

# POLSKAMAN TRIATHLON WOLSZTYN - DŁUGI

B4SPORT

**Wydarzenie:**  
**Organizator:**  
**Data:**  
**Miejsce:**  
**Dystans:**

PolskaMan Triathlon Wolsztyn  
ROBUSTUS Sp. z o.o. Sp. k.  
2022-08-21  
Wolsztyn  
226 km

**B4SPORT**  
INTELEKTNE ZAWODY SPORTOWE

Klasyfikacja: M40

Punkt pomiarowy: 200,6 km

| Msc | Zawodnik                      | Numer | Klub                          | Kategoria | Pływanie |     | Czas     | Rower       |             |             |              |              |              |               | Czas | Bieg     |                  |                  |                   |
|-----|-------------------------------|-------|-------------------------------|-----------|----------|-----|----------|-------------|-------------|-------------|--------------|--------------|--------------|---------------|------|----------|------------------|------------------|-------------------|
|     |                               |       |                               |           | 3.8km    | Poz |          | S17<br>15km | S17<br>45km | S17<br>75km | S17<br>105km | S17<br>135km | S17<br>165km | Molo<br>180km |      | Poz      | Parkowa<br>3.7km | Parkowa<br>8.9km | Parkowa<br>14.1km |
| 1   | WITZLACK<br>MAKARERICH<br>Kai | 700   |                               | M40       | 01:08:28 | 12  | 00:03:26 | 00:23:37    | 01:10:26    | 01:57:34    | 02:44:06     | 03:34:00     | 04:22:09     | 04:46:34      | 8    | 00:05:04 | 00:15:26         | 00:38:30         | 01:01:50          |
| 2   | CZAJKOWSKI<br>Paweł           | 54    | BCT TEAM GDYNIA               | M40       | 01:11:44 | 18  | 00:02:51 | 00:24:43    | 01:12:22    | 01:59:53    | 02:47:51     | 03:35:04     | 04:22:22     | 04:45:53      | 7    | 00:02:51 | 00:15:45         | 00:46:01         | 01:12:11          |
|     | MESSYASZ<br>Krzysztof         | 56    | BIMARKO&WELDA&GALI TEAM       | M40       | 01:17:29 | 28  | 00:03:46 | 00:25:48    | 01:15:29    | 02:05:05    | 02:54:33     | 03:44:37     | 04:36:39     | 05:03:10      | 13   | 00:04:09 | 00:19:14         | 00:43:51         | 01:09:36          |
| 4   | ŚWIDERSKI<br>Paweł            | 68    |                               | M40       | 01:05:29 | 6   | 00:03:22 | 00:26:11    | 01:14:34    | 02:04:59    | 02:55:52     | 03:47:50     | 04:40:13     | 05:06:26      | 14   | 00:03:56 | 00:21:04         | 00:49:26         | 01:19:10          |
| 5   | OSMOLIK Jarek                 | 75    | TRIZARZA                      | M40       | 01:15:52 | 24  | 00:03:43 | 00:15:25    | 01:14:23    | 02:03:18    | 02:51:48     | 03:41:41     | 04:31:54     | 04:57:18      | 11   | 00:04:16 | 00:21:06         | 00:49:26         | 01:18:10          |
| 6   | POSACKI<br>Zbigniew           | 73    | WOŁÓW BIEGA                   | M40       | 01:25:17 | 50  | 00:05:02 | 00:26:10    | 01:17:18    | 02:09:27    | 03:01:16     | 03:55:25     | 04:48:24     | 05:16:09      | 18   | 00:03:21 | 00:19:38         | 00:45:51         | 01:11:57          |
| 7   | NETTMANN<br>Mateusz           | 708   | #MAKINGFUTURE, #PROJEKTTRENER | M40       | 01:20:23 | 37  | 00:04:30 | 00:26:17    | 01:17:16    | 02:06:28    | 02:57:15     | 03:48:44     | 04:40:57     | 05:06:41      | 15   | 00:04:16 | 00:21:43         | 00:53:07         | 01:25:20          |
|     | CHYLIŃSKI<br>Adam             | 80    | KLUB PŁYWACKI SUKCES CHORZÓW  | M40       | 01:05:53 | 7   | 00:03:19 | 00:26:57    | 01:20:05    | 02:14:25    | 03:08:48     | 04:04:20     | 05:02:28     | 05:34:10      | 32   | 00:06:01 | 00:20:32         | 00:48:09         | 01:17:35          |
| 9   | BIELAK Artur                  | 82    | KAZIKI / ATAK NA TRIATHLON    | M40       | 01:12:33 | 22  | 00:06:32 | 00:28:11    | 01:21:46    | 02:15:18    | 03:09:14     | 04:02:23     | 04:56:18     | 05:22:53      | 23   | 00:05:08 | 00:21:59         | 00:53:13         | 01:23:42          |
| 10  | AFELTOWICZ<br>Cezary          | 90    | SG WASSERRATTEN NORDERSTEDT   | M40       | 01:17:30 | 29  | 00:04:52 | 00:28:18    | 01:20:47    | 02:15:25    | 03:08:29     | 04:01:42     | 04:56:23     | 05:24:26      | 26   | 00:05:46 | 00:20:36         | 00:51:15         | 01:22:40          |
| 11  | SEVASTSYANAU<br>Siarhei       | 74    | SEVASTSYANAU TEAM             | M40       | 01:37:10 | 81  | 00:04:12 | 00:24:47    | 01:12:53    | 02:01:30    | 02:51:34     | 03:44:37     | 04:41:40     | 05:12:22      | 17   | 00:07:30 | 00:23:10         | 00:52:01         | 01:20:50          |
| 12  | CIMACHOWSKI<br>Jakub          | 57    | CIMATECH                      | M40       | 01:09:26 | 14  | 00:05:20 | 00:28:24    | 01:22:49    | 02:19:25    | 03:18:42     | 04:19:56     | 05:21:41     | 05:52:24      | 38   | 00:08:49 | 00:21:26         | 00:50:38         | 01:20:23          |
| 13  | KURZAC Piotr                  | 44    | ANTEX TEAM                    | M40       | 01:16:48 | 27  | 00:05:23 | 00:28:42    | 01:24:01    | 02:20:43    | 03:22:25     | 04:22:56     | 05:26:12     | 05:56:49      | 46   | 00:04:04 | 00:21:44         | 00:51:47         | 01:22:05          |
| 14  | SZYMURA<br>Przemek            | 42    |                               | M40       | 01:25:33 | 51  | 00:06:24 | 00:28:16    | 01:22:21    | 02:17:54    | 03:14:46     | 04:10:50     | 05:10:21     | 05:38:50      | 36   | 00:08:02 | 00:23:52         | 00:57:08         | 01:31:58          |
| 15  | NOWEK Paweł                   | 45    | TRIGYM SZCZECIN               | M40       | 01:17:39 | 30  | 00:04:51 | 00:28:17    | 01:24:10    | 02:22:43    | 03:24:24     | 04:29:42     | 05:36:27     | 06:10:01      | 58   | 00:05:03 | 00:21:16         | 00:50:18         | 01:20:41          |
| 16  | ALBRECHT<br>Arkadiusz         | 84    | GB GALOPUJĄCE ŚLIMAKI         | M40       | 01:29:19 | 64  | 00:06:36 | 00:27:10    | 01:23:56    | 02:19:05    | 03:21:18     | 04:22:24     | 05:24:24     | 05:56:10      | 44   | 00:06:34 | 00:22:19         | 00:51:28         | 01:22:16          |
| 17  | KIEPURA<br>Andrzej            | 83    | IM INSPIRATION                | M40       | 01:20:07 | 35  | 00:05:16 | 00:29:11    | 01:24:28    | 02:21:56    | 03:20:25     | 04:21:02     | 05:23:38     | 05:55:39      | 43   | 00:06:02 | 00:27:30         | 01:01:41         | 01:36:29          |
| 18  | MICHOVSKÝ<br>Marek            | 79    | MIKA TRAINING                 | M40       | 01:18:22 | 31  | 00:05:47 | 00:29:44    | 01:27:33    | 02:28:15    | 03:28:52     | 04:30:34     | 05:33:15     | 06:04:17      | 53   | 00:07:26 | 00:24:31         | 00:56:48         | 01:30:17          |
| 19  | NOWACZYK<br>Grzegorz          | 72    | LODOŻERCY CHODZIEŻ / PCH_RUN  | M40       | 01:21:07 | 40  | 00:06:59 | 00:29:33    | 01:28:43    | 02:27:50    | 03:28:09     | 04:29:34     | 05:32:09     | 06:03:51      | 52   | 00:07:14 | 00:24:28         | 00:56:32         | 01:28:53          |
| 20  | WIĘCŁAW Artur                 | 81    | 4MUSZKIETER.PL                | M40       | 01:25:34 | 52  | 00:08:18 | 00:31:13    | 01:29:54    | 02:27:41    | 03:31:07     | 04:31:09     | 05:35:24     | 06:06:08      | 55   | 00:06:53 | 00:23:24         | 00:54:33         | 01:25:33          |
| 21  | GRABOWSKI Jan                 | 52    |                               | M40       | 01:31:12 | 66  | 00:07:05 | 00:31:07    | 01:31:05    | 02:30:31    | 03:29:25     | 04:30:34     | 05:33:09     | 06:03:35      | 51   | 00:06:22 | 00:23:51         | 00:57:55         | 01:34:20          |
| 22  | JAKUBCZYK<br>Rafał            | 49    | TRIBOYS                       | M40       | 01:26:40 | 57  | 00:07:05 | 00:31:50    | 01:33:04    | 02:34:40    | 03:37:31     | 04:44:50     | 05:50:31     | 06:23:06      | 65   | 00:07:16 | 00:23:36         | 00:54:23         | 01:25:38          |

|    |                                  |           |                                       | Pływanie |                 | Rower |          |          |          |          |          |          |          | Bieg            |           |          |          | CAŁK.    |          |  |
|----|----------------------------------|-----------|---------------------------------------|----------|-----------------|-------|----------|----------|----------|----------|----------|----------|----------|-----------------|-----------|----------|----------|----------|----------|--|
| 23 | <b>GRODOMIŃSKI Hubert</b>        | <b>85</b> | TRI FOR ME                            | M40      | <b>01:34:08</b> | 74    | 00:09:40 | 00:28:25 | 01:31:51 | 02:28:10 | 03:26:08 | 04:24:09 | 05:27:18 | <b>05:56:35</b> | <b>45</b> | 00:09:05 | 00:28:22 | 01:05:46 | 01:39:25 |  |
| 24 | <b>PALKA Jacek</b>               | <b>67</b> | KLIFORNIA TRI                         | M40      | <b>01:18:50</b> | 33    | 00:06:00 | 00:30:19 | 01:27:10 | 02:23:19 | 03:20:18 | 04:21:39 | 05:27:08 | <b>06:01:29</b> | <b>49</b> | 00:07:48 | 00:29:28 | 01:07:19 | 01:49:30 |  |
| 25 | <b>KWINTAL Lukasz</b>            | <b>50</b> | SZYMANOWSKI TRIATHLON TEAM            | M40      | <b>01:21:53</b> | 43    | 00:08:06 | 00:30:26 | 01:29:16 | 02:28:33 | 03:33:09 | 04:37:31 | 05:45:04 | <b>06:19:40</b> | <b>63</b> | 00:06:13 | 00:27:36 | 01:02:21 | 01:38:06 |  |
| 26 | <b>WIERZBICKI Krzysztof</b>      | <b>61</b> | MIZIONKI4EVA                          | M40      | <b>01:31:46</b> | 68    | 00:13:23 | 00:30:41 | 01:31:21 | 02:33:22 | 03:35:11 | 04:39:00 | 05:41:24 | <b>06:11:49</b> | <b>60</b> | 00:11:50 | 00:24:37 | 00:55:40 | 01:28:23 |  |
| 27 | <b>NOWAKOWSKI Bartek</b>         | <b>60</b> |                                       | M40      | <b>01:23:54</b> | 46    | 00:07:34 | 00:31:55 | 01:32:29 | 02:34:31 | 03:38:30 | 04:44:41 | 05:53:14 | <b>06:26:54</b> | <b>68</b> | 00:09:52 | 00:26:36 | 01:02:34 | 01:34:46 |  |
| 28 | <b>ADACH Dariusz</b>             | <b>78</b> | ZĄBKOWICKA GRUPA BIEGOWA FRANKENSTEIN | M40      | <b>01:41:57</b> | 84    | 00:06:19 | 00:31:07 | 01:30:33 | 02:29:37 | 03:26:25 | 04:35:08 | 05:41:01 | <b>06:13:44</b> | <b>61</b> | 00:07:43 | 00:24:32 | 00:58:35 | 01:33:37 |  |
| 29 | <b>LIS Daniel</b>                | <b>88</b> |                                       | M40      | <b>01:38:49</b> | 82    | 00:15:22 | 00:30:47 | 01:30:46 | 02:32:04 | 03:31:20 | 04:31:45 | 05:36:35 | <b>05:39:27</b> | <b>37</b> | 00:35:25 | 00:24:04 | 00:58:36 | 01:34:27 |  |
| 30 | <b>SZYLKIN Wojciech</b>          | <b>53</b> | IRON.VET                              | M40      | <b>01:36:47</b> | 78    | 00:07:54 | 00:29:16 | 01:26:23 | 02:26:07 | 03:29:10 | 04:38:29 | 05:51:41 | <b>06:24:12</b> | <b>66</b> | 00:10:29 | 00:25:30 | 01:03:06 | 01:43:24 |  |
| 31 | <b>MATUSEWICZ Ireneusz</b>       | <b>66</b> |                                       | M40      | <b>01:26:29</b> | 56    | 00:14:22 | 00:31:32 | 01:36:43 | 02:42:00 | 03:52:59 | 05:04:41 | 06:16:56 | <b>06:51:40</b> | <b>76</b> | 00:09:02 | 00:24:29 | 00:58:15 | 01:39:38 |  |
| 32 | <b>STASZAK Radosław</b>          | <b>87</b> | EKSPRES ŁINGO                         | M40      | <b>01:36:51</b> | 80    | 00:08:50 | 00:33:23 | 01:37:30 | 02:43:26 | 03:52:37 | 04:59:16 | 06:08:31 | <b>06:42:10</b> | <b>74</b> | 00:16:32 | 00:27:10 | 01:04:37 | 01:43:51 |  |
| 33 | <b>ADASIEWICZ Żeliszaw</b>       | <b>69</b> |                                       | M40      | <b>01:43:17</b> | 86    | 00:07:02 | 00:31:31 | 01:33:02 | 02:37:49 | 03:48:35 | 05:05:46 | 06:23:55 | <b>07:01:11</b> | <b>82</b> | 00:12:02 | 00:24:24 | 00:56:40 | 01:30:42 |  |
| 34 | <b>MALISZEWSKI Bolesław</b>      | <b>65</b> |                                       | M40      | <b>01:43:54</b> | 88    | 00:07:50 | 00:33:31 | 01:36:44 | 02:41:17 | 03:48:13 | 04:59:28 | 06:15:41 | <b>06:52:05</b> | <b>78</b> | 00:05:54 | 00:25:01 | 01:01:40 | 01:41:11 |  |
| 35 | <b>RYBIŃSKI Przemysław</b>       | <b>46</b> |                                       | M40      | <b>01:30:37</b> | 65    | 00:16:52 | 00:32:29 | 01:37:42 | 02:46:08 | 03:53:15 | 05:08:07 | 06:25:39 | <b>07:03:42</b> | <b>83</b> | 00:15:36 | 00:30:04 | 01:10:51 | 01:55:27 |  |
| 36 | <b>RAWA Marcin</b>               | <b>55</b> |                                       | M40      | <b>02:38:13</b> | 103   | 00:09:03 | 00:31:49 | 01:33:55 | 02:39:54 | 03:46:52 | 04:54:30 | 06:01:26 | <b>06:33:42</b> | <b>71</b> | 00:09:31 | 00:24:45 | 01:00:42 | 01:42:39 |  |
|    | <b>CZAPRACKI Dominik</b>         | <b>77</b> |                                       | M40      | <b>01:25:35</b> | 53    | 00:03:54 | 00:27:24 | 01:21:45 | 02:17:19 | 03:13:00 | 04:06:40 |          |                 |           |          |          |          |          |  |
|    | <b>WITKO-BŁASZCZYK Sebastian</b> | <b>51</b> | ŻELAZNA ŚWIDNICA                      | M40      | <b>01:44:22</b> | 89    | 00:10:59 | 00:31:14 |          |          |          |          |          |                 |           |          |          |          |          |  |
|    | <b>WALCZAK Robert</b>            | <b>62</b> | CYTADELA BY NIGHT                     | M40      | <b>01:07:18</b> | 10    | 00:03:02 | 00:26:15 | 01:20:34 | 02:15:05 |          |          |          |                 |           |          |          |          |          |  |
|    | <b>SIKORSKI Wojciech</b>         | <b>76</b> |                                       | M40      | <b>01:24:51</b> | 48    | 00:05:21 | 00:32:25 | 01:33:04 | 02:38:26 |          |          |          |                 |           |          |          |          |          |  |
|    | <b>PRYK Rafał</b>                | <b>86</b> | ROZBIEGANY GOLENIÓW                   | M40      | <b>01:24:52</b> | 49    | 00:05:28 | 00:29:40 | 01:29:15 |          |          |          |          |                 |           |          |          |          |          |  |

Znaleziono 41 wynik(ów)