14																
	WALCZAK Robert	62	CYTADELA BY NIGHT	M40	01:07:18	10	00:03:02	00:26:15	01:20:34	02:15:05														
	SIKORSKI Wojciech	76		M40	01:24:51	48	00:05:21	00:32:25	01:33:04	02:38:26														
	PRYK Rafał	86	ROZBIEGANY GOLENIÓW	M40	01:24:52	49	00:05:28	00:29:40	01:29:15															
	WAŃSKI Robert	94	NIEZRZESZONY	M50	01:45:53	90	00:11:40	00:29:53	03:41:42	04:42:30	05:42:11													
	MALISZEWSKI Piotr	95		M50	02:10:51	100	00:06:19																	
	HEIMBERGER Harald	97	LAUF-UND RADTREFF GOMADINGEN	M50	01:08:34	13	00:04:38	00:26:43	01:17:37	02:08:09	02:57:38	03:50:06	04:41:50	05:08:05	16									

Znaleziono 103 wynik(ów)