

POLSKAMAN TRIATHLON WOLSZTYN - DŁUGI

B4SPORT

Event: PolskaMan Triathlon Wolsztyn
Organiser: ROBUSTUS Sp. z o.o. Sp. k.
Date: 2021-08-15
Place: Wolsztyn
Distance: 226 km

B4SPORT
 INTELIGENTNE ZAWODY SPORTOWE

Classification: OPEN - M

Split point: 213,5 km

					Swimming		Cycling										Race						
Place	Participant	Number	Club	Category	3.8km	Poz		S17 15km	S17 45km	S17 75km	S17 105km	S17 135km	S17 165km	Molo 180km	Poz		Parkowa 3.7km	Parkowa 8.9km	Parkowa 14.1km	Parkowa 19.3km	Parkowa 24.5km	Parkowa 29.7km	
1	LEWANDOWSKI Maciej	49	ALOHA TRIATHLON TEAM	M30	01:01:25	6	00:03:25	00:22:32	01:07:44	01:52:35	02:36:47	03:21:25	04:07:16	04:30:17	2	00:02:45	00:17:05	00:40:49	01:05:29	01:30:37	01:56:56	02:24:49	
2	BOROWIAK Rafał	611		M30	01:01:07	5	00:03:15	00:22:53	01:10:34	01:58:18	02:46:08	03:34:46	04:24:13	04:47:58	6	00:02:53	00:16:50	00:39:59	01:06:21	01:29:58	01:54:36	02:19:11	
3	MROCZKOWSKI Karol	60	ALOHA TRIATHLON TEAM	M30	00:57:07	2	00:03:28	00:23:18	01:09:50	01:56:34	02:41:04	03:26:58	04:14:47	04:38:38	3	00:02:41	00:21:02	00:46:12	01:12:45	01:39:57	02:08:20	02:37:03	
4	BRAULINSKI Michał	10	POWER OF SCIENCE PERFORMANCE LAB	M18	01:07:05	14	00:04:42	00:20:49	01:02:59	01:46:13	02:28:57	03:13:42	03:59:27	04:21:38	1	00:02:29	00:19:32	00:47:37	01:16:10	01:45:32	02:16:15	02:50:00	
5	MODRZYK Arkadiusz	59	CENTRUM MEDYCYN Y SPORTOWEJ OLIMP /TRIAMO	M30	01:03:47	10	00:03:43	00:24:06	01:11:31	01:58:56	02:46:17	03:33:40	04:21:16	04:44:57	5	00:02:52	00:19:19	00:45:45	01:13:04	01:39:29	02:06:36	02:34:16	
6	SMITH Matthew	79		M40	01:05:04	11	00:02:55	00:26:12	01:17:52	02:09:13	02:59:21	03:49:08	04:39:31	05:04:38	13	00:02:50	00:18:49	00:43:29	01:08:26	01:33:55	01:59:32	02:26:16	
7	JAKUBCZAK Andrzej	28	VANHOOPY BIKE MANUFAKTUR	M40	00:53:15	1	00:04:19	00:24:52	01:14:56	02:04:12	02:53:35	03:43:20	04:33:40	04:59:11	11	00:04:15	00:20:15	00:48:00	01:17:17	01:47:41	02:18:11	02:49:57	
8	HOŃKA Michał	26	MB-PROJEKT RACING TEAM	M40	01:07:42	15	00:03:18	00:25:24	01:14:51	02:04:19	02:53:08	03:41:46	04:31:36	04:56:57	10	00:03:26	00:19:42	00:46:26	01:14:36	01:42:50	02:11:54	02:41:33	
9	BARAN Tomasz	605		M30	01:14:58	33	00:04:34	00:23:28	01:10:58	01:58:54	02:48:37	03:38:48	04:29:55	04:55:31	8	00:03:10	00:18:48	00:44:12	01:09:59	01:41:07	02:09:25	02:38:34	
10	LIPUTA Grzesiek	50	ALOHA TRIATHLON TEAM	M30	01:10:22	22	00:04:53	00:25:05	01:15:26	02:06:00	02:56:32	03:47:49	04:39:25	05:05:22	14	00:03:41	00:19:35	00:45:04	01:11:30	01:38:35	02:05:22	02:32:36	
11	NOSEK Dalibor	62	TRIATLON TEAM TRNAVA	M40	01:10:44	23	00:03:26	00:26:06	01:17:05	02:08:13	02:59:25	03:51:30	04:43:31	05:10:16	17	00:04:12	00:18:11	00:41:50	01:05:51	01:30:47	02:01:45	02:28:43	
12	IWAŃSKI Bartłomiej	27		M18	00:57:15	3	00:03:28	00:22:26	01:07:23	01:52:52	02:38:52	03:28:21	04:18:09	04:41:36	4	00:02:43	00:21:08	00:49:52	01:21:54	01:58:06	02:34:15	03:15:45	
13	KOLASA Konrad	42	UPRANE.PL	M40	01:14:44	30	00:06:01	00:23:40	01:11:46	01:59:59	02:48:21	03:37:05	04:26:30	04:51:15	7	00:03:46	00:18:48	00:46:15	01:15:46	01:47:37	02:20:46	02:54:09	
14	WOWTONIUK Mariusz	91	TIM MAŁEGO	M40	00:59:17	4	00:04:07	00:26:38	01:20:27	02:15:15	03:08:50	04:03:52	05:01:09	05:30:33	31	00:03:19	00:19:56	00:46:58	01:15:03	01:43:35	02:12:37	02:43:23	
15	ŚWIDERSKI Paweł	83	ZDUN TRIATHLON TEAM	M40	01:01:56	9	00:04:48	00:26:01	01:17:46	02:08:45	03:00:42	03:53:35	04:46:56	05:13:53	20	00:04:33	00:22:47	00:52:48	01:23:27	01:54:46	02:25:56	02:57:00	
16	SKAŁECKI Krystian	75		M18	01:22:34	53	00:05:08	00:26:59	01:19:06	02:11:33	03:03:17	03:55:00	04:46:41	05:13:38	19	00:03:09	00:20:06	00:47:28	01:14:51	01:43:18	02:13:06	02:44:26	
17	GRYSZKIEWCZ Paweł	23	JF DUET GOLEŃÓW	M30	01:12:00	25	00:03:05	00:23:23	01:09:45	01:56:49	02:43:04	03:30:45	04:20:38	04:55:57	9	00:03:47	00:21:59	00:50:49	01:20:21	01:55:17	02:39:34	03:15:09	
18	TRÍSKA Jaroslav	86	VSK HUMANITA PRAHA	M40	01:08:13	17	00:05:11	00:26:26	01:17:55	02:09:00	03:01:29	03:54:14	04:51:31	05:20:06	23	00:03:49	00:21:46	00:51:07	01:20:35	01:50:58	02:21:12	02:52:59	
19	CZAPRACKI Dominik	15		M40	01:15:27	36	00:03:31	00:25:25	01:17:08	02:09:13	03:00:51	03:53:24	04:48:24	05:15:25	21	00:03:00	00:20:01	00:48:25	01:18:15	01:48:34	02:21:21	02:54:34	
20	GOLANOWSKI Krzysztof	21	GO2TRI	M40	01:11:41	24	00:05:52	00:25:12	01:17:25	02:10:04	03:02:22	03:55:43	04:50:05	05:16:47	22	00:05:22	00:21:47	00:49:21	01:19:23	01:51:23	02:24:10	02:56:54	
21	SEVASTSYANAU Siarhei	74	SEVASTSYANAU TEAM	M40	01:35:01	67	00:04:14	00:25:05	01:14:24	02:03:38	02:54:26	03:44:41	04:35:56	05:01:14	12	00:03:36	00:20:06	00:47:50	01:16:42	01:47:01	02:18:07	02:55:37	
22	VALENTIN Guille-Devers	87	USF TRIATHLON	M18	01:12:18	26	00:05:47	00:24:56	01:15:55	02:07:04	02:57:51	03:48:36	04:40:57	05:08:48	16	00:03:21	00:21:27	00:53:57	01:27:23	02:01:55	02:36:47	03:11:02	
23	PRYGA Grzegorz	69		M30	01:01:33	7	00:06:22	00:27:17	01:22:09	02:16:29	03:11:38	04:07:29	05:05:43	05:35:21	36	00:07:11	00:21:24	00:49:55	01:18:48	01:50:49	02:21:20	02:51:55	
24	ŚWITALA Krzysztof	84	NIAGARA RAKONIEWICE	M40	01:05:22	12	00:05:26	00:26:28	01:19:36	02:12:17	03:06:02	04:00:38	04:57:36	05:27:03	28	00:05:53	00:21:47	00:52:22	01:23:40	01:57:04	02:32:06	03:06:18	
25	KNOP Wojciech	41		M30	01:17:41	44	00:04:55	00:27:29	01:23:54	02:19:58	03:17:02	04:14:21	05:11:54	05:40:34	41	00:03:33	00:20:24	00:48:08	01:16:28	01:45:38	02:16:15	02:47:20	
26	ALBRECHT Arkadiusz	3	GB GALOPUJĄCE ŚLIMAKI	M40	01:25:14	57	00:06:33	00:25:58	01:19:20	02:13:10	03:07:45	04:04:02	05:02:12	05:31:54	33	00:04:32	00:20:16	00:47:39	01:16:08	01:45:40	02:16:04	02:47:19	
27	ZADALA Mateusz	93		M30	01:35:07	68	00:07:01	00:26:33	01:19:41	02:13:59	03:07:14	04:00:37	04:55:45	05:22:05	26	00:05:31	00:18:54	00:44:57	01:13:42	01:44:48	02:14:29	02:48:47	
28	JĘCZMIONKA Szymon	33	TRI GRUPA	M30	01:08:58	18	00:05:00	00:25:31	01:16:57	02:08:01	03:00:35	03:52:35	04:44:46	05:11:40	18	00:03:30	00:49:08	01:18:19	01:49:37	02:22:48	02:57:31	03:31:02	

				Swimming		Cycling										Race					
29	WISLOCKI Michał	90		M30	01:17:11 42	00:07:53	00:26:34	01:20:32	02:13:51	03:07:19	04:01:08	04:55:17	05:21:36 25	00:03:52	00:22:11	00:53:25	01:24:51	01:57:29	02:32:32	03:09:46	
30	FIKS Grzegorz	17	FIX CATERING DIETETYCZNY	M30	01:01:39 8	00:03:30	00:26:21	01:19:23	02:10:13	03:02:34	03:56:15	04:52:58	05:20:36 24	00:03:28	00:50:40	01:21:40	01:53:10	02:25:52	02:59:25	03:32:30	
31	KONIOR Wojciech	44	BESKID TRI	M40	01:16:42 39	00:05:25	00:27:05	01:20:17	02:14:41	03:08:20	04:04:47	05:02:29	05:33:11 35	00:04:58	00:24:25	00:56:50	01:27:48	02:00:13	02:31:34	03:03:31	
32	PANEK Wojciech	65		M30	01:16:55 40	00:05:57	00:27:03	01:22:09	02:18:01	03:13:15	04:09:33	05:08:07	05:37:13 37	00:05:54	00:22:24	00:52:50	01:24:26	01:57:37	02:31:12	03:05:01	
33	HADRYCH Piotr	24		M40	01:12:51 27	00:07:33	00:26:44	01:21:15	02:16:35	03:12:34	04:10:13	05:09:29	05:39:24 40	00:08:27	00:21:28	00:50:44	01:22:15	01:55:47	02:29:36	03:04:28	
34	KOŚCIAŃSKI Łukasz	47	ZDUN TRIATHLON TEAM	M30	01:10:11 21	00:07:08	00:27:01	01:21:16	02:17:40	03:11:51	04:06:08	05:01:35	05:30:01 29	00:07:08	00:23:49	00:57:15	01:31:10	02:06:13	02:44:34	03:22:48	
35	GROCHOWSKI Krzysztof	22		M30	01:17:14 43	00:06:20	00:27:27	01:22:10	02:15:21	03:10:14	04:08:34	05:08:56	05:39:03 39	00:05:17	00:24:16	00:55:37	01:27:39	02:03:09	02:42:03	03:20:15	
36	OSIATYCKI Grzegorz	64	RONAL POLSKA RUN	M50	01:18:24 46	00:05:52	00:29:09	01:28:41	02:28:17	03:29:46	04:31:23	05:35:22	06:06:58 59	00:05:25	00:22:10	00:50:55	01:19:39	01:50:27	02:21:22	02:52:31	
37	LUBOWICKI Łukasz	51	40-LATEK TYCHY	M40	01:14:49 31	00:04:55	00:26:59	01:20:15	02:13:29	03:07:19	04:02:08	04:57:12	05:25:16 27	00:04:29	00:22:53	00:58:19	01:33:53	02:15:09	02:59:02	03:39:50	
38	SKOWROŃSKI Rafał	77	KUŻNIA TRIATHLONU	M40	01:09:59 20	00:07:10	00:26:49	01:22:20	02:18:48	03:15:14	04:13:48	05:12:13	05:42:00 43	00:07:46	00:23:43	00:56:00	01:29:18	02:04:10	02:42:18	03:22:47	
39	KLEIN Uwe	39	BÖHNLEIN SPORTS BAMBERG	M40	01:27:52 58	00:08:02	00:27:32	01:22:54	02:17:19	03:13:30	04:09:52	05:08:51	05:38:53 38	00:06:43	00:23:16	00:54:28	01:26:31	01:59:27	02:33:15	03:08:28	
40	NEMCIK Marek	1	ZĄBKOWICKA GRUPA BIEGOWA FRANKENTSTEIN	M40	01:14:50 32	00:04:41	00:27:57	01:21:03	02:15:51	03:09:55	04:05:42	05:02:51	05:31:55 34	00:04:50	00:27:46	01:04:39	01:42:14	02:20:00	02:58:00	03:36:12	
41	TOFT Ole	85		M40	01:06:51 13	00:08:48	00:29:41	01:28:50	02:27:02	03:25:02	04:24:34	05:25:49	05:56:52 55	00:09:25	00:24:19	00:58:07	01:32:08	02:08:11	02:43:23	03:20:06	
42	WEISENSEE Michael	88		M40	01:21:57 52	00:07:03	00:28:43	01:28:29	02:24:21	03:20:48	04:20:20	05:24:23	05:54:29 50	00:07:14	00:29:02	01:06:55	01:39:10	02:10:03	02:41:29	03:14:12	
43	BRZOSKA Piotr	11	NO PAIN - IRON PYJTER	M30	01:34:43 66	00:06:29	00:30:49	01:30:05	02:27:38	03:26:10	04:25:51	05:28:55	05:59:17 56	00:05:13	00:22:54	00:55:04	01:27:13	02:00:18	02:32:57	03:05:52	
44	NOWARA Andrzej	63		M50	01:20:22 50	00:07:55	00:28:01	01:25:46	02:23:16	03:21:03	04:18:46	05:18:43	05:48:14 45	00:05:36	00:22:30	00:54:59	01:29:26	02:05:29	02:44:19	03:30:34	
45	JANOWSKI Maciej	31		M30	01:17:07 41	00:04:59	00:28:48	01:26:24	02:23:56	03:21:28	04:21:23	05:23:42	05:54:35 51	00:05:32	00:23:21	00:57:22	01:33:48	02:10:13	02:50:20	03:31:47	
46	KORSAKOV Kostiantyn	45		M40	01:20:07 48	00:07:50	00:28:13	01:24:02	02:21:04	03:18:01	04:14:56	05:12:05	05:40:39 42	00:06:37	00:24:59	00:58:09	01:33:05	02:10:46	02:52:14	03:38:55	
47	CHRUŚCIELSKI Paweł	13	SANGRAF.PL	M40	01:13:48 29	00:06:18	00:30:18	01:30:17	02:31:21	03:33:50	04:36:55	05:41:32	06:11:43 62	00:08:21	00:27:17	00:55:43	01:31:32	02:06:48	02:44:22	03:16:07	
48	PRZYBYLSKI Andrzej	71	ZĄBKOWICKA GRUPA BIEGOWA FRANKENTSTEIN	M40	01:20:48 51	00:05:37	00:28:12	01:25:43	02:23:36	03:20:54	04:19:27	05:23:10	05:56:10 54	00:05:08	00:24:40	00:57:12	01:32:34	02:13:49	02:50:21	03:29:27	
49	JASKOT Mariusz	32	TEAM FLASH	M30	01:40:59 75	00:04:25	00:27:53	01:27:33	02:25:10	03:22:12	04:26:23	05:31:44	06:01:17 57	00:04:32	00:21:32	00:51:54	01:20:49	01:51:36	02:27:25	03:06:44	
50	KOSIOŁ Andrzej	46		M50	01:33:01 63	00:05:23	00:31:00	01:33:41	02:35:12	03:37:52	04:42:12	05:48:29	06:21:37 67	00:06:26	00:22:23	00:51:50	01:26:16	01:56:45	02:27:45	02:59:24	
51	BEDNAREK Piotr	5		M30	01:09:42 19	00:06:20	00:28:10	01:24:44	02:21:23	03:18:03	04:16:20	05:15:23	05:45:49 44	00:04:06	00:21:40	00:57:09	01:37:30	02:21:40	03:10:17	04:00:24	
52	JANICKI Tomek	30	AQ WIRING SYSTEMS TEAM	M30	01:13:09 28	00:07:18	00:28:24	01:26:49	02:25:45	03:26:33	04:27:35	05:31:00	06:02:36 58	00:04:35	00:25:05	01:00:48	01:37:46	02:18:08	02:58:10	03:38:48	
53	BUDZANOWSKI Michał	12		M30	01:07:49 16	00:07:22	00:28:10	01:22:34	02:17:44	03:12:11	04:07:28	05:01:12	05:30:25 30	00:03:53	00:23:20	00:55:15	01:29:19	02:47:48	03:33:36	04:17:04	
54	PIK Krzysztof	67		M40	01:15:37 37	00:05:48	00:28:20	01:27:09	02:25:54	03:25:13	04:24:50	05:25:11	05:55:13 53	00:04:02	00:26:54	01:04:18	01:43:21	02:25:46	03:13:19	03:54:00	
55	KATA Wiesław	35		M50	01:19:11 47	00:10:05	00:29:09	01:26:08	02:25:12	03:25:36	04:28:06	05:36:12	06:09:43 61	00:08:37	00:24:04	00:58:31	01:35:07	02:15:18	02:50:41	03:33:06	
56	CYWKA Tomek	14	ZĄBKOWICKA GRUPA BIEGOWA FRANKENTSTEIN	M40	01:18:19 45	00:07:11	00:27:11	01:21:20	02:15:17	03:24:43	04:26:00	05:24:32	05:52:23 47	00:05:55	00:25:16	01:00:36	01:42:00	02:26:19	03:15:42	03:58:29	
57	KISIEL Tomasz	38	AQ WIRING SYSTEMS TEAM	M18	01:29:46 60	00:08:08	00:29:58	01:32:01	02:37:09	03:45:09	04:52:15	06:03:03	06:39:40 73	00:06:53	00:19:36	00:47:16	01:13:18	01:41:40	02:17:09	02:58:07	
58	BIES Tomasz	7	BESKID-TRI	M40	01:23:44 55	00:08:26	00:27:29	01:23:08	02:21:55	03:19:16	04:17:31	05:19:29	05:49:38 46	00:04:39	00:25:27	01:03:22	01:44:35	02:27:16	03:11:21	03:57:33	
59	MALISZEWSKI Piotr	55		M50	01:57:24 82	00:05:16	00:27:57	01:26:38	02:28:58	03:27:03	04:24:26	05:22:50	05:52:33 48	00:04:52	00:24:50	01:00:30	01:41:15	02:24:29	02:59:32	03:37:40	
60	STANISZEWSKI Jacek	81		M40	01:20:13 49	00:08:04	00:31:08	01:31:46	02:33:15	03:38:05	04:42:27	05:48:07	06:21:04 66	00:09:34	00:24:11	00:57:16	01:30:49	02:17:54	02:59:13	03:41:53	
61	KRUPOWICZ Marcin	48		M50	01:22:56 54	00:09:08	00:30:22	01:30:49	02:31:18	03:34:46	04:38:49	05:45:57	06:19:19 65	00:06:00	00:26:24	01:03:23	01:41:09	02:21:18	03:01:14	03:49:35	
62	PARAFIŃSKI Zdzisław	66		M50	01:30:52 62	00:06:20	00:30:04	01:29:16	02:28:03	03:31:34	04:38:50	05:44:58	06:18:26 64	00:04:23	00:25:14	01:03:44	01:43:48	02:27:02	03:13:11	03:56:35	
63	WRÓBEL Marcin	92	WRÓBEL FAMILY TEAM	M40	01:35:24 69	00:07:18	00:28:06	01:24:54	02:21:35	03:18:31	04:19:49	05:22:46	05:55:09 52	00:07:55	00:26:54	01:05:55	01:51:20	02:40:18	03:28:29	04:13:43	
64	ŁUKOWSKI Dariusz	53	GMINA STRZELCE OPOLSKIE	M50	01:34:20 65	00:06:53	00:30:46	01:33:32	02:37:44	03:43:39	04:51:20	06:01:51	06:37:52 72	00:05:59	00:25:42	01:00:38	01:37:19	02:16:14	02:55:50	03:37:40	
65	SZYMAŃSKI Sławek	82		M40	01:52:49 81	00:08:01	00:31:53	01:34:45	02:37:00	03:40:12	04:46:25	05:53:14	06:27:10 68	00:06:45	00:22:20	00:53:27	01:28:53	02:06:55	02:46:33	03:29:30	
66	JANICKI Mariusz	29	VERA RUNNING TEAM	M30	01:36:06 70	00:08:57	00:31:00	01:36:23	02:42:00	03:46:24	04:52:10	05:58:21	06:32:11 70	00:05:30	00:24:59	00:58:05	01:33:03	02:12:22	02:58:06	03:43:51	
67	KACZOR Piotr	34	TRIMANITA MASZEWO	M40	01:15:47 38	00:08:18	00:31:40	01:32:30	02:34:29	03:33:14	04:35:09	05:38:54	06:08:41 60	00:07:37	00:31:35	01:12:28	02:00:08	02:45:42	03:39:32	04:27:52	
68	KĘPIŃSKI Henryk	37	KB SPARTAKUS BEŁCHATÓW	M60+	01:39:41 74	00:06:51	00:31:11	01:32:50	02:36:51	03:38:09	04:49:06	05:54:11	06:27:20 69	00:03:38	00:29:52	01:11:09	01:50:14	02:29:39	03:09:55	03:55:27	
69	DAWIŁ Łukasz	16	ROZBIEGANY GOLENIÓW	M30	01:29:18 59	00:05:31	00:29:05	01:28:52	02:29:26	03:31:47	04:41:39	06:20:18	06:56:51 78	00:06:34	00:29:09	01:08:53	01:46:36	02:26:59	03:10:05	03:55:04	
70	SMAGAŁA Wojciech	78		M40	01:46:14 79	00:05:29	00:30:58	01:33:18	02:37:46	03:48:30	04:58:16	06:13:16	06:48:00 75	00:04:41	00:25:47	01:05:03	01:44:21	02:30:06	03:14:56	04:05:00	

				🏊 Swimming		🚴 Cycling									🏁 Race								
71	PLANETORZ Marek	68		M50	01:38:38 73	00:06:26	00:32:06	01:39:29	02:44:30	03:55:14	05:05:00	06:19:55	06:54:40 77	00:04:42	00:25:48	01:05:04	01:44:21	02:30:06	03:14:57	04:05:00			
72	NAGALEWSKI Bartłomiej	61	NAGAMET	M40	01:42:55 77	00:06:36	00:32:18	01:35:04	02:37:31	03:41:52	04:52:23	06:00:41	06:34:37 71	00:08:00	00:33:11	01:17:38	02:02:12	02:49:04	03:37:17	04:29:01			
73	BISKUP Zbigniew	8	STALOWOWOLSKI KLUB BIEGACZA	M30	01:42:39 76	00:12:29	00:34:38	01:45:19	02:57:19	04:11:17	05:25:40	06:39:21	07:18:25 81	00:10:15	00:26:22	01:01:16	01:40:55	02:20:16	03:02:16	03:40:16			
74	MACIEJAK Marcin	54	RUN DE GIRARD	M40	01:30:13 61	00:06:23	00:29:49	01:31:28	02:36:30	03:42:05	04:54:37	06:06:09	06:43:54 74	00:09:32	00:30:26	01:19:03	02:07:04	03:00:41	03:50:22	04:38:45			
75	RÓŻEWICZ Dariusz	73	PANCE	M50	01:37:40 72	00:06:21	00:31:57	01:37:23	02:44:11	03:55:52	05:09:53	06:27:59	07:06:41 80	00:05:39	00:30:58	01:12:04	01:55:25	02:38:20	03:26:22	04:13:13			
76	MLECZEK Tadeusz	58		M60+	01:46:12 78	00:09:39	00:30:57	01:35:59	02:40:49	03:49:16	05:02:02	06:15:44	06:54:23 76	00:08:15	00:31:30	01:13:45	01:59:15	02:43:04	03:31:46	04:22:41			
77	KAWKA Rafał	36	KBKS RADOMSKO	M30	01:46:19 80	00:10:34	00:31:35	01:36:44	02:43:54	03:53:15	05:06:52	06:24:45	07:04:21 79	00:06:24	00:27:08	01:10:00	01:55:41	02:43:08	03:29:53	04:14:39			
	PRYK Rafał	70	ROZBIEGANY GOLENIÓW	M40	01:24:33 56	00:04:53	00:26:11	01:19:17	02:11:44	03:06:15	04:04:25	05:02:25	05:31:04 32	00:04:35	00:24:01	00:56:17	01:35:25						
	BIELICKI Bartosz	6	RUNNING TEAM MILICZ	M40	01:15:09 34	00:03:10	00:24:33	01:14:57	02:05:55	02:56:18	03:47:16	04:39:20	05:05:52 15	00:03:41	00:20:20								

Total 79 results.