

# POLSKAMAN TRIATHLON WOLSZTYN - DŁUGI

B4SPORT

**Wydarzenie:** PolskaMan Triathlon Wolsztyn 2020  
**Organizator:** ROBUSTUS Sp. z o.o. Sp. k.  
**Data:** 2020-08-16  
**Miejsce:** Wolsztyn  
**Dystans:** 226 km

**B4SPORT**  
 INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: OPEN - M

Punkt pomiarowy: 223,9 km

Msc	Zawodnik	Numer	Klub	Kategoria	Pływanie		Rower								Bieg									
					3.8km	Poz	15km	45km	75km	S17 105km	S17 135km	S17 165km	Molo 180km	Poz	3.7km	8.9km	14.1km	19.3km	24.5km	29.7km	34.9km	40.1km		
1	SOWIŃSKI Miłosz	514	AZS AWF WROCLAW/ IRONMANINSPIRATION TEAM	M18	00:54:21	1	00:02:49	00:21:36	01:04:46	01:48:10	02:31:59	03:22:47	04:10:18	04:32:50	1	00:02:29	00:15:35	00:36:41	00:57:54	01:19:41	01:42:14	02:06:13	02:31:27	02:58:45
2	JILEK David	516		M30	01:00:51	2	00:03:33	00:23:19	01:09:30	01:55:49	02:42:18	03:29:12	04:17:49	04:42:55	2	00:02:51	00:18:15	00:43:25	01:08:42	01:33:56	01:59:37	02:25:25	02:51:15	03:17:52
3	KLUPCZYŃSKI Piotr	77	KLUB PLYWACKI AQUAPARK WĄGROWIEC	M18	01:05:40	6	00:03:35	00:24:48	01:13:11	02:02:40	02:51:38	03:41:13	04:30:18	04:55:08	4	00:02:55	00:17:39	00:42:08	01:07:21	01:33:14	02:00:06	02:28:10	02:54:32	03:25:42
4	MICHALSKI Andrzej	60	KRYSTEK TRI	M30	01:09:46	7	00:03:34	00:23:32	01:11:18	02:00:09	02:49:24	03:39:31	04:31:00	04:56:56	6	00:03:24	00:17:31	00:41:13	01:06:42	01:33:11	02:01:16	02:29:13	02:57:49	03:26:17
5	AIGNER Michael	85	TRI+RUN AUTOHAUS MAYR SCHWARZACH	M30	01:04:16	4	00:02:42	00:25:13	01:14:54	02:04:12	02:53:33	03:42:56	04:32:10	04:56:43	5	00:02:39	00:19:16	00:45:54	01:12:39	01:40:13	02:09:07	02:39:37	03:10:13	03:40:47
6	MIZIARSKI Paweł	20		M30	01:03:18	3	00:03:38	00:24:27	01:11:30	01:59:02	02:45:44	03:34:59	04:24:08	04:48:24	3	00:02:58	00:19:29	00:45:45	01:11:21	01:37:08	02:04:13	02:32:33	03:02:02	03:53:20
7	SZCZUPAK Dominik	67	TEAM PROGRESJA	M40	01:12:41	9	00:04:42	00:26:10	01:15:12	02:04:20	02:54:37	03:45:10	04:40:04	05:07:43	13	00:03:48	00:19:15	00:46:06	01:13:09	01:40:33	02:08:30	02:36:35	03:04:34	03:31:15
8	WEINREICH Norbert	97	BSV FRIESEN	M50	01:05:16	5	00:04:11	00:24:42	01:13:20	02:03:17	02:53:13	03:43:15	04:34:39	05:00:39	8	00:04:06	00:22:11	00:51:46	01:23:37	01:56:57	02:30:46	03:04:36	03:39:55	04:16:47
9	BEDNAREK Łukasz	100	PLAY	M30	01:13:56	10	00:04:23	00:25:15	01:14:17	02:03:26	02:53:44	03:44:17	04:35:05	05:01:30	9	00:04:26	00:22:38	00:55:03	01:27:56	02:00:05	02:34:05	03:08:33	03:42:03	04:13:06
10	MARTYNOWSKI Łukasz	72		M30	01:20:31	26	00:04:03	00:25:31	01:16:12	02:09:25	03:05:14	04:01:24	04:57:01	05:24:24	19	00:03:41	00:21:25	00:50:07	01:18:12	01:47:23	02:20:31	02:52:53	03:23:26	03:53:23
11	RÓŻAŃSKI Mariusz	63	OLO MED	M40	01:26:08	36	00:05:32	00:25:05	01:15:54	02:05:47	02:56:49	03:48:09	04:40:45	05:07:31	12	00:03:53	00:21:48	00:52:30	01:23:29	01:54:59	02:27:19	03:00:05	03:33:52	04:06:07
12	SEVASTSYANAU Sjarhei	93	SEVASTSYANAU TEAM	M40	01:51:07	66	00:05:28	00:25:15	01:15:37	02:04:50	02:54:33	03:46:28	04:39:43	05:07:24	11	00:03:34	00:18:54	00:45:50	01:13:22	01:43:02	02:13:19	02:44:36	03:15:00	03:42:38
13	SŁOMA Adrian	518	SPEEDFEET'16 / TGV KOŚCIAN	M30	01:21:19	29	00:03:45	00:26:09	01:19:15	02:12:22	03:06:50	04:02:46	05:01:50	05:30:57	28	00:04:26	00:20:19	00:46:53	01:15:38	01:45:47	02:17:19	02:50:09	03:22:26	03:52:51
14	CZAPRACKI Dominik	61		M40	01:24:28	34	00:03:55	00:26:37	01:18:06	02:10:38	03:05:06	04:01:16	04:58:23	05:26:52	20	00:03:26	00:21:09	00:49:23	01:18:09	01:48:54	02:19:45	02:52:45	03:23:46	03:56:34
15	POSACKI Zbiniew	37	WOŁÓW BIEGA	M40	01:38:42	58	00:07:06	00:27:43	01:21:43	02:15:22	03:10:41	04:06:51	05:02:41	05:30:09	24	00:03:17	00:20:51	00:48:58	01:17:30	01:46:37	02:15:19	02:45:23	03:15:07	03:44:08
16	GUILLE-DEVERS Valentin	18	OULLINS TRIATHLON	M18	01:17:24	22	00:05:25	00:25:26	01:15:01	02:03:22	02:51:51	03:41:21	04:33:07	05:00:12	7	00:03:38	00:20:49	00:49:11	01:20:07	01:54:17	02:32:10	03:27:16	04:05:49	04:37:21
17	PAGÓRSKI Jakub	78	AKADEMIA MARYNARKI WOJENNEJ	M18	01:21:47	30	00:04:18	00:25:12	01:15:58	02:07:27	03:00:28	03:53:56	04:48:41	05:15:50	15	00:04:20	00:17:05	00:41:41	01:08:51	01:37:06	02:07:03	02:46:44	03:38:22	04:20:39
18	LENART Rafał	45	DRUŻYNA ML	M30	01:31:52	44	00:05:22	00:25:46	01:17:27	02:10:12	03:04:14	04:00:07	04:59:36	05:29:38	22	00:04:16	00:21:24	00:50:01	01:19:18	01:49:18	02:20:38	02:52:18	03:26:29	04:00:28
19	FIKS Grzegorz	4	FIX CATERING DIETETYCZNY	M30	01:14:59	17	00:04:16	00:27:36	01:22:21	02:16:38	03:11:07	04:05:45	05:02:19	05:30:26	27	00:02:45	00:22:54	00:53:41	01:25:38	02:00:34	02:37:12	03:13:17	03:50:28	04:25:54
20	NOWACKI Łukasz	23		M18	01:29:44	41	00:04:59	00:28:30	01:26:25	02:24:00	03:21:47	04:20:27	05:19:32	05:49:59	42	00:04:31	00:19:27	00:45:58	01:18:15	01:47:18	02:17:21	02:49:14	03:23:57	03:53:55
21	CELIŃSKI Paweł	95	IRONMAN INSPIRATION	M30	01:17:23	21	00:03:26	00:25:52	01:15:59	02:07:50	03:01:51	03:58:18	04:53:37	05:21:26	17	00:02:44	00:22:04	00:53:54	01:25:38	01:59:54	02:38:21	03:17:14	03:58:09	04:39:47
22	HILL Mario	57	TRI ENDURANCE GERMANY	M50	01:21:14	28	00:03:42	00:25:59	01:16:51	02:07:41	02:59:11	03:52:16	04:47:11	05:14:39	14	00:02:40	00:24:39	00:58:55	01:33:44	02:09:33	02:46:25	03:26:04	04:04:52	04:43:36
23	MERDA Piotr	36	MTS HAMER MIASTKO	M40	01:22:15	32	00:07:21	00:27:06	01:20:00	02:13:29	03:08:45	04:04:14	05:01:23	05:30:19	25	00:03:58	00:22:08	00:53:20	01:24:46	01:56:01	02:29:27	03:03:04	03:39:24	04:23:00
24	GRYCMAN Marek	26		M40	01:28:18	39	00:04:23	00:25:46	01:17:27	02:09:42	03:05:11	04:02:51	05:02:17	05:32:34	30	00:05:49	00:25:32	00:58:23	01:31:33	02:05:35	02:40:33	03:14:54	03:51:39	04:26:46
25	OZDOBA Krzysztof	55	TRI MISSION	M40	01:19:08	24	00:04:07	00:27:31	01:22:14	02:18:03	03:13:41	04:10:17	05:08:19	05:36:54	34	00:03:27	00:20:56	00:50:35	01:23:38	02:00:11	02:36:56	03:14:50	03:54:00	04:35:13
26	TOMASZEWSKI Jacek	84		M18	01:14:02	11	00:04:49	00:28:11	01:22:47	02:16:19	03:11:32	04:09:35	05:12:28	05:43:40	37	00:04:55	00:26:35	01:00:42	01:32:24	02:06:09	02:41:08	03:18:32	03:57:56	04:38:09
27	ŚLEDZIK Sebastian	19	DT4YOU	M50	01:32:19	46	00:05:06	00:25:27	01:17:20	02:09:59	03:02:54	03:56:29	04:51:02	05:18:12	16	00:04:08	00:26:33	01:02:16	01:36:53	02:15:05	02:52:28	03:32:10	04:12:59	04:51:48
28	ŚWIDERSKI Paweł	91		M40	01:17:27	23	00:09:53	00:27:52	01:22:42	02:18:32	03:16:23	04:15:35	05:15:02	05:45:28	40	00:06:03	00:23:52	00:56:31	01:29:39	02:03:07	02:37:16	03:12:49	03:52:33	04:32:42
29	BEER Daniel	69	SV ALTENCELLE E.V.	M30	01:27:55	38	00:06:03	00:27:11	01:20:21	02:13:54	03:08:36	04:05:04	05:02:32	05:32:25	29	00:05:21	00:23:04	00:55:37	01:29:15	02:03:31	02:38:20	03:15:35	03:59:39	04:41:55
30	TOFT Ole	517	ALLWORLDATHLETE.COM	M40	01:14:25	14	00:15:29	00:30:13	01:32:26	02:41:23	03:41:36	04:43:10	05:41:08	06:11:32	59	00:07:04	00:24:08	00:59:20	01:32:40	02:06:27	02:39:51	03:13:08	03:45:35	04:15:27
31	LENART Miłosz	39	DRUŻYNA ML	M50	01:55:50	71	00:05:21	00:27:21	01:23:13	02:17:20	03:16:39	04:12:42	05:11:50	05:44:36	39	00:04:29	00:22:48	00:54:16	01:27:49	02:01:11	02:37:07	03:10:24	03:43:45	04:14:10
32	NOWARA Andrzej	80		M50	01:34:06	50	00:08:54	00:29:10	01:27:33	02:26:29	03:26:14	04:24:59	05:24:56	05:54:41	48	00:07:05	00:22:27	00:53:50	01:27:13	02:00:25	02:36:39	03:11:55	03:46:01	04:21:05
33	SKRUDLIK Leszek	70	FEBYS	M30	01:25:12	35	00:05:38	00:26:22	01:19:00	02:11:50	03:06:13	04:01:49	04:58:35	05:28:22	21	00:04:36	00:24:40	01:00:15	01:36:05	02:14:54	02:57:48	03:42:16	04:25:54	05:03:05
34	STWERTETSCHKA Dariusz	89	KUDOWIANKA ANER STAL - WEMECO KUDOWA - ZDRÓJ	M50	01:38:30	57	00:04:35	00:29:04	01:25:09	02:19:24	03:16:38	04:14:28	05:11:40	05:40:29	35	00:04:16	00:25:01	00:59:26	01:35:22	02:12:13	02:49:13	03:27:04	04:05:47	04:43:17
35	PAWLIK Piotr	99		M40	01:14:11	13	00:04:58	00:27:54	01:22:58	02:18:24	03:15:12	04:13:48	05:13:17	05:43:50	38	00:03:55	00:24:38	00:58:53	01:38:56	02:18:40	02:57:49	03:40:28	04:23:21	05:05:18
36	LETKOWSKI Dariusz	27	GAPMONT RUNNING TEAM	M40	01:22:16	33	00:04:11	00:27:02	01:20:42	02:15:19	03:11:41	04:12:54	05:11:26	05:40:39	36	00:04:20	00:25:59	00:59:24	01:40:49	02:18:01	03:00:33	03:44:51	04:29:41	05:00:49
37	CYBULSKI Robert	21	KSZOR TEAM	M40	01:32:02	45	00:05:54	00:27:31	01															

						o Pływanie			Rower								o Bieg							
38	CYWKA Tomek	5	ZĄBKOWICKA GRUPA BIEGOWA FRANKENTSTEIN	M40	<b>01:34:57</b>	52	00:07:53	00:27:04	01:20:36	02:12:53	03:06:59	04:01:59	04:59:52	<b>05:29:41</b>	23	00:06:18	00:22:56	00:55:24	01:30:10	02:08:43	02:49:06	03:31:44	04:16:41	04:56:43
39	BIJOŚ Mirosław	102	DAWAJ MISIEK :)	M40	<b>01:33:56</b>	49	00:05:28	00:26:03	01:18:10	02:10:22	03:03:26	03:58:50	04:55:16	<b>05:24:22</b>	18	00:04:55	00:27:28	01:07:01	01:45:28	02:27:06	03:07:03	03:50:41	04:32:46	05:11:16
40	GŁOWACKI Arek	52		M40	<b>01:40:29</b>	60	00:04:40	00:27:55	01:25:23	02:22:06	03:21:54	04:22:07	05:23:45	<b>05:54:10</b>	47	00:04:14	00:23:14	00:57:34	01:33:56	02:10:13	02:49:05	03:25:50	04:03:29	04:39:09
41	LUS Tomasz	76	WYBIERZ	M30	<b>01:36:26</b>	53	00:06:06	00:29:00	01:25:07	02:20:51	03:20:16	04:27:03	05:31:35	<b>06:03:25</b>	53	00:05:09	00:24:18	00:55:07	01:28:59	02:03:21	02:38:02	03:14:53	03:55:01	04:32:51
42	KRYCH Jakub	31	KP "ŻAGLICA" POZNAŃ	M30	<b>01:14:10</b>	12	00:07:53	00:26:44	01:20:18	02:15:06	03:10:27	04:06:43	05:03:54	<b>05:33:34</b>	31	00:07:34	00:23:42	00:55:34	01:28:06	02:07:50	02:48:35	03:35:34	04:22:21	05:21:04
43	FABRI Bernward	46	TRI-TEAM KAISERSTUHL	M50	<b>01:16:52</b>	20	00:04:05	00:26:46	01:20:47	02:15:32	03:10:25	04:06:41	05:04:04	<b>05:33:37</b>	32	00:04:32	00:26:18	01:03:08	01:40:29	02:20:35	03:05:06	03:52:54	04:41:56	05:30:21
44	JĘDRAS Paweł	87		M40	<b>01:19:57</b>	25	00:08:58	00:28:40	01:26:07	02:23:02	03:22:17	04:25:29	05:26:50	<b>05:56:27</b>	50	00:10:23	00:25:43	01:01:31	01:38:58	02:18:18	03:00:40	03:41:34	04:18:18	04:54:43
45	LINK Gerhard	98	SOCIAL DISTORTION	M50	<b>01:48:11</b>	65	00:07:36	00:29:00	01:26:11	02:26:05	03:21:51	04:17:59	05:17:02	<b>05:46:39</b>	41	00:07:15	00:24:35	00:58:26	01:33:47	02:10:50	02:51:11	03:30:36	04:09:27	04:44:02
46	LIB Radosław	15		M30	<b>01:28:34</b>	40	00:06:11	00:28:06	01:25:28	02:24:26	03:26:49	04:31:59	05:36:44	<b>06:09:31</b>	57	00:04:25	00:22:50	00:58:14	01:34:17	02:11:23	02:50:56	03:30:41	04:10:29	04:47:56
47	KMIECIK Radosław	44		M40	<b>01:43:49</b>	64	00:06:41	00:27:22	01:23:39	02:21:08	03:19:02	04:19:17	05:22:57	<b>05:55:53</b>	49	00:10:35	00:28:01	01:01:56	01:36:11	02:10:45	02:46:53	03:24:18	04:02:21	04:40:05
48	MYŚKOW Leszek	54	TRI MISSION	M40	<b>01:30:26</b>	42	00:06:36	00:27:15	01:23:24	02:20:19	03:18:22	04:17:39	05:19:30	<b>05:51:17</b>	45	00:05:05	00:24:17	01:01:45	01:43:04	02:21:27	03:02:35	03:45:12	04:25:56	05:06:17
49	PIECZARA Krzysztof	59	FEBYS	M30	<b>01:22:06</b>	31	00:05:56	00:30:32	01:29:30	02:29:25	03:31:07	04:33:44	05:39:07	<b>06:11:46</b>	60	00:05:56	00:27:30	01:02:55	01:40:44	02:16:48	02:58:20	03:40:00	04:19:56	04:54:34
50	NEMICK Marek	513		M40	<b>01:14:39</b>	15	00:06:48	00:39:04	01:34:56	02:31:25	03:30:26	04:28:52	05:29:51	<b>06:01:18</b>	52	00:06:08	00:28:48	01:08:02	01:47:52	02:29:16	03:11:46	03:54:20	04:35:17	05:17:15
51	KOCIEL Jarosław	30		M50	<b>01:20:54</b>	27	00:08:34	00:29:32	01:30:05	02:30:55	03:33:51	04:39:50	05:46:00	<b>06:20:26</b>	62	00:08:33	00:29:40	01:04:29	01:40:15	02:17:46	02:57:14	03:35:47	04:13:43	04:50:11
52	ŚWIĘCICKI Arkadiusz	33	WINTER SWIMMING TEAM POLAND	M40	<b>01:36:59</b>	54	00:07:16	00:28:05	01:22:52	02:17:06	03:12:03	04:07:24	05:04:02	<b>05:33:49</b>	33	00:05:34	00:24:21	00:53:46	01:30:37	02:07:11	02:48:11	03:39:59	04:32:34	05:25:42
53	SIKORSKI Wojciech	74		M40	<b>01:32:23</b>	47	00:06:40	00:32:12	01:32:35	02:32:57	03:36:40	04:40:40	05:47:02	<b>06:21:15</b>	64	00:07:25	00:24:04	01:04:19	01:39:56	02:14:05	02:52:05	03:27:05	04:04:43	04:43:18
54	FORNALIK Kamil	68		M18	<b>01:34:27</b>	51	00:05:55	00:34:34	01:38:21	02:41:17	03:46:59	04:50:55	06:11:01	<b>06:52:21</b>	70	00:05:00	00:20:12	00:48:35	01:17:56	01:49:35	02:22:40	02:59:24	03:38:34	04:24:03
DQ	PETA Andrzej	35	MTS HAMER	M50	<b>DQ</b>	63	DQ	DQ	DQ	DQ	DQ	DQ	DQ	<b>DQ</b>	54	DQ	DQ	DQ	DQ	DQ	DQ	DQ	DQ	DQ
56	BUCZKOWSKI Jarosław	81	TRI JAREK	M40	<b>01:53:13</b>	67	00:12:59	00:29:13	01:26:47	02:24:42	03:27:42	04:28:05	05:33:39	<b>06:06:02</b>	55	00:10:22	00:23:40	00:56:24	01:31:11	02:06:31	02:43:29	03:22:46	04:06:44	04:52:15
57	WALCZUK Andrzej	90	CHEŁMSKA GRUPA TRIATHLONU	M40	<b>01:14:54</b>	16	00:04:44	00:29:29	01:30:54	02:32:36	03:34:03	04:37:29	05:44:04	<b>06:18:24</b>	61	00:05:25	00:31:06	01:15:47	02:01:07	02:46:47	03:32:16	04:20:08	05:10:12	05:59:46
58	OWCZARSKI Marcin	62		M40	<b>01:31:40</b>	43	00:08:15	00:30:55	01:32:18	02:30:56	03:29:43	04:31:47	05:38:20	<b>06:10:52</b>	58	00:11:31	00:27:12	01:08:52	01:52:15	02:37:36	03:26:46	04:11:31	05:01:57	05:48:13
59	SCELINA Wojciech	64		M30	<b>01:54:23</b>	69	00:11:34	00:31:09	01:32:36	02:34:12	03:37:45	04:43:34	05:51:54	<b>06:26:11</b>	66	00:05:27	00:26:49	01:03:49	01:44:49	02:30:02	03:11:56	03:56:17	04:40:42	05:24:31
60	MAJEWSKI Andrzej	17	MTS HAQMER MIASTKO	M50	<b>01:37:02</b>	55	00:06:44	00:31:33	01:29:41	02:26:52	03:23:27	04:20:59	05:21:48	<b>05:53:32</b>	46	00:04:04	00:36:48	01:27:14	02:14:27	02:53:59	03:46:29	04:42:28	05:38:23	06:35:15
61	KĘPIŃSKI Henryk	50	BELCHATÓW	M60+	<b>01:55:32</b>	70	00:07:10	00:31:36	01:32:01	02:35:50	03:42:55	04:48:38	05:54:23	<b>06:28:35</b>	67	00:04:45	00:32:36	01:16:57	01:56:09	02:42:13	03:31:24	04:19:11	05:00:31	05:41:43
62	PARAFIŃSKI Zdzisław	42		M50	<b>01:42:29</b>	61	00:06:21	00:31:12	01:35:59	02:41:25	03:47:47	04:56:04	06:05:12	<b>06:39:53</b>	68	00:05:50	00:25:46	01:04:44	01:46:17	02:35:49	03:24:11	04:21:02	05:10:08	05:51:16
63	CZUBAK Wawrzyniec	96		M40	<b>01:56:48</b>	74	00:08:04	00:34:01	01:40:11	02:47:39	03:52:53	05:05:37	06:14:24	<b>06:48:58</b>	69	00:07:56	00:39:06	01:20:33	02:00:04	02:38:45	03:19:19	04:02:35	04:49:48	05:39:27
64	KAWKA Rafał	11	ULTRATRIK RADOMSKO	M30	<b>01:56:12</b>	72	00:08:20	00:33:59	01:43:49	02:57:18	04:11:20	05:31:37	06:50:14	<b>07:31:14</b>	74	00:06:23	00:22:40	00:57:05	01:35:22	02:15:48	02:57:18	03:41:35	04:27:40	05:14:05
65	MLECZEK Tadeusz	2	DOLNOŚLĄSKIE WOPR	M60+	<b>02:01:11</b>	75	00:09:16	00:30:45	01:32:38	02:38:43	03:47:51	04:59:33	06:14:22	<b>06:52:54</b>	71	00:13:55	00:33:29	01:24:07	02:11:18	02:58:25	03:47:52	04:40:59	05:32:52	06:37:27
	LISIEWICZ Michał	16	TEAN KARAŚ	M40	<b>01:11:43</b>	8	00:07:46	00:26:27	01:18:29	02:09:32	04:38:03													
	ZIELIŃSKI Tomasz	41	VELOCITY WARSZAWA	M40	<b>01:38:24</b>	56	00:08:51	00:30:06	01:30:00	02:32:07	03:32:46	04:32:13	05:34:28	<b>06:07:37</b>	56	00:04:42	00:28:15	01:14:12						
	ZIELIŃSKI Andrzej	40		M40	<b>01:16:23</b>	19	00:04:41	00:25:52	01:17:07	02:09:20	03:09:00	04:03:38	05:00:31	<b>05:30:20</b>	26									
	ZAJĄC Krzysztof	105	SZCZEPAN BIKE GORZÓW	M30	<b>01:33:36</b>	48	00:05:48	00:23:58	01:12:58	02:01:46	02:51:50	03:42:39	04:35:42	<b>05:01:32</b>	10	00:03:36	00:19:35	00:46:58	01:21:10					

Znaleziono 69 wynik(ów)